

CROSSROADS

Rated #1 Best Web-Based Publication in the U.S. Air Forces in Europe



Vol. 18, No. 11 March 22, 2013

Lajes Field, Azores, Portugal

"6-5...
IN THE FIGHT!"

FY 2013



640
SORTIES

6,661
LODGED



3,80 M
gallons
FUEL ISSUED

Popular Numbers

Medical Appointment:
Base: 535-3261
Off base: 295-573-261
Base Alt: 535-1089
Off base Alt: 295-571-089

Emergency:
Base: 911
Off base: 295-571-911

Lajes Against Drunk Driving:
Fri & Sat: 295-57-5233

Sexual Assault Response Coordinator:
24/7: 535-7272
Off base: 966-677-266

Weekend Weather Forecast

Saturday (a.m. / p.m.)

Partly Cloudy
Wind W 17 - 29 mph
SW 12 - 23 mph
HIGH 15C / 59F
LOW 11C / 51F

Sunday (a.m. / p.m.)

Mostly Cloudy / Cloudy - rain
Wind SW 17 - 29 mph
SW 23 - 35 mph
HIGH 17C / 63F
LOW 13C / 55F

Lajes Airmen lend helping hand to Portuguese partners



Members of 65th Operations Support Squadron along with Portuguese Army members of Regimento de Guarnição Nº 1, remove dirt and rocks following a flood in Porto Judeu. Airmen from the 65th Operations Support Squadron and other units from Lajes Field volunteered to remove water and mud from homes and businesses following severe rain and flooding in Porto Judeu, Azores, Mar. 15, 2013. Roughly 30 homes were damaged from the flooding. (Photo by Lucas Silva)

Lajes begins new SAPR training

By 1st Lt. Mark Graff
65th Air Base Wing Public Affairs

At the Air Force level, the Sexual Assault Prevention and Response Program reinforces the Air Force's commitment to eliminate incidents of sexual assault through awareness and prevention training, education, victim advocacy, response, reporting and accountability.

Locally, Lajes Airmen are embarking on new territory when it comes to SAPR training this year, said the 65th Air Base Wing's Sexual Assault Response Coordinator, 1st Lt. Erica Peat.

This month, 65th ABW leadership rolled out new SAPR training designed to educate Lajes Airmen on sexual assault.

With the new SAPR training "we want to have more of an impact and to have more of a discussion... so people actually think about (sexual assault) in a different light and realize what society has taught us (about gender roles) may not be true," said Peat.

To facilitate learning, the 2013 SAPR training is 60 minutes long; 30 minutes shorter than the previous edition of SAPR training known as Bystander Intervention Training. The updated training consists of videos, exercises, guided discussions and most importantly, mixed gender classes.

So far, the discussions are a highlight of the training, said Peat.

"It's very dialogue driven. These are small group discussions; a lot of interaction. That's what we want – to get the conversation going," said Peat, a Vacaville, Calif. native.

The new SAPR training is part of a continued Air Force-wide emphasis on eliminating sexual assault. Air Force leadership have taken a hard line recently in public comments about sexual assault.

"Sexual assault is a crime and is categorically unacceptable," said Secretary of the Air Force, the Honorable Michael B. Donley, according to the Air Force's Sexual Assault Prevention and Response Program website. "It is incompatible with our core values, it is harmful to our people and it makes us a less effective fighting force. We need to crack down on this harder than ever to get this out of our culture."

Chief of Staff of the Air Force, Gen. Mark A. Welsh III, described how Air Force organizational culture suffers as a result of sexual assault, according to the website.

"Sexual assault has no place in the Air Force. We live in a culture of respect. We cherish our core values of integrity, service, and excellence. But in order to

To see more on "SAPR training" see page 2

Today's Fight—Airmen and Families—Host Nation Relationship—Future Challenges



What are you waiting for?

By SMSgt. David W Guthrie Jr.
65 Logistics Readiness Squadron
Superintendent

"The secret of getting ahead is getting started", a phrase most notably quoted by Mark Twain. But what does this mean? It simply means that, if you never take action to get where you want to be, you will never get there. Listen, success doesn't come looking for you, you need to be out looking for it. Do you know what it takes to be that lead project manager? Do you know how to start your own business? These questions can only be answered by doing a little bit of homework. Just like studying for a final, jot down your ultimate goal and the steps that will help you reach it. Also, keep in mind, that if you are dwelling on the past, then stop, turn around and look forward. Reach out to your circle of friends or make new ones. These are just a few examples that are being discussed in this article.



self-image, etc... basically selfish goals really never do last and leave you with nothing more than to do it again and again.

Next, turn it into a 'to-do-list'. List steps that you know that need to be taken to reach them. Do a little bit of homework. Look for other ideas or read about successful CEOs that can help you reach your goal. Lastly, post-it somewhere you can see-it nearly every day. Review it often, edit as necessary. You may discover a step or two that actually was not helpful at all and hinder your progress.

Another secret to help you is letting go of your past. An event or events that happened in your past, and for the purpose of this article, negative ones, can blur your vision of a rewarding future. Make amends, work off or simply erase the grudge! Stop dwelling on what it could have been and look to what you could be. This will also aid you in having a more positive emotional outlook. It can be easily started with a smile. It's contagious, try it as you pass by a stranger and having that smile returned to you only reinforces your happiness.



Let's start with reading. It's free, well nearly at any angle you look at it, we have the base library, you can surf the internet, or pick up a book or magazine off the coffee table at a friend's house or the doctor's office, well you get the idea. Reading about what it takes for you to achieve your goal can only possibly inspire you to take action and leap into the unknown.

Next, sit down and write out your goal or goals. Jot down ideas that you want to accomplish in your life. What efforts are you leaning towards or simply what you would rather be working on to achieve that goal? Avoid superficial goals, like an 'adrenaline rush', collective courtships, being the top gamer on your favorite console game, dwelling on your

In addition, friends will most certainly be on your list. We make friends when we least expect it. The new friends are typically caring and help build the friendship, either plutonic or otherwise. You be the judge. Your friends are also the source of a healthy life, a plethora of knowledge and strength. They can get you connected to opportunities.

Grab a book or two, read. Write your list down on paper and turn your current outlook around. Reach out to your friends and make new ones. So there you have it, lists of steps to get you started on the road to success and remember this quote by George Eliot, "It's never too late to be what you might have been."

"SAPR training" from page 1

ensure all Airmen experience and benefit from those values, we must eliminate sexual assault in our ranks," said Gen. Welsh.

Ending sexual assault in the Air Force is "the only acceptable objective," said Gen. Welsh, before Congress, according to a Jan. 23 Air Force news story. "The impact on every victim, their family, their friends (and) the other people in their unit is heart-wrenching... we are giving it our full attention."

The impact on friends that Gen. Welsh describes rings true for one Lajes Airman. Tech. Sgt. Cheryl Lawless, a Lajes Field victim advocate, volunteers for the program because of a personal experience.

"I like being able to help people and I've had a friend who was assaulted once. (I saw how) just being a listening ear helped her. I didn't think (sexual assault) happened in the Air Force," said Lawless, a Sawmille, Ariz. native and 11 year Air Force veteran. Lawless is one of Lajes Field's 11 victim advocates supporting the SAPR program.

To view this story in it's entirety, go to Lajes Link and look for "Lajes begins new SAPR training."

The 65th Air Base Wing SAPR office can be reached at 535-2123 or sarc@lajes.af.mil for general questions. For emergencies, call 535-SARC (7272) on base. Off base, dial 966-677-266 or 295-57-7272.

Commander's Action Line
535-4240
65abw.actionline@lajes.af.mil

The Commander's Action Line is your link to the commander for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution.



Col. Chris Bargery

Your chain of command should always be your first option — but when that's not the answer, call or e-mail the Commander's Action Line at 535-4240 or 65abw.actionline@lajes.af.mil.

Col. Chris Bargery
Commander, 65th Air Base Wing



The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads.

The Public Affairs Office (Unit 7710, APO, AE 09720) is located in Bldg. T-100, Room 240.

Submissions can be e-mailed to 65abw.pa@lajes.af.mil or faxed to 535-6326 and are due the Thursday prior to the required publication date. Call 535-6161 for more details.

This Air Force funded newspaper is an authorized weekly publication for members of the U.S. military services overseas.

Contents of the Crossroads are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

All photographs are Air Force photographs unless otherwise indicated.

Editorial Staff

- Col. Chris Bargery**
Commander, 65th Air Base Wing
- 1st Lt. Mark Graff**
Editor-in-Chief
- Mr. Eduardo Lima**
Community Relations Advisor
- Staff Sgt. Angelique Smythe**
Editor
- Mr. Manuel Martins**
Layout Designer



Lajes Air Force Assistance Fund campaign begins March 22

A message from the 65th Air Base Wing AFAF Installation Project Officers

Team Lajes – We are honored to serve as your 2013 Air Force Assistance Fund

Installation Project Officers. This year's AFAF campaign runs from March 22 to May 3. To kickoff the campaign we are hosting a "Zombie Run and Burger Burn" on March 22, with more events planned throughout the campaign. The Lajes Field goal for the 2013 AFAF is to raise \$12,507. The goal is of course to beat last year's collection by at least 65 cents. That's how we do it in the 65th Air Base Wing. We encourage each individual and unit to do their part to push the installation beyond that goal!

As you know, the AFAF was established to provide for an annual effort to raise funds for the charitable affiliates that provide support to the Air Force family (active duty, retirees, reservists, guard and their dependents, including surviving spouses) in need. Organizations that benefit from AFAF include the Air Force Villages, the Air Force Aid Society, the General and Mrs. Curtis Lemay Foundation, and the Air Force Enlisted Village.

For those unfamiliar with the concept of a zombie run, it is an event in which a runners – or a team of runners - are given a flag belt and must attempt to make their way through a course filled with obstacles while "zombies" attempt to remove those flags. We'll have prizes for the zombie who removes the most flags and a trophy for the team who makes it through with the most flags remaining. Please come out and support this event, whether you choose to be a zombie, run the course, or just have a burger and enjoy the show.

100% of proceeds benefit the Air Force Aid Society, the official charity of the United States Air Force. Please contact your Unit Project Officer for more information on how to sign up for our kickoff or how to donate to the Air Force Assistance Fund. The 2013 Air Force Assistance Fund... "By the Airmen, For the Airmen!"

For more information about AFAF, you can visit the official website at www.afassistancefund.org. Team Lajes, let's do our part to contribute to the Air Force Assistance Fund and help our fellow Airmen, demonstrating our "Commitment to Caring."

Sincerely,

Capt. Pedro Colon, 65th Medical Group Pharmacy
Master Sgt. Jennifer Bjorkman, 65th Comptroller Flight

Lajes Field
Zombie Run and Burger Burn

Friday • Mar 22
100% of proceeds go to Air Force Aid Society

\$10 for Runners
Runners Showtime: 3 p.m. at Warrior Park

\$5 for Zombies
Zombies Showtime: 1 p.m. at Warrior Park

\$5 for a burger, chips, and a drink

Run in teams of up to 10 people
Prizes for Zombies and Teams!

POCs: Capt Pedro Colón 535-3635
MSgt Jennifer Bjorkman 535-2415

Airman & Family Readiness Center

535-3635
www.lajesfss.com
www.facebook.com/65fss

65th AIR FORCE WING
Lajes Field, Azores, Portugal

LAJES WARRIORS OF THE WEEK

Name: Perry Guinn
Rank: Staff Sergeant
Unit: 65th Logistics Readiness Squadron
Hometown: Hattiesburg, Mississippi
Duty Title: NCOIC, Equipment Accountability Element
Accomplishments: Staff Sergeant Guinn is responsible for fifty six individual equipment accounts valued at \$44M. He has recently completed a mandatory worldwide 100% inventory of all wing equipment assets while simultaneously providing daily assistance and training to Lajes equipment custodians. Additional responsibilities include ordering routine and priority supply items to support normal operations and mission requirements. In addition to his job duties, SSgt Guinn is a strong advocate for the youth sports as he dedicated over 30 hours coaching, mentoring, and officiating for the program. He was the co-leader for "Lajes Unity Walk," which kicked off African American Heritage Month.



Name: Francisco Barbosa
Rank: LGS-07
Unit: 65th Logistics Readiness Squadron
Hometown: Agualva, Terceira
Duty Title: Supply Technician (Hazardous Materials)
Accomplishments: Mr. Barbosa is responsible for providing outstanding assistance to 56 wing shops with monitoring 9.2 thousand hazardous assets. Recently, he has participated in the supply warehouse consolidation & relocating project, storing and updating records of three thousand supply items as well as reorganizing the Hazmart storage facility to be shared with CES Hazardous Waste for the near future. He provides mission essential needs such as oxygen for aircraft transitioning onward and return from the fight. Not only is he dependable at work, he also transports kids between the ages 14-18 to soccer practice & games. He's a strong youth sports advocate.



Lending a helping hand after storms



(Above) Members of 65th Operations Support Squadron along with Portuguese Army members from Regimento de Guarnição Nº 1, assist Maria de Lurdes sort through salvageable items from her house. Airmen from the 65th Operations Support Squadron and other units from Lajes Field volunteered to remove water and mud from homes and businesses following severe rain and flooding in Porto Judeu, Azores, Mar. 15, 2013. Roughly 30 homes were damaged from the flooding.



(Left) Tech. Sgt. Dustin Guiducci, 65th Operation Support Squadron Air Traffic Controller shovels mud from a house that was damaged by recent flooding.

(Below) Master Sgt. Kevin Cozad, 65th Operation Support Squadron Chief Controller assists José Parreira remove food from a freezer that was submerged in water and mud following a recent flood in Porto Judeu, Azores Mar. 15, 2013.

(Photos by Lucas Silva)





Lending a helping hand after storms



(Above) Stacey Guiducci wife of Tech. Sgt. Dustin Guiducci, 65th Operation Support Squadron Air Traffic Controller removes piles of wood from a house that was damaged by recent flooding in Porto Judeu. Airmen from the 65th Operations Support Squadron and other units from Lajes Field volunteered to remove water and mud from homes and businesses following severe rain and flooding in Porto Judeu, Azores, Mar. 15, 2013. Roughly 30 homes were damaged from the flooding.

(Left) Nelson Silveira lends a hand to remove mud from his neighbor's home.

(Below, r-l) Fernando Silva and his brother Sandro Silva move a deep freezer to a safe location so they can salvage some of the food from it after their home was submerged in water and mud from recent flooding.

(Photos by Lucas Silva)



LAJES ON THE WEB



Lajes Field

6-5...
in the FIGHT!

"Lajes Link" - www.lajes.af.mil

The Air Force Assistance Fund campaign kicks off March 22. Points of contact are Capt. Pedro Colon and Master Sgt. Jennifer Bjorkman.

Got a question? Need detailed information? There's a tab for that!

Lajes Link has 7 newly redesigned tabs that take you directly to information that you need and want. Check them out today!



See the latest Lajes Field videos online! Call Public Affairs at 535-3467 for video support.



Lajes Field, Azores

www.facebook.com/65abw.lajes

Lajes Field is one of the most popular Facebook pages in USAFE, with more than 4,200 fans!

Each day, we're interacting with you, answering your questions, sharing your content and bringing you the latest news and command information from the 65th ABW.

'Like' Lajes Field, Azores for the latest news stories, photos, videos and weather updates!



Lajes Field Photos

www.flickr.com/photos/lajesfield/collections

Looking for photographs from the latest promotion ceremony or Warrior Welcome?

Find us on Flickr to see all of the photos you've been looking for and more!

We're posting event photographs online so that Airmen, civilians and family members can access the photos anywhere.



AFN LAJES Radio 96.1FM

- The Morning Wake Up Call: 0600-1000
- The Double D MidDay Show: 1200-1300
- The Afternoon Drive: 1400-1800

Request Line: 535-3121 or 295-57-3121

ASK ED

A column that looks at the culture and history of the Azores

By Eduardo Lima, Community Relations Advisor



Why were the Portuguese called "Heroes of the Sea" centuries ago?



The Portuguese were once called the heroes of the sea because of the discoveries and conquests they carried out some centuries ago.

During the 15th and 16th centuries, Portugal experienced a golden age of discoveries, mainly due to the push of the Portuguese kings and other renowned navigators.

One of the main reasons for Portugal's expansion seawards was because it was impossible to expand or reach new markets except by sea, since the kingdoms of Castile and Aragon controlled the territory outside the land borders of Portugal at the time. This Portuguese expansion overseas resulted in the first and largest colonial empire of the 15th and 16th century.

The Portuguese empire began around 1415 when the Portuguese fleet organized by Henry the Navigator explored the west coast of Africa and continued throughout the next century.

In 1434, Portuguese navigator, Gil Eanes, went around Cape Bojador, South of Morocco. This deed marked the beginning of the Portuguese exploration of Africa, leading to the discovery of several uninhabited islands and the conquest of several African territories.

When the Portuguese navigator, Bartolomeu Dias, turned the Cape of Good Hope in Southern Africa in 1488, it opened the maritime route to India and contradicted Christopher Columbus' idea of reaching India from the west. As a result of Dias enterprise, some years later the famous Portuguese navigator, Vasco da Gama, sailed to India where he arrived in Calicut in May of 1498.

In 1500, Pedro Álvares Cabral sighted the Brazilian coast and ten years later Afonso de Albuquerque conquered the Indian State of Goa in the Malabar Coast, which was annexed by the Republic of India in 1962.

Besides the above mentioned territories, the Portuguese explorers also discovered or conquered other important territories in Africa, the Far East, and Southern Asia and reached China and Japan.

Of all those territories and possessions, Portugal presently only owns the archipelagos of the Azores and Madeira. All other territories were either gradually lost to their respective peoples or granted independence after the 1974 military coup that restored democracy in Portugal, which had been lost 47 years before.

The last pillar of the Portuguese empire fell when Portugal handed the territory of Macao to China in 1999 under the terms of a negotiated agreement similar to the one Great Britain made when it handed over Hong Kong.