

Atlantic Crossroads

Vol. 11, No. 43 • October 27, 2006 | Lajes Field, Azores, Portugal | In the Fight!

65 ABW ORI 2007



Lajes Is In The Fight!

ORI Countdown 143

Days remaining until
USAFE IG Team
hits the ground for
the 65th ABW's first
Operational Readiness
Inspection

Tip of the Week

- An array of ORI information and resources can be found at the Lajes Intranet site at <https://info.lajes.af.mil> under the "ORI 2007" tab.

Courtesy of
65th ABW Inspections

Force Protection



Current FPCON: Alpha
Threat Level: Low

Weather Forecast

Saturday

Cloudy
High 70
Low 63



Courtesy of the
65th OSS Weather Flight

Daylight Saving Time

Don't forget
to set your
clocks back
one hour
Sunday.



Halloween bag making

Dina Costa, 11, helps Ariana Thomas, 3, make a Halloween bag during a visit to the Liveramento Orphanage in Angra Saturday. See Page 8 for an article on how the Portuguese celebrate Halloween and a list of Halloween events taking place here in the coming week. (Photo by Staff Sgt. Timothy Sanford)



Lajes NCO wins \$4,500 scholarship

By Staff Sgt. Marcus McDonald
65th Air Base Wing
Public Affairs

A Lajes noncommissioned officer competed against 165 entries and won a \$4,500 scholarship for taking third place in the 2006 Air Force Club Membership Contest.

Tech. Sgt. Raynelle Signorotti, NCOIC of the 65th Mission Support Squadron Manpower and Organization Flight, said she submitted the essay but never expected to garner the \$4,500 prize.

Lt. Col. Julie Harmon, 65th MSS commander, said it was her privilege to nominate Sergeant Signorotti's essay for the club membership scholarship.

"This Air Force-level competition was fierce," the colonel said. "I'm thrilled but not surprised her essay 'Proud to Be an American,' which recounted personal stories that shaped and molded her pride in her family, her Air Force and her country, was a winner."

□ Editor's note: Below is the essay Sergeant Signorotti submitted on July 4 to win the \$4,500 scholarship.

"Proud To Be An American"

Raynelle Signorotti

Proud to be an American; it can mean a variety of things to people.

Ask anyone, and I'm sure they'll provide a story that defines their patriotism.

As I look back, reflecting on my life, it seems I've always had a sense of pride in being an American.

From reciting the pledge of allegiance, to standing as our flag passed by during a parade. I've always carried this sense of pride with me.

Today, nothing confirms it for me greater than the pride I feel by serving our country in the Air Force.

My father served in the Air Force, and I'm honored to have followed in his footsteps. He was proud when he drove me to my first duty station, and I was too. I was eager to start my journey into the Air Force, knowing little about what lay ahead for me. I can honestly say the experiences I've encountered have changed me forever.

I was proud to attend basic training, and sang "Proud To Be An American" by Lee Greenwood with fellow recruits.

I loved being stationed with the Air Force Thunderbirds and watching them fly.

I was also honored to have the poem I wrote about our flag, chosen as the one to be read during our Noncommissioned Officer Academy graduation.

It has been great moments like these that have highlighted my career, strengthening my sense of patriotism.

Nothing sealed my pride greater though, than the day a tragedy struck our unit.



Col. Jeffrey Derrick, 65th Air Base Wing vice commander, presents Tech. Sgt. Raynelle Signorotti a check last week for winning a \$4,500 scholarship after submitting her essay into the 2006 Air Force Club Membership Contest. (Photo by Staff Sgt. Marcus McDonald)

A fellow Airman had died; a coworker of mine. Krystal was a young woman with a bright future ahead of her, and suddenly, she was taken away.

My first sergeant approached me and asked if I would assist with taking Krystal back home to her parents.

Without hesitation I said, "Yes, it would be an honor."

Before I knew it, I was traveling, taking Krystal home to her family.

While my emotions varied, I couldn't focus on them. This trip had to be perfect; I owed it to Krystal.

Every detail was attended to in solemn silence. When the ribbons on Krystal's uniform needed adjustment, it was with honor that I secured them.

Once neatly in place, I took great care to make sure

everything else was also. Pride and devotion were taken; ensuring the flag that draped her casket was flawless.

In the end, the gratitude and heartfelt appreciation of her parents and family confirmed the trip had gone as I had planned...perfectly.

It's ironic how the hardest thing I ever did, made me the proudest. I was never more proud to be an American than during that moment.

So, on this Fourth of July, I realize my definition of pride has changed.

Through my service, I've realized the pride I felt was not just a sense I had. That pride had become something stronger; a part of me.

It has truly molded me into the person I am today, and I like to think I am a better person for it.

Crossroads

The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads. The 65th ABW Public Affairs Office (Unit 7710, APO AE 09720), is located in Bldg. T-100, Room 240.

This funded Air Force newspaper is an authorized weekly publication for members of the U.S. military services overseas. Contents of the Crossroads are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

The Crossroads staff encourages its readers to call, fax or e-mail with ideas or corrections. Call 535-2369 to speak to the Crossroads editor, fax information to 535-6326 or e-mail news@lajes.af.mil.

Crossroads Editorial Staff

- Col. Robert Winston** Commander, 65th Air Base Wing
- 1st Lt. Shilo Weir** Chief, Public Affairs
- Staff Sgt. Christin Michaud** NCOIC, Public Affairs
- Staff Sgt. Marcus McDonald** Editor, Crossroads
- Eduardo Lima** Adviser, Community Relations



Two new programs guide enlisted force shaping

Air Force officials in Washington announced Oct. 16 two additional enlisted programs to help support current force shaping efforts to reduce 40,000 active-duty Airmen.

The programs, a date of separation rollback and a limited active duty service commitment waiver, join the current tools of reducing the number of accessions into the enlisted force, career job reservations and the NCO retraining program.

"It's important for Airmen to understand why we are cutting 40,000 from our ranks," said Chief Master Sgt. of the Air Force Rodney J. McKinley. "We must recapitalize and modernize our force while staying within our budget constraints. Having the right number of people saves money, allowing us to divert those dollars to maintain our technological edge and make us an overall more efficient Air Force."

The DOS rollback applies to enlisted Airmen with certain re-enlistment ineligibility codes or assignment availability codes. These individuals will be required to separate from the force by March 15, 2007. The DOS rollback specifically affects Airmen with less than 14 years or more than 20 years of service.

The LADSC Waiver Program allows retirement-eligible master and technical sergeants in overage AFSCs to have all or portions of an extension waived and voluntarily retire by Sept. 1, 2007. Waivers can be granted for extensions due to promotion, PCS, attending professional military education, technical training, Air Force educational leave of absence, and Bootstrap.

While the Air Force needs to implement these additional enlisted force shaping pro-



Chief Master Sgt. of the Air Force Rodney J. McKinley speaks to a group of Airmen. (Courtesy of Air Force Print News)

grams to help meet endstrength numbers, Chief McKinley stressed the goal remains to have a balanced force and to ensure the right people are in the right job at the right time.

"We would like it if we didn't have to do this, but there's no other place for us to get the money," said Chief McKinley. "We had to make this tough decision."

Force shaping initiatives affecting officers were announced earlier this year and Air Force officials continue to monitor the success of those programs.

"It's important to keep in mind what force shaping is all about: The present and future state of the Air Force," said Lt. Gen. Roger A. Brady, deputy chief of staff for manpower and personnel. "We have to balance our (force) for now and the coming years to have the kind of force we need to win the long war we are in now and be prepared for whatever comes next."

Unlike commissioned officers, enlisted Airmen are not being offered separation incentive pay because it's not currently authorized by law.

"Congress allows us to offer monetary incentives to officers, but there's no provision to pay enlisted Airmen," said Chief McKinley, "Back in the early '90s the Air Force was granted the authority to offer financial incentives to enlisted members. Today, we will work to reach our numbers through the current programs."

Chief McKinley stressed Airmen should fully understand the opportunities and implications of the force shaping initiatives.

"Knowing the options in regard to retraining or special duty assignments can allow Airmen to remain in our Air Force and provide us with a balanced force to meet the demands of the current war and those in the future," the chief said.

The chief has personal experience in meeting Air Force needs through retraining. He has held positions as a medical technician, aircraft mechanic and first sergeant.

"I love the Air Force and everything about it," he said. "It didn't matter to me which (air force specialty code) I was in — I was going to do the best job I could do and serve my country. Airmen today are facing a similar situation and difficult choices. But if they want to continue serving in the U.S. Air Force, there may be ways for them to do that."

The chief also wants to ensure Airmen don't think the Air Force is just becoming a smaller force. "We are changing to become a leaner force, more capable of doing more things through streamlined processes and career fields," said Chief McKinley. "The Air Force as a whole is changing, and force shaping is a part of that." (Courtesy of Air Force Print News)

Safety ... first, last, always

	USAFE Reportable Motor Vehicle Mishaps			USAFE Reportable Motor Vehicle Mishaps		
	Yearly Average (FY 2001-2005)			FY 2006		
	Motorcycles	Automobiles	Fatalities	Motorcycles	Automobiles	Fatalities
31 FW	4	11	2	6	8	1
38 CSW		2		1	4	1
39 ABW		1			1	
48 FW	2	7	1	1	3	1
52 FW	2	9	1		7	1
65 ABW		1			1	
86 AW	2	4	1			
100 ARW	1	1			2	
435 ABW	1	5			7	1
501 CSW		1		1	2	
HQ	1	2			1	
USAFE Total	13	44	5	9	36	5

Motor vehicle incidents continue to be the single greatest threat to our USAFE family. More than 65 percent of the mishaps in the command are caused by either excessive speed as it relates to the road conditions and by drivers simply not paying attention. Watch your speed and stay alert as you travel. Defensive driving and vigilance remain the primary countermeasures against accidents, but they only work if you use them.

Commander's Line

The Commander's Line is your direct link to me for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution.



Your chain of command should always be your first option for praise or problems — but when that's not the answer, call the Commander's Line 535-4240 or e-mail actionline@lajes.af.mil.

Col. Robert Winston
Commander
65th Air Base Wing



Lajes aims to boost its club membership

By Staff Sgt. Marcus McDonald
65th Air Base Wing
Public Affairs

Only having been on the island for a little more than a month, the Top of the Rock Club's new general manager is spearheading a campaign to take club membership at Lajes to new heights.

Kent Jenkins, 65th Services Squadron, said Team Lajes currently boasts the highest member percentage at all U.S. Air Forces in Europe installations with 75 percent of officers and nearly 50 percent of enlisted being members.

Mr. Jenkins said the benefits associated with being a club member are "tremendous."

"Members-First Discounts on lunch and evening dining to special functions and catered events, the Air Force Scholarship

Program, a 25-day grace period on all purchases, select military free cash and a choice of reward programs are just some of what you can take advantage of as a club member," he said.

The TORC's Squadron Club Membership Contest continues through Nov. 3. As part of the competition, the squadron signing up the most new members will receive the following: 1st place, \$100; 2nd place, \$50; and 3rd place, \$25 off their holiday parties at the TORC.

Mr. Jenkins said great activities are in store for all current and future club members.

"I am currently instituting members-only events such as pool tournaments, dart tournaments and Texas Hold 'Em tournaments," Mr. Jenkins said. "I can't see why anyone wouldn't to become a club member, especially while they're here at Lajes."

Lajes Salutes

Congratulations to the following award winners of Lajes Airman Leadership School Class 07-A: Levitow Award – **Senior Airman Kenneth Linstrom**, 65th Communications Squadron; Academic Award – **Senior Airman Chantel Hawley**, 65th Operations Support Squadron; Distinguished Graduate – **Senior Airman Dana Spradling**, 65th CS; and Leadership Award – **Senior Airman Jennifer Grafton**, 729th Air Mobility Squadron.

Way to go to the following graduates of Lajes Airman Leadership School Class 07-A: **Senior Airman Chantel Hawley**, 65th Operations Support Squadron; **Senior Airman Mathew Clifford**, 729th Air Mobility Squadron; **Senior Airman Tyler Roberts**, 65th Communications Squadron; **Senior Airman Christopher Deering**, 65th CS; **Senior Airman Kenneth Linstrom**, 729th AMS; **Senior Airman Michael Kowalski**, 65th CS; **Senior Airman Jennifer Grafton**, 65th Logistics Readiness Squadron; **Senior Airman Jessica Fiebig**, 65th CS; **Senior Airman Novi Demiar**, 65th OSS; **Senior Airman Bradley Hofstetter**, 729th AMS; **Senior Airman Andrew Eckholm**, 65th LRS; **Senior Airman Dana Spradling**, 65th CS; **Senior Airman Anthony Sherard**, 65th Civil Engineer Squadron; **Senior Airman Christopher Cuthbert**, 65th CS; **Senior Airman Lucas Custer**, 65th CS; **Senior Airman Michael Mathews**, 65th CES; and **Senior Airman Justin Wheeler**, 65th Mission Support Group.

Congratulations to **Lisa Adkins**, who won \$500 during Four Corners competition at the Top of the Rock Club.



New AB4/CC

(Left) Portuguese Air Force Chief of Staff Gen. Manuel José Taveira Martins passes the Portuguese flag to Col. Silvio José Pimenta Sampaio during the Air Base No. 4 Change of Command Ceremony Tuesday in front of the Portuguese Terminal. Colonel Sampaio (above) came from Lisbon where he served as the director of Multilateral Relations, Department for the Ministry of Defense. (Photos by Guido Melo)



Food excellence

Airman Marc Romero, shift leader, prepares a mixture of green beans and mushrooms Monday at the Tradewinds Dining Facility. A food division team from the U.S. Air Forces in Europe Headquarters at Ramstein Air Base, Germany, visited Lajes this week as part of a two-day inspection. Lajes is competing against Incirlik Air Base, Turkey, to be the 2006 USAFE Food Excellence Award winner. That winner will represent the command at the Air Force level and compete for the John L. Hennessy trophy in February. (Photo by Staff Sgt. Marcus McDonald)

Horn of Africa troops working to stem terror

By Donna Miles
American Forces Press Service

Doing good in the Horn of Africa is a key to ensuring that terrorism doesn't gain a foothold in the region, the commander of Combined Joint Task Force Horn of Africa told visiting civilian leaders in Djibouti last week.

In this impoverished part of the world that struggles with disease, drug running, human trafficking, smuggling and pockets of extremism, the best way to fight terrorism is to stop it before it takes root, Navy Rear Adm. Richard Hunt told participants in the Joint Civilian Orientation Conference.

"The conditions out there to support terrorism are ripe," Admiral Hunt told the group of business, academic and community leaders. "Our job is to diffuse that situation."

As Admiral Hunt sees it, the United States and its coalition partners have two basic choices.

"Africa is the new frontier that we need to engage with now, or we are going to end up doing it later in a very negative way," he said.

Some 1,800 members of CJTF-HOA are engaging now as they help bring stability, security and hope to the region, Admiral Hunt told the civilian leaders.

CJTF-HOA was initially formed in November 2002 as a seafaring force aimed at blocking terrorists fleeing Afghanistan from establishing a new safe haven in Djibouti, Admiral Hunt told the group. But within six months, the task force moved ashore and its mission morphed into a blend of military cooperation, military-to-military training and humanitarian assistance over a massive, eight-country region.

Admiral Hunt calls this work "phase zero" of warfare, aimed at preventing the conflict before it starts.

"What we're trying to do here is change the conditions and the environment people exist in to keep that kind of conflict from happening," he said.

Part of those efforts goes toward ensuring host nation militaries have the capabilities they need to defend their governments. Special operations forces in Djibouti travel throughout the region, teaching not just military skills, but also about human rights and the law of armed conflict — relatively foreign concepts for regional militaries, Admiral Hunt told the group.

The JCOG program was created in 1948 to introduce civilian "movers and shakers" with little or no military exposure to the armed forces.

"Africa is the new frontier that we need to engage with now, or we are going to end up doing it later in a very negative way."

Rear Admiral Richard Hunt
Commander,
Combined Joint Task Force Horn of Africa

Assignment listing available

The Enlisted Quarterly Assignment Listing for overseas requirements for the July to September 2007 cycle will be available Nov. 3.

Airmen need to work through their military personnel flights, commander's support staff or vMPF to update their preferences by Nov. 17. Airmen will be notified of their selection by Dec. 15.

EQUAL advertises upcoming as-

signment requirements by Air Force Specialty Code and rank. Members must review, prioritize and update their assignment preferences based on the EQUAL list.

Airmen can view the list on the Assignment Management System on the Air Force Personnel Center's secure Website or at the local MPF. (Courtesy of Air Force Personnel Center Public Affairs)



Chaplain (Lt. Col.) Stephen Blair celebrates Daily Mass at the Chapel Wednesday. (Photo by Senior Airman Tabitha Kuykendall)



Roy Swanson, keyboardist and pianist, plays a tune during the last Gospel Extravaganza at the Lajes Chapel. (Photo by Staff Sgt. Marcus McDonald)

Chapel helps keep Lajes spiritually fit to fight

By Staff Sgt. Marcus McDonald
65th Air Base Wing Public Affairs

Mind. Body. Spirit.

From worship services to an array of fellowship and leadership opportunities, the Lajes Chapel staff and their volunteers help ensure warriors and their families assigned here are fit to fight — spiritually.

Delivering spiritual fitness to members of Team Lajes for the purpose of “glorifying God, honoring Airmen and serving all” is the primary mission of the Chapel, according to Chaplain (Capt.) Richard Anderson.

Chaplain Anderson emphasized the importance of spiritual fitness by quoting former U.S. Army Chief of Staff Gen. George C. Marshall.

“I look upon the spiritual life of the soldier as even more important than his physical equipment,” the general commented. “The Soldier’s heart, the Soldier’s spirit, the Soldier’s soul are everything. Unless the Soldier’s soul sustains him, he cannot be relied upon and will fail himself and his country in the end.”

Chaplain Anderson said the soul, just like the muscles, must be exercised to remain strong.

“A person must exercise physically to get and stay in shape, and a person must exercise himself or herself mentally in order to maintain mental prowess,” he

said. “Likewise, the soul must be exercised, as well, in order to maintain spiritual readiness.”

Col. Robert Winston, 65th Air Base Wing commander, said spiritual readiness helps warfighters surpass and thrive on the sacrifices and challenges that come.

“When you consider the demands made upon our character as warfighters, you understand that we must be prepared physically and mentally to win every fight our country puts us in,” Colonel Winston said. “My strength for anything I do is based on my level of spiritual readiness, which gets me through the good times and the challenges.”

Colonel Winston said he was proud of Lajes’ team of chaplains, staff members and volunteers.

“Not enough can be said about volunteers for any endeavor, but the efforts of chapel volunteers go a long way to help our community on base and also in the local community,” he said.

He then mentioned the services provided by off-base groups that serve the Lajes community’s spiritual needs.

“American and Portuguese groups off base also serve and partner with us to help us be all we can be,” the colonel said. “I appreciate their contributions to our team as well.”

Lt. Col. Derek Grimes, 65th Air Base Wing, said he enjoys the sense of commu-

nity he feels at the Chapel.

“It doesn’t take long to get to know everyone that regularly attends a service, and they really become your extended family,” he said. “We love the music and the various programs offered at the Chapel.”

Colonel Grimes said many people come to Lajes and want to make it a better place. He said a great place to start is at the Chapel.

“If you are looking for meaningful relationships here at Lajes, a great place to make them is at the Chapel,” he said. “If you are just bored and looking for something to do, check out the Chapel. If you feel like there is something missing in your life, stop by the Chapel; that is where you will find it.”

Capt. Derec Hudson, 65th Medical Operations Squadron, said the Lajes Chapel provides his family an outstanding place to worship and improve their spiritual fitness.

“We take advantage of every opportunity to use the services and programs offered by the Chapel,” he said. “These services have also greatly improved over the past several months. The Chapel leadership, staff, and many volunteers are doing a great job.”

Captain Hudson said the Chapel’s youth programs provide the greatest benefit to his family.



Staff Sgt. Ryan Miller (above) and other members of the Body of Praise worship team (below) perform at the Gospel Extravaganza. (Photo by Staff Sgt. Marcus McDonald)

"I have four children, and they are all involved with Chapel youth activities," he said. "The activities are fun and run by volunteers, who themselves usually have children in the programs."

"The life-essential knowledge that my children gain is helping mold their character, morals, and values for the present and the future," he continued. "This knowledge will have the lifetime effect of making them better people and citizens."

Tech. Sgt. Jeremiah Erickson, 65th Communications Squadron, said the Chapel provides a "buffet of choices" to help him and his family mature and enjoy constant fellowship opportunities.

"Life is about finding balance as we face an ever-changing military mission and it's important that we are mentally, physically and spiritually fit," Sergeant Erickson said. "The Air Force has been generous in providing such a resource. When we take advantage of such an awesome opportunity, we are that much

Chapel

For information about services provided by the Lajes Chapel or off-base groups and churches, call 535-4211.

closer to being 'in the fight.'"

Lt. Col. Dianna Brown, 65th ABW, said the Chapel offers people assigned here a family-oriented atmosphere.

"The Chapel is a place where you get to know people you wouldn't otherwise get to know in a very low-key and friendly environment," she said. "It's also a great place to get involved in a wide variety of ministries to include Sunday school, nursery, choir, media, usher, children's church and so on."

Angie Miller, Pentagon Federal Credit Union, said Lajes chaplains are always available.

"They have a very welcoming attitude toward people and have genuine concern for their daily lives," she said. "We have found it a blessing to be at the Chapel."

Staff Sgt. Ryan Miller, drummer for the noon service's



Body of Praise worship team, said he enjoys the recent restructuring of Chapel services, which involved combining two services – Gospel and Contemporary – into one Praise service at noon.

"Because of the restructuring, we have come closer to being a more unified body of Christ," Sergeant Miller said. "It has turned into an awesome blend of the many cultural and worship-style diversities in our churches today. Regardless of your personal background, you'll leave being ministered to and enriched."

Pastoral care is provided for all members of Team Lajes through Biblical counseling services, whether the counseling needed is pre-marital or marital counseling, crisis or trauma counseling, or spiritual counseling.

Also included is religious education, deployed ministry, unit visitation, as well as ministries for children, youth, singles, women, and men.

From mind to body to spirit, the Lajes Chapel staff and their volunteers are available to keep Team Lajes spiritually fit to fight.



Pão por Deus, similar to Halloween, is celebrated by locals

By Eduardo Lima

65th Air Base Wing Public Affairs

Question: Do the Portuguese celebrate Halloween? I've also heard the Portuguese have a similar tradition on All Saints Day. What is it about?

Answer: The Portuguese people don't have an ingrained tradition of celebrating Halloween, although in recent years some parts of the country, including the Azores, started to celebrate it in the form of people dressing in Halloween costumes and participating in parties at bars, clubs, etc.

On the other hand, there's no tradition of trick-or-treat here on the island or anywhere in the country but many local children, especially those who live in the

towns surrounding Lajes Field, join the American children in the Halloween tradition.

This is probably a practice that began some decades ago when some of the local children didn't have access to American candy or other sweets and saw the Oct. 31 tradition at Lajes as an opportunity to taste something that was not usually in their reach.

There is, however, another occasion when the Portuguese also dress in costumes and wear masks, but is in no way related to Halloween. It happens during the three days and nights of Carnaval or Mardi Gras in the Azores, especially on Terceira Island.

It is during this tradition, which is held in February or March that some people dress in the Halloween-like costumes and take advantage of the old tradition to play tricks and make fun of certain situations.

Some regions of Portugal, especially in the Azores, also celebrate an old tradition on All Saints Day, Nov. 1, called "Pão por Deus," which is somewhat similar to trick-or-treat, although with a different meaning and without the wear of special costumes.

On the morning and part of the afternoon of All Saints Day, children go door-to-door asking for donations saying "Pão por Deus" (food in the name of God). Today the donations are mainly in the form of candy, sweets and small change, but some years ago the kids received pastries, bread, chestnuts, fruits and even other goods.

This is an old tradition probably related with the purpose of giving alms to the poor on All Saints, a day to thank God for and also to honor and remember deceased relatives and friends.

Focus on safety this Halloween

By Staff Sgt. Joshua Franklin

65th Air Base Wing Safety

Halloween is a holiday filled with costumes and candy. The two most common injuries on Halloween night are pedestrian mishaps and falls caused by costumes.

Kids are four times more likely to be hit by a car on Halloween than any other night of the year, according to Safe Kids, USA.

The excitement of the night can cause children to dart out into the street. To prevent this from happening, parents should teach children to walk and not run near traffic, stop at all street corners and look both ways before crossing.

Placing reflective stickers on bags and costumes, using flashlights or reflective belts is crucial.

Security Forces officials ask residents to limit driving in the housing areas to only mission essential requirements between the hours of 6 to 8 p.m. Tuesday. If driving is necessary, reduce speed to 5 MPH.

Children come in all different sizes ... and so do their costumes. Masks can obstruct vision and make it hard to see anything at all.

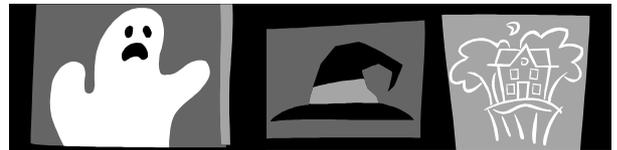
For costumes, consider face paint instead of a loose-fitting mask.

If a mask is part of a costume, cut larger eyeholes in masks. Also be certain swords and other props are flexible in case of a fall and trim or adjust the costume to prevent tripping.

Knowing how to cross the street safely and having a costume that fits is just the beginning.

Young children must be accompanied by an adult.

Trick or treaters should be mindful of these safety tips and have a great time.



Halloween Activities

👻 **Lajes Youth Program Costume Party:** The Friday social will be a Halloween party from 6 to 9 p.m. The teens will also have a Halloween party from 9 p.m. to midnight.

🐾 **Pet costume contest:** Pets can compete in a costume contest from 11 a.m. to 1 p.m. Saturday at the youth center soccer field, weather permitting. Prizes will be awarded for costumes as well as a raffle. Categories include large, medium, small dogs and cat category. For more information, call Cari Gardiner-Hall at 535-3855.

👻 **Trick or Treat Extravaganza:** The TORC will host trick or treaters from 6 to 8 p.m. Monday. There will be door prizes, games, a piñata station, photo booth, 1,000 pounds of candy and a lot of spooky fun. Open to all, free event. For details, call Teresa Cordle or Kent Jenkins at 535-6156/3202.

🎳 **Bowling:** Halloween Costume Moonlight Open, Saturday from 8 p.m. to midnight. Adults with costume \$1.50, shoes \$1, child \$1, shoes \$1. For more information, call Luci Lima at 535-6169.

👻 **Costume contest:** The TORC will host a Costume Contest at 9 p.m. Saturday. There are prizes for the best and worst costume. Judging takes place at midnight. Menu items include: socket poppers, dead man fingers, bloody toes and bat wings. There will be drink specials. For details, call Teresa Cordle or Kent Jenkins at 535-6156/3202.

👻 **Trick or Treating in housing:** Trick or Treating will be 6 to 8 p.m. Tuesday in base housing. People who do not wish to participate or run out of candy may hang a sign on their door that reads: NÃO HÁ REBUÇADOS. Beira Mar gates 2, 3, and 4 will close at 5:30 p.m. Security Forces will begin sweeping housing areas at 8:05 p.m. Please be certain children are inside by then.

What are you going to be for Halloween?



Name: Zain
Age: 4
"NASCAR driver"



Name: Emmayra
Age: 3
"A princess"



Name: Brady
Age: 3
"Buzz Light Year"



Name: Finnian
Age: 3
"Bob the Builder"



At the movies

Today

7 p.m. – Invincible starring Mark Wahlberg and Greg Kinnear. When the coach of Vince Papale's beloved hometown football team hosted an unprecedented open tryout, the public consensus was that it was a waste of time – no one good enough to play professional football was going to be found this way. Certainly no one like Papale – a down-on-his-luck, 30 year old, substitute teacher and part-time bartender who never even played college football. *Rated PG for sports action and mild language (104 minutes).*

10 p.m. – The Wicker Man starring Nicolas Cage and Ellen Burstyn. Police officer Edward Malus stops a station wagon to return a little girl's lost doll. Moments later, a runaway truck slams into the station wagon, igniting it into a fiery wreck with the mother and child trapped inside. Edwards fails to save them before the car explodes – and then spends months of his life choking down pills to get the image of their faces out of his head. But Edward is about to get a second chance. *Rated PG-13 for disturbing images, violence, language, thematic issues (98 minutes).*



Saturday

3 p.m. – Invincible

7 p.m. – Idlewild starring Andre Benjamin, Antwan Patton. Set against the backdrop of a 1930s southern speakeasy, Percival, a shy piano player, and Rooster, the club's showy lead performer and manager, struggle to keep their dreams alive. *Rated R for violence, sexuality, nudity and language (121 minutes).*



Sunday

2 p.m. – Invincible

7 p.m. – The Wicker Man

Thursday

7 p.m. – Idlewild

□ **Editor's note:** *Movie schedule subject to change.*

SFS Blotter

STRAY ANIMAL

DATE: Sunday

LOCATION: Nascer do Sol

SUMMARY: The complainant notified the Security Defense Control Center to report there was a stray canine jumping on people in Nascer do Sol.

Security Forces scanned the canine for a microchip and met with negative results. Security Forces transported the stray canine to the Outdoor Kennel.

Food and water were provided for the animal as well as a lock to secure the canine until it was transported to the Vet Clinic on Monday.

THEFT OF PRIVATE PROPERTY

DATE: Oct. 20

LOCATION: Praia

SUMMARY: The complainant reported a theft had taken place. He stated that between the evening of Oct.19 and the evening of Oct. 21 a member's house was burglarized.

The complainant stated he is watching the member's house while she is deployed.

He said he went to the member's residence on Oct. 19 to pick up bills and noticed nothing out of the ordinary.

He stated that when he arrived at the house on Oct. 21 he noticed a slight breeze, and went to investigate the breeze when he noticed a broken window and missing property.



OFF-BASE BURGLARY

DATE: Oct. 12

LOCATION: Porto Martins

SUMMARY: The complainant telephoned the SDCC to report that unknown person(s) broke into her residence in Porto Martins.

The complainant reported that she left her residence the night before. She also stated her residence was secure when she left.

Upon arrival to her residence the next morning she noticed her front window was broken.

She also noticed a few articles of clothing, shoes, cosmetic items and a hair dryer were stolen.

Estimated value of goods is \$300.

Jenny, the military spouse

Not a yard sale...





PLANNER

□ **Editor's note:** Submission deadline is Thursday one week prior to publication. E-mail announcements in normal text with event, location, date, time, point of contact's full name and phone number/e-mail address to news@lajes.af.mil.

Community

Praia festival: Praia's Cultural Festival, Outono Vivo (Living Autumn) begins today and continues through Nov. 5. One of the festival's highlights will include a book fair inside one of the tents that was used for the food fair during Praia Fest. It is located next to the marina. The fair will be open daily from 10 a.m. to midnight. Other events include: Workshops and conferences featuring several themes; expositions located throughout the city of Praia; and concerts by different bands and plays in the Praia Theater and the book fair tent. Outono Vivo will also feature an International Folk and Jazz Music Festival beginning Wednesday and continuing through Nov. 4 in the Praia Theater. It will feature artists from mainland Portugal and Japan.

Miscellaneous

Home-buying seminar: The Lajes Airman & Family Readiness Center holds this seminar from 3 to 5 p.m. Tuesday. Participants will get information on renting, buying, affordability, mortgages and more. Space is limited. To sign up, call 535-4138 today.

Wingman Day: Scheduled for Nov. 3 with a kick-off formation run beginning at 7 a.m. the AEF ramp. Numerous other activities are being planned. Call Capt. Lisa Tauai at 535-1293 for more details.

2nd Annual School Age Family Feast: From 11 a.m. to 12:30 p.m. Nov. 9 at the Lajes Youth Center. Parents are encouraged to attend. Call Diana Sousa at 535-3273 for details.

Auditions: The Enlisted Spouses Club holds auditions for February's Murder Mystery Dinner Theater from noon to 3 p.m. Nov. 4 in the Community Activity Center. There are nine parts for both men and women. For details, e-mail angela.dodge@lajes.af.mil.

Thanksgiving Buffet: 11 a.m. to 2 p.m. Nov. 23 in the TORC. Cost is \$15.95 for adults; \$8.95 for children ages 5-12; and free for ages 4 and under. Club members receive a \$2 discount.

Call 535-3202 today to reserve a seat or for more information.

United in Love: This support group, which takes place from 5:30 to 7 p.m. Thursdays in the Lajes Chapel, is for wives with deployed husbands. Dinner will be served and watch care for children will be provided. Massages and more "pamper me" gifts will also be available. Call Amy Phillips at 295-549-788 for more details.

Post office checks, money orders: The Lajes Post Office no longer accepts personal checks and/or cash money orders. Call 535-3389 or 535-4251 for more details.

Mama's Milk & Me: This breastfeeding support group meets the third Saturday of each month at the Lajes Airman & Family Readiness Center. Call the A&FRC at 535-4138 or Billie Curry at 295-543-008 for more details.

A&FRC open on U.S. holidays: The Lajes Airman & Family Readiness Center is open all U.S. holidays from 8 a.m. to 5 p.m. with limited services. Team Lajes can use the facility to make "1-800" calls or visit the Internet Café.

Alcoholics Anonymous: AA meetings take place at 8:30 p.m. Tuesdays in the basement of the Lajes Base Chapel (T-305). This is an English-speaking meeting. For more information, call 295-513-297.

Spiritual Fitness

Catholic worship services: CCD (through May), 9 a.m. Sundays; Sunday Mass, 10:30 a.m.; daily Mass, 11:30 a.m. Mondays through Thursdays.

Protestant worship services: Evangelical service, 9 a.m. Sundays; Sunday School (through June), 10:30 a.m.; Praise service, noon Sundays.

Call 535-4211 for more information.

Education

Online OU courses: On-line course enrollments with the University of Oklahoma begin Nov. 1. For more details, call Cheryln Christensen at 535-3171.

UMUC Term 2 registration:

Registration with the University of Maryland University College for both online and on-site courses continues through Oct. 27. Call 535-4187.

UOF: The University of Phoenix offers the MBA and several Master of Arts in Education programs at Lajes. Classes are only six weeks long and students can earn their degree in less than 24 months. No thesis or entrance exams is required. This month, people interested in starting their graduate degree can save more than \$200. Call Etleva Davis at 535-1970 or e-mail her at etleva.davis@phoenix.edu.

Lajes Schools

HS yearbook advertisements: Lajes American School is selling advertisements to help decrease the cost of the 2006-2007 yearbooks. A full-page advertisement costs \$100; half page, \$50; and quarter page, \$25. This will allow organizations and units to be forever remembered in the yearbook. Call Nadja Evans at 535-6443 or e-mail nadja.evans@eu.dodea.edu for more details.

School Web site: Visit Lajes American School's Web site at <http://www.laje-ehs.eu.dodea.edu> for the latest school information.

Limited schooling options: Department of Defense Dependents Schools - Europe will have limited DoD schooling options in the United Kingdom beginning in school year 2007-2008. Visit <http://www.eu.dodea.edu> for a listing of DoD schools in the UK.

Jobs/Volunteer

TolTest Incorporated: TolTest Inc. has an immediate job opening for an assistant quality control manager. Construction knowledge is required. Candidates preferably degreed in engineering or other technical program and must possess knowledge of Microsoft Office and Adobe. Job responsibilities include visual inspections, measuring, basic report writing and material tracking. Electrical controls knowledge preferred, but not required. DEROs must be after January 2008. Applicants can e-mail their resume to dan.firsdon@toltest.com.

Classified Ads

E-mail classified ads to news@lajes.af.mil by 5 p.m. Thursday prior to the week you need it published. Remember to notify the Crossroads staff when items have been sold.

Free cat to good home: 3 years old, female, spayed with sweet personality. Loves attention. Likes being only cat in house. Call Jenny at 295-549-8111 if interested.

Car for sale: 1990 Eagle Talon. U.S. specs. Automatic. 140,000 miles. Excellent sound system w/ detachable CD player. \$2,200 firm. If interested, call Marcus at 295-579-626 and leave a message or e-mail marcus.mcdonald@lajes.af.mil.

Two vehicles for sale: 1990 Opel Calibra. 195,000 Kms. Red German sports car. Turbo. Extremely fast 240 Kph/149 Mph+. CD player. New windshield. Runs great. \$3,100 OBO. 1990 Peugeot 205 160,000 Kms. Over 500 Euro spent on new suspension. CD player. Runs perfect. New tires. \$1,500 OBO. Call 295-549-640 or 961-922-251.

For sale: 1992 Opel Corsa - great car to get around the island! New red paint job and engine work. Bought solely for a secondary mode of transportation and can be available as soon as you want. Nice stereo system with working tape deck and required fog light factory installation. Asking \$1195. Call 535-7272 or e-mail theodore.west@lajes.af.mil.

For sale: 1998 Nissan Altima. U.S. specs. Automatic. 90,000 miles. New brakes and tires. Excellent running condition. Asking only \$6,000. Blue Book value is \$7,000. Call 295-549-749 or 535-1241.

For sale: Green 1997 Camaro. Engine: V6 3.8 Liter Trans: 5 Speed Manual A/C Drive: RWD Mileage: 68,400 Price \$5,200 OBO. Call 919-182-497 or 295-542-279.

2000 Yamaha PW 50, automatic trans. Bought used in '03 for \$1K and used less than 20 hours. Comes with matching kid's helmet, throttle limiter and training wheels. Perfect beginner's bike and Christmas present. Will sacrifice all items for \$650. Call 295-549-248 or e-mail gerald.nunes@lajes.af.mil.

The perfect house for rent! Don't need a car to get to work! Two-bedroom, 1 1/2 bath (huge bathtub!), huge walk-in closet, fenced back yard, attached carport and street parking, small storage building in back yard, brick BBQ pit, second gas range in storage building, 110 and 220V, contemporary style amenities. One minute drive from base, 15 minute walk! Great landlord. House available early-November, everyone can afford! E-mail donna.mccallum@lajes.af.mil or call 968-095-916 or 295-543-339 or 535-6349.

TV series for sale: The Shield: season 1, \$25; season 2, \$25; season 3, \$30; season 4, \$30; or all seasons, \$100; Oz: season 1, \$20; season 2, \$20; season 3, \$25; season 4, \$25; season 5, \$35; season 6, \$40; or all seasons, \$ 125; Six Feet Under: Season 1, \$20; Medium: season 1, \$15; House: season 1, \$20; 24: season 3, \$15. Call 295-549-248 or e-mail gerald.nunes@lajes.af.mil.

Full body waxing for women and men (with exceptions). Very personal and clean service. Comfortable and relaxing atmosphere. Call Sera anytime for an appointment at 295-549-826.



Find a trail, break monotony of running

By **Ricky Baptista**

Lajes Fitness Program manager

If you wonder what type of exercise you'll need to do to burn calories, control your weight, increase endurance and encourage an overall healthy lifestyle, running is the answer.

Self-discipline that goes along with a regular running schedule will also help in other aspects of your life.

The biggest barrier for most people is the monotony of running because, for many, it's a chore to run a 5K or laps around a track.

Trail running has the benefit of sight seeing, and usually involves groups of people so it's something you can do with friends.

As with anything in life, there are benefits and consequences.

Running on trails is a great way to turn an exercise routine into an adventure but the consequences can also be more serious. The risk of spraining an ankle, falling down, losing your balance and dehydration are all increased.

Common sense should always prevail in any exercise routine.



Sight seeing is one of the benefits of trail running. (Courtesy photo)

Some tips for first-time trail runners are:

- Go with somebody who has experience
- Do not go alone
- Bring water
- Bring a cell phone

- Don't push too hard or overexert yourself

Trail runs should be fun so don't make it a race. Take time and enjoy the great outdoors instead.

Armchair Quarterback Challenge

Each week during football season, the *Crossroads* publishes a list of the National Football League games of the week for Team Lajes to predict. The person with the most correct picks will win an AAFES coupon.

The No. 1 ranked Armchair Q.B. each week will get his or her name and photo published in the *Crossroads* and we'll also print any smack talk the winner chooses to submit.

Week 7 was a tough week. Congratulations to Week 7 winner, **Troy Bowling**, who missed five. Now for the losers -- they get the honor of the "You Don't Know Jack" award. This week it goes to **Wayne Parsons** from the Chapel and **Paul Granholm** from the 65th Communications Squadron, who both missed nine.

"I have four words for Adrian Lara, Lyle Riley, and anyone else that wants to challenge the champ: I WIN, YOU LOSE! Yahtzee!!!"



Troy Bowling
AFN Lajes

Game Schedule

Week 8

- | | | |
|--------------------------|------------------------------|--------------------------|
| <input type="checkbox"/> | Arizona at Green Bay | <input type="checkbox"/> |
| <input type="checkbox"/> | Atlanta at Cincinnati | <input type="checkbox"/> |
| <input type="checkbox"/> | Baltimore at New Orleans | <input type="checkbox"/> |
| <input type="checkbox"/> | Houston at Tennessee | <input type="checkbox"/> |
| <input type="checkbox"/> | Jacksonville at Philadelphia | <input type="checkbox"/> |
| <input type="checkbox"/> | Seattle at Kansas City | <input type="checkbox"/> |
| <input type="checkbox"/> | San Francisco at Chicago | <input type="checkbox"/> |
| <input type="checkbox"/> | Tampa Bay at N.Y. Giants | <input type="checkbox"/> |
| <input type="checkbox"/> | St. Louis at San Diego | <input type="checkbox"/> |
| <input type="checkbox"/> | Indianapolis at Denver | <input type="checkbox"/> |
| <input type="checkbox"/> | N.Y. Jets at Cleveland | <input type="checkbox"/> |
| <input type="checkbox"/> | Pittsburgh at Oakland | <input type="checkbox"/> |
| <input type="checkbox"/> | Dallas at Carolina | <input type="checkbox"/> |

Monday Night's Game

- | | | |
|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | New England at Minnesota | <input type="checkbox"/> |
|--------------------------|--------------------------|--------------------------|

Total Points for Monday's Game

Editor's note: Bring picks to the Public Affairs office in Room 240 of Bldg. T-100 or e-mail them to news@lajes.af.mil. Submissions must be made before the opening kickoff to the first game on Sunday. In the case of a tie, a winner will be decided by who picks the closest combined score of the Monday Night game.



(Above) The Green Team's Brigitte Brantley is thwarted by the Red Team's Amy Wagner in the 2006 Powderpuff Homecoming Game Oct. 20 at the Security Forces fields. (Right) Alexa McMonagle, No. 28, is assisted by Mercedes Prand, No. 5, in returning an interception for the Red Team. The Red Team went on to defeat the Green Team 30-12. This was Lajes American High School's second Powderpuff football game in school history. The game helped wrap up Spirit Week.



Students put school spirit on display



(Above) Coaches, from left to right, Dylan Brooks, Kyed Najdawi and Chris Erwin hold a banner prior to kickoff urging their Red Team onto victory. (Right) Amanda Babb, far left, and Leslie Gann, No. 2, both cheerleading coaches, encourage the boy cheerleaders, from left to right, Tom Costin, Michael Lehman, John Allan and Joel Marte as part of the game's half-time entertainment. A bonfire capped off the evening's festivities.



Photos by
Staff Sgt.
Marcus
McDonald