

# Atlantic Crossroads

Vol. 11, No. 45 • November 10, 2006 | Lajes Field, Azores, Portugal | In the Fight!

65 ABW ORI 2007



Lajes Is In The Fight!

ORI Countdown

129

### Tip of the Week

□ Some services may be temporarily unavailable and movement around Lajes may be limited during exercises, which is necessary to properly exercise personnel and evaluate their response.

Courtesy of  
65th ABW Inspections

### Force Protection



Current FPCON: Alpha  
Threat Level: Low

### Weather Forecast

#### Today

Mostly cloudy  
Rain  
High 68  
Low 66



#### Saturday

Mostly cloudy  
High 68  
Low 64



#### Sunday

Partly cloudy  
High 68  
Low 66



Courtesy of the  
65th OSS Weather Flight

## Chief select

Col. Robert Winston, 65th Air Base Wing commander, left, and Chief Master Sgt. Laten Williams, 65th ABW command chief, congratulate Senior Master Sgt. Todd Katz, 65th Civil Engineer Squadron, on his selection for promotion to chief master sergeant. Senior Master Sgt. Shannon Bolt, 65th Communications Squadron, also made the list. See article on Page 4. (Photo by Staff Sgt. Christin Michaud)





# PERSPECTIVE

## Commander's Line:

### How do we represent Lajes well without a boxing gym?

**Question:** I was told that our boxing gym has been commandeered by AAFES for storage use.

We have four gentlemen who are training for and will represent Lajes at the 2006 IMA-Europe MWR Boxing Tournament set for Dec. 2.

Two of them are also training for the Air Force Camp.

Now that we no longer have a space for the ring, heavy bags/speed bag and various other training gear, could you help us out to find another place to train?

Any help will be greatly appreciated. Thank you sir.

**Answer:** Thank you for your question. The relocation of AAFES inventory into T-

203 was necessary because of the current Shoppette renovation project underway.

This enhancement project will integrate the Barber Shop, Beauty Shop and Military Clothing Sales as well as upgrade the overall appearance of the Shoppette.

Our Fitness Center staff has coordinated with the Lajes Field Boxing coach to identify an alternate location for the boxing training program.

We anticipate this relocation will have minimal impact on the program and your preparation for the Dec. 2 tournament.

We appreciate your service as a member of the Lajes Field Boxing Team and wish you much success in the upcoming tournament.

**535-4240**

**actionline@lajes.af.mil**

The Commander's Line is your direct link to me for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution. Your chain of command should always be your first option for praise or problems — but when that's not the answer, call or e-mail the Commander's Line at 535-4240 or actionline@lajes.af.mil.

**Col. Robert Winston**  
Commander, 65th Air Base Wing

## Let's take the time to develop tomorrow's leaders today

**By Lt. Col. Gary Wiley Jr.**  
386th Expeditionary  
Maintenance Squadron  
commander

**SOUTHWEST ASIA** — A while back, I read an article in a management journal that compared the process of producing quality diamonds to producing a good manager.

In the diamond mining business, it takes more than 250 tons of rock to produce a one-carat diamond. In many ways, this process mirrors how we develop new leaders, and it reminded me of the challenges we encounter as we develop our people and organizations.

In the diamond business, there are tasks that need to occur before the mining of diamonds. One such task is shoveling. Shoveling of rock is an arduous task that can require mining as deep as 75 miles into

the Earth's crust. And, this is just the beginning of the process! Similarly, the hard work and effort of initial military training is the beginning process of building the foundation of a disciplined, dedicated Airman who is ready to serve our Air Force.

The value of a diamond is characterized by the four Cs: clarity, cut, carat and color. The value of a leader is exemplified the same way. The clarity of a diamond is an indication of a diamond's purity. The value of a leader depends on the clarity of vision. A vision is a desired future state. After all, as the saying goes, "How can you begin a journey without knowing where you are going?" Additionally, a leader's vision provides direction and purpose to followers.

The cut of a diamond is the craftsmanship applied in

cutting the facets of the stone. The leader's cut is the ability to shape all facets of the team. A strong leader values the differences people bring to the organization. The leader leverages diverse backgrounds and experiences that bring out the best in people.

The number of carats constitutes a diamond's size and is measured in carat weight. The leader's carat weight is the amount of influence he or she leverages to direct followers to accomplish the mission. The more carat weight a leader possesses, the more credibility and respect a leader earns from followers.

The color of a diamond is the natural body color visible in a diamond. The closer the diamond is to being colorless the more valuable, beautiful, and shiny it is. A leader must be visible but must develop and

nurture the natural talents of team members. A valuable leader allows followers to shine and gives credit where credit is due. Perhaps General George C. Marshall said it best, "There is no limit to the good you can do if you don't care who gets the credit."

Any process that produces an exceptional product takes a commitment to excellence. A flawless diamond is unique and special but something that holds tremendous value. Developing leaders is no different. Supervisors need to make a singular commitment to this task and approach it with energy and enthusiasm.

It is incumbent to today's leaders to instill pertinent lessons and values in order to cultivate today's Airmen into tomorrow's exceptional leaders.

Tomorrow's Air Force will benefit!

Atlantic  
**Crossroads**

The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads. The 65th ABW Public Affairs Office (Unit 7710, APO AE 09720), is located in Bldg. T-100, Room 240.

This funded Air Force newspaper is an authorized weekly publication for members of the U.S. military services overseas. Contents of the Crossroads are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

The Crossroads staff encourages its readers to call, fax or e-mail with ideas or corrections. Call 535-2369 to speak to the Crossroads editor, fax information to 535-6326 or e-mail news@lajes.af.mil.

### Crossroads Editorial Staff

- Col. Robert Winston** ..... Commander, 65th Air Base Wing
- Capt. Shilo Weir** ..... Chief, Public Affairs
- Staff Sgt. Christin Michaud** ..... NCOIC, Public Affairs
- Staff Sgt. Marcus McDonald** ..... Editor, Crossroads
- Eduardo Lima** ..... Adviser, Community Relations



## Great American Smokeout Event encourages kicking of smoking habit

By Staff Sgt. Jerry Thompson  
Lajes Health and Wellness Center

This year's Great American Smokeout is Thursday.

In addition to encouraging smokers to put down their cigarettes and other tobacco products, the event asks smokers to think about the health risks associated with smoking and how it affects others around them.

About half of all Americans who continue to smoke will die because of the habit, according to the American Cancer Society. In addition, each year about 440,000 people die in the United States from illnesses related to cigarette smoking and cigarettes kill more Americans than alcohol, car accidents, suicide, AIDS, homicide, and illegal drugs combined.

According to the American Cancer Society, cigarette smoking accounts for at least 30 percent of all cancer deaths. It is a major cause of cancers of the lung, larynx (voice box), oral cavity, pharynx (throat), esophagus, and bladder, and is a contributing cause in the development of cancers of the pancreas, cervix, kidney, stomach, and also various forms of leukemia.

Tobacco products have also proven to have damaging effects on women's reproductive health. It is associated with reduced fertility and a higher risk of miscarriage, early delivery (prematurity), stillbirth, infant death, low birth weight infants, and sudden infant death syndrome (SIDS).

Oral cancer occurs several times more frequently among snuff dippers compared with non-tobacco users. An increased risk of cancer of the mouth and pharynx is the most serious health effect of spit tobacco. The risk of cancer of the cheek and gums may increase nearly 50-

fold among long-term snuff users.

Many people view other tobacco products as less "civilized" or "glamorous" as compared to cigarette or cigar use. However, a single large cigar can contain as much tobacco as an entire pack of cigarettes.

Understanding some of the risks associated with smoking is a critical factor when trying to quit. People want to know exactly what cigarettes are doing to them, and saying "cigarettes are bad for you," just isn't enough. Smokers need to know that thousands of people die from smoking every year, and quitting now will result in better health and an improved quality of life in the future.

Some of the benefits of quitting smoking include:

❑ Former smokers live longer than continuing smokers. For example, persons who quit smoking before age 50 have one-half the risk of dying in the next 15 years compared with continuing smokers.

❑ Quitting smoking decreases the risk of lung cancer, other cancers, heart attack, stroke and chronic lung disease

❑ Women who stop smoking before pregnancy or during the first 3 to 4 months of pregnancy reduce their risk of having a low birth weight baby to that of women who never smoked

❑ A healthier you minus the stained teeth, unpleasant breath, and numerous health risks

Team Lajes' next tobacco cessation class takes place at noon Nov. 28 in the Health and Wellness Center in T-333 (the same building as the Chace Fitness Center).

To sign-up or for more information on the tobacco program or other wellness programs, call 535-3889 or visit the HAWC.

## Good to Know

### Last issue

Because of Thanksgiving, next week's *Crossroads* will be the last issue for November. The next issue hits the streets Dec. 1.

The deadline for submissions for the Dec. 1 issue is 5 p.m. Nov. 23.

To make a submission or for more details, e-mail [news@lajes.af.mil](mailto:news@lajes.af.mil) or call the editor at 535-3347.

### Pax terminal hours

The passenger terminal now closes between 11 p.m. and 7 a.m. To sign up for space-A travel during these hours, customers may e-mail their request to [spacea@lajes.af.mil](mailto:spacea@lajes.af.mil). For more information, call 535-3227.

### Housing excellence

Housing Maintenance hosts Base Housing Facilities Excellence Days today and Saturday.

Flowers, plants, shrubs, rocks for bordering, grass seed, top soil and tools will be available at Bldg. T-521. Limits may be set for even distribution.

Call 535-6251 for more details.

### Lajes SOS Cagarro

Help the young Cory Shearwater birds that get disoriented by artificial lights when leaving their nests find their way back to the ocean. They are protected by local and international laws and we should help them.

If you see a bird on the ground contact the 65th Civil Engineer Squadron at 535-6558 or carefully take it near the ocean at night.

Call Vitor Berbereia at 535-6558 for more information.

### Lajes CFC

Lajes Field has collected \$54,509.11 from 257 CFC donors.

That's an employee participation rate of 34 percent, an average contribution of \$212.10, and a per-capita contribution of \$71.63.

Contact your unit key worker for more information or to contribute.

### Flu shots

Staff Sgt. Vimari Tynes, 65th Medical Operations Support Squadron, gives a flu shot to Tech. Sgt. Brian Cain, 65th Air Base Wing Force Protection, Wednesday in the base theater. The shot is mandatory for all U.S. military members at Lajes. (Photo by Staff Sgt. Marcus McDonald)





## Good to Know

### Stress response team

Lajes is currently looking to update membership on the Traumatic Stress Response Team (replaces Critical Incident Stress Management Team) and is open to all ranks and career fields.

The initial team meeting/training is 11 a.m. Thursday in the base chapel.

For more information, call Capt. Devin Marsh at 535-5177.

### DSN dialing changes

Lajes telephone operations have undergone a couple of changes. Individuals no longer dial the 94 DSN access code before dialing a DSN telephone number, simply dial the 7 to 10 digit DSN telephone number.

Lajes is now part of the USAFE/EUCOM DSN region. Callers now only have to dial the 7 digit DSN telephone number when calling places within USAFE/EUCOM like Aviano (632-XXXX), Mildenhall, (238-XXXX), or Ramstein (480-XXXX).

However, people now have to dial the DSN area code when calling outside of USAFE/EUCOM to places like the United States (312-XXX-XXXX) or PACAF (315-XXX-XXXX).

Lodging guests are still required to dial the 94 DSN access code on their lodging room/lobby telephones prior to a DSN number since lodging has a telephone system separate from the Lajes main telephone system.

For more details, call Lajes Telephone Operations at 535-3300.

### Victim advocates

The Sexual Assault Response Coordinator office is looking for Air Force trained Victim Advocates (military and civilian) who have arrived here since May.

For military, enlisted personnel should carry the Special Experience Identifier (003) and the same number Experience Set for Officers.

The 40-hour curriculum can be trained by any Wing SARC to both military and civilians.

To become a VA or for details, e-mail christopher.vaca @lajes.af.mil.

## Lajes celebrates first anniversary in partnership with Caravela's

By Staff Sgt. Marcus McDonald  
65th Air Base Wing Public Affairs

Team Lajes celebrated a one-year anniversary in its partnership with Caravela's during a special luncheon Monday in the Top of the Rock Club Ballroom.

According to Kent Jenkins, TORC general manager, the decision to partner with the restaurant has proven successful.

"What we've witnessed is an exceptional team of professionals with a never-ending sense of pride in their products," Mr. Jenkins said. "They have an acute sense of what is needed to accomplish their mission and have consistently met or exceeded our expectations."

Capt. Barney King II, 65th Civil Engineer Squadron, said what he's enjoyed most about the partnership between the TORC and Caravela's over the past year is their Sunday afternoon brunch.

"I don't get the opportunity for a good breakfast early Sunday morning so stopping by at the TORC (Caravela's) after church together with my friends seems ideal," he said. "I get to fit lunch in too, which is great for me and my wife," he said. "The selection is always nice and the waiters and waitresses are extremely courteous and helpful."

Tech. Sgt. Nicholas Horton, 65th Communications Squadron, said the partnership with Caravela's was a good move.



Maria Machado, waitress, prepares for the anniversary luncheon Monday at the Top of the Rock Club. (Photo by Airman Nicholas Stowers)

"Before Caravela's, there were some good items and some not-so-good items," the sergeant said. "Caravela's has improved the overall food quality so whatever you order is good. Bringing Caravela's and the TORC together was just smart business for both parties."

In the summer of 2005, the TORC underwent an organizational realignment to eliminate financial losses in its food operations. The partnership between Caravela's and the Top of the Rock Club is the result of that realignment.

"I'm thrilled with this partnership," Mr. Jenkins said. "We'll work to ensure it lasts."

## Air Force selects new chief master sergeants

The Air Force has selected 417 senior master sergeants for promotion to the service's highest enlisted rank.

Visit the Air Force Personnel Center's homepage to see the complete list of those selected.

A total of 2,475 senior master sergeants were considered for a 16.85 percent selection rate. Last year's selection rate was 22.83 percent.

The average score for those selected was 670.73, with an average time in grade and time in service of 3.03 and 22.81 years respectively.

The average score was based on the following point averages:

- 135 for Enlisted Performance Reports;
- 25.18 for time in grade;
- 23.45 for time in service;



Senior Master Sgt. Shannon Bolt, 65th Communications Squadron, right, gets congratulated Wednesday for getting selected for promotion to E-9. (Photo by Staff Sgt. Christin Michaud)

- 24.29 for decorations;
  - 68.94 for the Air Force supervisory examination;
  - 393.87 for the evaluation board score.
- Score notices should now

be available via each Airman's Air Force Portal personal page or the vMPF.

(Courtesy of Air Force Personnel Center Public Affairs)



## At the movies

### Today

**7 p.m. – The Gridiron Gang** starring Dwayne “The Rock” Johnson and Kevin Dunn. The uplifting story of detention camp probation officer Sean Porter, who creates a high-school-level football team from a ragtag group of dangerous teenage inmates as a means to teach them self-respect and social responsibility. *Rated PG-13 for violence and language (120 minutes).*



*Rated PG-13 for violence and language (120 minutes).*

**10 p.m. – The Black Dahlia** starring Josh Hartnett and Scarlett Johansson. Elizabeth “Betty” Short, a 22-year-old aspiring actress from the East Coast who wore a delicate flower in her raven hair and became many things to many people — dear friend, beloved sister, estranged daughter, frequent girlfriend and accused prostitute. On Jan. 15, 1947, she was discovered brutally murdered in a vacant lot near Leimert Park in downtown Los Angeles. *Rated R for violence, sexual content and language (121 minutes).*

### Saturday

**7 p.m. – The Covenant** starring Steven Strait and Sebastian Stan. This thriller tells the story of the Sons of Ipswich, four young students at the elite Spencer Academy who are bound by their sacred ancestry. As descendants of the original families who settled in Ipswich Colony in the 1600’s, the boys have all been born with special powers. *Rated PG-13 for violence, disturbing images, sexual content, nudity and language (97 minutes).*

### Sunday

**2 p.m. – The Gridiron Gang**

**7 p.m. – The Covenant**

### Thursday

**7 p.m. – The Black Dahlia**

□ **Editor’s note:** *Movie schedule subject to change.*



## Lajes Salutes

□ Congratulations to the following Lajes promotees who were recognized during the Wing Recognition Ceremony Nov. 3:

To Airman 1st Class: **Ashley Bilodeau**, 65th Medical Operations Squadron; **Daniel Carr**, 65th Communications Squadron; **Robert Esquibel**, 65th Logistics Readiness Squadron; **Rusty Johnston**, 729th Air Mobility Squadron; **Jennifer Kotz**, 65th MDOS

To Staff Sergeant: **Mathew Clifford**, 729th AMS; **Christopher Deering**, 65th CS; **Christopher Fitzgerald**, 65th Civil Engineer Squadron; **Chantel Hawley**, 65th Operations Support Squadron; **Michael Kowalski**, 65th OSS

To Technical Sergeant: **Jason Litz**, 65th CES

To Senior Master Sergeant: **Pamela Crittenden**, 65th LRS

To Captain: **Shilo Weir**, 65th Air Base Wing

□ Way to go to recent graduates of the Kisling NCO Academy at Kapaun Air Station, Germany: **Tech. Sgt. Chester Bailey**, 65th CS; **Tech. Sgt. Samantha Buder-Moseley**, 65th LRS; **Tech. Sgt. Brook Whetsel**, 65th ABW; **Tech. Sgt. Melissa Harvey**, 65th CS; **Tech. Sgt. Stephen White**, 729th AMS

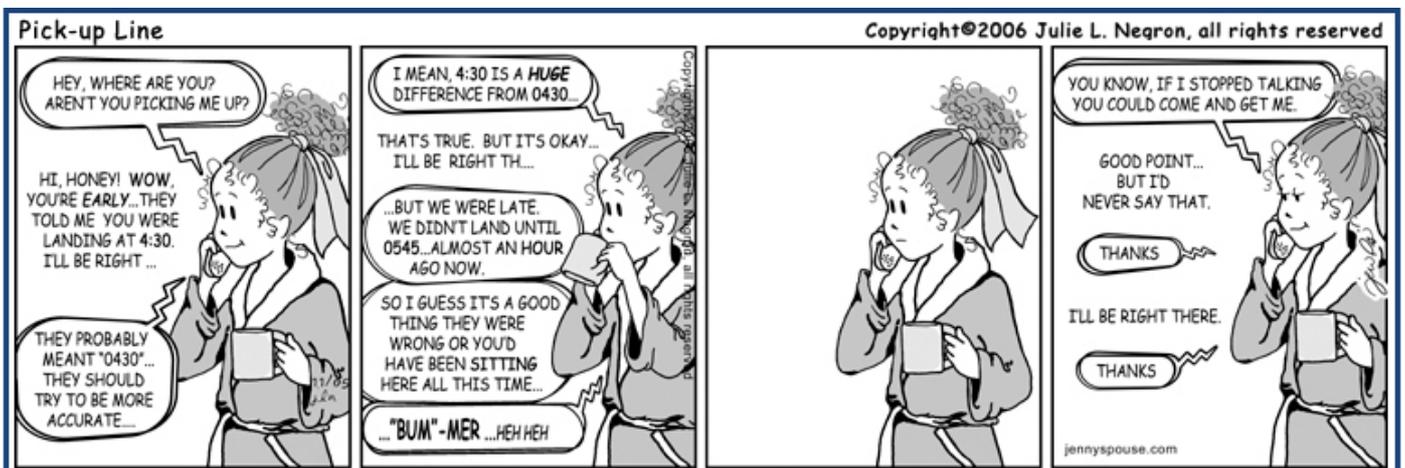
□ Congratulations to the **65th Civil Engineer Squadron**, winner of both the monthly Achieving Top Levels at Sponsorship Award and the 2006 Major General Robert C. Thompson Award for Outstanding Resources Flight

□ Way to go to **Lt. Col. Derek Grimes**, 65th Air Base Wing Legal, who was recognized as one of only two superior performers at Exercise Austere Challenge 2006 at Ramstein Air Base, Germany

Way to go!

Congratulations!

## Jenny, the military spouse





# PLANNER

Submission deadline is Thursday one week prior to publication. E-mail announcements in normal text with event, location, date, time, point of contact's full name and phone number/e-mail address to [news@lajes.af.mil](mailto:news@lajes.af.mil).

## Miscellaneous

**Hearts-Apart Pancake Breakfast:** The 65th Security Forces Squadron is hosting this month's Hearts-Apart function Saturday from 9 to 11 a.m. Saturday at the base chapel. Families of deployed servicemembers are invited for a pancake breakfast and crafts. For more information, call Christin Michaud at 535-3347 or 295-549-819.

**ESC Craft Fair:** The Lajes Enlisted Spouses' Club hosts a craft fair from 11 a.m. to 6 p.m. Saturday at the LYP gym. Portuguese and American vendors of handmade or hard-to-find items are needed and can sign up for a booth for only \$25. For more information, call Jodi Warminsky, ESC president, at 965-353-365.

**Four Corners:** The next competition, open to all eligible club members, is set for Nov. 22 in the TORC Ballroom. For more information, call Kent Jenkins at 535-6156.

**Thanksgiving Buffet:** 11 a.m. to 2 p.m. Nov. 23 in the TORC. Cost is \$15.95 for adults; \$8.95 for children ages 5-12; and free for ages 4 and under. Club members receive a \$2 discount. Call 535-3202 today to reserve a seat or for more information.

**Tobacco cessation class:** The Health and Wellness Center will hold its next tobacco cessation class from noon to 1 p.m. Nov. 28. For more information or to sign-up, call 535-3889 or e-mail [jerry.thompson@lajes.af.mil](mailto:jerry.thompson@lajes.af.mil).

**Friendship club:** People interested in establishing an Asian Pacific/Pacific American Friendship Club are welcome to attend a meeting set for 3 p.m. Nov. 26 in the Airman & Family Readiness Center. For more information, call Geri Lowell at 295-549-256 or e-mail [geridave@gmail.com](mailto:geridave@gmail.com).

**United in Love:** This support group, which takes place from 5:30 to 7 p.m. Thursdays in the Lajes Chapel, is for wives with deployed husbands. Dinner will be served and watch care for children will be provided. Massages and more

"pamper me" gifts will also be available. Call Amy Phillips at 295-549-788 for more information.

**Checks at post office:** Effective immediately, the post office will no longer accept personal checks and/or cash money orders. Payment options include cash, or electronic payment such as a debit or credit card. For more information, call 535-3389 or 535-4251.

**Mama's Milk & Me:** This breastfeeding support group meets the third Saturday of each month at the Lajes Airman & Family Readiness Center. Call the A&FRC at 535-4138 or Billie Curry at 295-543-008 for more details.

**A&FRC open on U.S. holidays:** The Lajes Airman & Family Readiness Center is open all U.S. holidays from 8 a.m. to 5 p.m. with limited services. Team Lajes can use the facility to make "1-800" calls or visit the Internet Caf e.

## Spiritual Fitness

**Catholic worship services:** CCD (through May), 9 a.m. Sundays; Sunday Mass, 10:30 a.m.; daily Mass, 11:30 a.m. Mondays through Thursdays.

**Protestant worship services:** Evangelical service, 9 a.m. Sundays; Sunday School (through June), 10:30 a.m.; Praise service, noon Sundays.

Call 535-4211 for more information.

## Education

**Online OU courses:** Online course enrollments with the University of Oklahoma begin Nov. 1. For more details, call Cherelyn Christensen at 535-3171.

**University of Phoenix:** The University of Phoenix offers the MBA and several Master of Arts in Education programs at Lajes. Classes are six weeks long and students can earn their degree in less than 24 months. No thesis or entrance exams are required. This

month, people interested in starting their graduate degree can save more than \$200. For more information, call Etleva Davis at 535-1970 or e-mail [etleva.davis@phoenix.edu](mailto:etleva.davis@phoenix.edu).

## Jobs/Volunteer

**HS yearbook advertisements:** Lajes American School is selling advertisements to help decrease the cost of the 2006-2007 yearbooks. A full-page advertisement costs \$100; half page, \$50; and quarter page, \$25. This will allow organizations and units to be forever remembered in the yearbook. For more information, or to place an ad, call Nadja Evans at 535-6443 or e-mail [nadja.evans@eu.dodea.edu](mailto:nadja.evans@eu.dodea.edu).

**School Web site:** Visit Lajes American School's Web site at <http://www.laje-ehs.eu.dodea.edu> for the latest school information.

## Lajes Schools

**Orphanage volunteers:** Volunteers are needed to adopt-a-child from an orphanage in Angra for Christmas. Volunteers will bring the child to base for a day out and get them a present. Volunteers are needed for the older boys and also siblings. For more information, or to donate items, e-mail Monique Thomas at [morenachik03@yahoo.com](mailto:morenachik03@yahoo.com) or call her at 295-549-668.

**TolTest Incorporated:** TolTest Inc. has an immediate job opening for an assistant quality control manager. Construction knowledge is required for the position. Candidates preferably degreed in engineering or other technical program and must possess knowledge of Microsoft Office and Adobe. Job responsibilities include visual inspections, measuring, basic report writing and material tracking. Electrical controls knowledge preferred, but not required. DEROs must be after January 2008. Applicants can e-mail their resume to [dan.firsdon@toltest.com](mailto:dan.firsdon@toltest.com).

## Classified Ads

E-mail classified ads to [news@lajes.af.mil](mailto:news@lajes.af.mil) by 5 p.m. the Thursday prior to the week you need it published. Remember to notify the Crossroads staff when items have been sold.

2005 Jeep Wrangler Sport for sale! Specs: 8,300 miles. Has 100,000mile/7 year transferable warranty. 4.0L 6 cyl engine, 6-speed manual trans 4X4, soft top, CD/AM/FM 6 speaker (weather-proof) stereo lots of factory-installed and warranted off-road options installed. "Patriot" Blue (looks like a really shiny GOV) w/ grey top and removable grey cloth interior \$25,500 firm, or trade for family car of equal value. Call Katy or Eric Bell at 295-549-555.

For Sale: Full-size mattress set. Two years old. In good condition, pillow top. Asking \$75. Call 295-549-813.

Wanted: HELP!!! I am in great need of a car. Will pay up to \$2000 for a good solid running car with an inspection that is good for at least 8 months. If you have one for sale, call me at 295-549-228 or my cell at 968-424-351. Ask for Bill.

For sale: Sony CD Radio Alarm Clock. Original operating manual, plays CD's and radio-electrically compatible here \$40. Mr. Coffee coffeemaker, makes four cups; only used a couple of times, \$10; Computer mouse: InterAct, \$5. Call 295-542-341.

For Sale: Fisher Price Kawasaki power wheel with 12-volt rechargeable battery. Asking \$100. Call 295-549-558 or e-mail [july.dent@lajes.af.mil](mailto:july.dent@lajes.af.mil).

For sale: 2005 Silver 4 door Dodge Neon SXT, 5 speed manual transmission \$13,000 Under 2,000 miles, Plates good through 2007, Inspection's good through January 2009. AM/FM radio, CD player, subwoofer, AC/heat, sunroof, rear spoiler. Call 295-549-350 after 6 p.m. or e-mail [nicky.burres@lajes.af.mil](mailto:nicky.burres@lajes.af.mil).

For sale: 3-speed Worton Cool Breeze floor fan. Great for summer! 220V. Paid 50 Euro, will sell for \$25; Paper shredder, 220V, \$15; 24" Multi-system TV. 110/220V; works great, \$30; Free: medium size dog kennel. Metal gate slightly rusted. Call 968-095-916.

Free cat to good home: 3 years old, female, spayed with sweet personality. Loves attention. Likes being only cat in house. Call Jenny at 295-549-811 if interested.

Super nanny available immediately. Flexible hours, USAF nanny for 12 years. She has experience with infants to teens, self transportation, and awesome recommendations. Call 966-732-249 to set up an interview with her.

For sale: Green 1997 Camaro. Engine: V6 3.8 Liter Trans: 5 Speed Manual A/C Drive: RWD Mileage: 68,400 Price \$5,200 OBO. Call 919-182-497 or 295-542-279.

2000 Yamaha PW 50, automatic trans. Bought used in '03 for \$1K and used less than 20 hours. Comes with matching kid's helmet, throttle limiter and training wheels. Perfect beginner's bike and Christmas present. Will sacrifice all items for \$650. Call 295-549-248 or e-mail [gerald.nunes@lajes.af.mil](mailto:gerald.nunes@lajes.af.mil).



## Lajes Sports Shorts

### Youth Bowling League

A youth bowling league for school children ages 5-18 begins at 3 p.m. Sunday and every Sunday thereafter at the bowling center.

For more information, call 1st Lt. Jamie Barnes at 535-3712.

### Thanksgiving Turkey Trot 5K

This event, open to all base personnel, takes place Nov. 17 in front of the Chace Fitness Center (Bldg. T-133). Showtime is 7 a.m.; the run begins at 7:30 a.m.

For more details, call Calvin Dixon at 535-1290/6126 or e-mail [calvin.dixon@lajes.af.mil](mailto:calvin.dixon@lajes.af.mil).

### "Pass, dribble and shoot"

This basketball competition, open to all base personnel and ages, begins at 2 p.m. Nov. 18. Visit the Chace Fitness Center by Nov. 17 to sign up.

For more details, call Calvin Dixon at 535-1290/6126 or e-mail [calvin.dixon@lajes.af.mil](mailto:calvin.dixon@lajes.af.mil).

### Advisory council

Lajes' youth sports advisory council meets from noon to 12:50 p.m. Wednesdays in the Community Activities Center.

Beginning Dec. 6, the council will only meet the first Wednesday of each month. People can submit their agenda items to [pcal4@yahoo.com](mailto:pcal4@yahoo.com) no later than the first Tuesday of each month.

For more details, call Heather Thompson at 535-3134 or e-mail [heather.thompson@lajes.af.mil](mailto:heather.thompson@lajes.af.mil).

### Basketball, cheerleading

Basketball/cheerleading signups begin Wednesday and continue through Dec. 29.

Basketball skills day for those ages 7 and up is Jan. 13. The season begins Jan. 27.

Call Cheryl Karnes at 535-1197 for more information.

### Youth sports parents meeting

The youth sports quarterly parents meeting is from 7 to 8 p.m.

Nov. 30 in the Community Center. The LYP Sports program calendar will be the topic of discussion. Call Cheryl Karnes at 535-1197 for details.

### New bowling center hours

The bowling center has new hours of operation: 4 to 11:30 p.m. Tuesdays; 9 a.m. to 11:30 p.m. Wednesdays through Saturdays; 2 to 9:30 p.m. Sundays; and closed on Mondays and Portuguese holidays.

### Wallyball, basketball

Wallyball begins Tuesday.

Basketball season begins Nov. 20. Tuesday is the entry deadline for units to notify the Chace Fitness Center of their intent to play.

A team meeting for all coaches and team captains takes place at 10 a.m. Tuesday in the Community Center.

For information on either basketball or wallyball, call the Chace Fitness Center staff at 535-1290.

## Armchair Quarterback Challenge

Each week during football season, the *Crossroads* publishes a list of the National Football League games of the week for Team Lajes to predict. The person with the most correct picks will win an AAFES coupon.

The No. 1 ranked Armchair Q.B. each week will get his or her name and photo published in the *Crossroads* and we'll also print any smack talk the winner chooses to submit.

Congratulations to Week 9 winner, **Jessica Harrison**, who missed five. Now for the loser, who gets the honor of the "You Don't Know Jack" award. This week it goes to **Adrian Lara** from Wing Protocol, who missed nine. He was the Week 6 winner but has since fallen from his throne. I guess the proverb "pride comes before a fall" is true after all.

*"It's time for the rest of the crew to step it up again."*

**Jessica Harrison**  
65th Civil Engineer Squadron



## Game Schedule

### Week 10

- |                          |                                   |                          |
|--------------------------|-----------------------------------|--------------------------|
| <input type="checkbox"/> | <b>Baltimore at Tennessee</b>     | <input type="checkbox"/> |
| <input type="checkbox"/> | <b>Buffalo at Indianapolis</b>    | <input type="checkbox"/> |
| <input type="checkbox"/> | <b>Cleveland at Atlanta</b>       | <input type="checkbox"/> |
| <input type="checkbox"/> | <b>Green Bay at Minnesota</b>     | <input type="checkbox"/> |
| <input type="checkbox"/> | <b>Houston at Jacksonville</b>    | <input type="checkbox"/> |
| <input type="checkbox"/> | <b>Kansas City at Miami</b>       | <input type="checkbox"/> |
| <input type="checkbox"/> | <b>N.Y. Jets at New England</b>   | <input type="checkbox"/> |
| <input type="checkbox"/> | <b>San Diego at Cincinnati</b>    | <input type="checkbox"/> |
| <input type="checkbox"/> | <b>San Francisco at Detroit</b>   | <input type="checkbox"/> |
| <input type="checkbox"/> | <b>Washington at Philadelphia</b> | <input type="checkbox"/> |
| <input type="checkbox"/> | <b>Denver at Arizona</b>          | <input type="checkbox"/> |
| <input type="checkbox"/> | <b>New Orleans at Pittsburgh</b>  | <input type="checkbox"/> |
| <input type="checkbox"/> | <b>St. Louis at Seattle</b>       | <input type="checkbox"/> |

### Monday Night's Game

- |                          |                               |                          |
|--------------------------|-------------------------------|--------------------------|
| <input type="checkbox"/> | <b>Chicago at N.Y. Giants</b> | <input type="checkbox"/> |
|--------------------------|-------------------------------|--------------------------|

**Total Points for Monday's Game**

**Editor's note:** Bring picks to the Public Affairs office in Room 240 of Bldg. T-100 or e-mail them to [news@lajes.af.mil](mailto:news@lajes.af.mil). Submissions must be made before the opening kickoff to the first game on Sunday. In the case of a tie, a winner will be decided by who picks the closest combined score of the Monday Night game.



## Team Lajes observes Wingman Day 2006

By Staff Sgt. Marcus McDonald  
65th Air Base Wing Public Affairs

Team Lajes observed Wingman Day 2006 here Nov. 3. The day began with a 1.5K-formation run, a 1.5-mile race, the "soft" grand opening of the Chace Fitness Center, a 65th Air Base Wing barbecue complete with 12 information booths from various wing agencies, and concluded with the Wing Recognition Ceremony. According to Capt. Lisa Tauai, Wingman Day project officer, the event was a success.

"This year's activities centered around the overall purpose of Wingman Day, which is to promote spiritual, social, emotional and physical wellness while building camaraderie and teamwork," she said. "Our active duty, civilian, and local national counterparts, who seemed to have enjoyed the day's activities, hopefully gained more knowledge of the tremendous health, wellness, and safety tools available to them."

Captain Tauai said that although the purpose of Wingman Day is clear, it is important to also note that individuals are accountable for their own actions.

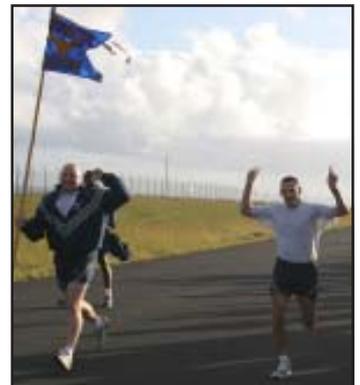
"Pre-planning and actual implementation of the plan is critical to prevent needless mishaps," she said. "The Air Force provides us with wonderful informational tools, but it is up to use them."

Putting on the event was successful as a result of volunteers, the captain said.

"Our volunteers went above and beyond and were the key to the success of this event," she said. "I'm so grateful for everyone's assistance and I hope I have the opportunity to work with you again on future projects."



Staff Sgt. Mel Street, 65th Communications Squadron, tests out the new equipment at the newly renovated portion of the Chace Fitness Center during Wingman Day Nov. 3 as Col. Jeff Derrick, 65th Air Base Wing vice commander, checks out the equipment in the background. (Photo by Guido Melo)



Capt. Jon Black, 65th Medical Operations Squadron, finishes first in the 1.5-mile race. (Photo by Staff Sgt. Timothy Sanford)

### Wingman Day Winners

The winners from Wingman Day were as follows:

□ **1.5-mile race individual winners** – Capt. Jon Black, 65th Medical Operations Squadron, first place; 1st Lt. Joseph Sundy, 65th Civil Engineer Squadron, second place; and Maj. Jesse Richardson, 65 MDOS, third place

□ **1.5-mile race team winners** – 65th MDOS, first place; 65th CES, second place; and 65th Security Forces Squadron, third place

□ **Squadron Cheer winners** – 65th CES, first place; 65th Communications Squadron, second place; and 65th Services Squadron, third place

□ **Wingman Day "Warrior" champions** – 65th CES, first place; 65th MDOS, second place; and 65th CS, third place



Members of the 65th Security Forces Squadron march while carrying plastic replicas of M-16s at the end of the 1.5K-formation run. (Photo by Guido Melo)