



65 FORCE SUPPORT SQUADRON HAPPENINGS

Pick up a copy of *ACCENTS* or go to www.lajesfss.com for more events and details. Please "Refresh".

Content in this section is provided by FSS. Comments regarding FSS Happenings can be addressed to Marketing & Publicity, 535-6324, or robin.burnard@lajes.af.mil.



HOT HAPPENINGS

FREE!
Membership Premiere Event!
WINE TASTING
November 30, 5 p.m.
TORC Ballroom
ADULTS ONLY!

Members Only
Taste, enjoy and purchase your favorites
Hor d'oeuvres served

TOP OF THE ROCK CLUB
535-2321
www.lajesfss.com
www.facebook.com/65fss

LETTER FROM SANTA
Dec. 1 - Dec. 19
Parents! Create a smile!

Stop by the Community Activity Center and choose a Santa letter that suits your child. We'll make sure your child gets the personalized letter, written on holiday paper, mailed in a holiday envelope with a North Pole return address!

\$2/per letter
Deadline: Wednesday, Dec 19.

COMMUNITY CENTER
535-5216
www.lajesfss.com
www.facebook.com/65fss

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PLACES TO GO

Call **Outdoor Recreation**, 535-4140 for reservation information on these trips.

A TASTE OF THE NORTHERN COAST

Saturday, Nov 24, 9:30 a.m. \$39.95/person, 5-12 y/o \$20. Travel to Biscoitos for a tour of the beautiful vineyards, winery and museum. Here you'll be treated to a tasting and a free bottle of the famed Verdelho wine. Next to a wood crafters shop and then a traditional church. A wonderful lunch tops off this tour.

TROLLING TRIP

Saturday, Dec 1 & Sunday, Dec 16, 8 a.m. \$69/person. Targeted species: Barracuda, Bluefish and Atlantic Bonito.

IN-SHORE FISHING

Saturdays, Dec 8 & 29, 8 a.m. \$59/person. Do Rainbow Wrasse, Blacktail Comber, Triggerfish, Mackerel, Red Scorpion-Fish and Common Sea Bream bite on shiny "bling" lures or do they prefer bait? Get the angle on fishing techniques unique to the area.

JEEP ISLAND TOUR

Saturday, Dec 8, 9 a.m. \$75/person (9 hours) lunch included. Meet at ODR 8:45 a.m., departure at 9 a.m. Did you know that there are sponge plants on the island? And that the light in Praia is different from the light in Porto Martins? You will learn this and much more about the natural history of the island on this fantastic tour. You'll go to a Ramo Grande cow farm and milk one of these beautiful brown cows if you want. Min age 8 y/o.

BASIC GOLF CLINIC

Saturday, Dec 15, 3 - 4:30 p.m. FREE! Meet at Outdoor Recreation.

FAITH, FISH, EARTH AND CHEESE

Saturday, Dec 15, 9:30 a.m. \$39.95/person, 5-12 yrs \$20. Explore four elements of Azorean culture. First we'll visit a rustic pottery shop and learn the traditional production methods. Then on to Vaquinha Cheese Factory and taste three cheeses, one of which is delightfully spicy; followed by a seafood lunch in San Mateus. Here we'll also visit a beautiful church, enjoy the view of a quaint fishing harbor and sample the best Portuguese ice cream in Terceira. As a bonus, you'll take home a free round of cheese, compliments of Outdoor Recreation.

PAINTBALL

Saturday, Dec 15, depart at 9 a.m. \$15/person, 16 yrs and older.

THINGS TO DO

SQUADRON BOWLING SPECIALS

Weekdays 1 - 4 p.m. Three FREE bowling games. \$1.50 shoe rental. Schedule at least 4 hrs. in advance. 535-6169.

BUCK NIGHT AT THE BOWL

Every Wednesday. \$1 games from 4 p.m. until closing. \$1.50 shoe rental. Color pin prizes. 535-6169.

BINGO - \$2500 Big Prize Giveaway!

Wednesday, Nov. 28, TORC Ballroom. Card Sales at

6:30 p.m. Games at 7 p.m. Books of 10 Games, \$30; Single Sheets (3) Games, \$1 Early Bird \$2. 535-2327.

FLEA MARKET

Saturday, Dec 15, 11 a.m. - 2 p.m. LYP Gym \$15/table. Payment due at time of reservation.

DO YOU KNOW ABOUT THIS????



REWARD YOURSELF
TORC FREE LUNCH CARD

EAT 8 LUNCHES
THE 9TH IS FREE

TOP OF THE ROCK CLUB

535-2327
www.lajesfss.com
www.facebook.com/lorc

SCAN ME

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Hand & Feet Paraffin \$30

December Massage Special

Facial (Mask, peeling & massage) \$35

Fitness Center, 535-6126.

United States Air Force

MISSION: AUDITION

2013 Tops In Blue
Worldwide Talent Search
Application Deadline 14 Dec 12

SEARCHING FOR
Vocalists Instrumentalists Dancers
Comedians Magicians Dramatists
Audio, Video & Lighting Technicians
Staging Technicians Big Rig & Bus Drivers

topsinblue 60 Years
Scan for More Information

For more information visit topsinblue.com
or call 210.623.0509 - DSN 969.7237

Holiday Pet Photos with SANTA PAWS

Saturday, Dec. 1
10 a.m. - Noon
Atlantic Island Kennel

Reservations please.
Walk-ins welcome.

Refreshments

Photos shared on Kennel & FSS Facebook;
www.Lajesfss.com; video on CAC

ATLANTIC ISLAND KENNEL

535-3855
www.lajesfss.com
www.facebook.com/65fss

LAJES FIELD, AZORES, PORTUGAL
FORCE
SUPPORT SQUADRON
Created by AF 656 Training Department

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FUN THINGS TO LEARN

Call Arts & Crafts to sign up for these classes at least three days prior to class, 535-3909.

CAKE DECORATING CLASS

Tuesday, Dec 4 & 5, 5:30 - 7:30 p.m. \$25/person. The pleasure you get from decorating your own cake is totally s-w-e-e-t. Bring your own kit or buy one from Arts & Crafts for \$13.95.



Fondant ICING SCULPTURES

Fondant For Beginners
Tuesday, Nov. 13 & Wednesday, Nov. 14
5:30 - 7:30 p.m. max. 8, min. 2
\$75; Supplies included.
Learn how to cover and decorate a cake using fondant/sugar paste.

Topsy Turvy Cake
Saturday, Nov. 17
1 - 5 p.m. max. 8, min. 2
\$75; Supplies included.
Learn how to make a topsy turvy cake using fondant/sugar paste.

Fondant Animals level 1
Saturday, Nov. 24
1 - 5 p.m. max. 8 min. 2
\$75; Supplies included.
Learn how to make fondant animal figures.

Fondant Figures level 1
Tuesday, Nov. 27 & Wednesday, Nov. 28
5:30 - 7:30 p.m. max. 8 min. 2
\$75; Supplies included.
Learn how to make fondant male and female figures.

ARTS & CRAFTS CENTER
535-3909
www.lajesfss.com
www.facebook.com/6315

FORCE SUPPORT SQUADRON

SCAN ME

BEGINNER CROCHET CLASS

Tuesday, Dec 4 & Wednesday, Dec 5, 5:30 - 7:30 p.m.
\$15/person. Keep this art alive. Learn the basic techniques and start crocheting your own creations.

METAL EMBOSSEING

Tuesday, Dec 11 & Wednesday, Dec 12, 5:30 - 7:30 p.m.
\$25/person. Make lovely gifts such as picture frames and greeting cards. Materials provided.

YOUTH & FAMILY

PRETEEN MOVIE NIGHT

Friday, Nov. 30, 6 - 9 p.m. Preteen (ages 9 - 12) Watch your favorite movie and dress up like a movie star. Free. Registration deadline is Nov. 28, 6 p.m. 535-3273.

TEEN LOCK IN

Friday, Dec 7, 10 p.m. - Dec 8, 7 a.m. 535-3273.

DECORATE A COOKIE W/ YOUR CHILD

Friday, Dec 14, 3:30 p.m. Kids love to decorate cookies. Enjoy this experience with your child. 535-3273.

SCHOOL/SCHOOL LIAISON OFFICE!

CYBERBULLYING INFORMATION

The Cyberbullying Research Center is dedicated to providing up-to-date information about the nature, extent, causes, and consequences of cyberbullying among adolescents. Cyberbullying can be defined as "willful and repeated harm inflicted through the use of computers, cell phones, and other electronic devices." Go to

http://www.cyberbullying.us/Bullying_and_Cyberbullying_Laws.pdf or <http://www.cyberbullying.us/> for more information on laws governing this issue and the possible consequences or effects cyberbullying could have on your teen.

CONTINUOUS SCHOOL IMPROVEMENT (CSI)

To assist you in helping your child with the Lajes E/HS goals, we will be sending out a weekly CSI (Continuous School Improvement) Tidbit. Please see below authentic strategies that you can work on with your child.

Goal 1: All students, by 2014, will increase their proficiency in critical reading through improvement in analyzing text in all content areas as measured by system-wide and school based assessments.

- Tone, mood and emotion are important elements in a story. Play charades after having created a list of as many different moods and emotions as you can think of... (nervous, confused, excited, stern, uncertain, confident...). This list can be created after having read a book or watched a movie or TV show.

Goal 2: All students, by 2014, will increase their proficiency in math through improvement in number relationships and application across the curriculum as measured by system-wide and school based assessments.

- Change up cooking in the kitchen for your middle/high school student. Convert any whole numbers into fractions. First identify the fractions. Then, convert, for **Scroll for more**

example, 1 cup of milk can be changed to 2/2 or 4/4. Your child can also rewrite the recipe by doubling the amount of ingredients. Try doubling the recipe.

In addition, you can help the school by sending a response email, telling us how you are working on the above strategies at home or photos to help us document evidence of your child working on the goals at home!

The USO and The Trevor Romain



Award winning children's author and TV personality Trevor Romain is heading to US military bases around the world! The USO is spreading Trevor's upbeat yet vital message through the With You All the Way! Tour. Trevor's presentation emphasizes the importance of caring for one another and developing valuable strategies for dealing with the unique challenges

of military life. Children and adults alike will be moved by Trevor's heartfelt stories from a lifetime spent working for the well-being of children.

Trevor Romain will speak to children in grades 2-6 on Monday, Dec 3, at 1 p.m. Elementary School Gym.

AIRMAN & FAMILY READINESS

Child and Youth Behavioral Military and Family Life Consultant, (CYB-MFLC) 969-651-065 and Military & Family Life Consultant (MFLC), 967-435-590 or 535-3529. **Call 535-4138 to register for all workshops**

SLEEP, SLEEP, CALMING SLEEP (Presented by MFLC)

Thursday, Nov. 29, Noon - 1 p.m. We will discuss some of the impediments to healthy and regular sleep and share strategies for improving the quality of this crucial life function! Event includes group discussion.

COPING WITH HOLIDAY GRIEF (Presented by MFLC)

Friday, Dec 14, 3 - 4:30 p.m. Learn how to develop & reinforce strong child/parent bond through healthy communication techniques.

JUMP START YOUR EDUCATION

DECA SCHOLARSHIP

\$1500 Scholarship to military children. Open Dec. 1 to Feb. 22. Apply at www.militaryscholar.org

NURSING COMMISSIONING – NECP

2013 Nurse Enlisted Commissioning Program (NECP) guidelines can be found at <https://kx.afms.mil/afnurseeducation>. Contact sandra.bruce.1@us.af.mil for more information.

UMUC – ONLINE COURSES

New policy: last day to register for online courses is 5 days prior to start date. Online Spring Term1 deadline is Jan. 9. Spring 2013 schedule at: <http://webapps.umuc.edu/soc/europe.cfm>. For more information see Scott.

UMUC – 40% BOOK DISCOUNT

Place your order from Nov. 26 to Dec. 21 with webText Europe for 40% off all Spring 2013 textbooks, including Intersession courses.

UMUC – Spring On-site

Elementary Portuguese runs Jan. 14 to March 7. Register now with Scott.

CENTRAL TEXAS COLLEGE

Onsite Criminal Justice and Kinesiology classes available with minimum 8 students sign-up. For more info, contact Paul at 535-6722 or lajes@europe.ctcd.edu. See <http://online.ctcd.edu/schedule/schedule.cfm> for class schedules.

UNIVERSITY OF OKLAHOMA

Upcoming On-Site CORE Class Intro to Graduate Studies, Feb. 5-10, Add/drop date is Jan. 7. Contact Christina @ 535-3171 or aplajes@ou.edu

EMBRY RIDDLE AERONAUTICAL UNIVERSITY

To see the undergraduate schedule go to: <http://worldwide.erau.edu/campuses-online/online-learning/schedules/undergraduate-schedule.pdf>

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Lajes Field Air Base

www.lajes.af.mil

www.lajesfss.com

November 27, 2012

For available graduate online classes, please visit:
<http://worldwide.erau.edu/campuses-online/online-learning/schedules/graduate-schedule.pdf> Email us at rota@erau.edu or call us at DSN 727-2984.

ERAU – MATH TUTOR

ERAU offers free EagleVision Home Math Tutorial: all Wednesdays in Nov. and on Dec. 5 & 12 at 6-7 p.m.; Sundays- Nov. 25 and Dec. 2, 9, 16 at 5-6 p.m. Contact rota@erau.edu for more information.

DSST PRACTICE TESTS

Prometric offers DDST practice tests online which are very similar in types of questions and presentation as found on the actual exams. There is a \$5 fee per title and users may take the practice test twice within a 24-hour period. Preparation is the key to passing an exam. Register for these practice tests at:
<https://ibt.prometric.com/dsst>

REMINDER: APPLY FOR TA ON TIME

TA requests must be submitted 10 business days before term start date and no earlier than 60 days before term start date.

UMUC – Financial Assistance

\$700 New Student Scholarship and \$150 Book Award at www.ed.umuc.edu/financialaid

FREE PORTUGUESE CULTURE COURSE

Contact portugueseculturalcourse@hotmail.com for next course dates.

LEAD -Applications to the USAF Academy are due in Jan. 2013. Contact Maria at 535-5291.

SPOUSES -HAP ARNOLD EDUCATION GRANT – AFAS Applications for the 2013-2014 AF Aid Society Education Grant is available at www.afas.org.

NATIONAL TEST CENTER

The NTC offers computer-based exams: CLEP, DSST (including Speech), Excelsior and PearsonVue (professional licensures and certifications). Mondays, Wednesdays, and Fridays at 8:30 a.m. and 1:30 p.m. To schedule, call Scott at 535-4187 or e-mail Joe at ntclajes-europe@umuc.edu. For study material, call 535-3355.

NAF JOBS

Nonappropriated Fund positions are available to US military, US Civilians, their spouses and dependents on command sponsored orders. All applicants must be US citizens or citizens of a NATO country. Applicants must be 18 and over. All positions require background checks.

CLUB OPERATIONS ASSISTANT

NF-I/II, Top of the Rock Club (T-121). Flexible Position, no guaranteed hours or benefits. Vacancy closing Date: Open until filled.

CHILD AND YOUTH PROGRAM ASSISTANT (Before & After School Program)

CY-01/02, Youth Center (T-240) Flex Position, no guaranteed hours or benefits. Vacancy closing date: Continuously open.

CHILD AND YOUTH PROGRAM ASSISTANT (Open Recreation)

CY-01/02, Youth Center (T-240)

Flex Position, no guaranteed hours or benefits. Vacancy Closing Date: Continuously open.

CHILD AND YOUTH PROGRAM ASSISTANT (CDC)

CY-01/02, Child Development Center (T-209) Flex Position, no guaranteed hours or benefits. Vacancy Closing Date: Continuously open.

To apply go to www.nafjobs.org or call HRO, 535-6582 or go to Bldg T-112, Room 203. 535-6582.

GOOD EATS



December Oceanview Specials

Square Pizza
16 x 16 inch
Starting at \$13.10

Cowboy Burger
Grilled beef patty w/ diced ham, cheddar cheese, mushrooms, and green peppers on a toasted English Muffin
Only \$7.25

535-3387

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PAW PRINTS

What Should I Do If I Think My Pet Has Fleas?

. It is important that all of your pets are treated for fleas, including indoor and outdoor cats, and that the environment is treated as well.

Speak with your veterinarian about choosing the right flea treatment product. Common options include a topical, liquid treatment applied to the back of the neck, shampoos, sprays and powders. Some products kill both adult fleas and their eggs, but they can vary in efficacy. It is very important not to use products on your pet that are intended for cats (and vice versa). Prescription products are more effective and safer than over-the-counter products.

. Thoroughly clean your house, including rugs, bedding and upholstery. (Remember to discard any vacuum bags.) In severe cases, you might consider using a spray or fogger, which requires temporary evacuation of the home.

. Using a flea comb on your pet and washing his bedding once a week will go a long way toward controlling flea infestation. Also, it is important to treat your yard as thoroughly as your house. Concentrate on shady areas, where fleas live, and use an insecticide or nematodes, microscopic worms that kill flea larvae.

DOGGY PLAY DAYS

Saturdays, 10 a.m., SFS softball field. Big dogs play the first, third, and fourth Saturday. The second Saturday is reserved for small (under 20 lbs or not hyper/fast moving) dogs. Water and doggy bags are provided. 535-3855.

TIPS FROM THE KENNEL STAFF

Did you know that fleas thrive in warm, humid environments? That makes our little island a perfect breeding ground. With a complete life cycle ranging anywhere from 16 days to 21 months, depending on environmental conditions, fleas are most commonly found on a pet's abdomen, the base of the tail and the head. With heavy infestations, however, fleas can thrive anywhere on the body. They feed once every day or two, and generally remain on their host.

What Are Some Signs of Fleas in Pets?

- . Droppings or "flea dirt" in a pet's coat
- . Flea eggs on pet or in pet's environment
- . Allergic dermatitis
- . Excessive scratching, licking or biting at skin
- . Hair loss; Scabs and hot spots
- . Pale gums
- . Tapeworms

Since fleas can consume 15 times their own body weight in blood, they can cause anemia or a significant amount of blood loss over time. Signs of parasitic anemia include pale gums, cold body temperature and listlessness. Flea allergy dermatitis causes intense itching and discomfort for your pet. Signs include generalized hair loss, reddened skin, scabs and hot spots. Flea allergy dermatitis often leads to skin infections.