



## Force Protection



Current FPCON: Alpha  
Threat Level: Low

**"6-5...  
IN THE FIGHT!"  
FY 2011**

 1002  
SORTIES

20,851  
LODGED 

 5.48 million  
gallons  
FUEL ISSUED

In a real-world  
emergency, call the  
Public Affairs Straight  
Talk Line, **535-3542**.

Don't drink and drive; call  
LADD: 295 57 LADD

**Appointment:**  
Base: 535-3261  
Off base: 295-573-261  
**Emergency:**  
Base: 911  
Off base: 295-571-911

### Weekend

#### Weather Forecast (Lajes Weather Flight)

**Saturday (a.m. / p.m.)**  
Mostly Cloudy / Rainshowers  
Wind E 15 - 25 mph  
SE 10 - 20 mph  
High 77F / Low 68F

**Sunday (a.m. / p.m.)**  
Mostly Cloudy / Partly Cloudy  
Wind SE 10 - 15 mph  
S 10 - 15 mph  
High 79F / Low 72F

## Airmen remember 9-11 at Lajes



Members of the Lajes Field Honor Guard present the 'Colors' during the 9-11 Remembrance Day memorial service held at the base chapel Sept. 9, 2011. The service, which was preceded by a 5K run, was held to honor the victims of the Sept. 11, 2001, attacks. (Photo By Guido Melo)

By Staff Sgt. Olufemi Owolabi  
65th Air Base Wing Public Affairs

Airmen of the 65th Air Base Wing and their Portuguese partners came together during a memorial service held at the Lajes Field Chapel Sept. 9 to honor the memory of those who died in the Sept. 11, 2001, attacks.

The service was part of the events put together by Team Lajes to celebrate the sacrifices of emergency responders and the victims of the attacks. Col. Jose Rivera, 65th ABW commander, presided over the ceremony, which was attended by more than 100 guests and dignitaries from the local community.

Portuguese and Americans have been working side-by-side for a long time, and the two countries will always remember the tragic event of the 9-11 attacks because it affected the entire world, according to Rivera. "We will always remember what happened that day," Rivera said. "If we forget, the sacrifices of that day will be for nothing."

The commemorative events began with a 5K run, which started at the base fitness center, followed by a Remembrance Day Service held at the chapel at 11 a.m. The service, organized by Capt. Mark Paine, 65th Medical Group, and his team, started with a video presentation showing the attacks, and was followed by a solemn prayer.

After a speech from the wing commander, a presentation highlighted Lajes Airmen, who spoke about how the attacks have changed their lives and the way we train, fight and serve today.

The presentation was followed by a guest speaker, Roberto Monteiro, the mayor of Praia, who was invited to address the audience about his thoughts on 9/11. He emphasized how the attacks have changed the world. "The attacks profoundly altered humanity's collective safety, changing security measures and true cooperation between nations," Monteiro said. "Thereafter, the world has never been the same and will never be the same again."

He said the purpose of the remembrance service was to pray for the victims and their families, to reflect on what we have learned from the attacks and to understand the importance of continuous cooperation between nations and people.

"We can only pay homage and honor the victims by being able to fight side by side and build a better world... a world that is more supportive, safer, fairer, more humane and prosperous for all," Monteiro said. "I believe that united, we will be able to build a better world. We must do this if we want to give meaning to those who lost their lives... most of all, we must do this for the future of our children."

## Lajes Welcomes the USAFE IG Team!



# We need an Earth Life, not an Earth Day

By David Clore  
Exchange General Manager

There are three things that our island paradise has in great abundance. I'm not talking about beautiful flowers, green fields and cows. Yes, we are blessed with beautiful landscape. I'm talking about the fact that we have lots of wind, lots of water and lots of plastic bags. Put those three together and we have the potential for some serious ecological damage. There are reports of about seven billion pounds of plastic garbage swirling in the Pacific Ocean about 500 nautical miles off the coast of California creating a bobbing trash dump about the size of Texas.

I know in the great cosmic span of the universe we are on a very tiny rock in the middle of a very large body of water. I am not comforted by the idea there are floating piles of litter larger than our island home. I keep looking for someone to tell me it was a viral April Fools joke, but so far no one is attempting to discredit the reports. According to several sources, including [www.reusablebags.com](http://www.reusablebags.com), U.S. shoppers use an estimated 100 billion plastic bags every year and recycle only a small percentage of them, though market demand for the recycled bags is growing. If those numbers are close to accurate, then it's possible to double the size of the floating trash dump in less than five years on plastic bags alone. That doesn't even count plastic bottles, Styrofoam or other slow-to-degrade type of trash.

Damage to sea life is devastating. Plastic wrap is choking coral reefs. The plastic holders for six packs end up wrapped around animals necks. Even when the plastic does eventually break down into small pieces and particles, it poses a problem because it closely resembles plankton, a major food source for many marine animals. Those of us old enough to remember the "good ol' days" might want to hold off singing the praises of paper over plastic. Even though paper bags break down easier than plastic bags, they are not totally innocent of ravages against the environment. According to the U.S. Environmental Protection Agency it takes 40 percent more energy (and releases more greenhouse gases, air and water pollution) to manufacture paper bags than plastic. It also takes more energy to transport paper bags because they are heavier than plastic.

Lajes Field has a better answer. As part of the Earth Day Celebration a few months ago, the installation donated reusable shopping bags in support of a "Day Without Plastic" promotion at the Exchange. In addition to saving the environment, customers are able to save five cents per reusable bag per transaction. If that doesn't sound like much to you, then stand out in the Shoppette parking lot and see how many full-to-the-top shopping carts go out on a Thursday afternoon. Those nickels quickly add up. Hopefully people will reuse the bags, save some money and reduce the trash poten-

To read more on "Earth Life" see page 4

## Health Benefits Awareness Month-- Using your Patient Travel Benefits

By Elia Abreu  
65th Medical Support Squadron

The 65th Medical Support Squadron's Referral Management Center and Patient Travel Office work hand-in-hand to facilitate your referral healthcare. The RMC schedules your appointment, travel and lodging arrangements. The Patient Travel Office works the authorization that allows travel. The Patient Travel program is available only to command sponsored TRICARE Prime active duty members and their dependants. Ana Lemos is your Patient Travel clerk and will work through the process with you to ensure that all responsibilities are met. That is correct; patients have responsibilities when using this program.

Our RMC and Patient Travel office will do everything in their power to meet your needs but there are limiting factors. First, we are governed by regulations and instructions so we always aim to meet those requirements. Second, we have little control over the appointment dates. We schedule based on availability. Third, we cannot manipulate flight itineraries to allow patients to stay extra time in a location. Our goal is to get you there, get you seen, and bring you home in as short a time as possible causing

the least disturbance to your families and work centers. We accept that situations may change once you've seen your specialty provider and deal with those changes as they arise.

Receiving authorization to travel is simple. Active duty patients have orders entered in the Defense Travel System. DTS utilizes the Government Travel Card, so active duty members are encouraged to keep their information in these programs up to date. Having accurate information in these systems allows the Patient Travel process to run smoothly when you really need it. Travel orders for family members are not processed through DTS. The Patient Travel clerk completes paperwork so that manual orders can be provided. To facilitate the trip, patients are given the opportunity to receive a cash advance up to 80 percent of the total estimated cost of the trip.

After you are authorized, orders are cut, and you'll receive a patient briefing. The patient briefing is scheduled one week prior to the departure from Lajes for your appointment. This is an individual briefing that will cover all details of the upcoming trip. We schedule our patient briefings one week out so that instructions and

To read more on "Health" see page 4

Commander's Action Line  
535-4240  
[65abw.actionline@lajes.af.mil](mailto:65abw.actionline@lajes.af.mil)

The Commander's Action Line is your link to the commander for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution. Your chain of command should always be your first option — but when that's not the answer, call or e-mail the Commander's Action Line at 535-4240 or [65abw.actionline@lajes.af.mil](mailto:65abw.actionline@lajes.af.mil).



Col. Jose Rivera  
Commander, 65th Air Base Wing

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The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads.

The Public Affairs Office (Unit 7710, APO, AE 09720) is located in Bldg. T-100, Room 240.

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# DoDEA's New Bully Prevention Campaign

By Laurie Salafia  
School Liaison Officer

Department of Defense Education Activity has joined forces with the Department of Health and Human Services to adopt the slogan, "Stop Bullying Now! Take a Stand. Lend a Hand," to show their commitment and action to stop bullying in schools. Schools will receive resources to complement existing prevention programs.

Bullying and spreading rumors is nothing new. Sometimes children are just downright cruel to one another. Bullying comes in two forms: 1) physical and 2) emotional. Certain children who appear less social, less physical or just plain different often become the targets of a bully because the bully feels more powerful. The latest generations, however, are able to expand their reach through the use of computers, cell phones, and other electronics. This is called cyber bullying.

To fully understand the concerns regarding bullying, one must know the definition of bullying. It is defined as "willful and repeated interaction meant to harm" a victim. The best possible way to let children know bullying will not be tolerated at home, at school or anywhere, is to educate them. Let children know to never share personal information on-line, talk to them about meeting a total stranger they met online, and place the computer in a room other than the child's bedroom. It's easy for children to follow their peers. We have to let our children

**Children and teens should be able to show their parents websites or chat rooms they frequent. Find out how to block certain websites, check privacy settings, e-mails, or take a computer class. Another great way to help your children understand the effects bullying has is by role playing.**

know that sometimes the decision to not follow their peers may be incredibly hard, but the right choice.

Children and teens should be able to show their parents websites or chat rooms they frequent. Find out how to block certain websites, check privacy settings, e-mails, or take a computer class. Another great way to help your children understand the effects bullying has is by role playing. Let your child experience what it's like to be the victim

and/or the bully and then sit down and discuss your feelings. Most importantly, monitor your children's computer use.

Recent tragedies resulting from bullying, taunting, cyber bullying and public embarrassment can be devastating to those involved. Research has found students involved are more likely to miss school, receive poor grades, have lower self-esteem, and more health problems. Those students who have

been targeted are significantly more likely to use alcohol or drugs, skip school, or experience in-person bullying or victimization.

In conclusion, we as parents, students, schools, and communities must work together to create a positive and safe environment for our on-campus students and make bullying unacceptable. If your student experiences bullying or cyber bullying, encourage them to let someone they trust know or keep the evidence of cyber bullying and report it to the police. For more information, visit [www.stopbullying.gov](http://www.stopbullying.gov) or [www.StopBullyingNow.hrsa.gov](http://www.StopBullyingNow.hrsa.gov)

## Lajes... simply OUTSTANDING!

### Airman experiences Lajes culture through LEAP

By Staff Sgt. Olufemi Owolabi  
65th Air Base Wing Public Affairs

To increase the Air Force's bilateral relations capability, an Airman is benefiting from the cultural richness of the Azores at Lajes through the Language Enabled Airman Program.

Capt. Jesse Gilley, an intelligence officer from Hickam Air Force Base, Hawaii, was assigned to the 65th Air Base Wing for a nearly four-week immersion opportunity, which will help hone his Portuguese language skills and cultural understanding.

LEAP is used to develop Airmen who already speak a foreign language, but have a desire to increase their knowledge of the language and culture, said Gilley.

"It's a career-long program designed to sustain and enhance language and cross-cultural skills, with the end goal of producing a language speaker who can perform their core job duties in their respective foreign language," said Gilley, who applied for the program in September of 2010 and was selected in November. "The Air Force and Airmen are deploying in increasing numbers to varied parts of the world. To have Airmen that

are ready to deploy or travel with language and cultural experience adds to what the Air Force brings to the fight."

The program, launched in 2010 for Air Force commissioned officers or cadets, is designed to identify and foster foreign languages skills for Airmen throughout their careers.

Potential applicants had to demonstrate higher levels of foreign language proficiency as measured by their past performance in language courses, their Defense Language Proficiency Test and Defense Language Aptitude Battery scores, and their previous foreign language exposure.

The DLAB measures an individual's propensity for learning a language, while the DLPT measures one's reading, writing and speaking capability in a specific language.

In order to be selected for the program, Gilley had to demonstrate scholastic achievement and have exceptional military performance. "As every applicant for the program, I had to write an essay, provide college transcripts and get approval from the first O-6 in my chain of



Capt. Jesse Gilley, LEAP participant, and Lt. Pedro Resendes, acting commander, AB4 Security Forces, converse in Portuguese. Captain Gilley was shadowing Lieutenant Resendes and participating in AB4 Security Forces' daily operations in order to improve his language proficiency in Portuguese. LEAP is a program designed to give Air Force officers the opportunity to go to the field where they can further develop language skills and learn about the culture and people in their area of language specialty. (Photo by Lucas Silva).

To read more on "LEAP" see page 4



"Earth Life" from page 2

...To help save waste, I am issuing a challenge...On Dec. 1, 2011, the Exchange will hold a recycling contest and issue \$75, \$50 and \$25 Exchange Gift Cards to the authorized customer or military organization able to create the most impressive display out of plastic waste or process to reduce waste. Looking for funds to support your organization? Here's a way for you to do some good for your organi-

zation and the local environment. Unless you build a bean bag chair or other item that you want returned, entries will be judged and sent to be recycled, so the displays must be able to be broken down into recyclable categories. Special credit will be given to the size and amount of trash collected. Create a work of art or impress everyone with the amount of plastic you're able to pick up off the side of the road in 90 days--the choice is yours, but here is a chance to benefit from a daily activity that will help protect the beauty around us. Contact clore@aafes.com for more details.

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important details are still fresh, but it leaves enough time to contact our office if additional concerns arise before you depart.

Once you're off, the Patient Travel office will be available for you anytime through a 24/7 cell phone carried by the patient travel clerk. This ensures that we can properly coordinate any changes that may arise while you are on orders receiving care. Some examples include flight delays, or an extension of care requested by the specialty

provider. Once you return to Terceira you'll set up an appointment with the Patient Travel office to review your completed travel voucher. The completed voucher is submitted to and processed through the base finance office. Once you receive reimbursement from the authorized trip expenses, your Patient Travel experience is complete. Sra. Ana Lemos is available to the beneficiaries at all times and will assist you in making your patient travel experience as smooth as possible.

"LEAP" from page 3

command, and provide current DLPT and DLAB scores," he added.

While assigned here, Gilley had an opportunity to work with another Portuguese-speaking Airman in charge of the Lajes Political Affairs Office, Lt. Col. Charles Tobia.

"This year, in an effort to expand opportunities and expose LEAP officers to a higher level of language proficiency in Portuguese, Air University looked at placing the candidates in Portugal, and Lajes Field was the ideal location, as we employ over 700 local national employees and maintain close partnership with the host partners--the Portuguese Air Force," said Tobia, Chief of Political Affairs who arranged opportunities for Gilley to work in different squadrons and with the Portuguese Air Force.

Tobia said Gilley is one of the three officers that will visit Portugal, splitting their time at Lajes and at the U.S. Embassy in Lisbon. The two other officers will be visiting Lajes in September and October,

**"This year, in an effort to expand opportunities and expose LEAP officers to a higher level of language proficiency in Portuguese, Air University looked at placing the candidates in Portugal, and Lajes Field was the ideal location..."**

respectively. According to Tobia, several organizations have made it possible for this program to be a success. He said Gilley spent some days at the 65th Operations Support Squadron, where he worked in different sections, such as airfield management, weather, and aircraft ground equipment, among others.

"He also spent several days visiting CES learning about how infrastructure improvements are developed, approved and executed at Lajes, particularly in light of the 65 ABW being a tenant on a Portuguese Air Force base," Tobia added. "Captain Gilley was also put to work, helping Political Affairs lay the initial groundwork for the highly successful Force Protection condition exercise."

Gilley also spent a few days shadowing Portuguese leaders in Air Base 4, and he went on patrol with their security forces.

Gilley said he is glad to be part of this program, and for the experiences he gained from the Lajes leadership. He said everything he learned will be used to further his career as an Intel officer.

# LAJES WARRIORS OF THE WEEK



**Name:** Michael Cassell  
**Rank:** Technical Sergeant  
**Unit:** 729th AMS  
**Hometown:** Waipahu, Hawaii  
**Duty Title:** NCOIC, Air Terminal Operations  
**Accomplishments:** Sergeant Cassell is a hard charger. He is the NCOIC of the Air Terminal Operations Center. He is responsible for the oversight and overall timely direction of air

freight, ramp services, fleet services, and passenger services in support of the Air Mobility Command's global reach mission. In addition to these duties, he has flawlessly executed management of multiple additional duties to include unit training manager where he increased his squadron's capabilities for two critical capabilities by 100 percent, supporting AMC's global reach lay down.



**Name:** Sr. Carlos Avila  
**Rank:** Civilian  
**Unit:** 729 AMS  
**Hometown:** Angra do Heroismo  
**Duty Title:** Air Terminal Operations Center controller  
**Accomplishments:** Sr. Avila is an ATOC controller, responsible for directing the timely ground support of Air Mobility Command and en-route aircraft transiting Lajes. As a controller, he directs multiple

subordinate functions such as passenger service and aircraft loading/unloading activities. Most recently, he coordinated the download of a replacement engine for the stranded Canadian P-3 aircraft, enabling it return to its home station. His hobbies are - Reading, gardening, and being with close friends.

# "6-5...IN THE FIGHT!"



American and Portuguese emergency responders carry a patient from a Boeing 747 aircraft after the aircraft landed for a medical in-flight emergency at Lajes Field, Azores, Sept. 11, 2011. The patient was transported to Angra Hospital. Emergency responders work together daily to protect and care for all members stationed at Lajes Field and those in transit. (Photo by Tech. Sgt. Chyrece Campbell)



Chief Master Sgt. Murrell, 65th Mission Support Group superintendent, gives a speech to Tech. Sgt. Gerald Valdez, 65th Operations Support Squadron, and Staff Sgt. Franklin Rodriguez during the Lajes warrior "farewell and welcome" held at the Top of the Rock Club Sept. 7, 2011. (Photo by Lucas Silva)



Master Sgt. William Carter, 65th Medical Operations Support Squadron's Health and Wellness Center, leads the participants in a warm-up exercise before the 9-11 Remembrance Day 5K run at Lajes Field, Azores, Sept. 9, 2011. More than 300 runners participated in this event. (Photo by Tech. Sgt. Chyrece Campbell)



Members of the 65th Logistic Readiness Squadron's fuels management flight participate in the 9-11 Remembrance Day 5K run carrying a fuel hose to show "esprit de corp" at Lajes Field, Azores, Sept. 9, 2011. The LRS Fuels management flight won the "Spirit Award." (Photo by Tech. Sgt. Chyrece Campbell)



Students from Lajes Elementary/High School participate in a Tribute to 9/11 Ceremony during the Lajes Field 9/11 remembrance events Sep. 9, 2011. (Photo by Lucas Silva)





## Mark your calendar

**65th MDG INTERACTIVE CUSTOMER EVALUATION:** (ICE) The 65th MDG wants to hear from you! Please go to <http://ice.disa.mil/> to evaluate the services provided by the 65th Medical Group. Your feedback is used to improve our products and services. Thank you for your feedback.



### MIDNIGHT WALK/PANCAKE BREAKFAST:

To support cancer research, a Midnight walk/pancake breakfast will be held Friday, Oct. 21 at 8 p.m. to Saturday, Oct. 22 at 8 a.m. A walk will begin at the track and breakfast will be served at the base chapel. For questions, please contact Amy Ennis, 535-1036, or 1st Lt. Beth Phillips, 535-3239.

**MDG TRAINING DAY AND TRICARE ONLINE:** The 65th Medical Group and the appointment line will be closed on the 2nd Wednesday every month for unit training. Normal operations will resume the following duty day. As a reminder, TRICARE On-line (TOL) is always available as an option for appointment booking. All beneficiaries must register at [www.tricareonline.com](http://www.tricareonline.com) for an account. If you have any questions, please call 535-3261.

**LAJES AGAINST DRUNK DRIVING NEEDS VOLUNTEERS:** Please help save a life and a career by volunteering with Lajes Against Drunk Driving (LADD). The process is simple! If you receive a call during the time you volunteered, you'll go pick up the member in need of a ride and take them home. You can be on call at home, at the movies, on a date, anywhere-as long as you are able to pick up the person when they call! Check out the schedule link attached and sign up! You can volunteer for any combination of the four shifts each weekend whether it is one or all four. For more information please see your squadron representative or contact one of the following LADD scheduler: MSgt Scarlet Williams at [scarlet.williams@lajes.af.mil](mailto:scarlet.williams@lajes.af.mil) /or call 535-1343 or the LADD officers: SrA Samantha Perry-President, SSgt Amber Pennington-Vice President, TSgt Jonathon Pennington-Secretary SrA Omar Muniz-Scheduler, SrA David Campbell-PA Representative. \* THE LADD PROGRAM IS AVAILABLE TO ALL LAJES AIRMAN WHETHER YOU ARE MILITARY OR CIVILIAN.

### TRANSITION ASSISTANCE

**PROGRAM:** Below are the projected FY2012 3 Day Transition Assistance Program (TAP) workshop dates for Lajes Field: 2-4 Nov. / 1-3 Feb. / 2-4 May / 25-27 July / 7-9 Nov. Call the Airman & Family Readiness Center!



## Feature

### Phrase of the Week A LESSON IN PORTUGUESE



**ENGLISH:** Is the food in that restaurant any good? Yes, it's great.

**PORTUGUESE:** A comida naquele restaurante é boa? Sim é muito boa.

**PRONUNCIATION:** Ah komeedah nakehleh rrestauranteh ay boeah? Seem ay muyto boah.

### At the Movies



- 7 p.m. Friday - Horrible Bosses
- 4 p.m. Saturday - Winnie the Pooh
- 7 p.m. Saturday - Friends with Benefits
- 4 p.m. Sunday - Harry Potter 7
- 7 p.m. Sunday - Friends with Benefits



**Winnie the Pooh:** Pooh wakes up absolutely famished and he happens to have no honey. So that sets him out on his journey, which is ultimately derailed-first by a contest to find Eeyore a new tail." Pooh later finds a note from Christopher Robin that reads: "Gone out. Busy. Back soon." But then Owl misinterprets the note... Rated G, 63 min.



**Friends with Benefits:** Dylan and Jamie think it's going to be easy to add the simple act of sex to their friendship, despite what Hollywood romantic comedies would have them believe. They soon discover however that getting physical really does always lead to complications... Rated R, 109 min.

Movie times and schedule are subject to change. Call 535-4100 for the latest update.

### BULLFIGHT SCHEDULE



- Saturday, Sept. 17: 5:30 p.m. Arrabalde, S. Sebastião
- Saturday, Sept. 17: 5:30 p.m. Amoreiras, Santa Cruz
- Saturday, Sept. 17: 5:30 p.m. Rua Padre Lucas, S. Brás
- Sunday, Sept. 18: 5:30 p.m. Outeiro Alto, Doze Ribeiras
- Monday, Sept. 19: 5:30 p.m. Caminho do Concelho, Biscoitos
- Tuesday, Sept. 20: 5:30 p.m. Rua 5 de Outubro, S. Bartolomeu
- Tuesday, Sept. 20: 5:30 p.m. Praça Santo António, Biscoitos
- Wednesday, Sept. 21: 5:30 p.m. Largo do Porto Martins
- Thursday, Sept. 22: 5:30 p.m. Caminho do Concelho, Biscoitos

## ASK ED

A column that looks at the culture and history of the Azores.

By Eduardo Lima  
Community Relations Advisor



### Are the large black, yellow spiders commonly seen around the base and the island dangerous to humans?



The spiders we see sometimes in the fields and yards during this time of the year are actually black and yellow Argiopes or "Garden/banana spiders" like the Americans call them, and I understand they are also very common in North America.

The people of Terceira call them "aranhas venenosas," which literally means "poisonous spiders," but according to Dr. Eduardo Dias of the University of the Azores' Department of Biology, they aren't dangerous to humans.

They do have neurotoxin venom similar to that of the black widow spiders, which is released when attacking other insects or defending themselves. This could be fatal to insects, but not to humans.

However, if people happen to be bitten by one of these spiders, they could experience some allergies, pain, redness and swelling in the area of the bite, which may require medical assistance.

Still, according to Dr. Dias, the symptoms may vary from person to person, depending on each individual's capacity to react to the bite--just like when a person is stung by a bee.

These spiders can be observed on the island throughout the year in gardens and other areas with vegetation, but they seem to be most common during the fall months.