



Self Defense Technique Class: Building Confidence



Dates: 10 & 24 Oct 2014

Time: 1300-1530

Location: Gym Aerobics room
25 people max per class

To Sign Up: S:\65 ABW\Base
Wide Events\Oct Domestic
Violence Self Defense Class

Or

Call TSgt Fain at 535-5177

In Honor of Domestic Violence Awareness Month