

# Atlantic Crossroads

Vol. 11, No. 10 • March 10, 2006 | Lajes Field, Azores, Portugal | In the Fight!



## Teaming up in the interest of safety

*Lt. Col. (Dr.) Miguel Santos, from the Air Base No. 4 Health Center and Staff Sgt. Crystal Goff, 65th Medical Group Force Health Management, demonstrate proper use of ear plugs Monday while Carla Costa translates. The medical group passed out more than 60 pairs of hearing protection to Portuguese Air Force workers in the carpenter and diesel shops. Both clinics participated in an Occupational Health Working Group where they teamed up to ensure everyone on base has the proper protective gear. The group is scheduled to deliver ear plugs to the maintenance shops as well. (Photo By Maj. Kai-Wood Ma)*

### Senior

*Seven selected for Senior Master Sergeant*

*Page 4*

### Rumble

*Don't miss the Rumble on the Rock Saturday*

*Page 10*

### Lajes Weather

#### **Saturday**

*Mostly cloudy with late rain  
High 63  
Low 59*



#### **Sunday**

*Morning showers  
Partly cloudy  
High 63  
Low 54*





## Women: Building communities, dreams

By **Airman 1st Class Kara Torres**

1st Operations Support Group

**LANGLEY AIR FORCE BASE, Va. (AFPN)** — Since the beginning of time, women have played an important role in human existence. We are daughters, sisters, wives, mothers, grandmothers, aunts, mentors and teachers.

Mothers can magically heal a “boo-boo” with a kiss and a bandage; they say the right things to mend a broken heart or provide a hug or a shoulder to cry on.

But women are not only emotional, loving creatures.

When American Soldiers were sent to the world’s aid in World War I, women stepped up to the plate to take care of America, rear children, take care of the home — all while manufacturing and shipping desperately needed items for the war.

Passionate women have also disguised themselves as men in order to be a part of worthy

causes, such as Joan of Arc during the French Revolution or Sarah Emma Edmonds (aka Frank Thompson) in the American Civil War.

History is loaded with headlines regarding women making a difference in the world and leaving their mark in the hearts of people forever. My focus is on the Air Force, where many firsts have been recorded in history. According to the March 2002 issue of Airman magazine, the following women made great strides:

— First woman to cross Atlantic Ocean solo (1932), Amelia Earhart

— First woman in the Air Force (1948), Staff Sgt. Esther McGowin Blake

— First woman to break the sound barrier (1953), Jacqueline Cochran

— First female chief master sergeant (1960), Chief Master Sgt. Leslie McGowan

— First female promoted to general (1971), Brig. Gen. Jeanne Holm

— First female chaplain (1973), 1st Lt. Lorraine Potter

— First female test pilot (1974), Capt. Leslie H. Kenne

— Women became Basic Military Training Instructors (1975)

— First female Air Force Academy cadet (1976), Joan Olsen

— First women (10) graduate Air Force Undergraduate Pilot Training, Williams Air Force Base, Ariz. (1977)

— First Hispanic female graduates AF Academy (1980), Linda Garcia Cubero

— First secretary of the Air Force (1993), Sheila Widnall

— First female to fly combat missions (1995), Capt. Martha McSally

— First female space shuttle commander (1999), Col. Eileen Collins

— First female sniper school graduate (2001), Senior Airman Jennifer Donaldson

— First female Aerial Gunner (2003), Airman 1st Class Vanessa Dobos

— First female Thunderbird pilot (2006), Capt. Nicole Malachowski

Women need not only be recognized and honored for firsts, but should also be commended for their continuing bravery and courage and leadership.

Recently in Iraq, four women helped save a convoy. In another part of Iraq, Capt. LeeAnn Roberts, a coalition military assistance training team leader is the only female out of the 8,000 or so on this particular base. Her job is to train Iraqi recruits to protect their own country.

It’s amazing how far humans have come since the beginning of time, yet we still have so far to go. I doubt there will ever be a day when there will no longer be a “first” record, regardless of age, gender, religion, race or ethnicity. So I encourage each and everyone of you to strive for your dreams, accomplish your goals and be builders of communities and dreams!

## Commander’s Line: *Exchange rate concern*

**Q:** I have a concern I was hoping you could help me with.

I live off base and pay euros for rent. When I get paid from the DFAS for OHA, I get paid in dollars based on the calculated rate of exchange. When I go to exchange them, the rate for euros available at facilities here is less than what I am being paid for. Each month I am paying out of pocket an average of \$50 to exchange the money.

Can the finance office offer military members a place (like the cashier’s cage) to exchange euros for the rate they are paid at? I think this would help the people

who live off base and keep losing money in the exchange.

Thank you for your help.

**A:** Currently, Euro currency is available for purchase from the Services’ Top of the Rock cashier, AAFES customer service, and local Portuguese financial institutes. The TORC and AAFES exchange rates are based on the DoD-wide Military Banking Facility (MBF) rate, the same rate the wing finance flight would be required to use. The MBF rate differs from local banks because the MBF charges a 2.5 percent commission fee to defray the cost of

currency acquisition and delivery to bank customers. To offset this out-of-pocket cost for overseas military members, Overseas Housing Allowance and Cost of Living Allowance are increased an equal amount by including the Accommodation Rate in computations establishing both OHA and COLA. The DoD Per Diem, Travel and Transportation Allowance Committee closely monitors the Euro exchange rate and makes regular adjustments to OHA based on recent historical trend data. In short, your out-of-pocket costs are reimbursed through adjustments to your OHA and COLA.

*The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads. The 65th ABW Public Affairs Office (Unit 7710, APO AE 09720), is located in Bldg. T-100, Room 240.*

*This funded Air Force newspaper is an authorized weekly publication for members of the U.S. military services overseas.*

*Contents of the Crossroads are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.*

*The Crossroads staff encourages its readers to call, fax or e-mail with ideas or corrections. Call 535-3347 to speak to a Crossroads staff member, fax information to 535-6326, e-mail news@lajes.af.mil.*

### *Lajes Field Editorial Staff*

- Col. Robert Winston** ..... Commander
- Capt. Melissa Waheibl** ..... Chief, Public Affairs
- 1st Lt. Michael Hyland** ..... Deputy Chief, Public Affairs
- Staff Sgt. Marcus McDonald** ..... NCOIC, Public Affairs
- Staff Sgt. Christin Michaud** ..... Crossroads Editor
- Eduardo Lima** ..... Community Relations Adviser



## Lajes bids farewell to Maj. Gen. Mimoso

By Ed Lima

Community Relations Advisor

Headquarters Azores Air Zone will hold a change of command on the flightline side of the Portuguese Terminal Building Tuesday.

The commander Azores Air Zone, Maj. Gen. António Carlos Mimoso e Carvalho, will relinquish command to the new commander, Maj. Gen. Alfredo dos Santos Pereira da Cruz during a military ceremony.

This is not the first time General Cruz is stationed at Lajes Air Base. He was the commander of the current 711 flying squadron in the early 90's and came back to Lajes as the Air Base No. 4 commander between September 2000 and October 2002.

General Mimoso e Carvalho assumed the reins of command in March 2004. He emphasizes his two-year tour at Lajes as being very fruitful and positive. "During this time, the professional and excellent relations with the Commanders of both the Air Base 4 and the 65th Air Base Wing allowed us to find the most adequate solutions to overcome many of the situations that came along, contributing to the fulfillment of our missions," he said.

The general also highlights the many achievements that occurred during his tenure at Lajes. "Specifically, in what concerns the relations with the U.S. Forces at Lajes, much was achieved; with emphasis to the strengthening of the ties between all levels of Portuguese and U.S. chain of command, to the special investment in environmental issues and



General Mimoso

finding solutions to the various labor questions," he added.

General Mimoso e Carvalho will leave the island with many memories of the base. "From the long days of work to the more relaxed moments of salutary social events, my memories are touched by the special environment, only possible due to the American presence at Lajes, and therefore with increased value by the enrichment of the cultural exchange," he said.

"My special thank you to the entire force, the U.S. military and civilian personnel, as well as the Portuguese workers, for their service to the mission, to the Wing, to our community and to our nations," the general added.

General Mimoso e Carvalho's next assignment will be as Chief of Military Strategic Planning Division at the Portuguese Armed Forces' Joint Chiefs of Staff Headquarters.

## Everyday Hero

Shelly McCullough-Cruz



**Rank/Name:** Master Sgt. Shelly McCullough-Cruz

**Organization:** 65th ABW/IG

**Duty title:** Installation Exercise Program Superintendent/Exercise Evaluation Team Chief

**Job description (20 words or less):** Responsible for planning, executing and evaluating all wing readiness exercises. Leader of an 86-person evaluation team charged with accomplishing all wing exercise objectives.

**Hometown:** West Los Angeles, California

**Time in the Air Force:** 17 years

**Spouse/children:** Ken, Lucas, Holly, Kenny and Mickey

**What's the best aspect of your job?**

Working with my evaluators and appreciating the extraordinary expertise each one of them bring to the exercise program. Knowing that as a team we posture the entire base populace for all probable emergency crises if the need arises.

**What are your career goals?** To be a positive influence and confident part of the NCO corps

**Best military experience:** Every time I return from a TDY and see my family waiting at the airport

**Life goal(s):** To help those in need

**One word to describe you:** Strong

**Hobbies:** Volunteer work, physical activity and getting into my kids' business

**Favorite food(s):** What ever my husband is cooking that day

**Favorite color:** Don't have one

**Pet peeve:** Weak Leadership

**No one knows:** I was an entertainer for Bob Hope Hollywood USO for two years

**When I was growing up, I wanted to be:** An ambulance driver

**The first thing I would do if I won \$1,000,000 is:** Take my husband on a well-deserved honeymoon, the family on a well-earned vacation and build a home in order to raise my family and foster children



## Main gate to reopen

The main gate will reopen Monday after more than a year of construction. A ribbon cutting ceremony is scheduled for 11:30 a.m. (Photo by Guido Melo)



## Good to Know

### Power outage March 19

There will be a base-wide power outage Sunday from 8 a.m. to 1 p.m. The outage will affect all facilities on base.

The Lajes Field Power Plant is scheduled to start and operate for the entire outage.

Crews will perform required maintenance on the two electrical feeders that supply the base.

### Cell phone usage

Base personnel are not allowed to use cell phones while driving on Department of Defense installations. Vehicle operators and operators of government-owned vehicles cannot use cell phones unless the vehicle is safely parked or unless they are using a hands-free device. Wearing portable headphones, earphones or other listening devices is not permitted. Noncompliance by any U.S. Forces personnel results in issuance of a DD Form 1408, Armed Forces Traffic Ticket.

### MPF move

Due to T-112 renovations, Customer Service has moved to the Mission Support Squadron conference room and Pass and ID has moved to Bldg. T-608. Access to Civilian Personnel is temporarily at the T-112 south entrance. For more information, call customer service at 535-1366.

### USAFE Annual Awards Banquet

Tickets for the U.S. Air Forces in Europe Annual Awards Banquet are available for purchase through Thursday.

The USAFE Annual Awards Banquet will be 6:00 p.m. March 24 at the Ramstein Air Base Officers' Club. Ticket prices are \$27 for club members and \$30 for nonmembers. Ticket prices for the vegetarian option are \$21.50 for club members and \$24.50 for nonmembers.

Tickets may be purchased from wing command chief master sergeants or organization first sergeants.

# Bird flu facts and how to protect yourself

By **Capt. Jonathan Friedman**  
USAFE News Service

Ramstein AB, Germany (USAFENS) — A global outbreak of disease — that is what many people think when they hear the words “bird flu.” But is it really the next pandemic or just “fowl” play?

Properly named avian influenza, this virus has spurred global awareness and growing concerns about the possibility of the virus changing into a form that passes efficiently from person-to-person.

“This specific strain of ‘bird flu’ — also known as H5N1 — has proven itself devastating to domestic poultry wherever it’s been identified,” said Lt. Col. Carol Fisher, U.S. Air Forces in Europe Command Public Health officer. “And although millions of birds have died from this virus, human cases are still rare.”

Colonel Fisher noted that the human cases identified with this strain have primarily been found where people have had close interaction with sick or dead birds that were also infected with the same strain.

Currently, the bird flu virus does not have the ability to spread effectively from human to human. Nevertheless, proper handling of raw poultry and basic personal hygiene can effectively protect a person.

“Studies have found that simple steps, like frequent hand washing with soap and water and good respiratory etiquette, can effectively protect a person from many infections,” said the colonel.

Bird flu can be contracted through the respiratory system and possibly orally (eating raw or undercooked poultry or poultry products). It is primarily spread

by direct contact with saliva, nasal secretions and feces of infected birds.

The colonel said that if a pandemic strain of influenza is identified, a vaccine will take from six to nine months to be developed. However, there are drugs that can help reduce complications of the human infection. Antiviral drugs like Tamiflu can be used to ease symptoms of the virus, if given within 48 hours of initial symptoms.

Outbreaks of bird flu have occurred recently among poultry in a number of countries in Asia, as well as several countries within USAFE, including Germany, France, Romania, Italy, Turkey, Bulgaria and Greece. Human infections with the virus have been reported in Turkey, Thailand, Vietnam, Indonesia, Cambodia and Iraq. These cases have primarily resulted from direct contact with infected poultry or surfaces contaminated with their feces.

Building good body resistance also goes a long way in preventing any type of influenza. This can be achieved through a balanced diet, adequate rest, regular exercise, good personal hygiene and not smoking.

“It’s important that we remember to not only practice good personal hygiene, but that we remain aware of the current situation and use proper food-handling techniques when preparing any raw meat,” she said. “These two practices are always important.”

For more information on avian influenza go to [www.pandemicflu.gov](http://www.pandemicflu.gov).

*(Portions of this story were contributed by Staff Sgt. Melissa Koskovich, U.S. Central Command Air Forces – Forward Public Affairs)*

## Seven promoted to E-8

Six of the 49 eligibles who tested for senior master sergeant were selected for promotion for a Lajes selection rate of 12.24 percent.

The Air Force selected 8.63 percent of the eligible E-7 population for promotion to E-8.

The following Lajes master sergeants were selected for promotion to senior master sergeant:

Dennis Plucinski, 65th Air Base Wing; Donald Andrade, 65th Civil Engineer Squadron; Roger Merkle, 65th Logistics Readiness Squadron; Pamela Crittendon, 65th LRS; Rickey Maddux, 729th Air Mobility Squadron, Lynn Bond, 729th AMS and Daniel Bender who is inbound to the 65th LRS.

Congratulations!





## USAFE announces annual award nominees

**RAMSTEIN AIR BASE, Germany (USAFENS)** – Perhaps after he arrives here March 20 for the U.S. Air Forces in Europe Annual Awards Banquet, Tech. Sgt. Alvaro Magana said the reality may finally settle in that he has been nominated as one of USAFE's most outstanding Airmen.

"When I fly up to Germany it'll start hitting me," said Sergeant Magana, one of seven representatives from the 39<sup>th</sup> Air Base Wing from Incirlik Air Base, Turkey, who will be competing for USAFE honors in the category of Noncommissioned Officer of the Year. The other categories are Airman, Senior NCO, Company Grade Officer, First Sergeant, and Civilian – Categories I and II. USAFE leaders will announce the winners at the USAFE Annual Awards Banquet on March 24 at the Ramstein Air Base Officers' Club.

Winning at USAFE and continuing on for possible Air Force-level honors is a possibility, but simply being among the 83 nominees is a "great honor," said Sergeant Magana, the noncommissioned officer in charge of bioenvironmental engineering with the 39th Medical Group at Incirlik.

"It just made the year for me," said Sergeant Magana, who entered his current job after nine years of special duty at Brooks City-Base, Texas, where he served as a health physics technician and a technical instructor at the school of aerospace medicine.

It was a challenging year making the transition back to his job at the wing level, but Sergeant Magana said he was able to succeed thanks to the same mentorship from his boss and the support from fellow Airmen that probably benefited all of his fellow nominees.

"Last year I never even thought of winning at the wing level," said Sergeant Magana. "It was a great honor just to

win at the group level."

Staff Sgt. Rebecca Baker knows how he feels at this point, and she also knows what's in store for the nominees emotionally during their upcoming week here leading up to the awards banquet.

"It was unbelievable. I'll never forget that week — it was amazing," said Sergeant Baker, who was named the USAFE Airman of the Year for 2004. She said the nominees were made to feel special during a week that included cultural tours offbase and the opportunity to meet the USAFE commander.

And when her name was called out as a winner, "I was completely overwhelmed ... the red carpet, the honor guard and the flash of the cameras. I was so touched that I was even nominated to be there in the first place," Sergeant Baker said.

And the feeling continues. Sergeant Baker, an armament weapons journeyman at Aviano Air Base, Italy, said it's always in the back of her mind that people thought highly enough of her to nominate her for the award, and that inspires her to maintain high standards both personally and professionally at all times.

The nominees for this year's awards are:

**HQ USAFE:**

Airman: Staff Sgt. Twan Knoten, HQ USAFE/A6 (Communications)

NCO: Tech. Sgt. Travis Goodman, HQ USAFE/A4 (Logistics)

Senior NCO: Senior Master Sgt. Herbert Battern, HQ USAFE/A3 (Operations)

Civilian Category I: Suzanna Day, HQ USAFE/A7

Civilian Category II: Virginia Thompson, HQ USAFE/SG (Medical)

CGO: Capt. Damian Schluskel, HQ USAFE/A7 (Mission Support)

**86th Airlift Wing — Ramstein Air Base, Germany:**

Airman: Senior Airman Tobi Zimmerman, 86th Maintenance Squadron

NCO: Staff Sgt. Robert Henshaw, 1st Air and Space Communications Operations Squadron

Senior NCO: Senior Master Sgt. Mark Marson, 786th Security Forces Squadron

1st Sgt: Master Sgt. Matthew Rosema, 1st Combat Communications Squadron

Civilian Category I: Derrick Richardson, 1st Air and Space Communications Operations Squadron

Civilian Category II: Dirk Seifert, 86th Operations Support Squadron

CGO: Capt. John Dereix, 86th Aircraft Maintenance Squadron

**65th Air Base Wing — Lajes Field, Azores:**

Airman: Senior Airman Danielle Shest, 65th Mission Support Squadron

NCO: Staff Sgt. Cheick Bah, 65th Medical Support Squadron

Senior NCO: Senior Master Sgt. Henry Parker III, 65th Services Squadron

1st Sgt: Master Sgt. Douglas Koonst, 65th Operations Support Squadron

Civilian Category I: Melissa Servillon, 65th Comptroller Squadron

Civilian Category II: Paul Carnley, 65th Civil Engineer Squadron

CGO: Capt. Angela Thompson, 65th Medical Support Squadron

**52nd Fighter Wing — Spangdahlem Air Base, Germany:**

Airman: Airman 1st Class Dallas Smith, 606th Air Control Squadron

NCO: Staff Sgt. Mark Lebedzinski, 606th Air Control Squadron

Senior NCO: Master Sgt. Sheldon Sukut, 606th Air Control Squadron

1st Sgt: Master Sgt. Christopher Miller, 52nd Equipment Maintenance Squadron

Civilian Category I -

Heather Hughes, 52nd Medical Operations Squadron

Civilian Category II - Derek Williams, 52nd Equipment Maintenance Squadron

CGO: 1st Lt. Brian Cooper, 52nd Equipment Maintenance Squadron

**501st Combat Support Wing — RAF Mildenhall, England:**

Airman: Senior Airman Cynthia Atilano, 423rd Air Base Squadron

NCO: Tech. Sgt. John McKinney, 423rd Air Base Squadron

Senior NCO: Senior Master Sgt. Joseph Carenza, 422nd Communications Squadron

1st Sgt: Master Sgt. Terry W. Grimm, 420th Air Base Group

Civilian Category I: Andrea Gaunt, 423rd Civil Engineer Squadron

Civilian Category II: Lisa Sweat, 420th Air Base Group

CGO: Capt. Benjamin Cook IV, 423rd Air Base Squadron

**48th Fighter Wing — RAF Lakenheath, England:**

Airman: Airman 1st Class Brandie Stone, 48th Aircraft Maintenance Squadron

NCO: Staff Sgt. Joseph Berberich, 48th Medical Support Squadron

Senior NCO: Master Sgt. Daniel Lambert, 48th Security Forces Squadron

1st Sgt: Master Sgt. Michael Hatcher, 85th Mission Support Squadron

Civilian Category I: Ronald Anderson, 48th Civil Engineer Squadron

Civilian Category II: Timothy Moore, 48th Logistics Readiness Squadron

CGO: Capt. Matthew Worling, 494th Fighter Squadron

**435th Air Base Wing — Ramstein Air Base, Germany:**

Airman: Senior Airman Christopher Gerdes, 435th Civil Engineer Squadron

See **AWARDS** page 11



# Tae Kwon Do



*Top left: Ken Cruz, the Tae Kwon Do instructor here, presents a medal to one of the Portuguese competitors during a tournament in Angra Saturday. Mr. Cruz was a floor judge during the event. Center left: Andrew Crowdus (right) takes the ready stance. Left: Aaron Ehrman studies the other students before his match. Above: Amanda Wickizer prepares to kick her opponent during the competition. During a contact match, competitors are awarded points for kicks and punches. A kick to the head earns the competitor three points. Kicks to the body are worth two and a punch to the body is worth one point. Ten Lajes Tae Kwon Do students competed in the open tournament. (Photos by Donald Ehrman)*

## Lajes youth compete in Portuguese Tournament

Lajes youth participating in Tae Kwon Do competed with their Portuguese counterparts Saturday in Angra.

"It was an honor for the Portuguese Karate Association to invite us for an open tournament," said Ken Cruz, the Lajes Tae Kwon Do instructor.

The tournament was an individual competition based on belt rank and height size.

The following individuals were recognized during the tournament:

First Division

1,45 Meter category -- Brandon Ehrman placed third

1,55 Meter category -- Aaron Ehrman placed first

Above 1,55 Meter category -- Zachary Powers placed first

Second Division

1,55 Meter category -- Joa Mendes placed second, and Nick Westrick placed third

1,65 Meter category -- Cody Troxler placed third

"This was the first competition for my boys and they loved it," said Donald Ehrman, father of Brandon and Aaron.

"The boys were pretty excited about the competition and worked hard in the

weeks prior to perfect their skills. They spared three days a week and fought against a variety of skill levels and belt's to give them practical experience with dissimilar opponents, he said.

"Mr. Cruz is the reason we were given this opportunity. He is dedicated to teaching kids martial arts and truly cares about the mental and physical development of the kids in his program. I participate in the classes with my sons and daughter, and have truly enjoyed watching their development under Mr. Cruz's tutelage," said Mr. Ehrman.

Mr. Cruz got his start in martial arts because of his sisters.

"I have five sisters and needed to protect them," he said. He started in Kung Fu, then Kempo and now Tae Kwon Do.

He's been teaching the martial art for nine years.

Tae Kwon Do promotes discipline, self control and physical conditioning the instructor said.

Students were able to experience that during the tournament.

Mr. Cruz said it was exhilarating as an instructor to see students from Lajes experience a tournament like this one, but

he said, "It's having fun that counts the most."

That's why Nick Westrick said he does Tae Kwon Do.

"It's fun," he said. "And I get to learn self-defense."

The event was fun for parents as well.

"My wife and I really had a good time watching all of the bouts, from the pee-wee size kids who showed great form, to the young adults that were very serious about their art and the chance to demonstrate their abilities," Mr. Ehrman expressed.

"This sport truly breeds self respect and through that they have gained respect of others," he said. "The level of sportsmanship was high and apparent to everyone there. I was very happy that my boys were given the opportunity to compete, and to see this superior sportsmanship first hand."

Classes are held at the youth center on Tuesdays and Thursdays at 6:15 and 7:30 p.m. A self defense course is taught Saturdays from 10 to 11 a.m. and 11 a.m. to noon.

For more information, call Ken Cruz at 295-903-544.



## Azores archipelago

*Ed highlights each of nine islands beginning with Santa Maria*

By Ed Lima

Community Relations Advisor

*This is the first of a series of articles on all of the nine islands that form the Azorean archipelago located in the middle of the North Atlantic, approximately 900 miles from the coast of Portugal and 2,000 miles from North America.*

The Azores were reputedly discovered by the Portuguese navigator Diogo de Silves sometime in 1427. No traces of previous inhabitants or visitors were found on any of the islands when they were discovered.

The archipelago has a total land area of approximately 868 square miles and is formed by the following islands: Santa Maria, São Miguel, Terceira, Graciosa, São Jorge, Pico, Faial, Flores and Corvo. According to the 2003 demographics, this autonomous region has a population of approximately 240,000 inhabitants.

### **Island of Santa Maria**

The island of Santa Maria, located 55 miles south of São Miguel, was the first one to be sighted by the Portuguese navigators and it is the most southern and eastern of the islands, closest to the European continent and the first one to be settled.

Its history revolves around small farming communities whose main concern was to defend themselves against pirates that attacked the island from time to time. In fact, Christopher Columbus and his men were suspected of being pirates in 1493 when they sought refuge from a storm in the Bay of Anjos. They were held prisoner for a few days until the islanders could be sure it was safe to release them.

The biggest and most important change for the island occurred in 1944 with the arrival of the U.S. Armed Forces and construction of a large airport by those same forces.

The Americans and the airport brought new life to the island, and introduced a more progressive lifestyle than the island had previously known.

Following World War II, however, the Americans departed for the island of Terceira, turning the airport and its supporting facilities over to the Portu-

guese government. Until construction of airports on the other islands was complete, Santa Maria remained - for many years - as the gateway to the Azores. Much has changed since then, and Santa Maria has lost much of its prominence; though none of its charm.

The island's capital and municipal seat is Vila do Porto, the first town in the Azores. Most of the island's hotels, restaurants and businesses are located there.

Like the other islands of the archipelago, Santa Maria has many tourist attractions. Vila do Porto features the Fort of São Brás (an old Portuguese fortress), a museum and several churches.

When I last toured the island in 1991, I particularly enjoyed the view from Pico Alto, the island's highest point at 1,925 feet. From there you have an excellent view of the whole island. Other points of interest worth visiting are Praia Formosa, a beautiful sandy beach. This is the site of the internationally renowned music festival called "Maré de Agosto" (August Tide), which is held annually during the second week of August.

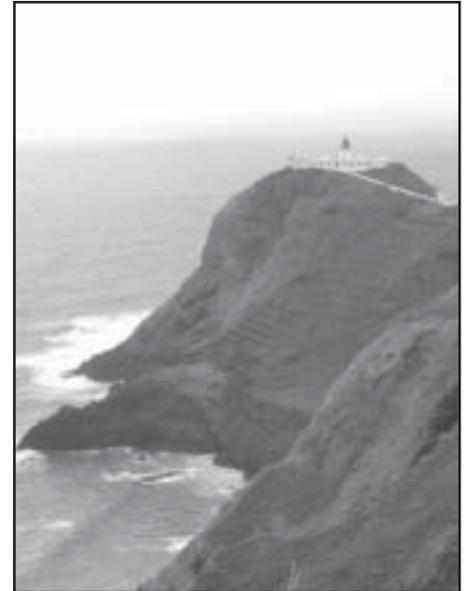
São Lourenço Bay, located on the island's northeast side, features hillsides covered with vineyards — it is an extraordinary panoramic view, particularly before the grapes are harvested.

The Bay of Anjos is a charming little village that features a small chapel where supposedly Christopher Columbus' men prayed during their port call, when returning from having discovered the Americas.

Another of the island's characteristics that caught my attention was the round shape of the chimneys. They reminded me of those in Algarve on mainland Portugal, probably because the first settlers came from that southern Portuguese region.

Santa Maria attracts tourists mainly because of its peaceful and rural nature and curvy, steeply sloped landscape. It is a slower, calmer paced environment, particularly suited for those who need a break from the stresses of work.

The climate is different - not radically, but different - from the other Azorean islands, as well. It's drier in Santa Maria, and summer is more



*This light house is located by São Lourenço Bay on Santa Maria Island. (Courtesy photo)*

temperate. Ocean lovers will find the island's blue waters a true paradise for water-skiing, windsurfing, sailing, fishing and snorkeling. Big game fishing is a recent activity that has been attracting many national and foreign tourists to the island.

Despite the beauty and abundance of Santa Maria, the island is lightly populated - only 6,500 or so inhabitants (people say there are more cows and sheep than people on Santa Maria). The primary occupations and industry are farming and fishing.

There's only one way to get to the island during the winter: air travel. The regional airline, SATA-Air Azores, offers daily flights for approximately 168 euros, round trip. In the summer you can look forward to taking a ferryboat to Santa Maria or one of the other islands. Overall, such a trip is quite affordable. Food and lodging won't set you back much and mementos will be plentiful.

One challenge you may face, however, is a possible language barrier. Santa Maria hasn't had an American presence for decades, so you may not find many English-speaking locals. Take along a good phrase book, and a positive attitude, and you'll do fine.



## Moms share storknesting experience

**By Staff Sgt. Christin Michaud**  
65th ABW Public Affairs

*Editor's note: This is the second article in a two-part series on the stork nest program available for expectant mothers. The first article was from a father's perspective. This article is the program from a mother's point of view.*

**O**ne childbirth option for women at Lajes Field is the opportunity to stork nest at Spangdahlem Air Base, Germany.

The stork nest program allows expectant mothers to travel to Germany to deliver their baby at a military treatment facility instead of at the local hospital.

Other options for birthing include Angra Hospital and delivery at a civilian facility in the states for dependents.

In the past year, approximately nine mothers chose to stork nest in Germany, according to Staff Sgt. Tiesha Glover, 65th Medical Group Women's Health technician.

There are advantages and disadvantages for each, but for one mom, going to Spangdahlem was a clear choice.

"I chose to stork nest because this was my first child and I wanted everything to be perfect," said Staff Sgt. Katherine Burcar, 65th Logistics Readiness Squadron.

"I wanted to be in a facility whose procedures are more familiar to us."

Between 32-34 weeks into their pregnancy, expectant

mothers are flown to Germany where they stay for the remainder of their pregnancy.

"I thought the program was very good. When I called to set up the shuttle ride from the airport they knew who I was without having to say my name because they were expecting me and keeping an eye out for me," said Katy Bell who also chose to stork nest in Germany.

Soon-to-be moms continue their routine check ups and deliver their baby at the MTF located on the Bitburg Annex.

As part of the program, stork nesters are given a sponsor from Spangdahlem to help them during their stay.

"My sponsor was actually my first boss in the Air Force," said Sergeant Burcar. "When I decided to stork nest, I contacted him to tell him I was coming to the area and kindly asked him to sponsor me. He agreed. He was fantastic. When I called him he was always willing to help me. Even if it was for just a Taco Bell run."

Stork nesters stay at the temporary lodging facility. "It had everything I needed," Sergeant Burcar said. "The place was bigger than where I live now."

The TLF is located within walking distance of the hospital, and other on-base amenities.

"It was right behind the BX and movie theater with the food court and commissary near by and the hospital was a block away," explained Mrs. Bell of the TLF location.

"I met up with another



*Staff Sgt. Katherine Burcar holds her son Anthony Paul Burcar for the first time. Anthony was born Dec. 11 at Spangdahlem Air Base, Germany where Sergeant Burcar stork nested. (Courtesy photos)*

'stork nester' from Lajes and we walked everywhere or took the shuttle over to Spangdahlem to shop or eat," Sergeant Burcar said. "It passed the time. I took a shopping trip sponsored by the family support center. It kept me moving and helped the time go by until my husband joined me."

Sergeant Burcar said what she liked best about the stork nest program was the hospital staff and the care they provided.

"The staff at Bitburg was awesome," she said. "I couldn't have asked for better care. From the individual checking me in at my weekly appointments to the nurse that discharged us at the end of our stay, they were all great."

Mrs. Bell echoed her. "I loved the hospital and the whole staff. They were very helpful and friendly, she said. "I would look forward to going back just for the staff."

The Bell's son, Eric Patrick Bell II was born Dec. 4.

Sergeant Burcar delivered her son the following week. Anthony Paul Burcar was born on Dec. 11.

While the couple had some obstacles getting to Frankfurt to get their son's passport, it only took two hours to obtain a birth certificate and passport once they arrived at the U.S. Consulate.

It took the Bell's five hours



*Sergeant Burcar looks into her five-week old son Anthony's eyes.*

to obtain a passport for their son.

Sergeant Burcar was pleased overall with the program for mothers, but suggested something be put in place for fathers who wish to join their wives for the delivery.

"It would be nice if there was someone to turn to, to help the fathers plan their trip," she said. "For instance, maybe the family support centers between Lajes and Aviano could get together to help eliminate some of the expense by assisting the fathers to transit through Aviano on the military flight from here."

Mrs. Bell agreed it would be nice if it was easier for the husbands to join their wives.



*Left: Katy Bell holds her son Eric. Mrs. Bell delivered Eric in Germany through the stork nest program.*

*Above: Eric Bell smiles for the camera. He was born Dec. 4. (Courtesy photos)*



## Portuguese Air Force Band performs

*The Portuguese Air Force Band will perform 9:30 p.m. Saturday in the Praia Theater, and 9:30 p.m. Sunday in Angra's Cultural Center. The band will be accompanied by two local choirs. The concerts are free, but personnel interested in attending the concerts must pick up a ticket at the door during the two hours before each concert or at the ticket office the day before, 7:30-9:30 p.m. (Courtesy photo)*

## Regular blood drives continue

**Capt. Michael Doersam**  
Wing Blood Program officer

On the island of Terceira, there is one place to give blood, and that is Angra Hospital. This is because the clinic on base is not authorized to act as a blood donation center.

All blood for the island population comes from the donation center in Angra, whether it is for the locals, or for any service member or dependent that becomes injured, said Capt. Jennifer Shirley, Laboratory Services.

While other locations may have blood mobiles to make giving easier, Terceira does not and anybody willing to give from the base must make their own trip to Angra Hospital. The Wing Blood Program is about making that trip easier for any Airman or family member who wants to give.

Beginning Thursday and continuing at least once a month, Laboratory Services and the Wing Blood Program is working together to take 12-16 people on the round trip to the Angra donation center and back.

Each volunteer can expect to depart from the Bldg. T-416 parking lot in between 8 and 9 a.m. The time it takes to get back depends on the number of volunteers and many other little things at the donation center itself, said Captain Shirley. Each person can expect to be back between 2 and 4 p.m.

Interested donors must first find out if they are eligible to donate.

For service members, the first step is to get their supervisor's permission to be off for that time. Once the decision is made to give blood, then the donor must pass the following minimum requirements: May not have given blood within the past eight weeks; within one year of receiving a tattoo or piercing; within one year of being deployed to OIF/OEF desert regions or within one year of giving birth.



**Give the gift of life**

"For the expansive list of items that can possibly disqualify a donor, we have the Medical Group web site on the Lajes intranet" said Tech. Sgt. Tranquilino Cruz, Laboratory Services NCOIC.

A major stumbling block to giving is the disqualification for anybody that has been recently deployed to the desert in our constant fight against terrorism.

Giving here on the island is a way those staying behind can make sure that Lajes is ready to support our down range war fighters at any time.

The theme of Thursday's blood drive is a pint for a pint. Donors will receive a free pint of ice cream in exchange for donating blood.

To volunteer to donate to the island's blood supply, call 535-1458, or e-mail [michael.doersam@lajes.af.mil](mailto:michael.doersam@lajes.af.mil).

## 65th SFS blotter

March 1

LOCATION: T-701/Billeting

Complainant telephoned the SDCC and reported damage to Rooms 1211 and 1212/T-701/Billeting. SFS arrived on-scene and made contact complainant who stated that around noon she was contacted by another who stated there were two televisions stolen out of the rooms. The door to room 1211 was broken and the door that belongs to the bathroom was taken apart also. Once in the rooms she noticed the two televisions, DVD player, pillows, a ice bucket and shampoo baskets were missing.

March 2

LOCATION: Praia da Vitoria

PSP telephoned SDCC to report that a U.S. Air Force member was being detained for drunken and disorderly conduct. The detainee was a transient aircrew member. He was removed from duty and subsequently transported to his original unit for prosecution under the Uniform Code of Military Justice.

March 7

Complainant telephoned the SDCC and reported damage to his Ford Expedition. He stated that as he and his wife were leaving their residence, they noticed scratches on the left and top right of the front bumper.

LOCATION: T-112/MPF

Complainant telephoned the SDCC stating she discovered a sealed cardboard box next to her vehicle. SFS arrived on-scene. Complainant stated that when she parked her vehicle the box was not there. The package was a standard cardboard box which was sealed with no writing. SDCC made contact with fire department and initiated a 500 foot cordon. Fire department arrived on scene and assumed duties as on-scene commander and established the entry control point at T-305. The package was blown over by a strong gust of wind and a responder was able to see inside it. He did not see anything in the box. The area was declared clear and the package seized.

## Sports Shorts

**Rumble on the Rock:** Event will take place 7 p.m. Saturday at the Community Activities Center ball-



room. The doors to the ballroom will open at 6 p.m. There are seven fights scheduled consisting of three two-minute rounds.

Due to limited capacity, tickets are required for attendance.

The names of the fighters are: Deb Corder, Mia Delgado, Fran Bellinger, Ryan Smith, Dan Callens, Matt McDonald, Shawn Wood, Jeremy Gingrich, Brandon Wright, Dez Davis, Nito Rodriguez, Robert Sammeli, Mike Hyland and Colin Kerrigan.

For more information, contact Capt. Chris Lance at 535-1151.

### St. Patrick's Day 5K Fun Run -- 7 a.m.

March 15 at the fitness center. There will be a trophy for the first male or female to cross the finish line wearing something green.



### April Events

April 5 - Easter 5K Fun Run

April 11 - Softball coaches meeting

April 14 - Project Cheer flag football tournament

April 26 - Golf coaches meeting

April 28 - Soccer coaches meeting

### Ultrabodies VII

The annual Ultrabodies competition is scheduled for June 24 at RAF Mildenhall in England. Mandatory poses include relaxed quarter turns, rear double biceps, hands on hip best thigh, hands over head abs pose, rear lat spread, side triceps, side chest, front double biceps and front lat spread. Competitors will also perform a 90-second routine to their choice of music.

For more information, call the Mildenhall Fitness and Sports Center at DSN 312-238-3735 or 2349.

# HAWC events offer nutritious knowledge

By **1st Lt. Mike Hyland**  
65th ABW Public Affairs

National Nutrition Month means a lot more than skipping out on your favorite Alcatraz dish and munching a tuna sandwich on whole wheat instead of enjoying Taco Tuesday; National Nutrition month means the grand opening of the new Health and Wellness Center along with a whole assortment of HAWC activities.

The construction contractor will hand over the keys to the new HAWC to the 65th Air Base Wing Monday, and the facility will open for business March 20.

"I am psyched," said Capt. Lisa

Tauai, chief of HAWC Health Promotions. "It puts us in the same location as the Fitness Center staff, making the whole operation more efficient."

"It's more centralized with the base now," said Staff Sgt. Jerry Thompson, HAWC noncommissioned officer in charge. "Now we're in the middle of everything and we can work more closely with the Fitness Center."

Captain Tauai said that when the HAWC was located in building T-416, the limited classroom space caused challenges for their programs, but the new location will solve the previous problems.

"Now we have the facilities to have all our programs under one roof versus all over base," she said.

Fitness Center Director 1st Lt. Adam Vaccarezza said the HAWC relocation will provide several synergistic opportunities for the two organizations.

"It's a great idea," he said. "Because we can work so easily together, you're going to see a lot of our programs combining."

Capt. Tauai will introduce several new HAWC programs through a "Welcome to the New HAWC" booth scheduled to run in the Fitness Center lobby March 20 from 6:30 to 8:30 a.m. She said the HAWC staff will be there to provide nutrition, fitness and wellness information, incentive items, and healthy smoothies.

Other National Nutrition Month activities include a commissary tour Thursday from 9 to 10 a.m., an "Ask the Dietitian" nutrition booth Thursday at the Tradewinds Dining Facility from 11 a.m. to 12:30 p.m., and a "Cooking Healthy in the Dorms" Food Demonstration: 2:30 to 4 p.m. March 28 at the family support center kitchen.

For more information call Captain Tauai at 535-3889.



*Ricky Baptista, Health and Wellness Center Fitness Program manager, and Capt. Lisa Tauai, Chief of Health Promotions, size up the new HAWC kitchen during a tour of the facility Monday. The HAWC will open to customers March 20. (Photo by 1st Lt. Mike Hyland)*



## AWARDS *continued from page 5*

NCO: Tech. Sgt. Edward Watson, 435th Materiel Maintenance Squadron

Senior NCO: Senior Master Sgt. Rene Guionnaud, Jr, 435th Logistics Readiness Squadron

1st Sgt: Master Sgt. Steve Watson, 435th Civil Engineer Squadron

Civilian Category I: Bruno Kappel, 435th Civil Engineer Squadron

Civilian Category II: Christina Fornander, 435th Mission Support Squadron

CGO: Capt. Jason Campbell, 735th Civil Engineer Squadron

39th Air Base Wing - Incirlik Air Base, Turkey:

Airman: Senior Airman Christopher M. Flanagan, 39th Communications Squadron

NCO: Tech. Sgt. Alvaro Magana, 39th Medical Group

Senior NCO: Senior Master Sgt. Eric J. Stone, 39th Logistics Readiness Squadron

1st Sgt: Master Sgt. Benjamin Leal Jr., 39th Maintenance Squadron

Civilian Category I: Samantha D. Mindel, 39th Medical Group

Civilian Category II: Randall P. Cummins, 39th Contracting Squadron

CGO: Capt. Cliff T. Reimer, 39th Civil Engineer Squadron

### **38th Combat Support Wing:**

Airman: Airman 1st Class Ashley N. Struckmann, Det 5, 2nd Air Postal Squadron, RAF Alconbury, UK

NCO: Staff Sgt. Theodore A. Saxman, 703rd Munitions Support Squadron, Volkel Air Base, Netherlands

Senior NCO: Master Sgt. Jamie L. Woody, 38th Construction and Training Squadron, Ramstein Air Base, Germany

1st Sgt: Master Sgt. Rebecca S. Brauer, 703rd Munitions Support Squadron, Volkel Air Base, Netherlands

Civilian Category I: Michelle M. Austin, 38th Combat Support Wing, Ramstein Air Base, Germany

Civilian Category II: Dieter Flachsland, 38th Construction and Training Squadron, Ramstein Air Base, Germany

CGO: 1st Lt. Davis M. Knight, 569th U.S. Forces Police Squadron, Vogelweh, Germany

31st Fighter Wing - Aviano Air Base, Italy:

Airman: Senior Airman Sheila L. Fish, 31st Aircraft Maintenance Squadron

NCO: Staff Sgt. Amanda J. Johnson, 31st Maintenance Operations Squadron

Senior NCO: Master Sgt. Lisa G. Finuff, 31st Medical Support Squadron

1st Sgt. Master Sgt. Jeffrey J. Jacobson, 31st Aircraft Maintenance Squadron

Civilian Category I: Anna Jackson, 31st Services Squadron

Civilian Category II: Gianpietro Bulli, 31st Civil Engineering Squadron

CGO: Capt. Joshua D. DeMotts, 31st Civil Engineer Squadron

### **16th Air Force:**

Airman: Senior Airman Daniel Strom, 2nd Air Support Operations Squadron

NCO: Tech. Sgt. Shane Hobrecht, 2nd Air Support Operations Squadron

Senior NCO: Master Sgt. Howard Teesdale, 32nd AOC

1st Sgt: Senior Master Sgt. Russell Hastings, 2nd Air Support Operations Squadron

Civilian Category I: Lisa Hames, Det 3  
Civilian Category II: Hunter Hustus, Det 3

CGO: Maj. Bryan Tash, 2nd Air Sup-

port Operations Squadron

### **100th Air Refueling Wing, RAF Mildenhall, England:**

Airman: Airman 1st Class Paul J. Bradford, 100th Civil Engineer Squadron

NCO: Tech. Sgt. Russell C. Anderson, 100th Maintenance Squadron

Senior NCO: Master Sgt. Scott L. Smith, 100th Maintenance Squadron

1st Sgt: Senior Master Sgt. John L. Dunham, 100th Logistics Readiness Squadron

Civilian Category I: Darrell Pojas, 100th Logistics Readiness Squadron

Civilian Category II: Selina Williams, 100th Comptroller Squadron

CGO: Capt. Rafael H. Garza, 100th Operations Support Squadron

To purchase tickets for the banquet, contact your wing command chief master sergeant or first sergeant.

## At the Movies

**Today: 7 p.m. The Last Holiday**, starring Queen Latifah and L.L. Cool J

After being diagnosed with a fatal disease, a shy sales clerk goes on a European vacation to live out the rest of her life. With nothing to lose—or so she thinks—her behavior becomes more irreverent and outrageous each day, only to find out later she was misdiagnosed.

Rated PG-13 (sexual references)  
112 min

**Today 10 p.m. Hostel**, Starring Jay Hernandez, Derek Richardson

Two adventurous American college buddies, Paxton and Josh, backpack through Europe eager to make quintessentially hazy travel memories with new friend Oli, an Icelander they've met along the way. Paxton and Josh are eventually lured by a fellow traveler to what's described as a nirvana for American backpackers—a particular hostel in an out-of-the-way Slovakian town stocked with Eastern European women.

Rated R (torture, violence, sexual content, language, drug use) 95 min

**Saturday: 7 p.m. Pride and Prejudice**, starring Keira Knightley,



Matthew MacFayden

In class-conscious England near the close of the 18th century, the five Bennet sisters—Elizabeth, or Lizzie, Jane, Lydia, Mary, and Kitty—have been raised well aware of their mother's fixation on finding them husbands and securing set futures. The spirited and intelligent Elizabeth, however, strives to live her life with a broader perspective, as encouraged by her doting father. Rated PG (mild thematic elements) 128 min

**Sunday: 2 p.m. - The Last Holiday, 7 p.m. - Hostel**

**Wednesday: 7 p.m. - The Last Holiday**

**Thursday: 7 p.m. - Hostel**  
Next week: Tristan and Isolde; Glory Road

*Movies subject to change. For updated listings, call 535-3302. For more information on ratings, visit [www.aafes.com](http://www.aafes.com).*



# EVENTS

Submission deadline is Thursday one week prior to publication. E-mail announcements in normal text with event, location, date, time, point of contact's full name and phone number/e-mail address to [news@lajes.af.mil](mailto:news@lajes.af.mil). For on-base numbers, dial 295-57 and the last four digits.

## Miscellaneous

**Army Recruiter:** An Army recruiter will be here March 20-22. For more information or to schedule an appointment, call Sgt. 1st Class Michael Alden at 0631-536-7072, DSN 312-489-7072 or his cell phone at 0612-242-3536.

**Wingman Wellness Day:** Wingman Wellness Day will be 7:30 a.m. Wednesday on the AEF Ramp. There will be a commander's briefing, wing formation run and wellness fair. Parking will be along the access road adjacent to the sports fields. For more information, e-mail [david.cornillie@lajes.af.mil](mailto:david.cornillie@lajes.af.mil) or call Senior Master Sgt. David Cornillie at 535-3423.

**College Night at the Library:** The library will host a college night Thursday to help the base population find out what resources are available here to help research colleges and universities, study for entrance exams and apply for financial aid. For details or to sign up, call 535-3688.

**Thrift shop bag sale:** The ESC/OSC Thrift Shop in Bldg. T-400 is having a bag sale March 18 from 10 a.m. to 2 p.m. For \$5, shoppers can buy a bag and fill it with "TSP" items. Consignment items are excluded. The thrift store is open from 10 a.m. to 2 p.m. Monday, Wednesday and Friday, as well as the third Saturday of each month.

**Extended Tradewinds Dinner Hours:** The Tradewinds has extended the dinner hours to 8 p.m. through Monday on a trial basis.

**AFAF committee seeks donations:** The Air Force Assistance Fund has a few tables at the March 18 Fleamarket held at the youth center. They are looking for items that people no longer want to benefit the Air Force Assistance Fund. If anyone has anything they would like to donate: clothes, shoes, toys, miscellaneous items, call Capt. Jennifer Shirley at 535-6761. On Thursday, people will pick up donations from donors in Beira Mar housing. Items may also be dropped off at the

laboratory in Bldg. T-416.

**Second Home Buying Class:** Due to popular demand, the family support center has added a second home buying class. The class is 3 to 5 p.m. March 31 at the FSC. To sign up, call 535-4138.

**Federal Resume Class:** The family support center will sponsor a Federal Resume and Job Search Class 2 to 4 p.m. March 20 in the FSC classroom. Topics covered will include: How to locate federal vacancies online, how to apply for federal vacancies, how to make a government resume stand out, how to fill out a federal resume. For information

## Combat Education

or to sign up, call 535-4138.

**Needs assessment:** The Lajes Education Center Needs Assessment for members of the Lajes community ends today. The Needs Assessment is an important tool used to determine whether additional college degree program offerings are required at Lajes, or if some of the college programs currently offered at Lajes are no longer needed.

The link to the Needs Assessment is located on the first page of Air Force Virtual Education Center web site in the Air Force Portal at: <https://rso.my.af.mil/afvec> or through the Air Force Portal at <https://www.my.af.mil> under "Featured Links."

Copies are available at the customer service desks at the Lajes Base Library, Family Support Center, and the Advancement and Career Education Center for individuals without access to the Air Force Portal. For details, call Mike Schendel at 535-3355.

**Central Texas College:** Central Texas College is offering onsite Criminal Justice classes *Court Systems and Practices* and *Crime in America* in term 4. Registration begins Monday through March 24 for new students. Classes begin March 27 and run through May 19. For more information, call 535-6722.

**Oklahoma University classes:** The Masters of Human Relations degree pro-

gram with University of Oklahoma is a 36 credit hour, non-thesis degree that can be completed within 16-24 months.

Come visit OU in the new location, building T-146, room 214. For details, call

## Jobs/Volunteer

535-3171.

**Services vacancies:** The 65th Services Squadron vacancy listing is available at the Human Resources Office in building T-112 between 9 a.m. and 4 p.m. Monday through Friday. For details, call 295-575-200 or 535-5200.

**First Aid volunteers:** The American Red Cross is looking for volunteers to teach First Aid to children at Lajes Elementary School. Anyone interested can contact the American Red Cross office at

## Combat Touch

295-573-516.

**Stations of the Cross followed by a "meager meal":** 6 p.m. through April 7 at the chapel; **Protestant Women of the Chapel Fellowship Time:** 7 p.m. Monday at the chapel; **Catholic Men of the Chapel Mass and Dinner:** 6 p.m. March 15 at the chapel; **PWOC Spring Retreat:** March 17 - 19; **Mens's Spiritual Leadership Training/Breakfast:** 8 a.m. March 18 at the chapel; **SUM Dinner:** 5:30 p.m. March 23 at the chapel; **New Creation Cafe:** 7 p.m. March 24 at Eddie's Place; **Children and Youth Movie Night:** 7 p.m. March 24 at the chapel; **Little Flowers Girls' Club:** 3 p.m. March 27; For more information on any of these activities,

## DoDDS

call 535-4211.

**Certified Teachers:** DoDDS is looking for certified teachers. Interested individuals can stop by the Elementary

## Project CHEER

School Office or call 535-3491. **Lajes Idol Quatro/USAFE Idol 2006** is scheduled for March 18 at the TORC

ballroom. Additional seating will be provided in the enlisted lounge with event footage broadcasted by a projector. For more information, call Capt. Ted West at 535-7272 or [theodore.west@lajes.af.mil](mailto:theodore.west@lajes.af.mil).

## Classifieds

*E-mail ads to [news@lajes.af.mil](mailto:news@lajes.af.mil). Ads are due by 5 p.m. Friday. Please remember to notify the Crossroads when items have been sold.*

For sale: Power Wheels 4 wheeler, used only a few times, comes with charger. \$90 or best offer. Call 295-549-682

Free to good home. An island puppy four months old. We fostered him back to health after being found on the side of the road. He is current on all shots except rabies which he is due for on March 1. He is very sweet and lovable and crate trained. Call 295-902-012 after 6 p.m. and ask for Christie.

Commuter: Looking for carpool from Biscottos or *Quatro Ribeiras* to base (7:30 a.m.) and base to Biscottos (5 p.m.) Monday-Friday. We can work out times and days if interested. Call Jeff at 967847479

For sale: 2005 Mini Cooper S, 3,800 miles, 163 hp Supercharged 4-cyl, 6-speed manual transmission, \$25,000 or best offer. Call 295-549-235 or E-mail [as2807444@sapo.pt](mailto:as2807444@sapo.pt)

For sale: Presto Hot Air Popcorn Maker, never opened, comes with two pounds of popping corn, \$15; Surefit Sofa Cover, neutral color, never used, \$75; Graco Travel System, comes with car seat, stroller, and base, \$80; Fisher Price 3-Stage Piano, ages 0 - 12 months, \$10; Graco Portable Swing, up to 22 lbs., \$35; Fisher Price Intellitainer, teaches numbers, letters and music, ages 5 months and up, \$50; -Bottle Sterilizer, for wide and regular bottles, used once, \$35; EvenFlo Breast Pump, battery or electric powered, \$25; Call Josh or Nora at 295-549-601

For Sale: Entertainment Center, almost brand new and in box, \$70; Wooden bookshelf, \$30. Call 295-549-794.

Babysitting on weekend nights: will babysit 3 years of age or higher; I am 14 and have taken the babysitter course for CPR/first aid; I have experience with children; Call Brandon at 295-549-579

Little Tykes outdoor soccer net—\$5 Girls 16" bike with training wheels—\$5 Call Andy or Kimberly at 295-549-741

For sale: 1990 VW Jetta, \$1200 or best offer. 70k miles, manual transmission, tires, front brakes and exhaust replaced with brand new 5/2005. Clean and very reliable, available early April. Call Reggie or Sherryl at 295-515-745 or 965-234-035.

For Sale: 2000 KTM Duke II. 3969.5 miles, 650cc's. \$4,000 or best offer. For details, e-mail [corsicav83@hotmail.com](mailto:corsicav83@hotmail.com)

For sale: Snuggli infant front and back carrier for full term infants from 7 to 26 lbs. used only a few times - instruction booklet included \$15; Diaper Genie - has an almost new pack of liners in it \$7 (BX sells refills); Ameda Purely Yours electric double breast pump with Carry All Bag \$60. Call 295-516-031 after 6 p.m. or weekends

Nanny available: fun loving, creative and honest. First language English, second Portuguese, relocating to Terceira from Canada looking to start a full time position ASAP - concentrating on early childhood education, fine motor skills, and developmental tasks - 5 years experience, fabulous references. E-mail [ashleysousa@mail.com](mailto:ashleysousa@mail.com) or call 416-354-2630 (Canada)