

# CROSSROADS

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Lajes Field, Azores, Portugal

"6-5...  
IN THE FIGHT!"

FY 2013



946  
SORTIES

9,672  
LODGED



5,31 M  
gallons  
FUEL ISSUED

## Popular Numbers

### Medical Appointment:

Base: 535-3261  
Off base: 295-573-261  
Base Alt: 535-1089  
Off base Alt: 295-571-089

### Emergency:

Base: 911  
Off base: 295-571-911

### Lajes Against Drunk Driving:

Fri & Sat: 295-57-5233

### Sexual Assault Response Coordinator:

24/7: 535-7272  
Off base: 966-677-266

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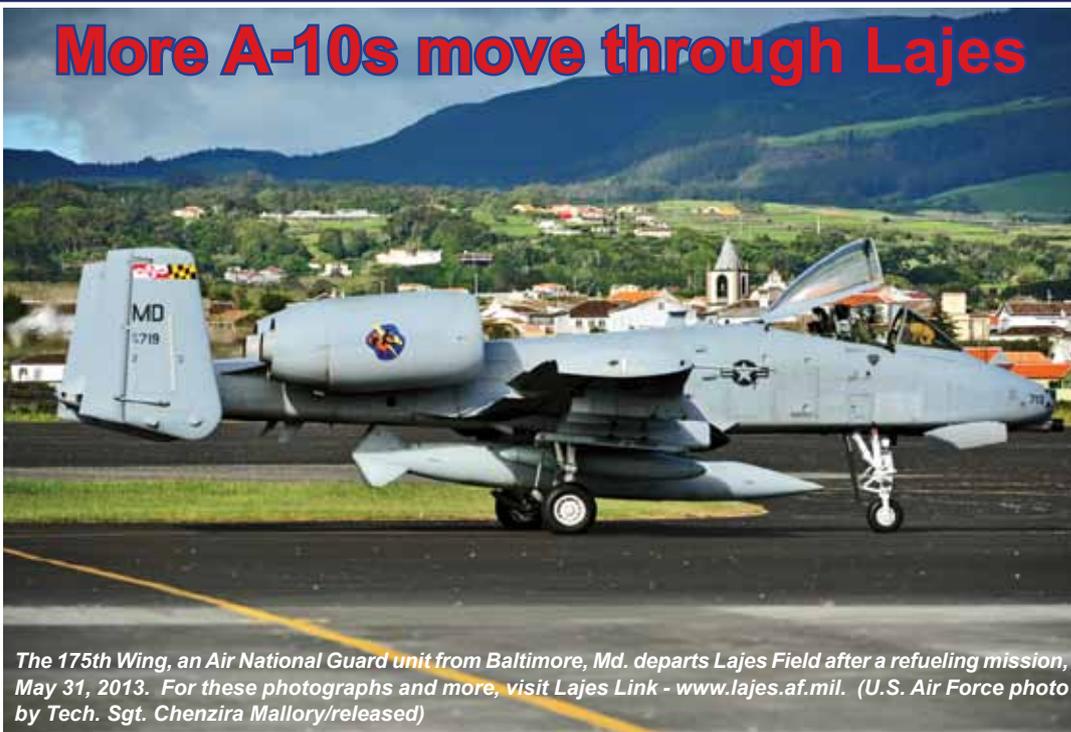
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## More A-10s move through Lajes



The 175th Wing, an Air National Guard unit from Baltimore, Md. departs Lajes Field after a refueling mission, May 31, 2013. For these photographs and more, visit Lajes Link - [www.lajes.af.mil](http://www.lajes.af.mil). (U.S. Air Force photo by Tech. Sgt. Chenzira Mallory/released)

## Are you ready for Lajes' hurricane season?

By 65th Air Base Wing Public Affairs

Positioned in the middle of the Atlantic Ocean, Lajes Field is susceptible to hurricanes, as was the case in 2012 with Hurricane Nadine. Considering recent history and because hurricane season began June 1, it's important for Lajes Airmen and families to prepare for potential storms.

"Though hurricanes can happen year-round, June 1 through November 30 is considered hurricane season. During this time frame, a hurricane is most likely to occur and historically, August and September have been the peak months for hurricanes," said Tech. Sgt. Jonathan Marion of the 65th Civil Engineer Squadron emergency management section.

Preparation begins at home, said Marion.

Having an emergency supply on hand is the first step. "Double-check that your emergency supply kit is fully stocked. If you are not sure what you should have, contact your unit emergency management representative," Marion added. Non-perishable food items, batteries, a battery-powered radio, matches, and extra clothing should be included.

Securing items that may become projectiles in high winds is crucial. "Before a hurricane, bring outdoor items inside or secure items that cannot be brought inside. Turn

your refrigerator and freezer to the coldest setting, as the power may go out. Lastly, for insurance purposes, make a record of your personal property," said Marion.

Once the storm hits, and if required to "ride-out" the hurricane, staying put and listening for public address messages is the best bet.

"During a hurricane, listen to AFN or the local radio or television for status updates. Take refuge in a small interior room, closet or hallway. If in a multiple-story building, remain on the first or second floor, keeping to interior rooms and away from windows and keep your curtains and blinds closed and do not go outside until directed," Marion said. Parking vehicles and storing emergency supply kits in secure locations and away from low-lying areas should also be a consideration.

Precautions must be taken after the storm passes, as well. "After a hurricane, do not drink tap water until it is declared safe. Stay away from downed power lines and report any that you see. Reenter your home with caution and finally, be cautious when driving as roads may be flooded or washed out," Marion added.

High winds alone aren't the only threat hurricanes pose. "The heavy rains which accompany hurricanes can

To read more on "Hurricane Season" see page 3

**Today's Fight—Airmen and Families—Host Nation Relationship—Future Challenges**



# "Look Dad... No Helmet!"

By Col. Lorn W. Heyne  
65th Medical Group commander

Finally, the sky is starting to clear up, the wind is dying down and it's time to break out the bicycles for the summer. The nice weather got me thinking about a personal situation and a conversation that many families may have when it comes to summer recreation and activities.

"Dad, did you wear a helmet when you were a little boy?"

"No, Son I did not," said the father.

"Then why do I have to, Dad?"

Does this conversation sound familiar? That wasn't quite how it went in my family. Although I didn't wear a helmet when I was a kid, I wanted to be a good example for my son. When we went bicycling together, we just put the helmet on and rode off, no questions asked.

Of course, wearing a helmet does not mean that a person will not get injured. In fact, the person whose neck you see in the picture was wearing a helmet. How do I know? Because that picture is of my neck.

On December 4, 1998 it was unusual to have such a beautiful morning so late into the fall with temperatures well above 60 degrees. My son, Austin, and I wanted to ride our bikes that morning so we put on our helmets and headed off. I was riding with Austin, who was 8 years old at the time, along the Potomac River in Washington, D.C. when I decided to ride down the embankment. What I could not see at the bottom was a 6 inch drop onto the pavement. When the front tire dropped, the bicycle flipped completely over, landing me on my head against the pavement and the bicycle

landing on top of me. My left arm was totally paralyzed and my face had several abrasions. Surgery followed to relieve the pressure on the nerve to my arm and a metal plate was inserted to stabilize my neck.

One of the studies I have read stated that children under 10 years old were more likely to sustain injuries to the head and face while teens and young adults were more likely to sustain injuries to the extremities. Of course, there are exceptions to every statistic as I was an adult rider in my case; the message is accidents happen and the outcome can range from scratched knees to major surgery.

So what does this have to do with a helmet? What I didn't describe above was that when the bicycle flipped over and I landed squarely on my head, there were several small rocks, about one-quarter inch in diameter that penetrated the shell of the helmet. If by chance, I was not wearing the helmet, the blow to my head would have been much worse, the rocks would most likely have penetrated my cranium complicating my injuries and the outcome would surely have been much more severe.

There are many things that I cannot do today due to this accident but frankly I am alive and have a fairly normal life. I always wear a helmet when riding a bicycle and will stop kids on the street to ask that the put a helmet on or fasten the strap.

As we move into the 101 Critical Days of Summer, wearing a helmet is a small but effective item in our personal protection equipment wardrobe. Our children are our future, let's protect our investment.



**Commander's Action Line**  
**535-4240**  
**abw.cc@us.af.mil**

*The Commander's Action Line is your link to the commander for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution.*

*Your chain of command should always be your first option — but when that's not the answer, call or e-mail the Commander's Action Line at 535-4240 or [abw.cc@us.af.mil](mailto:abw.cc@us.af.mil).*



Col. Chris Bargery

**Col. Chris Bargery**  
Commander, 65th Air Base Wing



*The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads.*

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*All photographs are Air Force photographs unless otherwise indicated.*

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"Hurricane Season" from page 1

lead to flooding or dramatic rises in the ocean's water level, known as storm surge," said Marion. "These surges can thrust water inland causing massive damage. For example, Hurricane Katrina produced a 28-foot storm surge."

Locally, hurricanes spawn even more weather events, said one weather expert.

"In addition to high winds, precipitation amounts are a concern at Lajes Field," said Master Sgt. Rafael Kaup, 65th Operations Support Squadron weather flight chief.

"Due to heavy precipitation associated with all tropical systems, flooding and landslides are the most significant threat to Terceira. Near sea-level communities like Praia da Vitoria, Cabo da Praia and Porto Martins are more susceptible than communities more than 60 feet above sea-level. Storm surge may still impact elevated sea-side communities through erosion," Kaup noted.

Lajes Field and the surrounding communities have seen severe weather events on multiple occasions in the last year, including Hurricane Nadine passing through the Azores twice, and landslides and significant flooding in nearby communities in early 2013.

When preparing for hurricane season, it's also helpful to understand some of the warning messages and terms that may be announced by Lajes Field officials.

The Air Force uses Hurricane Conditions (HURCONS) to provide arrival times and sheltering guidance before and during storms. The following HURCONS count down from 5 to 1, with lower numbers signaling a more imminent threat.

- HURCON 5 - General Hurricane Season, 1 June to 30 November
- HURCON 4 - Indicates surface winds in excess of 58 mph could arrive within 96 hours
- HURCON 3 - Indicates surface winds in excess of 58 mph could arrive within 72 hours



Maria Cavaco, 65th Operations Support Squadron weather forecaster, briefs an aircrew member prior to a flight from Lajes Field, Azores. (Photo by Guido Melo/released)

HURCON 2 - Indicates surface winds in excess of 58 mph could arrive within 48 hours

HURCON 1 - Indicates surface winds in excess of 58 mph could arrive within 24 hours

HURCON 1E - Indicates surface winds in excess of 58 mph are occurring and other dangerous conditions associated with the storm are present. All outside activity is strictly prohibited.

HURCON 1R - Indicates life-threatening storm hazards have passed but damage may persist and only emergency responders and damage assessment personnel are released to move about.

"Technically speaking, a weather watch is issued if threat of hurricane conditions are expected within 36 hours or less, and warnings are issued when hurricane conditions are expected in 24 hours or less," said Marion. Watches and warnings may also be issued for other storms, such as typhoons.

Hurricanes are storms that have winds reaching a constant speed of 74 miles per hour or more. Hurricane-force winds blow in a large spiral around a relatively calm center, known as the storm's eye.

Tropical storms include a rotary circulation of clouds with winds topping out at 73 miles per hour. Tropical depressions are not as strong as a storm and have winds up to 38 miles per hour.

For more information, contact Tech. Sgt. Marion or 65th CES emergency management at 535-3150.

# LAJES WARRIORS OF THE WEEK

**Name:** Denise Dalton-Love  
**Rank:** Captain  
**Unit:** 65th Medical Group  
**Hometown:** Hermosa Beach, CA  
**Duty Title:** Health Care Integrator  
**Accomplishments:** Capt. Dalton-Love is triple-hatted as the Health Care Integrator, Infection Control Officer and Disease Manager. She monitors/develops action plans to deliver clinical preventive services and maintain the infection control programs. Her focus is on Preventive Health; she has briefed over 1,000 AD members at Medical Right Start, has been a guest speaker on AFN radio and coordinated 14 health fairs. While stationed at Lajes, she was selected to a High Performance Team by the Air Force Medical Operations Agency to evaluate the use of electronic medical home devices to improve the health of the AF population. Capt. Dalton-Love was instrumental in leading the 65 MDG to the AF Best Performing Patient Centered Medical Home MTF for 2012. She recently completed an 18-month Masters in Nursing Education program with a GPA of 3.9.



**Name:** Tracey Owens  
**Rank:** GS-06  
**Unit:** 65th Medical Group  
**Hometown:** Oxford, England  
**Duty Title:** Secretary  
**Accomplishments:** Mrs. Tracey Owens is the 65th Medical Group Commander's Secretary, her duties include; reviewing all official correspondence, enlisted and officer performance reports, decorations, and committee meeting minutes. She manages the calendars for the MDG Executive Staff, monitors and tracks wing suspenses, updates weekly on-call boards, and prepares slides for meetings, as well as backfills the Medical Operations and Medical Support Squadron Secretary. Aside from these duties she also acted as a point of contact for a food drive for Portuguese families. She is also a member of the Lajes High School sports booster club and regularly volunteers to drive for Lajes Against Drunk Driving. Her husband is SMSgt Jimmie Owens, FSS Superintendent, and they have two children Daniel, a 2nd Lt. in the Air Force, and Samuel, a 9th grader.



## Wing leadership seeks feedback through unit climate assessment

By 65th Air Base Wing Public Affairs

The 65th Air Base Wing Commander, Col. Chris Bargery, has asked for maximum participation in the wing's unit climate assessment, which is scheduled to run June 3 -14. The survey will identify both positive and negative human relations factors affecting wing mission readiness.

The Equal Opportunity office is administering the UCA, and Tech. Sgt. Candice Compton said this is a great chance for Airmen to help leadership gauge the pulse of the base.

"The UCA is a voluntary survey authorized by wing leadership to measure the equal opportunity and organizational effectiveness in your unit," said Compton. "By electing to participate you will be assisting commanders at all levels in determining the human relations climate within their organizations."

Military members, civilian employees and host nation personnel have an opportunity to provide valuable insight into the health of Lajes Field.

Honest feedback from Airmen is ensured through anonymous responses, said Compton.

"To ensure anonymity, every member in a unit receives the

same access code. If there are less than six respondents within a demographic area, individual responses are not visible on the UCA report," Compton said.

The survey consists of 46 standard Air Force questions, 5 locally developed questions from wing leadership and 5 locally developed questions from your squadron commander.

The UCA surveys eight areas including, cohesion and pride, motivation and morale, supervisory support, perceived discrimination, overt discriminatory behaviors, command EO/EEO policy and sexual assault prevention and response. After each section, members are allotted an opportunity to provide written comments with no limit on characters.

The survey can be taken from any computer with internet access at any time during the survey dates and normally takes 20 minutes to accomplish. The UCA database does not have the ability to save progress, so members are encouraged to complete the survey in one sitting.

For more information regarding the UCA, contact 65 ABW/EO at 565-6111/6282.



## American, Portuguese students share experiences through exchange program

Isabel Parreira, Yuuga Yamashiro and Ines Brasil, interact in a 10th grade Computer Applications class during a student-exchange program at the Lajes Elementary/High School May 30. Parreira and Brasil are students from the Thomas Borba School, a public school in the village of Angra do Heroismo. Yamashiro is the son of Tech. Sgt. David Cameron, 65th Logistics Readiness Squadron.

As part of an annual student-exchange program, American and Portuguese students from the island of Terceira in grades 7 through 11 visited the other's schools to experience the two cultures' education system and to build upon intercultural relationships. "My experience at the Portuguese school was amazing," said Kendall Fiedler, 13, daughter of Tech. Sgt. Michael Fiedler, 65th Operations Squadron air traffic controller. "The kids there welcomed us with open arms. Their school is huge and their food was very different."

For the complete story and more photographs, visit Lajes Link - [www.lajes.af.mil](http://www.lajes.af.mil). (U.S. Air Force photo by Staff Sgt. Angeliq N. Smythe/released)



# Around Lajes Field



*Gen. Jose Antonio Magalhaes Araujo Pinheiro, Portuguese Air Force Chief of Staff, greets Tech. Sgt. James Cole, 65th Operations Support Squadron, during his visit to the 65th ABW, June 4, 2013. Gen. Araujo Pinheiro stopped at Lajes Field for the 72nd Anniversary of Portuguese Air Base 4. (Photo by Guido Melo/released)*



*Gen. Jose Antonio Magalhaes Araujo Pinheiro, Portuguese Air Force Chief of Staff, takes a tour through a 65th Operations Support Squadron facility with Col. Chris Bargery, 65th ABW commander and Lt. Col. Shawn Cotton, 65th OSS commander, during his visit to the 65th ABW, June 4, 2013. (Photo by Guido Melo/released)*



*Master Sgt. Josiah Sojot, 65th Communications Squadron, climbs the fiberglass dome of the Airport Surveillance Radar (ASR) to replace an obstruction light. The ASR is a system that provides air traffic controllers reliable and clear site pictures of aircraft within its coverage area. (U.S. Air Force photo by Airman 1st Class Brian Kalweit/released)*

# LAJES ON THE WEB



## Lajes Field

6-5...  
in the FIGHT!

"Lajes Link" - [www.lajes.af.mil](http://www.lajes.af.mil)

The 65th ABW Events Calendar is online! For a complete list of events, visit Lajes Link!

- Lajes High School Graduation, June 7 @ 5pm - Ramo Grande Auditorium
- Portuguese Holiday, June 10
- Warrior Return & Send-off, June 12 @ 11am - TORC Front Entrance
- Dorm Resident's Free Lunch, June 12 @ 11:30am - Chapel
- ALS vs. Top III Volleyball Game, June 12 @ 4pm - Chace Fitness Center
- USAFE Family Day, June 14



### Lajes Field, Azores

[www.facebook.com/65abw.lajes](http://www.facebook.com/65abw.lajes)

'Like' Lajes Field, Azores for the latest news stories, photos, videos and weather updates!



### Lajes Field Photos

Looking for photographs from the latest promotion ceremony or Warrior Welcome?

We post these photos on Flickr so Airmen, civilians and family can access them anywhere.

## BULLFIGHT SCHEDULE



Remember: Airmen and families assigned to Lajes Field are not allowed to participate in bullfights. If you are viewing a bullfight, you must maintain a safe distance, be behind adequate barricades or located on/in a building. Contact Wing Safety at 535-6137 for more info.

Friday, June 7: 6:30 p.m. Serra de Santiago (Behind CE compound)  
Saturday, June 8: 6:30 p.m. Serra de Santiago  
Saturday, June 8: 6:30 p.m. Bicas de Cabo Verde  
Saturday, June 8: 6:30 p.m. Corpo Santo, Angra  
Sunday, June 9: 6:30 p.m. Terreiro, São Bartolomeu  
Monday, June 10: 6:30 p.m. Boa Hora, Terra Chã  
Monday, June 10: 6:30 p.m. Vila Nova



### AFN LAJES Radio 96.1FM

- The Morning Wake Up Call: 0600-1000  
- The Double D MidDay Show: 1200-1300  
- The Afternoon Drive: 1400-1800

Request Line: 535-3121 or 295-57-3121

## ASK ED

A column that looks at the culture and history of the Azores

By Eduardo Lima, Community Relations Advisor



### Day of Portugal

The Day of Portugal, Camões and the Portuguese Communities is the formal name for the country's national day, which is celebrated every year on June 10.

The Day of Portugal, a national holiday, also commemorates the life of the greatest Portuguese poet of all times, Luiz Vaz de Camões, and recognizes the valuable contributions of the Portuguese immigrants worldwide.

In this day, it is customary for the President of the Republic to decorate Portuguese citizens, civilian and military, who have distinguished themselves in several areas or are being recognized for heroic acts.

The official ceremonies of the Day of Portugal are usually held in a different city every year. The city of Angra to Heroismo on Terceira Island had the privilege of hosting the ceremonies in June of 2003 and being the center of attention throughout the country.

This year's ceremonies will take place in the city of Elvas, located in the province of Alentejo, about five miles from the Spanish city, Badajoz. This historic Portuguese city was the most important stronghold and fortified city in Europe at one time. It houses the



World's largest collection of bulwark fortifications and its walls were recently classified as a World Heritage Site by the United Nation's UNESCO organization.

Luiz Camões is the author of the epic poem "Os Lusíadas" (The Lusíads), considered one of the finest and most important works in Portuguese literature. This poem focuses mainly on an eccentric interpretation of the Portuguese discoveries. The influence of "Os Lusíadas" in the Portuguese language is so intense that is often called "the language of Camões."

In "Os Lusíadas," Camões portrays the Portuguese people as descendants from Lus, companion of Dionysus and mythical founder of Lusitania, and loosely describes the country's history until the mid 16th century — concentrating on giving a heroic edge to the journey of the famous Portuguese discoverer Vasco da Gama, the first European to reach India by sea.

The day is also commemorated in most of the Portuguese communities abroad, namely in Europe, the U.S. and Canada, as well as in the Azores and Madeira.