



Force Protection



Current FPCON: Alpha
Threat Level: Low

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Weekend

Weather Forecast

Friday

Partly Cloudy

High 67

Low 61

Wind WSW 8 mph



Saturday

Partly Cloudy

High 67

Low 62

Wind W 16 mph



Sunday

Partly Cloudy

High 67

Low 62

Wind WSW 11 mph



Lajes congratulates 20 MSgt-selects

By 65th Air Base Wing Public Affairs

Air Force officials released the E-7 promotion list May 27, and 20 Lajes technical sergeants were selected for promotion to master sergeant.

Air Force-wide, 5,424 of 21,829 eligible technical sergeants were selected for promotion.

The average score for those selected was 341.18, with an average time in grade and time in service of 4.49 and 15.88 years respectively.

Airmen selected were able to access their score notices at the same time on the Virtual Military Personnel Flight and the Air Force Portal.

The following Lajes technical sergeants were selected for promotion:

1. WILLIAM BEQUETTE, 65 SFS
2. SETH BERRY, 65 OSS
3. JEFFREY CRAWN, 65 SFS
4. JOSEPH DISTEFANO, 65 ABW
5. KEITH EBERHARDT, 65 MDOS
6. JUSTIN FAIRLEY, AFN
7. DANIEL JIRSA, 65 CS
8. HEATHER KACHMAR, 65 ABW

9. KENNETH KILMAN, 65 MDSS
10. LARRY LEMONS, 65 MDOS
11. JAMES MUELLER, 65 CS
12. RICHARD PRICE, 65 OSS
13. SCOTT REED, 65 CONS
14. CHANTAL SATTERWHITE, 65 CPTS
15. DAMIAN TATRO, 65 MDSS
16. NICOLE VELSOR, 65 LRS
17. DYJUAN WASHINGTON, 65 CES
18. ANDREW WELLS, 65 CES
19. MELINDA WILKINS, 65 FSS
20. GREGORY YOUNG, 65 CES

Those selected for master sergeant will be promoted according to their promotion sequence number beginning in August 2010.

The promotion release using the Web is one of the many technological initiatives AFPC has taken to effectively deliver personnel services, allowing Airmen around the world 24-hour access.



Hometown News Helps Tell Your Air Force Story

By Staff Sgt. Olufemi Owolabi
65th Air Base Wing Public Affairs

It's time to let your family and friends at home know about your accomplishment by filling out a Hometown News Release.

Visit the Lajes Public Affairs Website to fill out a DD Form 2266. The form's now gone virtual; Lajes members should visit www.lajes.af.mil to access the Army - Air Force Hometown News Release Service form.

The service reports on the individual accomplishments of active-duty and reserve members and certain DOD civilians. The service sends news releases to media outlets serving their hometowns.

The Air Force Hometown News Service is a chance to publicize your career achievement through your hometown newspaper, radio or television station. The Hometown News Release isn't just for military members: it's also for government civilian employees.

According to Capt. Naomi Evangelista, 65th Air Base Wing Public Affairs Chief, when Air Force members fill out and allow Public Affairs to process their story

with the hometown news program, it allows us to reach a larger audience who otherwise would have never heard our story.

Telling the Air Force's stories with the Hometown News Release is part of the Air Force's communication strategy, and it also lets the media nationwide educate friends and families at home on the Air Force's mission.

These are some of the various accomplishments that merit a hometown news release:

- Graduation from training and technical schools
- Promotion to E-3 and higher (as the promotion occurs)
- Selected for promotion to E-9 and O-6 and above
- Awards and decorations
- Re-enlistments
- Retirements
- Receipt of college degree
- Decoration for Exceptional Civilian Service
- Graduation from military school

All government employees can submit a release at any time. For more information or help, call the 65th Air Base Wing Public Affairs office at 535-6161.



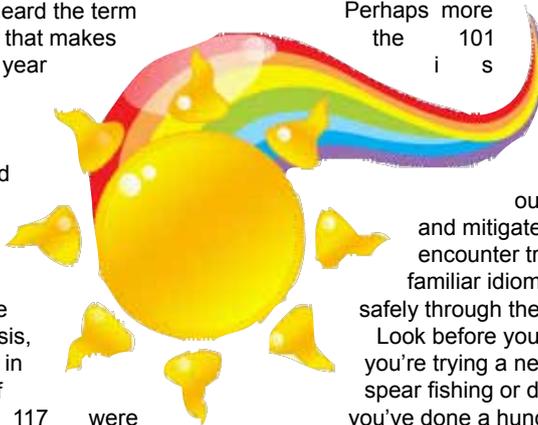
101 Days of Summer: How Critical?

By Chief Master Sgt. Samuel Hagadorn
65 ABW command chief

The period from Memorial Day until Labor Day weekend has been dubbed, "The 101 Critical Days of Summer." If you've been around the Air Force any length of time, you've undoubtedly heard the term before. But what is it that makes this particular time of year so 'critical'? The fact is, each year, the Air Force community experiences a marked increase in off-duty mishaps and fatalities during this period. In the last five years, despite the annual safety emphasis, 146 Airman were lost in summer mishaps. Of those, a staggering 117 were traffic related and 43 percent-almost half of these deaths were motorcyclists.

The weather is finally breaking after a long, wet winter. The days are getting longer and warmer. Many of us are ready to shake off the winter blues and get out and enjoy this beautiful island. School will soon be out, and some will depart on leave to Europe or back

to the States. Since many Air Force members travel and participate in water sports during the summer, it is no surprise that the leading causes of fatal mishaps during this period have involved off-duty private motor vehicle mishaps and drowning. How can we stop this trend?



Perhaps more
the 101
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important than days themselves our thinking our very mindset-must be critical. In other words, we must evaluate our proposed actions and mitigate the risk before we encounter trouble. I offer three familiar idioms to help us make it safely through the summer.

Look before you leap! Whether you're trying a new activity such as spear fishing or doing something you've done a hundred times before like barbecuing in your backyard, take time to assess the situation. Is the environment safe? Are you familiar with the activity? How about others around you what are their ability levels?

An ounce of prevention is worth a pound

To read more on "101 Days", see page 4

Purpose of the Airman and Family Readiness Center

By Mr. Andrew Posey

Chief, Airman and Family Readiness Center

Within the last five years, the Air Force has retooled its family support service delivery model to provide strategic guidance to leadership, our total force members and their families in a transforming environment. The new retrofitted Airman and Family Readiness Center (A&FRC) rendered obsolete the old stove-piped, menu-driven model that attempted to fit community/ family needs into pre-existing programs.

In this newer model, the purpose of A&FRC is to enhance community readiness through personal preparedness. In order to reach this goal, the A&FRC partners with leadership and the community to provide services specific to the immediate and long-term readiness and the successful adaptation of Airmen and their families to the demands of military life. As a result, the A&FRC assists commanders with the overall health and welfare of their military communities with programs and processes that enhance individual, family and community readiness, quality of life, and motivation to serve.

This model fosters a shared sense of responsibility by partnering with formal and informal community agencies. It promotes

informal community connections, consultation with formal unit leadership, and working issues collaboratively. It is a strength-based, results-oriented strategy that builds personal and family readiness by delivering services that meet the immediate and long-term needs of our Airmen, their families, their units, and the community.

The parameters of the service delivery model are that the A&FRC must:

Identify Needs and Resources. Services will be based on needs and resources identified through formal and informal assessment processes.

Results Based. Services will focus on identified community, unit, individual, and program results and outcomes.

Responsive to Customers. The A&FRC will provide services targeting Command and community needs and focus on issues and concerns across the military life cycle of total force Airmen and their families.

Non-Duplication. The A&FRC will not assume responsibility for services and programs that fall within the scope of other military agencies.

Prevention. Services will focus on proactive outreach, community readiness, commander

To read more on "AFRC", see page 4

Commander's Action Line
535-4240
65abw.actionline@lajes.af.mil

The Commander's Action Line is your link to the commander for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing

for which you can't find another solution. Your chain of command should always be your first option — but when that's not the answer, call or e-mail the Commander's Action Line at 535-4240 or 65abw.actionline@lajes.af.mil.



Col. Peggy Poore

Col. Peggy Poore
Commander, 65th Air Base Wing



The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads.

The Public Affairs Office (Unit 7710, APO, AE 09720) is located in Bldg. T-100, Room 240.

Submissions can be e-mailed to 65abw.pa@lajes.af.mil or faxed to 535-6326 and are due the Thursday prior to the required publication date. Call 535-6161 for more details.

This Air Force funded newspaper is an authorized weekly publication for members of the U.S. military services overseas.

Contents of the Crossroads are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

All photographs are Air Force photographs unless otherwise indicated.

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Members of the 65th Security Forces Squadron and the Portuguese air police lower the base flags during the 2010 National Police Week retreat ceremony on May 26. Police Week is an annual observance that honors law enforcement officers. (U.S. Air Force photo by Tech. Sgt. Darrell I. Dean)



Portuguese students from the school in Biscoitos watch as a member of the 65th Civil Engineering Squadron fire department dons a protective fire suit on May 27. The students were visiting the fire department as part of a base tour. (Photo by Guido Melo)



Col. Paul Suarez, 65th Air Base Wing vice commander, is escorted to "jail" by Senior Airman Christopher Hendrix and Staff Sgt. Joshua Rose, 65th Security Forces Squadron, during the annual National Police Week Jail and Bail on May 25. The Jail and Bail allowed members to pay to have people "arrested", and the arrested person had the option to pay to be bailed out. (U.S. Air Force photo by Tech. Sgt. Darrell I. Dean)

Congratulations to all of Lajes' Community College of the Air Force Fall Graduates!

SSgt Robert D. Abbey
Mr. James Avery
Mr. Ryan Boyd
Mr. William P. Bowers
Mrs. Laura Nicole Bramlet-Watkins
TSgt Eric S. Brooks
Mrs. Jeannetta A. Brooks
TSgt Jeffery Carroll
Mr. Timothy M. Case
MSgt Jeffery B. Christensen
Mrs. Davonna Conard
TSgt Paul M. Ellis
SSgt Timothy J. Emeott
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Mrs. Lesley Lemons
MSgt Daniel A. Lewis
MSgt Sonia I. Lopez
SSgt Nickolas J. Marxsen
MSgt Gregory N. McDonald
MSgt Vanessa D. Mclver
SSgt Dominick A. Obermeyer
SrA Johnathan A. Parker

SSgt Alohilani Perry-Peters
Mrs. Jonda Pieper
Mrs. Molly Pope
SSgt Nathan J. Rutherford
Mrs. Yamil Sai Gonzalez Santiago
TSgt Ossian Satterwhite
TSgt Corey M. Scott
TSgt William Z. Shaffner
Mrs. Paula Taylor
SSgt Philip J. Washington
TSgt Richard E. Williams
SSgt Sarah L. Wolf



Mark your calendar



COMMISSARY OPENED JUNE 10: The commissary will be open regular hours during Local National Holiday "Day of Portugal" June 10. For questions regarding Commissary hours of operation, contact Cristina Reis, Lajes Field Commissary Secretary, at 535-6124.

POWER/WATER OUTAGES OUTLOOK:

Tuesday, June 8: Beira Mar Housing T-1500 to T-1510- POWER OUTAGE from 8:30 a.m. - 4:30 p.m.

Tuesday, June 15: Beira Mar Housing T-1533 to T-1560- POWER OUTAGE from 8:30 a.m. - 4:30 p.m.

Contact Jose Barbosa at 535-6839 if you have any questions.

TOP III PUSH UP AND SIT UP CHALLENGE: Top III will host a push up/sit up challenge June 25 at 9 a.m. at the Fitness Center basketball court. Each team must consist of 5 people and must include at least 1 female. This event is open to all Airmen, U.S. and Portuguese civilians, dependents and spouses. Each member of the team will have 5 minutes to perform as many push ups and sit ups as possible. The winning team will get a traveling trophy. Contact MSgt Velsor or MSgt Giacchetta for more details and to sign up.

HAWC MONTHLY HEALTH COOKING SHOW: The Health and Wellness Center invites you to learn how to prepare tasty, healthy meals by attending a cooking show. The cooking show is held every last Friday of the month at the HAWC from 12-1 p.m. The show is open to anyone that can access the installation. Interested personnel must R.S.V.P. by COB the Wednesday before the respective cooking show. Call MSgt William Carter at 535-4292 to sign up or visit the HAWC in the fitness center.

USAFE GOLF CHAMPIONSHIPS July 25-29: All you golf lovers, check out the USAFE Golf Tournament, open to all USAFE members. The tournament is from July 25-29 at the Woodlawn Golf Course at Ramstein Air Base, Germany. Email Jason Shock for more information at Jason.Shock@ramstein.af.mil or call him DSN at 314-480-6240.

SNCO PANEL: Company Grade Officer Panel will host a SNCO panel Friday, June 11 at 3 p.m. in the TORC Ballroom. Topics such as finding a SNCO mentor, handing challenging Airmen, and promoting a health work environment will be discussed between CCOs and SNCOs. Panel speakers: CMSgt Ott (CS); MSgt Lopez (CES); and MSgt Culbreth (CES).

CRUD TOURNAMENT: The bi-annual CGOC Crud Tournament has been rescheduled to Friday, Jun 25 at 4:30 p.m. at the TORC. It had to be moved to de-conflict with the DoDDS graduation. No experience necessary. We are looking for teams from every squadron so please grab your commander, some co-workers, and sign-up. Please contact Capt Altman if you want to register. There will be prizes for the winners!

AIR FORCE BALL THEME CONTEST: Have you ever wondered where the theme/ideas for different Air Force events come from? Well now you get to have a say! The Lajes CGOC is hosting a competition to solicit ideas for the 2010 Lajes Field Air Force Ball. Please complete the attached idea recommendation form and submit it to Capt Justin Long NLT COB Friday, June 4, 2010. If your idea/theme is chosen you will receive 2 FREE tickets to this year's Air Force Ball! So, put on your thinking caps and send in your ideas.

"101 Days", from page 2

of cure! Do you have sufficient training or certification? Do you have the right equipment? Is it in good condition? Do you have the proper safety gear, such as a helmet, sunscreen, or eye protection? How about you—are you physically and mentally prepared?

Better safe than sorry! If your intended activity is something you saw on an episode of "Jackass", or it is prefaced by the statement, "Here, hold my beer and watch this," it's reasonable to assume a high likelihood of trouble or injury in the outcome. And speaking of alcohol, drinking is a bad idea, if not simply dangerous, during most sporting activities. It goes without saying, drinking and driving is not only risky and incredibly stupid but also illegal. You've heard that seatbelts save lives. They really do. Buckle up every time you enter a vehicle, and don't allow a vehicle to move until all other oc-

Phrase of the Week A LESSON IN PORTUGUESE



ENGLISH: Where is a good place to watch the parade? Go to the main street.

PORTUGUESE: Aonde é um bom lugar para ver o cortejo? Vá para a rua principal.

PRONUNCIATION: Ah onde ay oom boom loogar parah ver o kortejo? Vah parah ah huah preencepal.

BULL RUN SCHEDULE



Friday, June 4 6:30 p.m. Reguinho, São Bento
Saturday, June 5 6:30 p.m. Santo Amaro, Ribeirinha
Saturday, June 5 6:30 p.m. Terreiro, São Mateus
Saturday, June 5 6:30 p.m. Canada dos Pastos, Praia
Sunday, June 6 6:30 p.m. Terra do Pão, São Mateus
Sunday, June 6 6:30 p.m. Ribeirinha
Monday, June 7 6:30 p.m. Bicas Cabo Verde (near Angra)
Thursday, June 10 6:30 p.m. Fonte do Bastardo
Thursday, June 10 6:30 p.m. Bicas de Cabo Verde

At the Movies



7 p.m. Friday - The Last Song (PG)

7 p.m. Saturday - Date Night (PG-13)

4 p.m. Sunday - The Last Song (PG)

7 p.m. Sunday - Date Night (PG-13)

Movie times and schedule are subject to change. Call 535-4100 for the latest update.

cupants are securely buckled in as well. No matter how short the trip or how good a driver you are, you have no control over other drivers you will encounter along your journey.

Get that critical mindset. Carefully consider your actions to ensure your safety. Be a good wingman by doing the same for those around you. It's entirely acceptable to have fun and be safe too.

Here at Lajes, you are our most valued asset. We place special emphasis on this at this time of year because we need every team member—including you—to be healthy, fully functioning and ready for duty when returning to work the morning of September 7, 2010. That's critical!

"AFRC", from page 2

consultation and support, and individual and family readiness.

The A&FRC, as defined in AFI 36-3009 and by DoD Directives and Public Law, still has core areas in which services are provided. Your Airman and Family Readiness Center remains the focal point for: (1) personal and family readiness and deployment planning/support, (2) transition assistance, employment assistance, (3) volunteer resource services, (4) personal financial management skills development and provision of consumer information, (5) Air Force Aid Society assistance, (6) personal and family life skills development, (7) dependent education information and issues assistance, (8) information and referral services on a variety of family support-related areas including EFMP, (9) Air Force Wounded Warrior (AFW2) support services, (10) relocation assistance, and (11) support to the community during disaster/crisis/evacuation situations via the Emergency Family Assistance Control Center (E-FACC). Additional services may be directed by Air Staff as mission changes dictate.

Next time, we will talk about one of the programs at the A&FRC, the Air Force Aid Society.