



Force Protection



Current FPCON: Alpha
Threat Level: Low

**65...
IN THE FIGHT**
CY 2010
(as of Aug. 15, 2010)

**1,282
SORTIES**

**19,969
LODGED**

**4,74 million
FUEL ISSUED**
(gallons)

Weekend Weather Forecast (Lajes Weather Flight)

Friday

Mostly Cloudy
High 77
Low 71
Wind SW 10 mph



Saturday

Mostly Cloudy
High 76
Low 70
Wind SW 15 mph



Sunday

Partly Cloudy
High 79
Low 70
Wind NW 8 mph

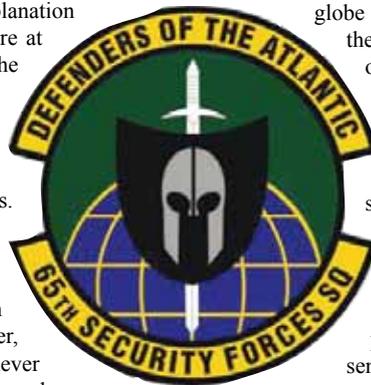


Making history

By **1st Lt. Michael Alvord**
65th Security Forces Squadron

What does it mean to make history? By definition, history is a collection of significant events (as affecting a nation or institution) and an explanation of how those events transpired. Here at Lajes, history surrounds us. From the anti-submarine operations of World War II, to the monumental support for transient aircraft heading to GWOT, Lajes Field has been involved in many world altering events.

The units assigned to Lajes have all partaken in this history, and accordingly have histories of their own. This is true of the 65th Security Forces Squadron; however, throughout its existence there has never been a single symbol or identifying marker signifying the history of the unit. This all changed



on July 13, 2010, when Air Force Historical Research and the Department of Heraldry approved the 65th Security Forces Squadron Crest.

The crest is adorned in symbolism that characterizes the unique history and mission of the squadron. The globe represents the world and comes from the unit's commitment to support global operations, like it did during Operation VITTLES and the Yom Kippur War. The helmet represents the readiness of security forces to defend the United States, demonstrated in WWII. The sword and the shield are from the Air Force creed, and represent the squadron's dedication to all current and future operations. The men and women of the 65th Security Forces Squadron past, present and future are now represented by a single, unifying symbol that represents the where the unit has been and where it is going.

AFSO21 prepares warfighters for the joint fight

By **Senior Master Sgt. Glen Robinson**
65th Air Base Wing

Air Force Smart Operations for the 21st Century is transforming the Air Force through more innovative and streamlined processes to ensure warfighters have the specific resources and skills required for the joint fight.

While some of the Air Force's internal processes have been in place since the 1990's, before blackberries, i-pods and i-phones, 21st-century warfighters are ready for and require more modern and efficient processes. That is where AFSO21 comes in—providing warfighters with what they need without wasting time, effort or money.

AFSO21 process improvements come in different forms. Some processes are quick and simple fixes; others are complex and may involve several organizations working improvement plans over a lengthy period of time. AFSO21's three main categories of process improvement actions are: "just do it," "rapid improvement events" and "high value initiatives."

"Just do it" actions typically do not involve formal process review teams or improvement events but are process improvements that can quickly be put into action and yield immediate results.

"Rapid improvement events" usually last a week and apply a series of problem-solving steps to determine root causes of problems, eliminate waste, set improvement targets and establish clear performance measures to reach desired effects. Successful RIEs usually have the following four components: strong leadership buy-in, knowledgeable and open-minded participants, a tightly focused event scope and an implementation plan, and metrics to track results.

"High value initiatives" produce significant returns against key Air Force challenges. These processes are more complex and involve cross-functional teams to ensure that identified improvements are incorporated into the day-to-day operations of an organization. HVIs typically require four to six months in order to successfully define and implement the required process changes.

To read more on "AFSO21," see page 4



Sometimes it's hard to say good-bye

By Senior Master Sgt. Sean E. Cobb
American Forces Network Lajes

Saying good-bye is a fact of life for military members and their families. However, after 24+ Air Force years of saying good-bye frequently, I recently learned upon the occasion of my first-born leaving home for college – sometimes it's hard to say good-bye.

I have also learned through the years that there are good and bad ways to say good-bye.

The typical Airman says good-bye to family and friends to ship off to Air Force accession training. After this training, they say good-bye to those friends and head off to job specialty training.

After toiling through the physical and mental demands of this training with another set of friends, it's good-bye again and off to their first duty assignment. If Airmen follow a standard career path, they experience a permanent change of station about every four years, with a liberal sprinkling of TDY and deployments thrown into that time.

Now with all these good-byes, it's no wonder sometimes people try and make it easier on themselves and others. However, oftentimes, this is where the "bad" good-byes come in.

There exists a natural human psychological defense mechanism called reaction formation. Reaction formation occurs when people try and reduce their own anxiety -- present or projected future anxiety -- by taking up an opposite feeling they have for someone, or by committing behavior contrary to the way they would normally behave, to reduce anxiety.

An example would be for someone to start

acting distant or cold towards someone they will soon have to say good-bye to, or even treating people poorly by being mean or starting arguments. The defense then works like this – it's easier to say good-bye to someone you don't like and are mad at; than it is wish farewell to someone you really care about and will truly miss.

In the Air Force, this is commonly called "Short-itis." I've seen it many times in my career, and I'm sure you've seen it a few times also. People start picking fights, arguing about little things, not showing up for unit activities, disregarding directions and generally taking a path of passive resistance. Not necessarily getting into big trouble with the outgoing unit, but just enough to be able to say "I never really liked those people anyway!"

In our leaner and more mobile Air Force, it's nearly a given we will all work with others within a career field at some point in the future. It's important not to burn our bridges so those working relationships are productive and professional.

When Airmen and their families leave a location, I'm certain there are those who are heart-broken. When an Airman leaves their spouse and children for duties or deployment, an emptiness creeps into the family.

I guarantee you, when my daughter stepped onto that Air Mobility Command flight, a piece of my heart went with her.

We all say good-bye at one time or another.

Fortunately, there are good ways to say good-bye. Now I'm Irish, and I learned early

To read more on "Good-bye," see page 4

Grilling Safety, Complacency

By Master Sgt. Chris Cady
65 LRS Safety Representative

It's week 12 of the 101 Critical Days of Summer. Some of you, no doubt are already tuning out. "Not another safety briefing." "We've heard it all before." I understand, but that feeling you may be feeling right now can be deadly. That feeling is part of what we call complacency. It can affect us no matter how skilled we are. Like in the Star Trek movie where Scotty, the Chief Engineer of the USS Enterprise and self proclaimed miracle worker states with a self satisfied smile, "I know this ship like the back of me hand" and then proceeds to run into the bulkhead and knocks himself out. Not all instances of complacency are comical. We won't be laughing or rolling our eyes when a child burns themselves on a hot grill left unattended. So, I remind you that even though we know what to do, we don't always do what we know is right. We need to go from knowing to doing.

Let's get started. Here are a few grilling tips.

■ Only use grills outdoors in flat, open spaces. Never use a grill indoors. Make sure

your grill is at least 10 feet away from your house or any building and not underneath a porch or any other covering that could catch fire. Make sure it's on a stable, level surface so it won't tip over.

■ Never leave a grill unattended while lit or hot. Make sure your grill is completely extinguished and cool before leaving.

■ Make sure your grill is in good shape and follow manufacturer's instructions. If you have a gas grill, make sure that the hoses are clear and in good condition and check the tank for leaks prior to starting the grill.

■ Light grills properly and keep flammable objects away from grills. Keep cigarettes, matches, or open flames away from gas grills. With charcoal fires, use a charcoal lighter fluid (not gas or kerosene). Once a charcoal fire is started, never add additional lighting fluid to the grill. Make sure you have oven mitts that are made to resist fire and long-handled utensils to use when cooking or handling the grill.

It's all common sense right? The proof is in the pudding. If we always properly prepared for

To read more on "Safety," see page 4

**Commander's Action Line
535-4240
65abw.actionline@lajes.af.mil**

The Commander's Action Line is your link to the commander for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution.

Your chain of command should always be your first option — but when

that's not the answer, call or e-mail the Commander's Action Line at 535-4240 or 65abw.actionline@lajes.af.mil.



Col. Jose Rivera
Commander, 65th Air Base Wing



The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads.

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"65... IN THE FIGHT"



COL. RIVERA VISITS ANGRA HOSPITAL

Maj. Henry Klein discusses with a staff at the Angra Hospital during a visit to the hospital Aug. 12. (Photo by Guido Melo)



Col. Jose Rivera, 65th Air Base Wing Commander, visits Staff Sgt. Derek Dobbins of the 65th Civil Engineer Squadron during a visit of the Angra Hospital Aug. 12. (Photo by Guido Melo)

Correction to Aug. 13 Airman of the Week



Name: Sr. Eduardo Silva
Unit: 65 CS
Hometown: Angra do Heroismo
Accomplishments: Maintains Lajes' High Frequency radio transmitters, receivers and control equipment located on Lajes, Cinco Picos and Vila Nova. He completed over 600 preventive maintenance inspections that were key to sustaining Lajes' outstanding 99 percent system uptime rate.



A C-130 Hercules transits at Lajes before taking off for a mission Aug. 17. Lajes is the stopping point for smaller aircraft and crew members trying to make it across the Atlantic. (Photo by Guido Melo)

"AFSO21", from page 1

Continuous process improvement will become the new norm for the Air Force — daily looking for innovative ways to use materiel and personnel more efficiently. AFSO21 provides the tools to shed non-value-added work and to ensure every Airman's efforts contribute directly to accomplishing the Air Force mission — to fly, fight and win in air, space and cyberspace.

Everything in the Air Force is a process that involves time and effort and AFSO21 will maximize value and minimize waste. This effort is built on a strong foundation to ensure there is a lasting impact. Leadership at every level, from the Secretary of the Air Force and the Chief of Staff of the Air Force, all the way down to wing leaders, is committed to supporting AFSO21 efforts. Years of history and lessons learned using AFSO21 principles will help ensure success.

AFSO21 is about results. Senior leaders have identified the major result areas that will be the primary focus called "Five North

Stars." They are Productivity of our People; Equipment Availability; Agility; Safe and Reliable Operations; and Energy Efficiency. To this end, initiatives are already tackling some of the biggest challenges in training, space launch operations, aircraft fuel conservation and facility energy savings.

No process is immune from the critical reviews of AFSO21. Airmen are applying the principles of AFSO21 with positive results on the flightline, in maintenance shops, in customer service centers, in offices and on construction sites — everywhere.

Airmen, your time is valued and should not be wasted. We need your involvement to march unnecessary work out the door. Seek out ways that you can help. With the innovation and imagination of everyone, at every level, we'll become better, more efficient warfighters.

For more information concerning AFSO21, contact Senior Master Sergeant Glen E. Robinson at DSN 314 535-3447 or CML 011 351 295 57 3447.



Mark your calendar



AAHC BACK PACK DRIVE: The African American Heritage Committee is sponsoring a Back Pack Drive for the Santa Rita Hill Elementary School. We are asking Team Lajes to help us support our community children by purchasing a back pack and filling it with as many school supplies as you can afford. Below you will find the school supply list needed for the Portuguese children. Many of the items can be purchased here on base; however, a few items MUST be purchased in the local community due to paper size difference and metric difference. Those items that have an "OB" beside it means they have to be purchased Off Base. The school supplies list is as follows: All "OB" items (along with the other items) can be purchased at the following locations: Modelos (both Praia and Angra locations), Deborlas (Industrial Zone close to Angra) and Papelaria 96 (in shopping center across from Hospital in Praia). The drop off location will be in front of the BX on 3 Sep 10. AFN will broadcast remotely at the BX location to help support this grand event. We will be collecting the back packs for presentation to the Santa Rita Hill Elementary School Principle. If you have any questions or need further details please contact TSgt Kimberly Young via lan line (x3304) or email (Kimberly.young@lajes.af.mil).

WOMEN'S EQUALITY DAY: The Cultural Diversity Awareness Committee (CDAC) invites you to listen to AFN Radio Thursday, Aug. 26th @ 2 p.m. as a panel of women discuss Woman's Equality Day and provide insight on what the day means to them. Call or email TSgt Kimberly Young for further info at Kimberly.young@lajes.af.mil or DSN 535-3304.

2010 Air Force Ball: The 2010 Air Force Ball will be Saturday, Sept. 18th in the TORC Ballroom @ 6:30 p.m. Prices are \$20 for E-6 and below and \$30 for E-7 and above, including officers and civilians. Please contact your unit representative for ticket information. Dinner will include London Broil or Mediterranean Chicken with a vegetarian option available upon request. The dress code for military members is mess dress or semi-formal, and formal attire for civilians. For more information, call 535-3217.

"Good-bye", from page 2

in life a wonderful way to treat leave-takings. It's contained within an Irish blessing: "May the road rise up to meet you, may the wind be ever at your back. May the sun shine warm upon your face and the rain fall softly on your fields. And until we meet again, May God hold you in the hollow of his hand."

The thoughts in this good-bye wish are for smooth journeys and a prosperous and successful life. I particularly like the parting sentiment, "Until we meet again." In this smaller Air Force in which we live and operate, the chances are high we will work and play tomorrow with those we bid adieu to today. So it's important we say our good-byes right, encouraging and uplifting each other as we further the Air Force mission.

To my daughter, may the road always rise up to meet you... and may your life be as fulfilling and full as you have filled my life. To my comrades-in-arms and their families, may all of you always have good good-byes. To those we are absent from – be well until we meet again.

"Safety", from page 2

our activities and kept our awareness and attention focused on the tasks at hand then mishaps would drop dramatically. They haven't. There are over 860,000 outdoor fires a year. The vast majority are caused by the accidental or intentional acts of people. In most cases they might have been prevented by proper education, preparation, awareness, and attention. This suggests that despite what many of us may feel, we haven't heard it enough. We certainly haven't done enough. Safety requires action and proper action requires practice. Heavyweight Boxing Champ Smokin' Joe Frazier once said "You can map out a fight plan, but when the action starts, it may not go the way you planned, and you're down to the reflexes you developed in training". In closing, I ask you to make a conscious effort to keep up the safety training. We owe it to our friends, family, and coworkers

Phrase of the Week

A LESSON IN PORTUGUESE



ENGLISH: Poisonous - Be careful.

PORTUGUESE: Tóxico - Tenha cuidado.

PRONUNCIATION: TOHseekoh' TANah KUHDahduu.

BULLFIGHT SCHEDULE



Friday, Aug. 20	6:00 p.m. Feteira
Saturday, Aug. 21	6:00 p.m. Feteira
Saturday, Aug. 21	6:00 p.m. Estrada 25 Abril
Sunday, Aug. 22	6:00 p.m. Cemetery Road, Praia
Sunday, Aug. 22	6:00 p.m. Rua dos Moinhos, Agualva
Tuesday, Aug. 24	6:00 p.m. Sao Bras
Wednesday, Aug. 25	6:00 p.m. Sao Bras
Wednesday, Aug. 25	6:00 p.m. Fonte Bastardo
Thursday, Aug. 26	6:00 p.m. Sao Bras
Thursday, Aug. 26	6:00 p.m. Fonte Bastardo

At the Movies



- 7 p.m. Friday - Grown Ups (PG-13)
- 7 p.m. Saturday - Knight and Day (PG-13)
- 4 p.m. Sunday - Grown Ups (PG-13)
- 7 p.m. Sunday - Knight and Day (PG-13)

Movie times and schedule are subject to change. Call 535-4100 for the latest update.

to properly prepare, be aware of our surroundings, and focus our attention on keeping those around us safe. In many cases we already know what to do; now it's just a matter of bridging that gap between knowing and doing.

Safety puzzle answer from Aug. 13 Crossroads

