



Force Protection



Current FPCON: Alpha
Threat Level: Low

"6-5...
IN THE FIGHT!"

FY 2011



459
SORTIES

8,005
LODGED



2.4 million
gallons
FUEL ISSUED

Appointment:

Base: 535-3261
Off base: 295-573-261

Emergency:

Base: 911
Off base: 295-571-911



Weekend

Weather Forecast (Lajes Weather Flight)

Saturday (a.m. / p.m.)

Partly Cloudy with
possible showers
Wind N 30 - 40 mph



High 59F / Low 50F

Sunday (a.m. / p.m.)

Partly Cloudy with
possible showers
Wind N 30 - 40 mph



High 59F / Low 50F

Air Force C-12 transits Lajes



U.S. Air Force C-12 Huron stops at Lajes to refuel during its mission to St. John's, Canada, March 1, 2011. The U.S. Air Force operated four C-12J aircraft in 2010; three of these aircraft are operated at Yokota Air Base, Japan, while Holloman AFB, N.M., operated the fourth aircraft. (Photo by Guido Melo)

By Staff Sgt. Olufemi Owolabi
65th Air Base Wing Public Affairs

A U.S. Air Force C-12 Huron from Islamabad, Pakistan, visited Lajes Field to refuel during a mission to Canada March 1.

During the short overnight stay at Lajes, Airmen at Lajes provided the support usually given to smaller aircraft trying to make it across the Atlantic. Its crewmembers also bedded down at the Lajes billeting.

Part of the services provided to the C-12, which is a military version of an executive passenger and transport aircraft, was marshalling and parking on the Lajes ramp, carried out by Airmen of the 65th Operations Support Squadron's transient alert.

The C-12 is used by the U.S. Air Force and other military services for several functions, including range clearance, embassy support, and VIP transports.

Delivery of the C-12J fleet in the Air Force began in 1992. The U.S. Air Force operated four C-12J aircraft in 2010; three of these aircraft are operated by the 459th Airlift Squadron at Yokota Air Base, Japan, and one is operated by Air Force Material Command from Holloman AFB, N.M.

In addition to providing cargo and passenger airlift, the aircraft is capable of transporting ten ambulatory patients during aero-medical evacuation missions.

While at Lajes, Airmen of the 65th Logistics Readiness Squadron issued about 400 gallons of JP-8 fuel before the Huron continued its mission March 2, 2011 to St. John's, the 20th largest metropolitan area in Canada.

"The Huron is no different than any aircraft in the Department of Defense inventory when it comes to doing our job," said Sergeant Stellflug, 65th Air Base Wing Fuels Service Center NCO in charge. "Our job here is to refuel all aircraft that stop at Lajes."

Dr. Barbara Hickman, principal of 'The little school that could'

By 1st Lt. Mara Title
65th Air Base Wing Public Affairs

Lajes Elementary/High School might be small in terms of scale, but its experienced faculty, including its principle, Dr. Barbara Hickman, is top-notch. Ms. Hickman has taught just about every grade level in the private and public school sector, Department of Defense Dependents Schools, and stateside and international universities. She's also served in the Army as a German and Spanish linguist.

Paulette Burnard, the host of the popular Lajes Field T.V. show, "Lajes Now," interviewed Dr. Hickman on March 3 at the equally trendy, "Café Bean." The questions span from personal to professional, and

viewers are fortunate to get an inside glimpse of the perspective of a 19-and-a-half-year DODDS veteran.

"It's been a fun journey," Dr. Hickman said at the start of the show. "Lots of variety!"

She really enjoys the fact that DoDDS doesn't have school boards but rather educators working for educators.

"That's very different," she said. "And of course, working with the military community is different. They have a distinct set of cultural values, and the kids are different," she said.

Dr. Hickman went on to say that military children are extremely resilient, flexible, respectful and

To read more on "Little School" see page 4



A good wingman is always 'With'

By Maj. Jason Whittle
65th CONS commander



I have three small kids and I still haven't been issued a parenting manual. I've changed a lot of diapers and still struggle. You'll frequently see my children in mismatched clothes--that's because it was daddy's turn to dress them. When I cook dinner, it looks more like a college kid's menu--a peanut butter and jelly sandwich, a banana, a cheese stick and some gummy bears. When I'm tasked to clean the peanut butter and jelly from my kids' hands, face, ears and hair, you can bet I'll miss most of it (incidentally, PB&J makes great hair gel). Momma spends a lot of time fixing what I've goofed up. But all I have to do is lay on the floor and the kids come swarming, excited to jump on daddy. Fortunately, their love isn't based on my skill--whew! They just love to be with me. Sometimes I'm the punching bag, or trampoline, or even the tackling dummy. Sometimes I get to be their pillow too. My kids just want to be with me.

We're social creatures, hard-wired to spend time with one another, help each other, talk, listen and enjoy the company of our friends and family. Facebook and Twitter help us stay in touch with friends, no matter the distance between us. Our cities and towns are full of

people and we spend our days surrounded by others. Yet many people still feel alone, unconnected and dissatisfied. We send emails to our family members...who may be in the same house. Even phone calls have been replaced by easier and less personal communication methods. Instead of visiting our friends, we text them. We exchange conversation and company for a few typed words sent from phone to phone.

There are countless books on leadership, parenthood and even friendship. We're taught to be good Wingmen. I'm going to save you some time--there is a foundational truth that runs through all of these books and classes: "with." A good leader is "with" their people, talking, listening, observing, and simply being there--management by walking around. A good parent is "with" their children, playing, running, wrestling, and simply being there (even if I often fail to completely clean the peanut butter out of my kids' hair). During dark times in my life, through the pain of loss or rejection, my friends have comforted me by being "with" me. I don't remember anything they said, but I remember their presence when I needed them. And your Wingmen--they're by your side; they got your back no matter the situation.

Put down the laptop, turn off the TV, and go be with people. Talk, listen, care. "Half the battle is showing up." Sometimes it's the whole battle.

Tying the knot while stationed overseas

By Liz Machado
65th Air Base Wing Staff Judge Advocate

No need to fret if cupid's arrow strikes while stationed at Lajes. The marriage process is relatively simple, but there are a few things to keep in mind. Military members should first take a look at Air Force Instruction 36-2609, Marriage in Overseas Commands. Although in most states you may be able to get married on base, Portuguese law requires marriages be performed by the Portuguese Civil Registrar.

Specific documentation is required, such as a birth certificate, divorce decree (if applicable) and a passport. If you don't have these documents in your possession, you may have to request them from the United States, and this can take some time. Nevertheless, this is no reason to get cold feet.

It's best not to schedule a wedding date until you have all the required paperwork. Next, remember that all documentation submitted to a Portuguese civil registry must be accompanied by a certified translation, which the legal office provides. The cost of the translation certification by civil registry is 20 euros per document. When you submit your paperwork, you may not want to leave your original documents with civil registry--we recommend you submit a certified copy,



which will cost an additional 20 euros.

Lastly, you will need a certificate for marriage purposes, issued by the U.S. Consulate in São Miguel. To obtain a certificate, you must fax a request to the consulate along with copies of birth certificates, passports and addresses. The certificate costs 38 euros, and the payment is made in the form of a money order at the local post office.

After you have obtained the necessary documents and the certified translations, you are ready to schedule your appointment with the legal office here on base to go to civil registry. The registry clerk will input your data and schedule the wedding. If the wedding takes place at the registry during normal business hours, the cost will be 120 euros.

If you want to have the ceremony outside the registry or after normal business hours, the cost is 190 euros. An interpreter will also be required at the ceremony. During duty hours, interpretation can be provided by the base legal office staff. If you choose to get married outside duty hours, you will need to obtain alternate interpreter services. After the ceremony, you will be given your marriage certificate. The legal office will be glad to provide you with a notarized translation of the marriage certificate. And remember, after the honeymoon, update your records!

Commander's Action Line
535-4240
65abw.actionline@lajes.af.mil

The Commander's Action Line is your link to the commander for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution.

Your chain of command should always be your first option -- but when that's not the answer, call or e-mail the Commander's Action Line at 535-4240 or 65abw.actionline@lajes.af.mil.



Col. Jose Rivera
Commander, 65th Air Base Wing

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Commander, 65th Air Base Wing



The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads.

The Public Affairs Office (Unit 7710, APO, AE 09720) is located in Bldg. T-100, Room 240.

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Bessie Coleman: African-American aviation pioneer - Part 1

By Andrew Billman
65th Air Base Wing historian

As we conclude African-American History Month and stand ready to commemorate Women's History Month, the time is right to take a look at the first female African-American aviator in history – Bessie Coleman. During the glory days of barnstorming bi-planes, with pilots risking their lives in daring aerial acrobatics, Bessie Coleman was one of very few women to enter this male-dominated aerial arena. Though her life was tragically cut short in a mid-air accident, "Queen Bessie" still managed to inspire thousands of young African-American youth with the dream to fly free and aspire to loftier heights.

Born on Jan. 26, 1892, young Bessie became the tenth out of eventually 13 children born to hard-working sharecropper parents, Susan and George Coleman, in the town of Atlanta, Texas. After her birth the family moved to another small town, Waxahachie, Texas, just South of Dallas. There George Coleman bought an acre of land where he built the modest family home just in front of Mustang Creek. Bessie's first years there were carefree as she played in the yard and began attending the only one-room schoolhouse available to African-American children four miles from the Coleman home. In 1901, Bessie's father left the family in Waxahachie for Oklahoma and the 9-year-old Bessie began to help

provide for the family by watching her three younger siblings, while keeping up the house as her mother found work as a housekeeper and maid in town. In late summer the cotton harvest would come, and the lone African-American school would close as all the men, women, and children entered the fields to pick cotton. The diminutive Bessie

hated this time of year. Bessie, alongside her mother, would pick and drag her heavy bag filled with cotton through the hot, dusty fields day after day until the harvest ended.

Her young life was not easy, and Bessie yearned for a better future away from a life cleaning homes, doing laundry, and picking cotton. It was no small achievement when she graduated from her one-room school completing the eighth grade while working to support the family. Perseverance, intelligence, and a small savings soon enabled the maturing Ms. Coleman to attend the Agricultural and Normal University in Langston, Okla.

Unfortunately, a bad cotton harvest forced the aspiring student back to Texas when her mother couldn't send the funds for Bessie's tuition. After only one semester, she returned home to Waxahachie to pick up work as a laundress. But this setback did not end the dream of a better life for young Ms. Coleman. Again she managed to save up her money over the course of three years and Bessie moved to Chicago to join her older brother, Walter, where she would find an unexpected opportunity and benefactor.



Air Force officials warn: 'Spice' harmful to health, career

By Master Sgt. Amaani Lyle
Secretary of the Air Force Public Affairs

A recent spate of incidents involving service members abusing the herbal mixture "spice" has prompted uniformed service leaders to stress the ramifications of using the drug and other prohibited substances, officials said here Feb 11.

Marketed and sold as incense, and closely resembling potpourri, spice, also known as K2, skunk, or fake marijuana, is among many "designer drugs" banned under Department of Defense directive 1010-3.4 and Air Force Instruction 44-120.

Air Force leaders said they want to send a clear message about the health and career gambles associated with the drug, as indicated by the service's zero tolerance policy regarding illegal substance use or possession.

Air Force officials recently updated AFI 44-120 and issued an updated guidance memorandum for AFI 44-121 revising the Military Drug Demand Reduction Program and Alcohol and Drug Abuse Prevention and Treatment Program, respectively.

The revision prohibits the ingestion of any substance, other than alcohol or tobacco, for the purpose of altering mood or function. The possession of any intoxicating substance, if done with the intent to use in a manner that would alter mood or function, is also prohibited. The regulation also states that Airmen using spice could be found in violation of Article 92 of the Uniform Code of Military Justice, face dishonorable discharge, confinement for two years, and total forfeiture of all pay and allowances. Enlisted members also face reduction to the lowest enlisted grade.

Air Force medical professionals assert the health risks associated with spice should also spur Airmen to avoid the drug since manufacturing of the substance is not closely controlled and its ingredients can be unknown and dangerous.

Published reports on the Drug Enforcement Agency web site cite that spice contains HU-210 -- a synthetic cannabinoid hundreds of times more potent than THC -- or tetrahydrocannabinol, the main psychoactive substance in marijuana. DEA studies also showed spice to contain a high quantity of other synthetic chemicals, indicating a user may not realize what is being introduced into the body.

"The lack of body control and inability to make any logical decisions to include issues of health and safety could cause severe bodily harm or death," said Dr. Aaron Jacobs, Air Force drug testing program manager.

While the long-term effects of spice are currently unknown because of its relative newness, Dr. Jacobs said the drug's impact on the body may be as severe as its known short-term effects.

"Spice can cause disorientation, vomiting, loss of motor control, hallucinations, an out-of-body feeling, rapid-heart rate and seizures," he said. "Some individuals report that the intense feelings are so troubling that they will never do spice again."

The NIDA web site also reports that in December 2010, the DEA issued a notice that it intends to ban five synthetic cannabinoids by placing them in Schedule I status under the Controlled Substances Act and expect to issue the final order shortly.

Schedule I status indicates the DEA considers the substance to have high-abuse potential and no known medical benefits; as such, it is illegal to possess or sell products that contain the substance.

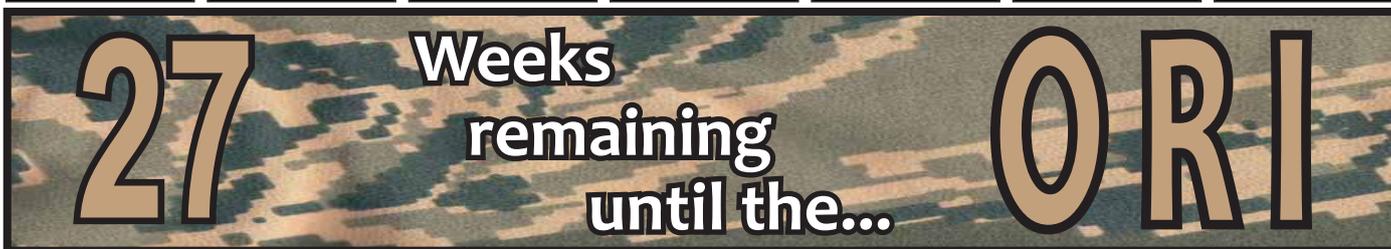


WING EVENTS CALENDAR

March

Feature

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
11 Monthly Cultural Excursion to Serreta 12 p.m. Meet at Chapel SMSgt. release party (TORC) 4 p.m.	12 Classical Music Concert Chapel 6 p.m.	13 9 pin no tap (TOP III) Bowling Alley 1 p.m.	14 Wing Tax Drive Airman Ministry Center 10 a.m.	15	16	17 Lajes Seniors Greek Meal Fundraiser Chapel 11 a.m.
18 Warrior Day 11 a.m. to 5 p.m. TOP III meeting 3 p.m.	19	20	21 Dorm Dwellers Bash T-131 12 - 5 p.m.	22	23 HCAC meeting T-416 Conf. Room 1:30 p.m.	24 Wing Exercise



"Little school" from page 1

focused. She said that because military parents have good work ethics, this naturally passes on to their children, and DoDDS doesn't have some of the challenges their stateside counterparts have. Even though Lajes Elementary/High School doesn't have the full range of programs afforded to a bigger school, Dr. Hickman said Lajes students are well serviced in terms of international travel, including competitions and sports, along with other programs through the school. They're also fortunate because of the Lajes Field community partnership with the military.

"We've been very blessed this year to be working very closely with

this command," said Dr. Hickman. "The support is incredible."

One of the school's challenges Dr. Hickman mentioned regards getting help in the form of teachers, substitute teachers, aids, and clerical support. She also wants parents to know the school is there for them 24/7 with an open-door policy for any concerns or issues. She advises parents to confront the issue first with the teacher or individual involved as a personal courtesy, but afterward, Lajes Elementary/High School guidance counselors are available, as well as the assistant principal and herself.

When asked her thoughts on the prevailing boys' basketball team

To read more on "Little school" see page 6

LAJES AIRMEN OF THE WEEK



Name: Joseph Hoh
Rank: Staff Sergeant
Unit: 65th CONS
Hometown: Cambridge, Ill.
Duty Title: Contract Specialist
Accomplishments: Staff Sergeant Hoh, a member of the Infrastructure Flight, is responsible for a variety of service and construction contracts, including many demolition requirements underway on base. Additionally, he's the squadron's UDM/ART/SORTS monitor, SABC trainer, IAO, and he is active in the base honor guard. He assists contractors and customers in navigating the acquisition process, ensuring compliance with regulations and sound business practices. He and his family are preparing to PCS to Misawa, Japan, this summer. Sergeant Hoh has been serving our nation since 2005.



Name: Maria Godinho
Rank: LGS-9
Unit: 65th CONS
Hometown: São Sebastião
Duty Title: Contract Specialist
Accomplishments: Ms. Godinho is the lead contract specialist for all services contracts in the Infrastructure Flight. She is responsible for the entire life cycle of service requirements from acquisition plan development, multi-functional team formation, solicitation, negotiation, award and administration. She also assists, advises and trains contractors and customers on requirement definition, requirement documentation and performance work statements, performance assessment techniques, contractor surveillance, scheduling, and reporting. Among other services, she is responsible for the base recycling, grounds maintenance, water treatment, and base custodial contracts. Maria started working at Lajes Field in 1986.

"6-5...IN THE FIGHT!"

Air Force Assistance Fund

Col. Jose Rivera, 65th Air Base Wing commander, and Chief Master Sgt. Samuel Hagadorn, 65th ABW command chief, lead the way by signing a form to kick off the Air Force Assistance Fund at the Lajes Field Cafe Bean March 4, 2011. (Photo by Guido Melo)



Healthy Cooking

Members of the African American Heritage Committee prepare food during the Healthy Cooking Class held at Lajes Field, Azores, March 3, 2011. The class was held to show members a healthy way of cooking, and it was sponsored by the Health and Wellness Center and AAHC. (Photo by Guido Melo)

Nathaniel Williams, a motivational speaker sponsored by Armed Forces Entertainment, speaks to Lajes audience at the Community Center auditorium March 1, 2011. The speaker, who is also an author, spoke to Lajes members on a speech, called "Bring Your 2011 Mindset in for a Tune-up." Mr. Williams was raised in New York's tough foster care system, and his books and workshops have inspired a lot of people to be the best they can. (Photo by Guido Melo)



Dr. Nathaniel Williams at Lajes Field



Indoor Golf Challenge

Col. Jose Rivera, 65th Air Base Wing commander, putts the golf ball while participating in the Indoor Golf Challenge held at the TORC March 4, 2011. (Photo by Guido Melo)



Col. Jose Rivera, 65th Air Base Wing commander, congratulates members of the Lajes post office for winning the Best U.S. Air Forces in Europe Small Post Office of the Year. (Photo by Guido Melo)



Mark your calendar



CLASSICAL MUSIC CONCERT: There will be a free classical music concert, open to all personnel, on Sat., March 12, at the base chapel at 6 p.m. The performers will be: Katalin Bloker, viola; Elena Kharambura, violin; Gustaaf Van Manen, piano; Svitlana Poustovgar, cello. This concert is free of charge and is sponsored

by the performers themselves, FSS, and the base chapel. If you have any questions, please contact Ms. Katalin Bloker at 295-549-500.

HEALTH CONSUMER ADVISORY COUNCIL: The 65th Medical Group is holding a Health Consumer Advisory Council (HCAC) meeting March 23 at 1:30 p.m. in the T-416 conference room. This meeting is vital to keeping beneficiaries informed of their benefits that we have to offer to our Lajes Community. All Lajes DoD beneficiaries and Private Organizations are welcome. Please contact Tech. Sgt. Deanne Jackson at 535-3017 for further information.

"Little school" from page 4



Barbara Hickman, Lajes Elementary/High School principal, addresses delegates from the U.S. Embassy in Lisbon during their visit to the school Feb. 22, 2011. (Photo by Guido Melo)

in the U.S. Air Forces in Europe tournament, along with the school's recognition in the Combined Federal Campaign this year, Dr. Hickman said the school's vision is to keep building on their accomplishments to show their students that life is about excelling.

"I started to call us, 'The little school that could,'" said Dr. Hickman. "Doing the best you can, no matter what your circumstances, through good times and bad—that's the vision," she said.

In her limited amount of leisure time, Dr. Hickman often asks Lajes leadership if she can host distinguished visitors coming through Lajes for dinner at her house.

"I really do have a million-dollar view of the island," she said. "Sometimes it's just nice when you're on the road to have a home-

Phrase of the Week

A LESSON IN PORTUGUESE



ENGLISH: Can you give me the exact time? It is ten until three.

PORTUGUESE: Pode dizer-me as horas certas? São três menos dez.

PRONUNCIATION: PODdeh deeZER'meh ahsh OHRush SERTash? Saw thraysh MENosh daysz.

At the Movies



7 p.m. Friday - True Grit (PG-13)
7 p.m. Saturday - Country Strong (PG-13)
4 p.m. Sunday - Country Strong (PG-13)
7 p.m. Sunday - True Grit (PG-13)

True Grit: A teenager's father has been shot in cold blood by the coward Tom Chaney, and she is determined to bring him to justice. She enlists the help of a drunken U.S. Marshal Rooster Cogburn (Jeff Bridges), and sets out with him to hunt down Chaney. Rated PG-13, 110 min.

Country Strong: Soon after a rising young singer-songwriter gets involved with a fallen, emotionally unstable country star, the pair embarks on a career resurrection tour helmed by her husband/manager and featuring a beauty-queen-turned-singer. Between concerts, romantic entanglements and old demons threaten to derail them all. Rated PG-13, 117 min.

Movie times and schedule are subject to change. Call 535-4100 for the latest update.

cooked meal."

Her charitable attitude also extends toward her view of her current position as school principal.

"It's humbling in a lot of ways," she said. "Those middle school and high school years are as critical as the early childhood years, and we have this small middle school/high school, so those kids get an incredible amount of individual attention. So that's really great here at Lajes."

And when thanked for her efforts, Dr. Hickman modestly replied, "I've never worked with a nicer command, so it's easy."

Despite many personal losses, she's pushing forward during her son's second year at the United States Military Academy at West Point. She proves that she lives the vision of, "doing the best you can, no matter what the circumstances, through good times and bad," and Lajes is privileged to have her as part of the team.

ASK ED

A column that looks at the culture and history of the Azores.

By Eduardo Lima,
Community Relations Advisor



How did the cities of Praia and Angra do Heroísmo get their names?



Picture of the Aug. 11, 1829 battle in Praia Bay before it received the adjective Vitória

These two historically important cities were respectively called Praia and Angra in earlier times. Praia means "beach" in Portuguese and Angra means "bay."

In the early 19th century, during the Portuguese civil war between the Liberals and Absolutists, Praia town supported the Liberals' cause. On Aug. 11, 1829, the town heroically and successfully resisted an attack and attempted landing in the town's bay by an absolutist fleet of 21 ships, with highly superior forces. As a result of this victory, the town added the name "Vitória" (victory) in 1837.

The city of Angra, on the other hand, also had an active role in the struggles for the founding of the Liberalism cause and became the seat of the liberal regency during the Civil War.

Because of the spirit of sacrifice and bravery demonstrated by its people during the struggle, Angra received the title of "Heroísmo" (heroism), also in 1837, from Portuguese Queen Maria II, which was proposed by the great writer Almeida Garrett, who lived in exile on Terceira Island for some years.