



Lajes Kindergarten's brought all other classes to their feet as they made their way down the halls Oct. 31 during their story book parade. (Photo by Angie Erickson)

Watching for suspicious activity everyone's responsibility

By Tech. Sgt. Christin Michaud
65th ABW Public Affairs

Suspicious activity can happen anywhere. In fact, it is happening at Lajes Field on a reoccurring basis.

"Incidents are being reported routinely," explained Special Agent Tracy Jones, Air Force Office of Special Investigations, Det. 516.

Eagle Eyes is an Air Force-wide Community Integrated Force-Protection program to deter terrorism by recognizing and reporting pre-attack activities.

"Housing residents are the best individuals to observe suspicious activity," explained SA Jones.

Eagle Eyes is an initiative to bolster "neighborhood watch" programs applicable to on- and off-base populations to enable immediate communication and analysis of suspicious activities.

The program offers members of the community the opportunity to be part of the anti-terrorist team.

When troops and civilians know what to look for and how to report suspicious activity, terrorist acts can be prevented.

Recognize and report all of the follow-

ing incidents of terrorism planning and execution:

❑ **Surveillance** – Someone recording or monitoring activities, including use of still and video cameras and other vision-enhancing devices.

❑ **Elicitation** – Anyone attempting to gain information using mail, fax, phone or in person about military operations or people.

❑ **Tests of Security** – Any attempts to measure reaction times to security breaches or to penetrate physical security barriers or procedures.

❑ **Acquiring supplies** – Purchasing or stealing explosives, weapons, ammunitions, uniforms, decals or any other controlled item.

❑ **Suspicious Persons Out of Place** – People who don't belong.

❑ **Dry Run** – Putting people into position and moving them about without actually committing a terrorist act.

❑ **Deploying assets** – Suspicious people and supplies getting into position



to commit unknown acts.

"When reporting an incident, pay special attention to the individual's personal appearance, possessions and the vehicle identifying information such as make, model, color and plate number," encouraged SA Jones. This includes the 5 Ws and H: Who, What, When, Where, Why and How?

This is similar to the requirements of SALUTE reporting (AFMAN 10-100, pg. 95).

"Be as specific as possible in regard to a suspects activities and direction of travel," he added.

"Details like approximate height, weight, hair and eye color of the individual, as well as notable features and mannerisms are extremely beneficial in bolstering our force protection efforts," SA Jones stressed.

Report all suspicious incidents by calling the 65th Security Forces Squadron at 535-3222 or OSI at 535-4180.

(Information courtesy of AFOSI)



Alcohol NCO shares story of his first stripe

By Tech. Sgt. Josh Franklin
65th ABW safety office

Some of you may know me as the safety guy and the Rising VI President. I'd like to tell you a bit about another side of me. I lost the first stripe I ever had due to underage drinking.

I was 20 years old at the time, lived in the dorms, and just couldn't wait another couple months to let loose and have a few drinks ... and I got caught. I was handed a razor blade to cut off my one and only stripe and went to start my 30 days of extra duty. As I cut the threads off of both sleeves, I felt utter humiliation and embarrassment. I wore my blues more times during that two-month period than I care to remember ... and so did my supervisor, and her supervisor.

I want you to know what I went through because I never want to see another Airman go through the same thing. For this brief moment, I want you to taste my humiliation and embarrassment ... so you may NEVER be in the same position that I was. Tell your peers; tell your subordinates — no "mistake" with alcohol is worth the fun that may be had.

Did I recover from this? I think so, but only because I listened to some great

mentors and set some goals for my life. My supervisor encouraged me to go to school, get involved in the community, etc. My first stripe taught me that making the right decision matters. Do whatever it takes to remember this message. Remember my simple story so you don't have to tell yours someday.

Alcohol-related incidents are on the rise at Lajes.

Remember:
-80 percent party throttle
-Nothing good happens after midnight
-Have a plan and follow it
-0-1-3 — Never drink and drive, limit alcohol to one drink an hour and three drinks per night

Anyone who has had too much to drink can call the LADD van for a ride home at 964-955-992.

The Top 3 offers a Home Safe program where anyone who has had too much to drink can use their card for a free ride home in a cab which the Top 3 will reimburse. To get your card back for future use you need to reimburse the Top 3.

What to do when getting 'Pink Eye'

By Maj. Eva Walker
65th Medical Operations Squadron

During the initial symptoms of "pink eye" or viral conjunctivitis, your eyes may feel itchy, watery, scratchy, irritated or light sensitive.

They will look red or "pink" and the eyelids may be swollen. You may wake with them "stuck shut" or with a lot of "crusties"



Photo illustration by Tech. Sgt. Jeremiah Erickson

on the eyelashes. Often the symptoms start in one eye and later move to the other eye. You may have had symptoms of a cold or sore throat in the past few weeks.

As for treatment, antibiotics are for bacteria not for viruses. Treatment is focused on reducing your symptoms and increasing your comfort. Because viral conjunctivitis (pink eye) is very contagious, keeping your hands clean and being careful not to spread germs is important. Stay home if your eye is very watery. Wash your hands often. Rest and drink plenty of

fluids — take your vitamins, eat chicken soup and drink orange juice; take care of yourself!

We are all individuals. Any combination of the following can help keep you comfortable until your body fights off the virus: cold compresses, artificial tears, eye drops to "get the red out" (may sting but can help decrease

swelling) or for allergies (helps with itchy feeling), and if you have cold symptoms as well as eye symptoms, your favorite cold medicine may make you feel better. Wear sunglasses if your eyes are bothered by bright lights.

Pink eye lasts about two weeks with or without treatment, just like colds do. Try these suggestions to help keep yourself or your children comfortable during the return to health. Remember — keep hands and face clean, stay home and rest — take care of yourself!

535-4240
actionline@lajes.af.mil

The Commander's Line is your link to me for suggestions, kudos and as a way to work

problems or issues within the 65th Air Base Wing for which you can't find another solution.



Col. JL Briggs

Your chain of command should always be your first option for praise or problems — but when that's not the answer, call or e-mail the Commander's Line at 535-4240 or actionline@lajes.af.mil.

Col. JL Briggs
Commander, 65th Air Base Wing



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Editorial Staff

Col. JL Briggs
Commander, 65th Air Base Wing

Capt. Shilo Weir
Chief, Public Affairs

Tech. Sgt. Christin Michaud
NCOIC, Public Affairs

Eduardo Lima
Community Relations Adviser



Good to Know

Rotator changes

The DC-8 will depart an hour earlier from Baltimore Washington International enroute to Lajes and back until further notice. Please plan accordingly.

The showtime for departures on the 767, the Patriot Express mission to Norfolk, Va., has changed from three hours prior to take off to two hours prior to take off.

The 767 which traditionally departs Lajes for Norfolk, Va. on Fridays will depart on Tuesday, Nov. 20, Thanksgiving week.

For more information, call the passenger terminal at 535-3227.

Straight Talk Line

The number to the Lajes Field Straight Talk Line is 535-3542 or 295-573-542. This line is updated during emergencies, Force Protection Condition changes and more. For more information on the Straight Talk Line, call 535-3347.

SARC

Capt. CJ Vaca is the Sexual Assault Response Coordinator. He is located in Bldg. T-112 in the first entrance on the right before reaching the stairs.

The Sexual Assault Prevention and Response Program was created to address the issue of sexual assault and to foster a culture of prevention. The SARC is the source of allowing personnel to report sexual assaults confidentially under the restricted reporting option. To report a sexual assault or for details about the program, call 535-SARC (7272).

Factors impacting cost of living allowance COLA survey available online

By Maj. Christopher Nutting
65th Comptroller Squadron commander

This month a Living Pattern Survey is being conducted for military members assigned to Lajes Field. Here is information to help you understand why this is important and why you should take the time to complete the survey at <http://www.perdiem.osd.mil/oscola/lps/portugal/>.

When arriving overseas you should have noticed an additional item on your pay statement entitled cost of living allowance. The cost of living allowance is intended to help OCONUS members maintain an equal purchasing power overseas when purchasing goods and services similar to those in the United States. It's designed to offset the higher prices of goods and services located around most overseas locations.

Multiple factors impact the amount of COLA received: your grade, number of dependents, years of service and location are just a few. Additionally, some "not so obvious" economic factors also come into play. These include the Living Pattern Survey, Retail Price Schedule, currency fluctuations and spendable income.

The amount is driven by two major surveys. The first survey is the Living Pattern Survey which is open to all overseas service members during the survey period. The LPS is web-based and conducted once every three years. This survey asks where you shop and asks that you attach a percentage to the amount of shopping you do both on and off base. The second survey is the Retail Price Survey conducted annually collecting the prices of 120 goods and services such as fruits, vegetables,

clothing, auto insurance and childcare costs, etc. Lajes Field's RPS will be conducted in December. The surveyed stores are compiled from the shopping trends indicated on the LPS. These costs are then compared to similar items in the United States and if the costs are greater than in the United States, a COLA is paid.

Another factor contributing to COLA fluctuations is foreign currency changes. The U.S. dollar typically strengthens or weakens against foreign currencies daily, but that doesn't necessarily translate into a daily COLA change. Because of the constant fluctuation in currencies members will either be overpaid or underpaid COLA for about half of the year. This is done to provide stability in the member's pay check and over the course of the year COLA will balance out. For extreme instances, COLA does have the built-in flexibility to adjust as often as every two weeks based on the exchange rate. For fluctuations in the exchange rate, COLA is adjusted only for the portion of income that the member spends in the overseas economy and not for their entire base pay.

The beginning of each fiscal year brings another COLA change based on a member's Spendable Income. SI is comprised of an average service member's total regular military compensation minus housing allowances, taxes, savings, life insurance, gifts and contributions.

The bottom line is that COLA is there to help you maintain the same purchasing power overseas as you would have in the United States. You should plan for COLA fluctuations in your personal budgets.

Lajes Salutes

□ Way to go to Team Lajes' promotees for November: *To Airman First Class:* **Brittany Davis**, 65th Medical Operations Squadron; **Robert Kozakiewicz**, 65th Security Forces Squadron; **Trymond Rubin**, 65th Services Squadron; **John Shaw**, 65th Comptroller Squadron, and **Misty Skiles**, 65th SFS; *To Staff Sergeant:* **Nicholas Anderson**, 65th Logistics Readiness Squadron; **Dane Koss**, 65th SFS; **Melody Porter**, 65th Medical Support Squadron; **Aisha Smith**, 65th Medical Operations Support Squadron. *To Master Sergeant:* **Larry Arnold**, and 65th LRS; **Michael Deleon**, 65th MDSS.

□ Congratulations to the **65th Operations Support Squadron** for winning the ATLAS Award. The award recognizes organizations who achieve a top quality sponsorship program.

□ Kudos to Airman **Nicole Roberts**, 65th Services Squadron who scored an excellent with a 90.75 and Senior Master Sgt. **Lynn Bond**, 729th Air Mobility Squadron who scored a 90.5 on the PT test.

□ Way to go Senior Airman **Nicholas Anderson**, 65th LRS who scored a 95 percent on his CDC end of course test.

□ Congratulations to the members of FTAC Class 08-A: Airman **Max Dane**, 65th Civil Engineer Squadron; Airman 1st Class **Patrick Roars**, 65th CES; Airman 1st Class **Kaylon Dunn**, 65th Communications Squadron; Airman 1st Class **Joshua Hoffman**, 65th CS; Airman **Walter Humko**, 65th CS; Airman **Kenny Sequeira-Dasilva**, 65th CS; Airman 1st Class **Anthony Garcia**, 65th SFS; Airman 1st Class **Gilbert Herrera**, 65th SFS; Airman 1st Class **Eric Dutra**, 729th AMS; and Airman 1st Class **Rhianon Magana**, 729th AMS. Essay Award Winner: Airman Garcia, Professional Pride Award Winner: Airman Dutra.



Movie Schedule

Today, 7 p.m. – Mr. Woodcock (PG-13); **10 p.m.** – Halloween (R)
Saturday, 7 p.m. – Mr. Woodcock;
10 p.m. – Resident Evil: Extinction (R)
Sunday, 2 p.m. – Mr. Woodcock; **7 p.m.** – Resident Evil: Extinction
Thursday, 7 p.m. – Halloween
Synopsis: Visit www.aafes.com/ems

In The Community

Half Marathon: There will be a half marathon at 10 a.m. Sunday departing from the marina of Praia da Vitoria to Porto Martins and back. Showtime is 9:30 a.m. To sign up or for details, call 966-744-217 or 912-840-124.

Around Lajes

Photos with Santa: The community center will offer photos with Santa from 6 to 8 p.m. today and 1 to 3 p.m. Saturday at the Sun and Sand Hut.

Base Housing Facilities Excellence Day: Housing Self-Help will be open Saturday. Flowers, plants, shrubs, rocks for bordering, grass seed, top soil and tools to loan for the planting, shovels, rakes, hoes and more will be available for free in Bldg. T-521. Limits may be set for even distribution. For details, call 535-6251.

Enlisted Spouses Club November Meeting: 6:30 p.m. Tuesday at JG's (CE's Compound- Pass Bldg. T-570, turn right- JGs is Bldg. T-568) We will be playing Bunko, and having a Make it, Fake it, Bake it or Grow it Auction. Bring an item to auction off. All enlisted spouses are welcome. Feel free to bring a friend. If you need directions or a ride, e-mail lajes_esc@yahoo.com.

Turkey Trot 5K Run: There will be a 5K at 7:30 a.m. Nov. 16 at the fitness center. The first place male and female will win a turkey. Anyone running for time must register by 7:15 a.m.

Airman Leadership School Graduation: The Class 08-A Graduation Ceremony is 6 p.m. Nov. 16. To sign up or for details, call 535-6140.

AWANA Children and Youth Club: AWANA is a nondenominational, Bible-centered youth organization. The Club at Lajes meets from 6 to 8 p.m. Tuesdays, for ages 3 through 12th grade. For details, call 535-4211.

Family Child Care providers: FCC Providers offer free care for PCS, volunteer time, Extended Duty Mission Requirements and Returning Home Care. The A&FRC determines eligibility and

provides coupons for PCS and volunteer care. First sergeants and the FCC coordinator provide eligibility information on Extended Duty and Returning Home Care. For more information, call first sergeants or the FCC coordinator at 535-1332.

Pentagon Federal Credit Union: Some members have mistaken PFCU's Web site when visiting URLs with similar names. An example of one of these sites is <http://www.pentagoncreditunion.com>. These sites may advertise loans and savings products, but are not associated with the credit union. Members should only trust Pentagon Federal's official Web site: <http://www.penfed.org>. For more information, call 295-513-221.

Veterinarian on the Island: A veterinarian is scheduled to be here from Nov. 26 to Dec. 7. For appointments, call 535-3134.

Oceanview Serving Breakfast: The Oceanview serves breakfast from 6:30 to 11 a.m. Monday through Friday.

Jobs/Volunteer

Services NAF positions: For a list of vacancies, visit <http://www.lajes-services.com/jobs/jobs2.doc> or call 535-5200/6582.

Facility Closure

Housing Flight Closure: The Housing Office, FMO and Dorms Management will close from noon to 5 p.m. Nov. 16. For immediate assistance, call 963-643-022 or 967-932-374.

Mission Support Squadron closure: The 65th Mission Support Squadron will be closed from noon to 5 p.m. to Nov. 16 for an official office function. For emergency services, contact Senior Master Sgt. Jack at 961-143-265.

Education

University of Oklahoma: Earn a Master's in Human Relations in 16-24 months from OU. Spring registration is in progress. For details, call 535-3171.

AFCT/AFOQT: The MPF will administer the Armed Forces Classification Test Thursday and the Air Force Officer Qualification Test Dec. 3. To sign up, e-mail james.souther@lajes.af.mil at least two days prior to test date.

DLPT: Computer based testing for Chinese-Amoy, Tagalog, Thai, Vietnamese, German, French, Italian, Hebrew, Cambodian, Indonesian, Hungarian, Dutch, Swedish, Swahili, Bulgarian, and Danish is now available via CBT: S:\MSS\65 MSS Education Flight\DLPT\DLPT List Oct 07.doc

Armchair Quarterback

Congratulations to week nine winner Peter Pollock. This week's You Don't Know Jack Winner is Michael Flores.



"I can't believe you let a foreigner beat you at your own game! Go Bows!"

—Peter Pollock

E-mail picks to news@lajes.af.mil before kickoff Sunday. In the case of a tie, a winner will be decided by who picks the closest combined score of the Monday Night game.

Free Excel Classes: The A&FRC is offering Beginning Excel from 2 to 3:30 p.m. Wednesday. Intermediate Excel is scheduled for 2 to 3:30 p.m. Thursday at the A&FRC. For details or to sign up, call 535-4138.

Embry Riddle Aeronautical University Term II Classes: MGMT 322 Aviation Insurance – Nov. 26 to Dec. 2. Deadline to sign up is Nov. 16. For more information, call 535-3375.

Lajes American School

Lajes American School Pick-up and Drop-off Procedures for Students: From 7 to 8 a.m. and 2 to 3 p.m. the lane in front of the school is designated for pick-up and drop-off of students only. During these hours only school personnel may park inside the gate. No cars are to be left unattended. Parents should pull cars to the front of the line when dropping off students and not pass other cars loading or unloading students. Younger students are not to cross the main road or walk in front of cars unless they are holding the hand of an adult.

Classified Ads

E-mail classified ads to news@lajes.af.mil by 5 p.m. the Thursday prior to the week you need it published. Notify the Crossroads when items have been sold. Lajes personnel may also post ads at Lajesads.com. This site is not affiliated with the Crossroads.

For sale: Living room set for sale. Three seat couch, love seat, lazy boy recliner, coffee table and two end tables all for \$400. Call 295-90-3049 or 965-19-9078.

Children's items needed: Mothers of Preschoolers need donated exersaucers, baby swings, or bouncy seats to use for child care during MOPS meetings. Our growing group of toddlers is 'toddling' all over our babies. Call Becky Heerema at 535-1440 leave message.

Wanted: Donations - clothes, shoes, toys, books, household items, etc. All donations are used for the Lajes High School sports teams to raise money for travel. Will pick up donations, e-mail lajes15@yahoo.com. Thank you for your support.