

Crossroads



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Lajes Field, Azores, Portugal | Lajes in the Fight!

Key Spouse program assists families left behind

By Tech. Sgt.

Christin Michaud
65th ABW Public Affairs
and **Sayward Burns**
A&FRC Volunteer

The military way of life can be an adjustment for a spouse but the family readiness program offers a network to make that way of life less challenging. The Key Spouse Program, a unit-based spouse volunteer program, provides peer support for family members.

The program initially focused on helping family members during separations and deployments, but has evolved to provide support to families whatever their situation may be. They are selected by unit commanders and receive orientation training and attend monthly informational meetings. In addition, key spouses meet at least quarterly with a unit first sergeant or commander to discuss the program.

Key Spouses are there to contact, listen, inform and sup-



Jenna Pryor and her mom Nadine eat lunch July 25 at the Hearts Apart Event at the pool sponsored by Wing Staff Agencies. Units host a free event monthly for family members of deployed personnel. The next is scheduled for Aug. 30 in conjunction with Give Parents a Break.

port families in the unit — spouses helping spouses. Terry Rodriguez, who understands



Key Spouses meet monthly to discuss ways they can support families of deployed personnel. One issue is the Give Parents a Break Program which offers parents who need a break, paid child care once a month. (Photos by Tech. Sgt. Edward Daniels)

the emotions involved with being at a new base, wanted to become a Key Spouse for the Air Base Wing to help prevent families from feeling abandoned due to PCS moves or deployments. "The Key Spouse program is a liaison between the squadrons and the family members," she said. "It's a network system providing stability and support."

A squadron Key Spouse is someone to listen when people need to talk, and can point families in the right direction for various services. Issues Key

Spouses can help with range from loneliness, lack of companionship, making decisions alone, disciplining children, social outlets or handling finances. They can also play an important role during births, illnesses, a death in the family or other times of crisis.

Terry enjoys keeping family members up-to-date with squadron activities and referring people in the right direction. A favorite quote of hers referring to the Key Spouse Program is, "We're only as useful as people use us."

Key Spouse List

Airman & Family Center Readiness NCO

Tech. Sgt. Edward Daniels
Edward.daniels@lajes.af.mil or
535-4138

Head Key Spouses

Margaret Briggs
Anne Suarez

Note: To be put in touch with your unit Key Spouse, contact the first sergeant.

Wing Staff Agencies

Karen Ferguson
Terry Weber-Rodriguez
First Sergeant - Senior Master
Sgt. Edward Canino
535-7622

Logistic Readiness

Dawn Coley
Rachel Richey

Michele Goynes
First Sergeant -
Master Sgt. Richardson
535-1177

Civil Engineer Squadron

Molly Pope
Kylie Mathews
Darlena Ciotuszynski
First Sergeant -
Master Sgt. Tallman
535-6322

Communications Squadron

Heather Heaney
Jenny Wells
Carrie Jessop
First Sergeant -
Master Sgt. Ledgewood
535-1222

Contracting Squadron

Jasmin Malboeuf

First Sergeant - Senior Master
Sgt. Canino
535-7622

Security Forces Squadron

Christin Michaud
First Sergeant -
Senior Master Sgt. Canino
535-7622

Medical Operations Squadron

Kristine Edward
Griselda Black
First Sergeant -
Master Sgt. Fisher
535-5129

Comptroller Squadron

Ashley Edwards
First Sergeant - Senior Master
Sgt. Canino
535-7622

Operations Support Squadron

Fiona Van Gheem
Dawn Soechting
Vicky Pierce
Kimberly Truesdell
Christy Gant
First Sergeant -
Master Sgt. Waters
535-5122

Services Squadron

Donna Casey
First Sergeant -
Senior Master Sgt. Canino
535-7622

Mission Support Squadron

Akiko Pollock
First Sergeant - Senior Master
Sgt. Canino
535-7622



Reflective belts *To be seen or not to be seen*

By **Tech. Sgt. Raymond Cronin**
65th ABW Safety Office

Every day, Airmen around the world are faced with complex global challenges. We meet them head on and overcome them at all costs. But, the only challenge we have yet to overcome is: how do we prevent our military family from getting injured or killed in pedestrian accidents. The first idea that comes to mind is wearing a reflective belt or other reflective material.

Regulations covering the use of reflective gear are ambiguous. We probably sit through our Commander's calls and staff meetings, and discuss the wear of reflective belts. We will probably issue the equipment to new personnel when they arrive at their duty section, and we will stress the importance of wearing the reflective equipment. But, it is still common to find personnel running across parking lots and streets at night without a reflective belt on. The most commonly heard excuses are: "I forgot it at home," or "It's in the car," but these same people who would never be caught without their hats or other uniform items.

The simple fact is that wearing the proper reflective equipment might save your life. In The United States alone, pedestrians and bicyclists account for approximately 5,000 deaths and 123,000 injuries a year, in traffic accidents. According to the National Center for Statistics and Analysis, on average, a pedestrian is killed in a motor vehicle crash every 108 minutes, and one is

injured every seven minutes. In the pictures below, we have a military member wearing his reflective belt while there is still some light. In one picture it is much darker out and the only thing visible is his belt. The difference is substantial.

As outlined in Air Force Occupational Safety and Health 91-501, Personnel exposed to flightline or traffic conditions are required to wear reflective belts in periods of darkness or low visibility. Here at Lajes Field the policy on reflective belts is also outlined in AFI 91-207, USAFESUP_i, para. 3.5.2. It states when jogging or running on roadways at night or in inclement weather (e.g., fog, rain, sleet, snow, etc.), personnel will wear reflective clothing or devices visible from the front and back. In cases where separation of pedestrian and motor vehicle traffic is not feasible, military personnel in uniform must wear reflective accessories during periods of reduced visibility (hours of darkness, inclement weather, etc). Personnel in civilian attire are encouraged to wear light-colored clothing or reflective accessories.

It is difficult to say what it will take to make everyone wear something reflective at night. Hopefully it won't take an accident to open the eyes of pedestrians. Understanding the importance of this concern is not only crucial to the Air Force mission, but also to its members survival. Like it states on the billboards, "Lets not meet by accident."



In the upper left hand corner, the only thing visible other than the word 'Security' on the truck is the reflective belt Tech. Sgt. Juan Rodríguez, 65th Security Forces Squadron, is wearing. (Photos by Master Sgt. Russell Michaud)

535-4240
actionline@lajes.af.mil

The Commander's Line is your link to me for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution. Your chain of command



Col. JL Briggs

should always be your first option for praise or problems — but when that's not the answer, call or e-mail the Commander's Line at 535-4240 or actionline@lajes.af.mil.

Col. JL Briggs
Commander, 65th Air Base Wing



The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads. The Public Affairs Office (Unit 7710, APO, AE 09720) is located in Bldg. T-100, Room 240.

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All photographs are Air Force photographs unless otherwise indicated.

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Good to Know

Back to School Supplies

In an effort to streamline the process to get school supplies for our students for the upcoming school year, the Base Exchange has created a large "back to school" display case near the entrance of the Main BX. This area holds all the school supplies needed and lists are available for parents to select what supplies are needed per grade. Pre-packaged school supplies for the upcoming school year will not be on sale at the school. All parents are highly encouraged to purchase school supplies early.

Information Assurance

Information Assurance are measures to protect and defend information and information systems by ensuring their availability, integrity, authenticity, confidentiality and non-repudiation (ability to confirm source of transmission and data). It includes providing for restoration of information systems by incorporating protection, detection and reaction capabilities. It also includes the protection of information systems against unauthorized access or information corruption and encompasses computer security communications security, and those measures necessary to detect, document, and counter such threats. (AFDD 2-5) For more information about IA contact the Wing Information Assurance Office at 535-2232 or e-mail 65cs.scxs@lajes.af.mil.

Youth Sports Physicals

The clinic will conduct sports physicals from 7:30 a.m. to 4:30 p.m. Aug. 20 at the clinic. The deadline to schedule an appointment is Aug. 18. Call 535-3261.

Lajes Field

Unlike other USAFE bases, Lajes is not an Air Base; rather, it is just called Lajes Field. This is a common mistake because most people are used to Air Force Bases overseas being called an Air Base opposed to an Air Force Base as they are in the States. Air Base No. 4 hosts the U.S. Air Force and the base belongs to the Portuguese Air Force. Personnel assigned to Lajes should be certain their correspondence reflects this information and does not say Lajes Air Base, as that is incorrect.

Lajes Salutes

□ Congratulations to Lajes promotees for August. Promoted to Airman: **Dustin Johnson**, 65th Medical Support Squadron. Promoted to Airman 1st Class: **Steven Lettieri**, 65th Medical Group. Promoted to senior airman: **David Snyder**, 65th Civil Engineer Squadron; and **Ryan Labranche**, 65th Communications Squadron. Promoted to staff sergeant: **Nickolas Marxsen**, 65th CS; and **Elijah Reynolds**, 65th CS. Promoted to technical sergeant: **Carrie Abernethy**, 65th Mission Support Squadron. Promoted to master sergeant: **Carey Holcomb**, 729th Air Mobility Squadron. Promoted to senior master sergeant: **Ed Canino**, 65th Mission Support Group.

□ Kudos to the Sharp Award Winners for July. The Sharp Airman Award Airman's category winner is **Senior Airman Matthew Knox**, 65th Communications Squadron. The Sharp Airman award NCO category winner is **Tech. Sgt. Rebecca Arguello**, 65th Medical Operations Squadron.

□ **Achieving Top Levels At Sponsorship**, or **ATLAS**, is a monthly USAFE award program designed to recognize organizations who achieve a top quality sponsorship program. For July, the award

goes to the **65th Security Forces Squadron**.

□ Congratulations to the Quarterly Award winners recognized July 29. Category I – Portuguese Civilian of the quarter is **Elma Mendonca**, 65th Mission Support Group; Category I – US Civilian of the quarter is **Annelia Waters**, 65th Medical Group; Category II – Portuguese Civilian of the quarter is **Ricky Baptista**, 65th Medical Group; Category II – US Civilian of the quarter is **Dawn Barker**, 65th Mission Support Group; The Honor Guard member of the quarter is: **Staff Sgt. Nicholas Anderson**, 65th Logistics Readiness Squadron; The military member volunteer of the quarter is: **Alexander Bambao**, 65th Mission Support Group. The civilian/spouse volunteer of the quarter is **Trina Phillips**. The Airman of the quarter is **Senior Airman Miranda Wood**, 65th Medical Group. The NCO of the quarter is: **Staff Sgt. Susan Sooknanan**, 65th Mission Support Group. The SNCO of the quarter is **Master Sgt. Scott Sojak**, Wing Staff Agencies. The CGO of the quarter is **Capt. Richard Palmer**, 65th Medical Group.

Praia Fest wraps up this weekend

Today

10 p.m. – Children's parade "Alice in Wonderland" (main street)

11:30 p.m. – Concert by concert bands from Pico and Faial (main square)

11 p.m. – Concert by Portuguese rock band "Xutos & Pontapés" (old soccer field)

Midnight – Performance by Flamenco Group (waterfront)

Saturday

1 p.m. – Boat regatta in Praia Bay

5 p.m. – Paintball Challenge Cup – Speedball tournament (location TBA)

6 p.m. – Street bullfight next to Modelo Superstore

9 p.m. – karate demonstration (location TBA)

9:30 p.m. – Parade of children's marching groups (main street)

11 p.m. – Forth Annual Praia Blues Festival featuring the U.S. blues band "Roomful of Blues (old soccer field)

Midnight – Concert by Portuguese pop music band from Santa Maria "Ronda da Madrugada" (waterfront)

Sunday

1:30 p.m. – Canoeing regatta in Praia bay

4 p.m. – Praia Fest triathlon competition (waterfront)

6 p.m. – Bullfight at Praia's main beach

10 p.m. – Parade of marching bands (main street)

11 p.m. – Forth Annual Praia Blues Festival featuring the U.S. blues singer Lonnie Brooks (old soccer field)

Midnight – Concert by band "Los Cubanitos" (waterfront)

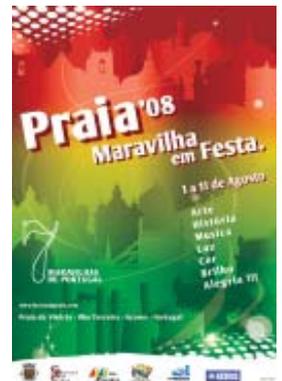
Monday

1 p.m. – Running of the bulls (Gervasio Lima Street)

10 p.m. – Parade of International Folklore bands (main street)

11 p.m. – Performance by the several international folklore bands (waterfront)

Midnight – Fireworks over Praia bay





Today	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
<p>2 p.m. Local National Town Hall Meeting with Col. Briggs, theater</p> <p>5 p.m. Last chance to sign up for the Build a Boat challenge</p> <p>4 p.m. Snow Cone Family Olympics, family involvement event, CDC</p> <p>7 p.m. Kung Fu Panda (PG)</p> <p>10 p.m. Get Smart (PG-13)</p>	<p>11 a.m. Bowling Center open</p> <p>Noon Library open - still time to earn Extreme Summer Points</p> <p>Noon Bowl for 25 cents each game</p> <p>7 p.m. Kung Fu Panda (PG)</p> <p>9:45 p.m. Check out Praia Fest activities - See schedule on page 3</p> <p>10 p.m. Get Smart (PG-13)</p>	<p>9 a.m. Evangelical Service</p> <p>9 a.m. CCD</p> <p>10:30 a.m. Mass</p> <p>Noon Library open - stop by for CDs, movies and books</p> <p>Noon Praise Service</p> <p>2 p.m. Bowl for 25 cents each game</p> <p>2 p.m. Kung Fu Panda (PG)</p> <p>7 p.m. Get Smart (PG-13)</p>	<p>Portuguese Holiday - AAFES facilities, library, community center and housing office closed</p> <p>11 a.m. Dining Facility features lunch specials</p> <p>5:20 p.m. Body Sculpting Class, fitness center</p> <p>6 p.m. Spin Class, fitness center cycle room</p>	<p>10 a.m. EDIS Playgroup, LYP</p> <p>10 a.m. Thrift Store open</p> <p>1 p.m. Community Center Seamstress available</p> <p>5:20 p.m. Step Class, fitness center</p> <p>5:30 p.m. Mongolian BBQ, TORC</p> <p>6 p.m. Spin class</p>	<p>10 a.m. Thrift Store open for consignments and sales - stop by to shop or volunteer</p> <p>10 a.m. Library open</p> <p>Noon Pool open - enjoy swimming before they close Aug. 25</p> <p>5:30 p.m. Hands on Picture Framing, Arts & Crafts</p> <p>6 p.m. Open Volleyball</p>	<p>Tomorrow is a Portuguese Holiday and USAF Family Day - plan accordingly, because although may be off, things will be closed</p> <p>Noon Pool open</p> <p>2 p.m. Thrift Store open until 6 p.m.</p> <p>5:30 p.m. Picture Framing class</p> <p>7 p.m. Kung Fu Panda (PG)</p>

Community Events

International Folklore Festival: The 24th Annual International Folklore Festival of the Azores will take place Sunday through Aug. 16. The festival will feature 12 folklore bands, including eight foreign groups from Columbia, France, Italy, Spain, Poland, the Czech Republic, Serbia and Hungary, three from mainland Portugal and one from the Island of Pico. All groups will parade in Praia 9:30 p.m. Monday as part of Praia Fest and will conclude their performances on the island Aug. 16 at Angra's bullring. Admission is free for all performances.

Praia Fest: Praia Fest events run through Monday. See schedule page 3.

A&FRC 535-4138

Smooth Move Seminar: 2 to 4 p.m. Monday and Aug. 25. This informative seminar helps prepare personnel for an upcoming PCS move. Orders not required.

Create an Effective Resume: 9 to 11:30 a.m. Wednesday. Creating an effective resume is the key to finding and being competitive for your dream job.

Community Center

Squadron Build-A-Boat Challenge: 3 to 6 p.m. Aug. 22, at the pool. One team per squadron. Teams must sign up by today at the community center. 535-5216.

Community Center Hours: Open from 8 a.m. to 6 p.m. Today and Saturday and Tuesday through Aug. 9.

Fitness Center 535-6126

3-on-3 Basketball Tournament: The fitness center will host a tournament at 11 a.m. Aug. 16. Deadline to sign up is Aug. 15.

Services August Hours

Bowling Center Hours: Closed Monday and Tuesdays and open 11 a.m. to 7 p.m. Wednesday through Sundays.

Top of the Rock Club Hours: For the entire month of August, the Enlisted Lounge will be open from 4 to 11 p.m. Tuesday through Saturday. The Coffee Shop will be open from 7 a.m. to 1:30 p.m. Monday through Saturday.

Oceanview Closed for Breakfast: The Oceanview Island Grill will not be open for breakfast for the month of August. The hours for August will be 11 a.m. to 11 p.m. daily.

Girl Scouts

Summer Camp: The Lajes Girl Scout Camp is 9 a.m. to Noon Aug. 18-22 at the base chapel. To register, e-mail lajesgs@gmail.com, list the name, age and parent contact number. This year's theme is "Girl Scout Olympic Journey." The cost is \$25.

Portuguese Holidays

Portuguese Holidays: AAFES, the base library, community center and the housing office will be closed Monday and Aug. 15 for holidays. Additionally, the commissary will be closed Aug. 15.



**UCI Countdown
30**

*Days remaining
until Lajes Field's
Unit Compliance
Inspection*

UCI Goal #4: Instill long-term
commitment to excellence, not just
short-term compliance.

DoDDS

New School Year: Aug. 25 is the first day of school for grades 1-12.

Free/Reduced Lunches: Applications for school year 2008-2009 can be obtained at the 65th MSG office in T-100, the A&FRC, or the school offices. You may also e-mail tammy.williams@lajes.af.mil or call 535-6104 for an electronic version. Note: Families who participated in the program last year need to re-apply.

School Bus Transportation: Families who live off base should e-mail tammy.williams@lajes.af.mil or call 535-6104 for a 2008-2009 school bus registration form. Parents with students requiring bus transportation need to complete an application and receive a bus pass each school year.

AF Marathon

The 12th annual USAF Marathon will take place Sept. 20 at Wright-Patterson Air Force Base in Dayton, Ohio. In addition, a 5K race will take place Sept. 19 at Wright State University. USAF members are authorized PTDY to participate in this event and runners are encouraged to create unit or base teams. Visit www.usafmarathon.com for more information.

Classified Ads

E-mail classified ads to news@lajes.af.mil by 5 p.m. the Thursday prior to the week you need it published. Notify the Crossroads when items have been sold. Lajes personnel may also post ads at Lajesads.com. This site is not affiliated with the Crossroads or the Air Force.

For Sale: Cosco White metal toddler bed w/ mesh side rails connected. Fits standard size crib mattress. Asking \$40 without mattress and \$65 with mattress. 295-549-819