



## Force Protection



Current FPCON: Alpha  
Threat Level: Low

## In this Issue

- Why worry about complacency?
- Advertising at Lajes...

—page 2

- 729 AMS Change of Command
- NCO Academy

—page 3

Mark your Calendar:

- Family aqua fun
- SNCO Cerimony

—page 4

## Weekend Weather Forecast

### Friday

Partly Cloudy

High 75

Low 67

Wind SSE 6 mph



### Saturday

Sunny

High 76

Low 68

Wind SSE 8 mph



### Sunday

Showers

High 75

Low 68

Wind ESE 10 mph



## Lajes Airmen support Pakistan air force on first deployment to Red Flag

By Staff Sgt Olufemi Owolabi  
65th ABW public affairs

On their way to the U.S. for the first time to sharpen their close-air-support skills, six F-16 fighter jets from Pakistan and their crew members took a quick stop at Lajes Field July 14-15 before heading to Red Flag at Nellis Air Force Base, Nev.

About 100 Pakistan air force pilots, maintainers and support personnel, accompanied by a U.S. tanker, are attending Red Flag, a premier, large force employment and integration exercise.

As soon as they touched down, Airmen of the 65th Operations Support Squadron were on standby and ready to foster bilateral relations with the international delegates.

The Pakistan aircrew arrival happened just a few hours after 12 Italian fighter jets and more than 30 support personnel passed through Lajes. The international aircrews offered the 65th OSS Airmen an opportunity to act as ambassadors for the Air Force and to provide support for these expeditionary forces.

The Italian team was on its way home after some days of flying sorties and coordinating air-attack in a Red Flag exercise at Joint Base Elmendorf-Richardson, Alaska, while the Pakistan jets and crew members were on their way to a similar exercise at Nellis AFB.

"This visit to Lajes is historic to us and the Pakistan crew, because we are hosting them here for the first time.



It is also very crucial in the career of the Pakistan air force since it is their first deployment to the exercise," said Tech. Sgt. Jose Ramon, coronet liaison technician with the 65th OSS. "By welcoming and giving them a world-class support, we are ensuring that their short stay here is a wonderful and lasting experience."

As soon as the Lajes team learned the aircraft and personnel were coming in, Airmen here ensured the crew's billeting, locker and food arrangements were made. They quickly dispersed the necessary aerospace ground equipment support the jets needed, such as jet fuel and lavatory services, among others.

"We did everything we could to make their stay here a memorable one," Sergeant Ramon said.

To read more on "Red Flag", see page 3

## Reality of medical care at a remote location

By Maj. Dave "UPS" Brown  
65th Medical Operations Squadron

We all remember getting our orders for Lajes Field. For some of us the first question was "Where is that?" but after we located it on Google Maps we realized this is going to be a truly remote assignment. As we processed through outbound assignments and medical appointments we were reminded time after time that where we were going, there were very limited services to include medical care. We probably all had our own views of what exactly that meant but came to a big reality check once we arrived and fully understood what everyone was talking about.

On base medical care is limited to outpatient primary care. We have just a few physicians that provide general and preventive care for our population. What you will

find here is some of the best access to a provider you will ever have in your military career. With a very limited population base, we are able to offer an "open" access model. This is a little bit like going back in time when you would call your family physician and he would either have you hurry right over or at least see you after lunch.

The reality of primary care here is we have to send out a lot of disease and injury cases to ensure you and your family get the appropriate level of care, which means lots of patients going to off-base facilities or specialists and trips off the island to bigger military facilities for in-depth cases. Not to fear, we walk you through each of these possibilities and have staff ready to explain the entire process to include filing travel vouchers and the all too often change in plans when you see an off-island provider.

To read more on "Medical care", see page 4



# Why worry about complacency?

By Lt Col Devon McCollough  
65 ABW, Chief of Safety

Please don't dismiss this article as just another safety, 101 Critical Days of Summer kind of commentary...because doing so reinforces the complacency mindset. According to the International Civil Aviation Organization's Accident Prevention Manual, "Complacency or a false sense of security should not be allowed to develop as a result of long periods without an accident or serious incident. An organization with a good safety record is not necessarily a safe organization." In other words, although we haven't had a mishap in a long time, we shouldn't let our guard down with regard to safety. On the contrary, we should be even more vigilant and continue to be on the alert for hazards.

"Complacency kills" is the adage we often hear in the flying world and there are countless examples of aviation mishaps in which complacency was a major factor. One of the most prominent of these was the Space Shuttle Columbia mishap in which seven astronauts were killed. Reading the final report from the Columbia Accident Investigation Board (CAIB) reveals information from which we can draw parallels. The accident board found complacent attitudes toward safety played a major part in allowing conditions to exist which resulted in Columbia's destruction. Previous flights had shown evidence of foam from the external structure breaking off and hitting the orbiter and causing minor damage. The safe completion of the previous flights, in combination with an emphasis on maintaining the launch schedule with

diminishing resources led to the organization considering the foam impacts not to constitute a safety of flight issue. A complete hazard analysis was not completed. As the CAIB report demonstrates, although the shuttle program's safety record was good after the Challenger explosion in 1986, the organization was not safe.

Mishap prevention does not happen by accident so to speak, rather it takes a concerted effort and the development of a safety conscious mindset in every person in the organization. It is when we let our guard down and make assumptions, whether conscious or not, about the safety of an activity that mishaps occur. If we could predict every mishap, then we could take steps to prevent it from occurring. Since we cannot predict the future, we investigate and compile data on all incidents and use that information to focus our efforts on preventing future mishaps. Sometimes, as in the shuttle accident, the warning provided by a series of small incidents can go unheeded because nothing untoward occurred, and the organization subsequently allowed complacency to set in.

Here at Lajes, we continue to have the best traffic safety record in USAFE, but that is no reason to sit back and let our guard down. Just because you have not been injured yet does not validate the safety of any activity. To continue to maintain low mishap rates, and prevent the loss of any of our personnel, we must remain vigilant to hazard indicators both on and off duty. The 1st Century B.C. writer, Publilius Syrus, summed it up nicely stating, "He is most free from danger, who, even when safe, is on his guard".

**Commander's Action Line**  
**535-4240**  
**65abw.actionline@lajes.af.mil**

*The Commander's Action Line is your link to the commander for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution.*

*Your chain of command should always be your first option —*

*but when that's not the* **Col. Jose Rivera**  
*Coanswer, call or e-mail the Commander's Action Line at 535-4240 or 65abw.actionline@lajes.af.mil.*

**Col. Jose Rivera**  
Commander, 65th Air Base Wing

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## Advertising at Lajes, easier than you think

By Staff Sgt. Olufemi Owolabi  
65th Air Base Wing Public Affairs

So many members at Lajes, especially the new ones, often wonder where to go whenever they need to advertise an event or their organizational activities.

The great news is that there are various ways to do this while stationed at Lajes Field.

Three main organizations here, namely the Public Affairs office, American Forces Network (AFN), and the 65th Force Support Squadron Marketing department, are the linchpin of Lajes advertisements. They work hand-in-hand with a mission to advertise, publicize and inform Lajes members through various mediums.

These organizations are equipped and responsible to help every eligible member get the word out about their various activities.

Recently, the three units formed an alliance by creating a joint account, which serves as a one-stop e-mail inbox for requests for advertisement.

"The members of PA, AFN and FSS Mar-

keting work with each other almost on a daily basis because we all share the same goal of helping highlight the mission of Lajes," said Capt. Naomi Evangelista, 65th Air Base Wing Public Affairs chief. "We wanted to find a way to ensure information for an event was publicized to its max and creating this joint inbox was the perfect solution."

This joint email address is: lajes.news@lajes.af.mil.

"We really welcome any and all inputs to be sent to this email distro list," Captain Evangelista added. "You never know just how well received your information may turn out to be. Just leave it to us to get the word out!"

To advertise with American Forces Network Lajes, the organization must be an official 65th Air Base Wing organization, or a professional organization registered with the 65th Force Support Squadron.

According to the AFN superintendent, Senior Master Sgt. Sean Cobb, registering with FSS is important because AFN as a medium

**To read more on "Advertising", see page 4**



### 729 AMS CHANGE OF COMMAND

Col. Scott Campbell, 721st Air Mobility Operations Group commander, passes the 729 Air Mobility Squadron guidon to Maj. Thang "Tom" Doan during the 729 AMS change of command ceremony on July 15. Maj. Doan is replacing Lt. Col. Steve Hasstedt as the 729th AMS commander. (Photo by Tech. Sgt. Darrell I. Dean)



### NCO ACADEMY CLASS 2010-6

Lajes members graduate Kisling NCO Academy Class 2010-6 on 15 July at the Ramstein AB Officer's Club. Members in photo are: Tech. Sgt. Shannon Hughes, (OSS), Tech. Sgt. Anthony Bowman, (LRS), Tech. Sgt. Jose Vuittonet Jr. (OSS), Tech. Sgt. William Bowers (CS), Tech. Sgt. Jason Schieble, (ABW). (Courtesy photo)



### SHIRT'S CORNER

## Earrings and Body Piercing

In this edition of the Shirt's Corner, it is worth addressing earrings and body piercings as they apply to military members.

Like any AFI, it is easy getting into the weeds of this topic, but simplicity makes everything easier. So here are two golden rules:

1. Men - While on base - No earring or piercing shall be visible.
2. Women - While on base - The only visible piercing can be earrings worn in the lower earlobe.

Pretty simple, no? This common sense approach applies while on base, utilizing military resources (vehicles/aircraft) or in official capacity.

So on these nice summer days when you are enjoying the rays at the pool or you are loading on the rotator to leave this speck of sand in the Atlantic, remember these golden rules and relax.

If you have further questions; check out IAW 36-2903, Table 2.5, Line 3; talk to your supervisor, or ask your first sergeant. And like anything else, if something doesn't look right, engage the situation with professionalism and tact.

### "Red Flag", from page 1

Even though the stop at Lajes was ahead of schedule, this didn't hinder the quality of service the Airmen rendered to their visitors.

Supporting the Pakistan and Italian crew members, at the same time, allowed the Airmen here to showcase how flexible and ready they are when it comes to the mission.

When a mission slips, everything that is already planned for might not be taking into account anymore. And the host team had to adjust for any changes the visitors might have.

"It affects everything down to billeting reservations, setting of spots for the aircraft and coordinating with other agencies such as LRS, and ATOC," said Tech. Sgt. Richard Reif, 65th OSS. "But in the end, we still get the job done (no matter the situation)."

Sergeant said that since Lajes is the stopping point for smaller aircraft trying to make it across the Atlantic, Airmen here have a sense of urgency and readiness and they "make it happen."

"In no time, we took the jets off the runway and showed them where to park," said Staff Sgt. Sean McGrath, 65th OSS transient alert.

While some Airmen of the transient alert team, who are mostly crew chiefs, said they see this visit as an opportunity to do what they are trained to do. Some said it allows them to interact with the military of other nations

while stationed at Lajes.

"Dealing with international air force members, even though there could be a complete culture difference, is very exciting because it creates an avenue for us to find a common ground to communicate and learn from each other," Sergeant Ramon said. "Such a visit helps us to learn from what they do best and for them to see how we do business."

Making sure the pilots and their crew members want to keep coming back is a goal of the 65th OSS Airmen.

"We'd like crew that pass through Lajes to know that our service here is first-class," said Maj. Robert "Bob" Sweeney, 65th OSS director of operations. "We would also like them to come back here knowing that they will be well taken care of, no matter what time of the day, the weather and where they are going ... whether they are heading to the States or overseas toward deployments or their countries, we would want them to feel like this could be a second home for them."

According to Major Sweeney, the smile on the visitors' faces when they left Lajes shows that the Airmen here are mission focused, and they derive a lot of pride in getting the job done.

The Pakistan team arrived safely at Nellis on July 16 and will be participating in the Red Flag scheduled from July 17-3



## Mark your calendar



**FAMILY AQUA FUN:** As part of Air Force Fit Family, the base will host a Family Aqua Fun event Friday, July 23rd from 7:30 p.m. – 9:30 p.m. at the base pool. The event will be sponsored by the Lajes Outdoor Recreation and will have water safety classes, games, bouncy castles and clowns! Bring your family to this fun event!

**YOUTH SPORTS PHYSICALS DAY:** The 65th Medical Group “Youth Sports Physicals’ Day” is set for Aug. 18 from 0730 to 1630. All children and youth planning on participating in school sports this coming school year need to sign up by calling the medical appointment line at 535-3261, option 1; last day to sign up is Tuesday, 16 Aug 2010. Medical and school forms, to be filled out ahead of time, are available at the Post Office or the Medical Clinic check-in desk, building: T-416. The appointment will include a general health screening, a vision screening, education updates, immunization updates and blood work if needed. Parents should bring any current immunization information they have and glasses or contacts for the vision screening if worn.

### “Medical care”, from page 1

Within the Medical Group, even with open access, there are times when we are actually booked up for that days appointments and that is where you need to know how to access needed care for you or your family members. If you call the appointment line and there are no available appointments, you should be asked to leave a message for the nurse. If you are not, please ask to leave a message for the nurse as this is how we triage your care and ensure someone speaks with you in a timely manner.

The nurse will call you at your desired location and gather some general information about what is going on with you or your child that same day. If the nurse feels it is medically necessary to see you that day, they have the ability to work with the provider to create additional appointments for “walk-in” patients. The nurse may also direct you to the Praia Clinic or the Angra hospital depending on the nature of the injury or illness. In those cases we have patient liaisons that accompany you to the appointment.

Another way you can access medical appointments is to utilize TRICARE Online. This online portal allows you to view all next day appointments from your home or office after 5:00PM. This can be a great tool for those up in the early morning hours with a sick little one and enables you to book your child’s appointment before the clinic appointment line opens. You access TRICARE online by going to [www.tricareonline.com](http://www.tricareonline.com). You will be required to register each patient/dependent but once you complete the registration and set your home to Lajes Field, it is a very easy process to book an appointment.

With open access, TRICARE online and the afterhour’s physician on call, you can rest assured that you will be medically cared for while at Lajes Field Azores. If you have any questions about your medical care, you can contact our local beneficiary counselor, Fatima Castro, at 535-6843.

### “Advertising”, from page 2

could not advertise for unit or squadron’s booster clubs that are not registered organizations.

“The primary mission of AFN Lajes is to communicate the 65th Air Base Wing’s messages – what we call command information,” Sergeant Cobb said. “If someone has a message to get out, we can help them figure out the best communication medium, then package the message for delivery that appeals to a variety of audience levels. We are here to enhance the combat readiness, morale and quality of life for Lajes Airman and their families. Contact us and see what we can do for you.”

To advertise with AFN, send an email to [lajes.news@lajes.af.mil](mailto:lajes.news@lajes.af.mil). According to Sergeant Cobb, emails sent to this address will go to both TV and Radio advertising, so members should call 535-3497 for TV or radio-specific questions.

Advertising through AFN Lajes ensures members hit the widest possible audience in the Lajes community.

“Island 96, our radio station, is well listened to, and our live morning and afternoon radio shows cover the drive in and drive home commuters,” the AFN superintendent added. “Our video advertising airs on AFN channels and many of these spots are also picked up

## Phrase of the Week A LESSON IN PORTUGUESE



**ENGLISH:** Do you like something to drink? I would like a water with ice.

**PORTUGUESE:** Bebe qualquer coisa? Gostaria de uma água com gelo.

**PRONUNCIATION:** BEHbeb kwalker coisa? GoshtaREEah de ooma AHgwah koom jeloo.

## BULLFIGHT SCHEDULE



Friday, July 23	9:00 p.m.	Arena Bullfight
Friday, July 23	6:30 p.m.	Terreiro, Porto Judeu
Saturday, July 24	6:30 p.m.	Largo Santo António, Porto Judeu
Sunday, July 25	6:30 p.m.	Bairro Joaquim Alves
Tuesday, July 27	6:30 p.m.	Fontinhas
Tuesday, July 27	6:30 p.m.	Fonte São Sebastião
Tuesday, July 28	6:30 p.m.	Fontinhas
Wednesday, July 29	6:30 p.m.	Santo António, Fontinhas

## At the Movies



- 7 p.m. Friday - Marmaduke (PG)
- 7 p.m. Saturday - Prince of Persia: The Sands of Time (PG-13)
- 10 p.m. Saturday - Get Him to The Greek (R)
- 4 p.m. Sunday - Marmaduke (PG)
- 7 p.m. Sunday - Prince of Persia: The Sands of Time (PG-13)

Movie times and schedule are subject to change. Call 535-4100 for the latest update.

by the Commander’s Access Channel (CAC), so people are viewing them while working out at the fitness center and in their work centers.”

Members might be wondering what the CAC does. The CAC, a 65th FSS marketing product, is a prime way to inform the community about events, special functions and public announcements.

“The CAC is a great way for Lajes members to advertise their special events because it reaches everyone on base with a TV,” said Paulette Burnard, 65th FSS Marketing director. “It creates buzz because of its interesting content like local videos, movie trailers, NASA programs, Air Force news, AFN news, and over 50 Lajes community announcements in the CAC flyer zone.”

After reviewing a recent survey conducted by the Air Force Public Affairs office which indicated that people wanted an even larger variety of videos on the CAC, the 65th FSS plans to support this initiative with a new video program.

In August, the FSS marketing department will launch “LAJES NOW,” a local TV talk show videoed “Live” at the Café Bean.

“I want to invite Lajes members to come and chat about their event in this relaxed talk show format,” said Jeffery Adams, 65th FSS director. “We will in turn show the video clips on the CAC. LAJES NOW is an example of the Force Support Squadron’s continuing effort to help members tell their stories or advertise their events on the CAC. We believe enhancing the Lajes community’s direct participation in the CAC contributes greatly to our quality of life, which in turn has a positive impact on the Lajes mission.”

For guidelines on how to submit announcements, contact [cac@lajestv.com](mailto:cac@lajestv.com).

“The relationship PA shares with AFN and FSS Marketing is uniquely strong here. We have definitely come to a point where we are working together to achieve a common goal of getting the news out to Team Lajes,” Captain Evangelista said.

For more information about telling your story, Lajes, members can email [65abw.pa@lajes.af.mil](mailto:65abw.pa@lajes.af.mil) or call the Public Affairs Office at 535-6161.