

# CROSSROADS

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## It only takes one



TSgt Robin Brooks takes a blood sample from an airman Monday to test his blood alcohol levels. The 65th Medical Group was conducting the study to validate their chemistry analyzer, and to demonstrate the effects of alcohol on the body. Seven airmen drank different amounts and types of alcohol for the study. Over a four-hour period Brooks tested their blood to see how long it took for blood alcohol to reach the legal limit, and how the different amounts and types of alcohol affected each person differently. The legal limit for a DWI charge is .05. (Photo by Lt. Yvonne Levardi)

## Private Christina

Soldier speaks out about media criticism she discovered during deployment. Page 4

## First Look

### Concert tickets

Tickets for the Scorpions and the Las Ketchup concert can be purchased at the Auditorio Municipal in Praia. The Scorpions play at 10:30 p.m. Aug. 9, and the Las Ketchup play at midnight Aug. 8. For more, call 295-543-566.

### National Kid's Day

Everyone is invited to celebrate National Kid's Day at 3 p.m. Saturday at the playground. There will be hot dogs, hamburgers, chips, Kool-Aid, cake and games. For more, call Joanne Cozart at 2-1197.

### Free computer classes

The Family Support Center offers Beginning Excel class at 10 a.m. Wednesday. This class covers basic Excel spreadsheet concepts, helpful tips and shortcuts. The Intermediate Excel class is 10 a.m. Thursday and covers advanced Excel spreadsheet concepts and charting. All classes are in Building T-126. For more information about the classes, call 2-4138.

### National Night Out

The 65th Security Forces Squadron is hosting a National Night Out 2003, 6-7:30 p.m. Tuesday at the Youth Center. This is an annual program to promote neighborhood spirit and police-community partnerships in an effort to deter crime in the Beira-Mar, Nascido Sol and Lower-T housing areas. The schedule for the evening includes Operation Safehouse, Operation Housewatch and the Neighborhood Watch program, K-9 demonstration, a Security Forces vehicle display, Basic Defensive Tactics demo, tug a war contest and rounding out the night is a Local Neighborhood Watch Walk. For more, 2-3611 or 2-3645 or email [jerome.worthington@lajes.af.mil](mailto:jerome.worthington@lajes.af.mil).

This week's Guest DJ:  
Master Sgt. Donna Maler  
65th Operations Support  
Squadron

## Club closes for two weeks

by Charity DeSilva  
Staff writer

The Top of the Rock Club will be closed through Aug. 14th for maintenance and repair.

During this time, the Ocean View Grill will be open 8 a.m.-midnight with a breakfast menu available until 11 a.m. and wine added to the current selection of bottled beers and wine coolers.

The Cashiers cage inside the club will remain open 10 a.m.-6 p.m. Monday through Friday for check cashing, money exchange and club card payments.

"While you are checking out the new hours of operation," said Richard Christie, Top of the Rock Club manager, "I want you to note that on Thursday, Friday and Saturday nights the lounge will remain open until 2 a.m., and food will be available for purchase during this time."

"With the NFL Season around the corner, the lounge will be open 4 - 11 p.m. on Sundays. The games will be played on the big screen TV and three other TVs throughout the lounge," said Christie.

When the club reopens Aug. 15, it will open with new hours.

### *New Club hours begin Aug. 15*

#### **Sunday**

Lounge open 4-11 p.m.  
(Bits & Bites menu available)

Lunch served 11 a.m.-1:30 p.m.  
Lounge open 4-11 p.m.  
(Bits & Bites menu available)  
Dinning room opens 5-9 p.m.

#### **Monday**

Club opens at 8 a.m.  
Lunch served 11 a.m.-1:30 p.m.  
Club closes at 1:30 p.m.

#### **Friday**

Club opens at 8 a.m.  
Lunch served 11 a.m.-1:30 p.m.  
Lounge open 4 p.m. - 2 a.m.  
(Bits & Bites menu available)  
Dinning room opens 5-9 p.m.

#### **Tuesday**

Club opens at 8 a.m.  
Lunch served 11 a.m.-1:30 p.m.  
Lounge open 4-11 p.m.  
(Bits & Bites menu available)  
Dinning room opens 5-9 p.m.

#### **Saturday**

Breakfast Buffet 8:30 a.m.-  
noon  
Club Closed from noon-4 p.m.  
Lounge open 4 p.m. - 2 a.m.  
(Bits & Bites menu available)  
Dinning room opens 5-9 p.m.

#### **Wednesday**

Club opens at 8 a.m.  
Lunch served 11 a.m.-1:30 p.m.  
Lounge open 4-11 p.m.  
(Bits & Bites menu available)  
Dinning room opens 5-9 p.m.

#### **Cage Hours:**

Monday: 11 a.m.-1:30 p.m.  
Tuesday-Friday: 11 a.m.-10  
p.m.  
Saturday-Sunday: Closed

#### **Thursday**

Club opens at 8 a.m.



## Around the Blue

News & Notes from Around the DOD and Air Force

### AF pioneer dies

Retired Maj. Gen. Norma E. Brown, the Air Force's first female wing commander, died July 22. She was 77.

The Madison, Fla., native entered the Air Force as a second lieutenant in December 1951. Her first assignment was as chief of military personnel for Flight Service headquarters in Washington, D.C.

She spent much of her career in the Air Force Security Service working in a series of personnel assignments. In December 1974, she became the first woman to command an Air Force wing when she assumed command of the 6940th Security Wing at Goodfellow Air Force Base, Texas.

Later she became deputy chief of staff for manpower and personnel for the Air Force Logistics Command. She re-

tired Aug. 1, 1982, as the commander of Chanute Technical Training Center, Chanute AFB, Ill.

Following her retirement, she settled in Leon Springs, Texas, just north of here. Among her military decorations were the Distinguished Service Medal and the Legion of Merit. Upon retirement, she became the first woman inducted into the Order of the Sword, an honor bestowed by Air Force noncommissioned officers and civilian leaders who have made significant contributions to the enlisted corps.

### Risk management

A Kirtland Air Force Base, N.M., airman in critical condition following a recent automobile accident brings home the seriousness behind the Air Force's 101 Critical

Days of Summer safety campaign, officials said.

Currently, 18 people Air Force-wide have died as the service's annual safety campaign reached its halfway point. That number is up one from the 17 logged at this point in 2002, according to experts from the Air Force Safety Center at Kirtland AFB.

During the 2002 101 Critical Days of Summer campaign, 30 Air Force people died. And according to John Sheehan, Air Force Materiel Command ground safety chief, "If the current trend continues, the Air Force could experience as many or more fatalities this year as they did last year, and one is too many."

Sheehan said the injured Kirtland airman fits into the category of 18-25 year olds who statistically are more prone to accidents.

"They think nothing will happen to them because it hasn't happened yet," he said.

Speed, alcohol, darkness and poor judgment are primary contributors to the two- and four-wheeled vehicle accidents responsible for most of the deaths this year, Sheehan said. In fact, motorcycles account for more than half of the deaths Air Force officials have recorded so far during this campaign.

"People simply aren't taking the time to think of the risks involved in the things they're doing," Sheehan said. "We've had cars and motorcycles in this country for a long time, and people have been running into things for that same amount of time. Seems like we haven't learned much over the years, and we're paying a high price to learn the same old lessons."

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# ECAMP visits Lajes Sept. 8-12

by Master Sgt. Brian Gott  
65th Civil Engineer  
Squadron

A team from HQ USAFE will be here Sept. 8-12 to perform an external Environmental Compliance Assessment and Management Program.

ECAMP is the Air Force's program for self-evaluating the operations and facilities at its bases to determine compliance with applicable

environmental laws and regulations.

It isn't an inspection, but is the most important means of finding and solving environmental compliance problems and improving the quality of environmental performance on the base.

The ECAMP team will visit various work centers and shops throughout Lajes, and they will assess the compliance status of the base in 13 areas of environmental management called proto-

cols, which are based on federal regulations, Final Governing Standards as well as Air Force policy.

Hazardous materials management, hazardous waste management, storage tank management and toxics are some of the major protocols.

The entire list of protocols can be found on the Lajes Mission Events public folder or from a Unit Environmental Coordinator.

Environmental practices

are everyone's responsibility.

Each member of Team Lajes is accountable as it relates to every unit's mission and activities.

The UECs in each unit are there to ensure environmental compliance, inform and advise about environmental issues.

For more information or questions concerning the ECAMP, call a UEC or the environmental flight at 2-6558.

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## Overseas assignment available Aug. 5

AIR FORCE PERSONNEL CENTER — The Enlisted Quarterly Assignment Listing of overseas assignments for the April-June 2004 cycle will be available Aug. 5 on the personnel center Web site.

Individuals need to work through their military personnel flights or their commander's support staffs to update

assignment preferences by Aug. 21, officials said.

Airmen will be notified of their selection by mid-September.

EQUAL advertises upcoming assignment requirements broken out by Air Force Specialty Code and rank. Members are instructed to review their "dream sheets" and specifically list

their job preferences in order, based on the EQUAL offerings.

People can view the list through the Assignment Management System Web site at <https://afas.afpc.randolph.af.mil/amsweb/master.cfm> or at local MPFs.

Those on temporary duty during the advertising period can contact the nearest personnel office for assistance.

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To help wrestle this problem and see fewer people die in preventable accidents, Sheehan encourages people to use risk-management techniques and think about what might happen in any situation.

"Exercising risk management in everything we do, on- and off-duty, is the key to enjoying safe activities," Sheehan said. "We do a pretty good job with on-duty mishaps and fatalities because we have more control over how people conduct business. But people need to put those same techniques into practice with off-duty activities because the off-duty stuff can kill you just as dead as the on-duty things can."

Sheehan said if people apply the six steps of risk management, they can be reasonably assured there will be no surprises.

The six steps he referred to are:

— Identifying hazards associated with a particular activity.

— Assessing the impact each hazard has in relation to potential loss and severity.

— Determining controls necessary to reduce or eliminate the hazards.

— Making decisions as to accepting, avoiding or controlling the risk.

— Following through to make sure appropriate controls are used.

— Monitoring the situation and adjusting as necessary to keep things under control.

Take driving a vehicle for example, he said, citing that two- and four-wheeled vehicles account for nearly 90 percent of this year's 101 Critical Days deaths. Using risk-management techniques, an individual

would first consider hazards such as road conditions, traffic, impaired drivers, wildlife in the area and any unseen situations. People should also take into consideration their experience in driving in a particular kind of vehicle and conditions.

After assessing the risk and analyzing the control measures, they might want to check the weather and drive accordingly, listen to local radio stations for road conditions and travel outside peak-travel times, he said.

"Taking your time in unfamiliar areas and on gravel, slick roads and curves never hurts, either," he said.

Sheehan also suggests keeping road rage caged, not drinking and driving, being ready for wildlife since animals can dart in front of a vehicle at any time, driving de-

fensively and being cautious on unfamiliar roads. Checking into alternate methods of traveling and taking spare parts and tools on extended trips can help travelers be prepared for the unexpected.

Everyone, including supervisors and managers, needs to continue strong interaction with their co-workers and encourage each other to emphasize safety through the remaining 101 Critical Days of Summer, Sheehan said.

"This is the time of year where more activities are happening and therefore the risk of mishaps (increases)," he said. "With increased awareness and people taking the time to think about what might happen in any given situation, we can continue minimizing our mishaps and fatalities and bring our people back home safely."

## 'The case of Private Christina'

*Deployed mom speaks out on media criticism*



Private First Class Christina Carde

by **Private First Class Christina Carde**  
**Air Force Print News**

BAGRAM, Afghanistan — While sitting at my desk writing my daily article for the *Freedom Watch*, the local base newspaper, my co-worker casually turned to me and suggested that I type my name in the Yahoo search engine to see all of the articles I've written that have been posted on the Internet.

Not thinking anything of it, I typed my name in and began to scroll down headlines of stories I've written since my deployment to Afghanistan. I was not prepared for what I found.

"*Agape News Press — The case of Private Christina*," read one of the sites on the page. Curiously, I clicked on it to see what had been printed about me. I received the shock of a lifetime. Cort Kirkwood, a journalist and editor of *The Daily News Record* in Harrisonburg, Va., had read an article about me run by the Department of Defense Web news site, *Defend America*, entitled "A Mom's Mission" and had decided to rip it to shreds. He called me everything from basically an unfit mother for leaving my son to go off to war to a sellout for enlisting in the Army for "30 pieces of silver," a.k.a., the

Montgomery G.I. Bill.

As I read the article, I realized this was not only an attack on my three year-old son and me, but on all mothers deployed in the service of their country.

Since Mr. Kirkwood believes he is the subject matter expert on the lives of women in the military who he has never met or spoken to, I thought I would take the time to broaden his horizons using a few points he made in his article.

"*Patriotism ain't the real reason Pfc. Christina signed up (for the Army). She enlisted for college benefits and to improve her family's lot in life ... she enlisted for 30 pieces of silver.*"

Before I joined the Army, my son and I were living in one of the worst parts of New York City, where getting your next drug fix took nothing more than walking across the street or knocking on the neighbor's door. I was working nearly 60 hours a week was just barely paying the bills. My two-year old son could have walked out the door at any time and been shot during a drive-by.

I suppose I could have taken the alternate route and applied for public assistance so upstanding citizens like Mr. Kirkwood could pay my bills for me. But I decided to get out of the rut I was in on my own and joined the service. Now my son lives in a neighborhood where you can hear a pin drop and lights are out by 9 p.m.

"*Who are the military morons who think this is a good idea (to allow mothers to deploy overseas)?"*

When I came to this portion of the article, I could do nothing but sit back and laugh at the irony of his statement. The same "military morons" who give American women a chance to serve their country and provide for their families, are the same who fight and die along side many of these women in today's

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*'... Who are the military morons who think this is a good idea (to allow mothers to deploy overseas)?'*

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combat operations. They are the ones who give journalists like Kirkwood the freedom of press and speech to write tasteless, unprofessional and uneducated "news articles" such as "*The Case of Private Christina.*"

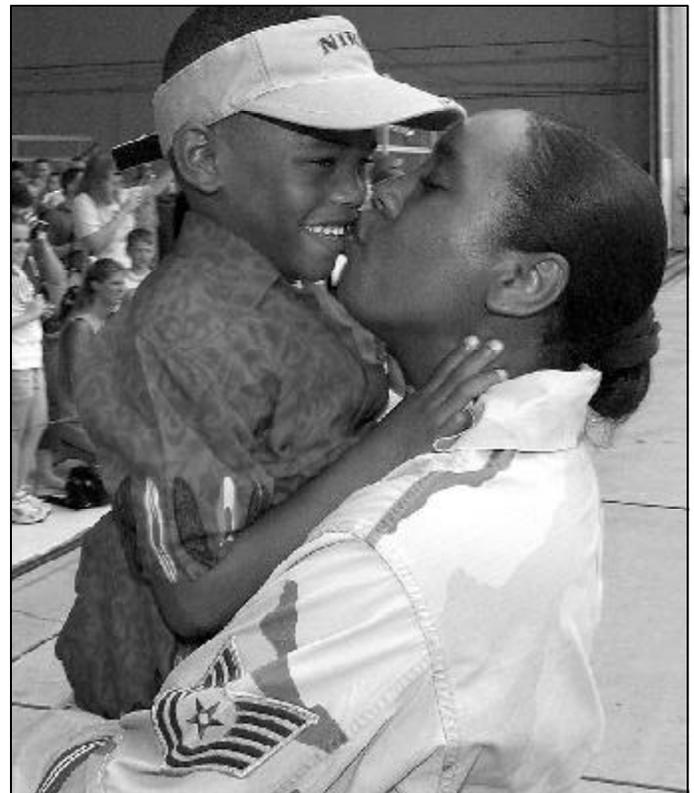
At least these mothers can return home with a sense of pride and accomplishment and be able to tell their children they had a part in defending our country.

What will Mr. Kirkwood be able to say other than he bashed the integrity and courage of these female troops during a time of war?

"*Perhaps the would-be MacArthurs see nothing wrong with a mother dumping on her young son,*" was the final statement that stood out for me in the article.

Like many other deployed parents, I haven't seen my son in six months. But, I know my son is in a safe place with everything he needs.

He will never be a child who has to wear second-hand clothing or the one stuck at home because I can't afford to send him on a class trip. That's the way things should be. If I have to deploy to keep it that way, then so be it.



Tech. Sgt. Kimberly Cummings gives her son, Justin, a kiss after returning home from Southwest Asia recently. *Cummings, assigned to Eglin AFB, Fla., is one of thousands women who deployed in support of Operation Enduring Freedom. (Photo by Staff Sgt. Norma Martinez)*

# Unsafe choice kills two airmen

by **Erich Ziehmer**  
**U.S. Air Forces in Europe Safety**

RAMSTEIN AIR BASE, Germany (AFP) — People may think "it's not going to happen to me." But they need to think again. No one is immune; preventable vehicle crashes happen all the time, according to safety officials here.

Automobile crashes do not mean just cuts, bruises and broken bones. They can mean permanent disfigurement or worse. They can mean death, as in the case of two U.S. Air Forces in Europe airmen.

A typical night of fun for the victims was to go to a local bar and play pool. After the bar closed, they would go to a nightclub to further socialize until it closed the next morning. Then they would go to breakfast and return home to sleep.

One particular weekend, the driver went out on a Friday night to play pool and socialize. After sleeping a short time Saturday morning, he went back out with friends and repeated these activities.

The driver and his passenger were returning home when the vehicle drifted across the roadway and crashed almost head-on into a tree. Both died.

The driver was found to have a blood alcohol content of .21; the passenger's

BAC was .24. Both readings were more than twice the legal limit. This mishap was not only preventable, it was predictable.

Safety office files are full of mishaps involving people with high-risk lifestyles. Major command and Air Force safety offices repeatedly publicize the dangers of fatigue, impaired driving, speeding, traffic conditions and environmental factors that lead to accidents. Some Air Force people are not learning from the mistakes of others.

Sometimes people forget there are facets of their lives that they have direct control over. Although airmen are on-call 24-hours a day, they are free to choose, within limits, how they spend off-duty time. A person's choice of lifestyle can influence other facets of their life, such as operating a vehicle. This influence directly affects the likelihood of being involved in a vehicle accident.

For example, when someone decides not to drive while impaired or fatigued, that reduces their mishap potential. When people take unnecessary risks such as drinking and driving, it increases the chances of being involved in a crash and endangering others.

Safety officials suggest the following ways to reduce the chances of being in a vehicle crash:

- Practice safe behaviors. Don't drink

and drive, take a taxi, use a designated driver or use the Airman Against Drunk Driving program.

- Don't speed. Obey traffic laws.

Adjust for road and weather conditions. Allow enough time and leave an appropriate stopping distance between vehicles.

- Don't drive aggressively. Be courteous to other drivers.

- Don't drive while tired. When traveling long distances, plan the trip to include rest stops and breaks. Stop when needed and avoid marathon driving.

- Don't drive distracted. Leave the cell phone and other gadgets alone. Focus on driving.

- Use personal protective equipment. Buckle up and use proper child safety seats, booster seats or restraints. Always wear motorcycle protective equipment.

- Drive defensively by watching out for the other guy. If one driver can cause a crash, then one driver can prevent one.

- Practice risk management in planning and executing the trip. If someone thinks it is unsafe, then it probably is unsafe.

Driving requires concentration, perception and judgment. Don't compromise safety for a moment. Before the key goes into the ignition, before the gear goes into drive, make sure all the risks have been weighed.

## Window tint may not pass inspection

Individuals who have vehicles with front-tinted windows or steering wheels on the right side should make some adjustments before having their vehicles inspected at the local vehicle inspection center.

According to Portuguese legislation in force, it's prohibited to have a tinted film covering the front windows of any type of vehicle (driver and front passenger's windows).

Vehicles with tinted film in the front windows will fail the inspection unless the film is removed.

Vehicles that fail the inspection due to this reason will be allowed to go back on the same day and be re-inspected at no additional

cost after the film is removed.

Vehicles that already have original factory smoked tinted windows, which should be very clear and without film, will pass inspection.

Also, owners of vehicles that have a steering wheel installed on the right side of the vehicle, will be required to have the headlights realigned by a mechanic since the high and low beam lights will shine more to the center of the road instead of the curbside and blind drivers driving from the opposite direction.

Similar to the case of the tinted film in the front windows, vehicles with the wrong headlights alignment will fail the inspection until

the problem is fixed.

All U.S. privately owned vehicles that arrive on the island must be inspected upon arrival regardless of the vehicle's age. Vehicles will be re-inspected every two years until they are 10 years old.

People who need to schedule a vehicle inspection can call 295-540-280. They also need to take all the vehicle's documents such as registration, ownership, etc.

The local vehicles inspection center (IPO) is located inside Praia da Vitoria's commercial port compound at Cabo da Praia and is open from 8 a.m. - 5 p.m., Monday through Thursday, and 8 a.m. - 4 p.m. on Fridays.



For further questions or clarification, call Joe Raposo at the Wing Safety Office at 2-3304.

# OUR STORIES

## New commander for COMM/MSS



(Above) Airman 1st Class Roselyn Christian briefs the new 65th Communications Squadron commander, Lt. Col. Kim Ramos, on information assurance policy. Ramos took over command June 20. (Photo by Staff Sgt. Michelle Michaud)



(Right) Maj. Suzanne Wheeler, the new 65th Mission Support Squadron commander, looks on as Christina Patti puts together smooth move folders at the Family Support Center. Wheeler took over command June 30. (Photo by Bill Hamelback)

## Everyday Hero

Senior Airman Telina Williams  
314th Medical Group

**Duty Title:** Aerospace medical journeyman

**Time here:** 10 months

**Time in Air Force:** Seven years

**I'm from:** Colorado

**Spouse/children:** husband Joseph and daughter Katrina

**The best part of my job:** is getting to meet different people

**My best Air Force experience:** It has all been wonderful

**I joined the Air Force:** To see the world

**Hobbies:** Reading and playing on the computer

**One word to describe me:** Spunky



(photo by Staff Sgt. Olenda Kleffner)

To nominate someone for the Everyday Hero, submit their name to [news@lajes.af.mil](mailto:news@lajes.af.mil)

# XBox gaming room opens

by Staff Sgt. Olenda Kleffner  
Crossroads staff

More than 60 people turned out for the grand opening and ribbon cutting of the new Xbox Gaming Room at the Lajes Community Activities Center July 25.

Lajes Field is one of the first bases throughout the U.S. Air Forces in Europe Command to link airmen together across the globe with the network video game center also called the Community Center Internet Gaming Café.

There are four Xbox gaming systems and about 50 games available to play, and while there is no fee, with the popularity of the game, there might be a waiting list.

"This is a great service for the people at Lajes, and the CAC staff and volunteers have worked hard to ensure a great experience," said Ian Foster, CAC director.

The Xbox gaming center is a way for members here to connect with friends and family throughout the world as long as they have access to the same live version of an Xbox game.

"When Lajes received the funds for the project, the community center staff immediately went to work devising a plan to bring the new room to life and really set the tone



The CAC has about 50 games available for checkout.

for the gaming room," said Foster. "The CAC staff and wing volunteers painted the walls with the famous black and green Xs associated with the Xbox. Then we had a local artist paint more detailed Xbox-related figures and the modern Air Force symbol."

During the last few months, the staff at the CAC has been busy measuring the room and finding furniture that fit the décor and the room.

"We ordered the furniture through a local vendor and had it shipped here from Spain," said Foster. "The furniture has a modern design and the natural curvature of the tables allows the users to sit comfortably without seeing the other player's screens."

Approximately 20 bases throughout the command should be con-



Jeff Rickert plays on one of four Xbox gaming systems at the Lajes Community Activities Center.

nected to Xbox live by the end of the fiscal year.

The gaming center is open 10 a.m.-8 p.m. Tuesday-Saturday and noon-5 p.m. Sunday.

For more information about Xbox live, call the CAC at 2-4135.



Col. Michael Giroux, 65th Mission Support Group commander, tests out the Xbox gaming system after the ribbon cutting of the new Xbox gaming room at the CAC July 25. (Photos by Staff Sgt. Michelle Michaud)

# TV GUIDE

## This Afternoon

- Noon  
 38- Alias: Phase One  
 39- Iron Chef (Yr. 1): Yogurt  
 1:00 PM  
 36- Headline News  
 37- Madeline: Madeline And The Giants  
 38- Headline News  
 39- Austin City Limits: Shemekia Copeland/Jimmie Vaughan  
 1:22 PM  
 38- Pacific Report  
 1:30 PM  
 36- World News This Morning  
 37- Rocket Power: The Night Before  
 38- Tonight Show With Jay Leno  
 1:45 PM  
 36- World News This Morning  
 2:00 PM  
 36- The Early Show  
 37- Kim Possible: Monkey Fist Strikes  
 39- The Entertainers  
 40- Baseball Tonight  
 2:30 PM  
 37- The Proud Family: Behind Family Lines  
 38- The Late Show With David Letterman  
 40- Sports Special NFL Yearbook: 2002 Philadelphia Eagles  
 3:00 PM  
 37- Jeopardy!  
 39- Rugrats: Visitors From Outer Space/ Case Of The MI  
 40- Sportscenter  
 3:30 PM  
 37- Headline News  
 38- Access Hollywood  
 39- Spongebob Squarepants (TV7): The Secret Box / Band Geeks  
 4:00 PM  
 36- Fox News Live  
 37- ESPNNews  
 38- The Truth About Cats And Dogs  
 39- 7th Heaven: Love Stinks (Pt. 1)  
 40- Baseball Tonight  
 4:30 PM  
 37- Headline News  
 40- Pardon The Interruption  
 5:00 PM  
 36- Fox News Live  
 37- The Simpsons: Moe Baby Blues  
 39- The Dead Zone: Netherworld  
 40- Sportscenter  
 5:30 PM  
 37- Malcolm In The Middle  
 5:45 PM  
 38- Awakenings

## This Evening

- 6:00 PM  
 36- Fox News Live  
 39- Crocodile Hunter: Dangerous Africans  
 40- Sports Special Gillette World Sport  
 6:15 PM  
 6:30 PM  
 40- Sports Special NFL Yearbook: 2002 Oakland Raiders  
 7:00 PM  
 36- Studio B With Shepard Smith  
 37- Alias: Phase One  
 39- Emergency Vets  
 40- ESPNNews  
 7:30 PM  
 39- Wild On The Set: Tattle Tails  
 8:00 PM  
 36- Inside Politics  
 37- Headline News  
 38- Today  
 39- Iron Chef (Yr. 1): Yogurt  
 40- PGA Tour Buick Open: Second Round  
 8:30 PM  
 36- Headline News  
 37- Tonight Show With Jay Leno  
 9:00 PM  
 36- Primetime  
 39- Austin City Limits: Shemekia Copeland/Jimmie Vaughan  
 9:30 PM  
 37- The Late Show With David Letterman  
 10:00 PM  
 36- Headline News  
 38- Baby Looney Tunes: Bruce

- Bunny  
 39- The Entertainers  
 40- Sportscenter  
 10:30 PM  
 36- NBC Nightly News  
 37- Access Hollywood  
 38- Dora: The Explorer: Hide And Go Seek  
 11:00 PM  
 36- ABC World News Tonight  
 37- The Truth About Cats And Dogs  
 38- The Wild Thornberrys: Two's Company  
 39- The View  
 40- MLB Teams TBD  
 11:30 PM  
 36- CBS Evening News  
 38- The Adventures Of Jimmy Neutron Boy Genius: Krunch Time/Substitute Creature

## Early Saturday

- Midnight  
 36- The Newshour  
 38- Pokemon: Johto League Champions  
 39- A Baby Story: Baby Frantangelo  
 12:30 AM  
 38- Even Stevens: Tight End In Traction  
 39- B. Smith With Style  
 12:45 AM  
 37- Awakenings  
 1:00 AM  
 36- Hannity & Colmes  
 38- Sports TBD  
 39- Trading Spaces  
 2:00 AM  
 36- The News With Brian Williams  
 39- American Juniors  
 40- MLB Teams TBD  
 3:00 AM  
 36- Bet Nightly News  
 37- Headline News  
 39- Everwood: Colin The Second  
 3:30 AM  
 36- Nightly Business Report  
 37- ESPNNews  
 4:00 AM  
 36- Larry King Live  
 37- Headline News  
 38- Endurance  
 39- Any Day Now: The Contest  
 4:30 AM  
 37- Headline News  
 38- The Best Of: Cakes  
 5:00 AM  
 36- Newsnight With Aaron Brown  
 37- Baby Looney Tunes: Bruce Bunny  
 38- WWE Raw!  
 39- Thelma & Louise  
 40- ESPNNews  
 5:30 AM  
 37- Dora: The Explorer: Hide And Go Seek  
 40- 54321

## Saturday Morning

- 6:00 AM  
 36- Lou Dobbs Tonight  
 37- The Wild Thornberrys: Two's Company  
 38- Junkyard Wars: Land Yachts  
 40- Sportscenter  
 6:30 AM  
 37- The Adventures Of Jimmy Neutron Boy Genius: Krunch Time/Substitute Creature  
 7:00 AM  
 36- Nightline  
 37- Pokemon: Johto League Champions  
 38- Headline News  
 39- The View  
 40- Sports Special 2003 Bassmaster Classic: Day 1 Weigh In  
 7:30 AM  
 36- Army Newswatch  
 37- Even Stevens: Tight End In Traction  
 38- Navy/Marine Corps News  
 8:00 AM  
 36- Hardball With Chris Matthews  
 37- Junkyard Wars: Land Yachts  
 38- Entertainment Tonight Weekend Edition  
 39- A Baby Story: Baby Frantangelo  
 40- Sports Special Real Sports With Bryant Gumbel  
 8:30 AM



**The BIG TICKET**

All movies start at 7 p.m. unless otherwise noted. (V, violence; S, sex or sensuality; D, drug use; L, language)

**Tonight — Down with Love.** PG-13 (S). Feminist writer Barbara Novak, has just penned Down With Love, a book denouncing romance in favor of career goals. When her new work hits the best-seller list, she is tracked down by womanizing journalist Catcher Block, and an unlikely romance blooms. 7 p.m. 2nd movie — **Dumb and Dumberer.** PG-13 (S,L) Set in 1986 when mentally challenged best friends Harry and Lloyd were Teenagers, this is the madcap comic tale of their attempt to get out of the "special needs" department and into regular high school life. 10 p.m.

**Saturday — Finding Nemo.** PG-13. Marlin is searching for his lost son Nemo. Nemo finds himself trapped in a dentist's office in Australia with other captives from the sea. Nemo and his new friends work on a plan to escape, while marlin swims closer to Nemo. 7 p.m.

**Sunday — Dumb and Dumberer.** PG-13 2 p.m. 2nd movie — 2 Fast 2 Furious. PG-13 (L,V) Former cop Brian O'Conner teams up with his ex-con pal Roman Pearce to transport a shipment of "dirty" money for shady Miami-based import-export dealer Carter Verone, while actually working with undercover agent Monica Clemente to bring Verone down. 7 p.m.

**Tuesday — 2 Fast 2 Furious.** PG-13 (L,V) 7 p.m.

**Wednesday — Down with Love.** PG-13(S) 7 p.m.

**Thursday — Dumb and Dumberer.** PG-13 (L,V) 7 p.m.

- 39- B. Smith With Style  
 9:00 AM  
 36- 48 Hours  
 37- Endurance  
 38- Headline News  
 39- Trading Spaces  
 40- NFL NY Jets vs Tampa Bay Buccaneers  
 9:30 AM  
 37- The Best Of: Cakes  
 38- ESPNNews  
 10:00 AM  
 36- The O'reilly Factor  
 37- Entertainment Tonight Weekend Edition  
 38- My Wife And Kids: Here Comes Da Judge  
 39- American Juniors  
 10:30 AM  
 38- 8 Simple Rules For Dating My Teenage Daughter: The Cool Parent  
 11:00 AM  
 36- CNN Saturday Morning  
 37- WWE Raw!  
 38- Enterprise: Horizon  
 39- Everwood: Colin The Second

## Saturday Afternoon

- Noon  
 36- Cnn Saturday Morning  
 37- My Wife And Kids: Here Comes Da Judge  
 38- Law & Order: House Calls  
 39- Any Day Now: The Contest  
 40- Sportscenter  
 12:30 PM  
 37- 8 Simple Rules For Dating My Teenage Daughter: The Cool Parent  
 1:00 PM  
 36- Saturday Today  
 37- Enterprise: Horizon  
 38- Headline News  
 39- Thelma & Louise  
 40- Nascar Craftsman Truck Series Power Stroke Diesel 200  
 1:30 PM  
 38- Saturday Night Live  
 2:00 PM  
 37- Law & Order: House Calls  
 3:00 PM  
 36- Wall Street Journal

- 37- Headline News  
 38- It's Showtime At The Apollo  
 39- The View  
 40- Sportscenter  
 3:30 PM  
 36- America's Black Forum  
 37- Navy/Marine Corps News  
 4:00 PM  
 36- News From Cnn  
 37- Sports TBD  
 38- Sports TBD  
 39- A Baby Story: Baby Frantangelo  
 40- Baseball Tonight  
 4:30 PM  
 39- B. Smith With Style  
 40- 54321  
 5:00 PM  
 36- Headline News  
 39- Trading Spaces  
 40- ESPNNews  
 5:30 PM  
 36- Army Newswatch  
 40- Sports Special Real Sports With Bryant Gumbel

## Saturday Evening

- 6:00 PM  
 36- 48 Hours  
 39- American Juniors  
 6:30 PM  
 40- ESPNNews  
 7:00 PM  
 36- MSNBC Live  
 37- Sports TBD  
 38- Headline News  
 39- Everwood: Colin The Second  
 40- PGA Tour Buick Open: Third Round  
 7:30 PM  
 38- Hour Of Power Episode 67  
 8:00 PM  
 36- Fox News Live  
 38- Celebration Of Victory: What Does God Want From You Part 2  
 39- Any Day Now: The Contest  
 8:30 PM  
 38- Coral Ridge Hour: God's Purpose For Your Life  
 9:00 PM  
 36- Fox News Live  
 38- The Word In The World: God Is

- Real  
 39- Thelma & Louise  
 9:30 PM  
 38- Cafe Video Singer/Songwriters  
 10:00 PM  
 36- Headline News  
 37- ESPNNews  
 38- Headline News  
 40- Sports Special 2003 Bassmaster Classic: Day 2 Weighin  
 10:30 PM  
 36- McLaughlin Group  
 38- Army Newswatch  
 11:00 PM  
 36- Capital Gang  
 37- Saturday Night Live  
 38- Sports TBD  
 39- Kingsley's Meadow: Faithfulness & Wisdom  
 40- ESPNNews  
 11:30 PM  
 39- Harvest With Greg Laurie A Message Of Forgiveness

## Early Sunday

- Midnight  
 36- Washington Week In Review  
 39- Precepts For Life: Abraham: God's Friend  
 40- Nascar Busch Series Kroger 200  
 12:30 AM  
 36- Headline News  
 37- It's Showtime At The Apollo  
 39- Real Videos: The Car Show  
 1:00 AM  
 36- People In The News  
 39- The Simpsons: \$Springfield  
 1:30 AM  
 37- The Entertainers  
 39- The Bernie Mac Show: Bernie Mac Ladies Man  
 2:00 AM  
 36- Cnn Saturday Night  
 38- ESPNNews  
 39- American Juniors  
 2:30 AM  
 37- American Athlete  
 39- The King Of Queens: Roamin' Holiday  
 40- ESPNNews  
 3:00 AM  
 36- Dateline International  
 37- Headline News  
 38- Between The Lions: The Fox And The Crow  
 39- Access Hollywood Special What's Really Going On?  
 40- Usga Weetabix Women's British Open: Third Round  
 3:30 AM  
 37- Hour Of Power Episode 67  
 38- Puzzle Place: Little Leon Big Ben  
 4:00 AM  
 36- Larry King Live  
 37- Celebration Of Victory: What Does God Want From You Part 2  
 38- My Friend Walter  
 39- Magnum P.I.: Heal Thyself  
 4:30 AM  
 37- Coral Ridge Hour: God's Purpose For Your Life  
 40- Sports Special U.S. Men's Gymnastics  
 5:00 AM  
 36- At Large With Geraldo Rivera  
 37- The Word In The World: God Is Real  
 39- Family Ties: Teacher's Pet  
 5:30 AM  
 37- Cafe Video Singer/Songwriters  
 38- Rugrats: Runaway Raptor (Pt. 2)  
 39- The Cosby Show: Cliff Babysits

## Sunday Morning

- 6:00 AM  
 36- Beltway Boys  
 37- Between The Lions: The Fox And The Crow  
 38- Motorweek  
 39- Chips: Moving Violation  
 40- Sportscenter  
 6:30 AM  
 36- Fox News Watch  
 37- Puzzle Place: Little Leon Big Ben  
 38- Ebert & Roeper At The Movies  
 7:00 AM  
 36- Headline News

37- My Friend Walter  
38- WWE Smackdown!  
39- Kingsley's Meadow:  
Faithfulness & Wisdom  
40- Horse Racing Whitney  
Handicap

7:30 AM

36- America's Black Forum  
39- Harvest With Greg Laurie A  
Message Of Forgiveness

8:00 AM

36- Headline News  
38- Andromeda: Immaculate  
Perception  
39- Precepts For Life: Abraham:  
God's Friend  
40- Baseball Tonight

8:30 AM

36- Navy/Marine Corps News  
37- Rugrats: Runaway Raptor  
(Pt. 2)  
39- Real Videos: The Car Show

9:00 AM

36- Big Story Weekend Edition  
37- Motorweek  
38- Headline News  
39- The Simpsons: \$Pringfield  
40- Sportscenter

9:30 AM

37- Ebert & Roeper At The  
Movies  
38- ESPNNews  
39- The Bernie Mac Show: Bernie  
Mac Ladies Man

10:00 AM

36- Cnn Presents  
37- Headline News  
38- 7th Heaven: Dick  
39- American Juniors  
40- MLB Teams TBD

10:30 AM

37- Army Newswatch  
39- The King Of Queens:  
Roamin' Holiday

11:00 AM

36- Fox & Friends  
37- Sports TBD  
38- Almost Famous  
39- Access Hollywood Special  
What's Really Going On?

### Sunday Afternoon

Noon

36- Fox & Friends  
39- Magnum P.I.: Heal Thyself

1:00 PM

36- CBS News Sunday Morning  
39- Family Ties: Teacher's Pet  
40- Sportscenter

1:15 PM

38- Headline News  
38- Seinfeld: The Reverse  
Peephole  
39- The Cosby Show: Cliff  
Babysits

1:30 PM

36- 60 Minutes  
38- The Oprah Winfrey Show:  
TBD  
39- Scientific American Frontiers

2:00 PM

37- WWE Smackdown!  
38- That 70's Show: Red's New  
Job  
39- Chips: Moving Violation  
40- Best Damn Sports Show  
Period

2:30 PM

36- Face The Nation  
38- Entertainment Tonight  
Weekend Edition

3:00 PM

36- Headline News  
37- Andromeda: Immaculate  
Perception  
39- Kingsley's Meadow:  
Faithfulness & Wisdom  
40- Sportscenter

3:30 PM

36- Navy/Marine Corps News  
38- America's Black Forum  
39- Harvest With Greg Laurie A  
Message Of Forgiveness

4:00 PM

36- Late Edition W/ Wolf Blitzer  
37- Sports TBD  
38- Sports TBD  
39- Precepts For Life: Abraham:  
God's Friend

4:30 PM

39- Real Videos: The Car Show  
40- Baseball Tonight

5:00 PM

39- The Simpsons: \$Pringfield  
40- MLB Teams TBD

5:30 PM

39- The Bernie Mac Show: Bernie  
Mac Ladies Man

### Sunday Evening

6:00 PM

39- American Juniors

6:30 PM

39- The King Of Queens:  
Roamin' Holiday

36- Fox News Live  
37- Sports TBD  
38- Sports TBD  
39- Access Hollywood Special  
What's Really Going On?

8:00 PM

36- CNNSunday  
39- Magnum P.I.: Heal Thyself  
40- USA Soccer San Jose  
Cyberrays @ Washington  
Freedom

9:00 PM

36- Meet The Press  
39- Family Ties: Teacher's Pet

9:30 PM

39- The Cosby Show: Cliff  
Babysits

10:00 PM

36- Tim Russert  
37- ESPNNews  
39- Chips: Moving Violation  
40- Iroc Auto Racing 2003 Iroc #4

11:00 PM

36- Fox Report  
37- Headline News  
38- Sesame Street  
39- Rugrats: Chuckie Loses His  
Glasses/ Chuckie Gets S

11:30 PM

37- Seinfeld: The Reverse  
Peephole  
39- Spongebob Squarepants  
(Tv7): The Graveyard Shift /  
Krusty Love

### Early Monday

Midnight

36- This Week  
37- That 70's Show: Red's New  
Job

12:30 AM

38- Harold And The Purple  
Crayon Children  
39- 7th Heaven: Love Stinks (Pt.  
2)  
40- MLB Teams TBD

12:30 AM

37- Entertainment Tonight  
Weekend Edition  
38- Wheel Of Fortune

1:00 AM

36- Dateline International  
38- Dr. Phil Show  
39- Dawson's Creek: All The  
Right Moves

1:30 AM

37- WWE Smackdown!  
36- 60 Minutes  
38- The Oprah Winfrey Show:  
TBD  
39- Scientific American Frontiers

2:00 AM

37- America's Black Forum

3:00 AM

36- CNN Sunday Evening  
37- Meet The Press  
38- Headline News  
39- New Detectives The:  
Collective Justice  
40- Sportscenter

3:30 AM

38- Judge Judy  
36- Face The Nation  
38- Entertainment Tonight  
Weekend Edition

4:00 AM

36- Larry King Live  
37- Headline News  
38- Port Charles  
39- Law & Order: Panic  
4:25 AM

4:30 AM

37- Guiding Light  
37- ESPNNews  
40- Baseball Tonight

5:00 AM

36- At Large With Geraldo Rivera  
37- Sesame Street  
39- The Edge

5:13 AM

38- General Hospital  
39- Wheel Of Fortune  
38- Lloyd In Space: Daydream  
Transceiver

5:30 AM

40- Sportscenter

### Monday Morning

6:00 AM

36- Access Hollywood  
37- Harold And The Purple  
Crayon Children  
38- Zoboamafo: Pets

6:30 AM

37- Wheel Of Fortune  
38- Lloyd In Space: Daydream  
Transceiver

7:00 AM

36- Beltway Boys  
37- The Oprah Winfrey Show:  
TBD  
38- Dear America: So Far From  
Home  
39- Rugrats: Chuckie Loses His  
Glasses/ Chuckie Gets S

36- Fox News Live  
37- ESPNNews  
38- Batman Returns  
39- 7th Heaven: Love Stinks (Pt.  
2)

4:30 PM

37- Headline News  
40- Sports Special Nfl Yearbook:  
2002 Green Bay Packers

5:00 PM

36- Fox News Live  
37- 60 Minutes  
39- Dawson's Creek: All The  
Right Moves  
40- Tennis

40- Golf Weetabix Women's  
British Open: Final Round  
7:30 AM

36- Fox News Watch  
38- Taina  
39- Spongebob Squarepants  
(Tv7): The Graveyard Shift /  
Krusty Love

8:00 AM

36- Bulls & Bears  
37- Port Charles  
38- Jeopardy!  
39- 7th Heaven: Love Stinks (Pt.  
2)

8:25 AM

37- Guiding Light  
36- Cavuto On Business  
38- Headline News  
40- Horse Racing Haskell  
Invitational & Jim Dandy Stakes

8:52 AM

38- Pacific Report

9:00 AM

36- Dateline  
38- ESPNNews  
39- Dawson's Creek: All The  
Right Moves

9:13 AM

37- General Hospital

9:30 AM

38- Headline News  
40- Sportscenter

9:52 AM

38- Pacific Report

10:00 AM

36- Access Hollywood  
37- Headline News  
38- 60 Minutes  
39- Scientific American Frontiers

10:30 AM

37- Judge Judy

11:00 AM

36- Good Morning America  
37- Today  
38- West Wing The: The  
California 47th  
39- New Detectives The:  
Collective Justice  
40- Baseball Tonight

### Monday Afternoon

Noon

38- C.S.I.: Miami: Breathless  
39- Law & Order: Panic  
40- NFL Pro Football Hall Of  
Fame Induction

1:00 PM

36- Headline News  
37- Zoboamafo: Pets  
38- Headline News  
39- The Edge

1:22 PM

38- Pacific Report

1:30 PM

36- World News This Morning  
37- Lloyd In Space: Daydream  
Transceiver  
38- Tonight Show With Jay Leno

1:45 PM

36- World News This Morning  
36- The Early Show  
37- Dear America: So Far From  
Home

2:30 PM

37- Taina  
38- The Late Show With David  
Letterman

3:00 PM

37- Jeopardy!  
39- Rugrats: Chuckie Loses His  
Glasses/ Chuckie Gets S

3:30 PM

40- Sportscenter  
37- Headline News  
38- Access Hollywood  
39- Spongebob Squarepants  
(Tv7): The Graveyard Shift /  
Krusty Love

4:00 PM

36- Fox News Live  
37- ESPNNews  
38- Batman Returns  
39- 7th Heaven: Love Stinks (Pt.  
2)

4:30 PM

37- Headline News  
40- Sports Special Nfl Yearbook:  
2002 Green Bay Packers

5:00 PM

36- Fox News Live  
37- 60 Minutes  
39- Dawson's Creek: All The  
Right Moves  
40- Tennis

36- West Wing The: The  
California 47th  
39- Scientific American Frontiers

6:15 PM

38- Iceman  
36- Studio B With Shepard  
Smith  
37- C.S.I.: Miami: Breathless  
39- New Detectives The:  
Collective Justice

8:00 PM

36- Inside Politics  
37- Headline News  
38- Headline News  
39- Law & Order: Panic

8:30 PM

36- Headline News  
37- Tonight Show With Jay Leno  
38- ESPNNews

9:00 PM

36- Dateline  
38- Today  
39- The Edge  
40- Around The Horn

9:30 PM

37- The Late Show With David  
Letterman  
40- Pardon The Interruption

10:00 PM

36- Headline News  
40- Sportscenter

10:30 PM

36- NBC Nightly News  
37- Access Hollywood

11:00 PM

36- ABC World News Tonight  
37- Batman Returns  
38- Sesame Street  
39- Rugrats: Meet The  
Carmichaels/ The Box  
40- Nhra Auto Racing Fram Auto  
Lite Nhra Nationals: Finals

11:30 PM

36- CBS Evening News  
39- Spongebob Squarepants  
(Tv7): Procrastination / I'm With  
Stupid

### Early Tuesday

Midnight

36- The Newshour  
38- Dragon Tales: Quetzal's  
Magic Popup Book  
39- The Simpsons: The  
Simpson's Christmas Special

12:30 AM

38- Wheel Of Fortune  
39- Home Improvement: Pilot

1:00 AM

36- Hannity & Colmes  
38- Dr. Phil Show  
39- Ed: The Case

1:15 AM

37- Iceman  
36- The News With Brian  
Williams  
38- The Oprah Winfrey Show:  
TBD  
39- Biography: The Von Trapp  
Family  
40- Totally Nascar

2:00 AM

40- 54321  
36- BETNightly News  
37- Headline News  
38- NBC Nightly News  
39- Inside The Actor's Studio:  
The Simpsons  
40- Sportscenter

3:00 AM

36- Nightly Business Report  
37- ESPNNews  
38- Judge Judy

4:00 AM

36- Larry King Live  
37- Headline News  
38- Port Charles  
39- The Cider House Rules  
40- Baseball Tonight

4:25 AM

38- Guiding Light  
37- Headline News  
40- Pardon The Interruption

5:00 AM

36- Newsnight With Aaron  
Brown  
37- Sesame Street  
40- Best Damn Sports Show  
Period

5:13 AM

38- General Hospital

### Tuesday Morning

6:00 AM

36- Lou Dobbs Tonight  
37- Dragon Tales: Quetzal's  
Magic Popup Book

38- Happily Ever After:  
Rapunzel  
40- Sportscenter

6:30 AM

37- Wheel Of Fortune  
38- Mary Kate & Ashley In  
Action!: Bad Hair Day  
39- Ebert & Roeper At The  
Movies

7:00 AM

36- Nightline  
37- The Oprah Winfrey Show:  
TBD

8:00 AM

38- Boy Meets World: Seven The  
Hard Way Pt. 2  
39- Rugrats: Meet The  
Carmichaels/ The Box  
40- MLB Teams TBD

7:30 AM

36- Army Newswatch  
38- The Amanda Show  
39- Spongebob Squarepants  
(Tv7): Procrastination / I'm With  
Stupid

8:00 AM

36- Hardball With Chris  
Matthews  
37- Port Charles  
38- Jeopardy!  
39- The Simpsons: The  
Simpson's Christmas Special

8:25 AM

37- Guiding Light

8:30 AM

38- Headline News  
39- Home Improvement: Pilot

8:52 AM

38- Pacific Report

9:00 AM

36- 20/20  
38- Headline News  
39- Ed: The Case

9:13 AM

37- General Hospital

9:22 AM

38- Pacific Report  
36- The O'reilly Factor  
37- Headline News  
39- Biography: The Von Trapp  
Family  
40- Sportscenter

10:30 AM

37- Judge Judy

11:00 AM

36- Good Morning America  
37- Today  
39- Inside The Actor's Studio:  
The Simpsons  
40- Nascar Winston Cup Series  
Brickyard 400

### Tuesday Afternoon

Noon

39- The Cider House Rules

1:00 PM

36- Headline News  
37- Happily Ever After:  
Rapunzel  
38- Headline News

1:22 PM

38- Pacific Report

1:30 PM

36- World News This Morning  
37- Mary Kate & Ashley In  
Action!: Bad Hair Day  
38- Tonight Show With Jay Leno

1:45 PM

36- World News This Morning

2:00 PM

36- The Early Show  
37- Boy Meets World: Seven The  
Hard Way Pt. 2

2:30 PM

37- The Amanda Show  
38- The Late Show With David  
Letterman  
39- Ebert & Roeper At The  
Movies  
40- Pardon The Interruption

3:00 PM

37- Jeopardy!  
39- Rugrats: Meet The  
Carmichaels/ The Box  
40- Sportscenter

3:30 PM

37- Headline News  
38- Access Hollywood  
39- Spongebob Squarepants  
(Tv7): Procrastination / I'm With  
Stupid

4:00 PM

36- Fox News Live  
37- ESPNNews  
38- 28 Days  
39- The Simpsons: The  
Simpson's Christmas Special  
40- Baseball Tonight

4:30 PM

37- Headline News  
39- Home Improvement: Pilot

5:00 PM  
 36- Fox News Live  
 37- 7th Heaven: Dick  
 39- Ed: The Case  
 40- NFL Green Bay Packers Vs  
 Kansas City Chiefs

**Tuesday Evening**

6:00 PM  
 36- Fox News Live  
 37- Almost Famous  
 39- Biography: The Von Trapp  
 Family  
 6:15 PM  
 38- His Girl Friday  
 7:00 PM  
 36- Studio B With Shepard  
 Smith  
 39- Inside The Actor's Studio:  
 The Simpsons  
 40-  
 8:00 PM  
 36- Inside Politics  
 38- Headline News  
 39- The Cider House Rules  
 40- ESPNNews  
 8:15 PM  
 37- Headline News  
 8:30 PM  
 36- Army Newswatch  
 38- ESPNNews  
 8:45 PM  
 37- Tonight Show With Jay Leno  
 9:00 PM  
 36- 20/20  
 38- Today  
 40- Around The Horn  
 9:30 PM  
 40- Pardon The Interruption  
 9:45 PM  
 37- The Late Show With David  
 Letterman  
 10:00 PM  
 36- Headline News  
 40- Sportscenter  
 10:30 PM  
 36- NBC Nightly News  
 39- Ebert & Roeper At The  
 Movies  
 10:45 PM  
 37- Access Hollywood  
 11:00 PM  
 36- ABC World News Tonight  
 38- Sesame Street  
 39- Rugrats: Down The Drain/  
 Let Them Eat Cake  
 40- MLB Teams TBD  
 11:15 PM  
 37- 28 Days  
 11:30 PM  
 36- CBS Evening News  
 39- Spongebob Squarepants  
 (TV7): Sailor Mouth / Artist  
 Unknown

**Early Wednesday**

Midnight  
 36- The Newshour  
 38- Oswald: Henry Needs A  
 Haircut/ Flippy The Fish  
 39- The Simpsons: Bart The  
 Genius  
 12:30 AM  
 38- Wheel Of Fortune  
 39- Home Improvement: Mow  
 Better Blues  
 1:00 AM  
 36- Hannity & Colmes  
 38- Dr. Phil Show  
 39- Star Trek: Next Generation:  
 Violations  
 1:15 AM  
 37- His Girl Friday  
 2:00 AM  
 36- The News With Brian  
 Williams  
 38- The Oprah Winfrey Show:  
 TBD  
 39- Navy Seals Training: The  
 Homestretch (Pt. 6)  
 40- Tennis  
 3:00 AM  
 36- Bet Nightly News  
 37- Headline News  
 38- NBC Nightly News  
 39- The Color Of War: Victory  
 3:30 AM  
 36- Nightly Business Report  
 37- ESPNNews  
 38- Judge Judy  
 4:00 AM  
 36- Larry King Live  
 37- Headline News  
 38- Port Charles  
 39- The Practice: The Day After  
 40- Baseball Tonight  
 4:25 AM  
 38- Guiding Light  
 4:30 AM  
 37- Headline News  
 40- Pardon The Interruption

5:00 AM  
 36- Newsnight With Aaron  
 Brown  
 37- Sesame Street  
 39- Mr. Destiny  
 40- Rome Is Burning  
 5:13 AM  
 38- General Hospital

**Wednesday Morning**

6:00 AM  
 36- Lou Dobbs Tonight  
 37- Oswald: Henry Needs A  
 Haircut/ Flippy The Fish  
 38- Arthur: Just Desserts/ The  
 Big Dig  
 40- Sportscenter  
 6:30 AM  
 37- Wheel Of Fortune  
 38- Brand Spanking New Doug  
 (TV7): Judy Judy Judy  
 7:00 AM  
 36- Nightline  
 37- The Oprah Winfrey Show:  
 TBD  
 38- Scouts Safari  
 39- Rugrats: Down The Drain/  
 Let Them Eat Cake  
 40- Tuesday Night Fights  
 Weightclass Opponents & Venue  
 TBD  
 7:30 AM  
 36- Headline News  
 38- Standard Deviants: A Rock's  
 Life  
 39- Spongebob Squarepants  
 (TV7): Sailor Mouth / Artist  
 Unknown  
 8:00 AM  
 36- Hardball With Chris  
 Matthews  
 37- Port Charles  
 38- Jeopardy!  
 39- The Simpsons: Bart The  
 Genius  
 8:25 AM  
 37- Guiding Light  
 8:30 AM  
 38- Headline News  
 39- Home Improvement: Mow  
 Better Blues  
 8:52 AM  
 38- Pacific Report  
 9:00 AM  
 36- Dateline  
 38- ESPNNews  
 39- Star Trek: Next Generation:  
 Violations  
 40- Sportscenter  
 9:13 AM  
 37- General Hospital  
 9:30 AM  
 38- Headline News  
 9:52 AM  
 38- Pacific Report  
 10:00 AM  
 36- The O'reilly Factor  
 37- Headline News  
 38- George Lopez: A Kiss Is Just  
 A Kiss  
 39- Navy Seals Training: The  
 Homestretch (Pt. 6)  
 40- Baseball Tonight  
 10:30 AM  
 37- Judge Judy  
 38- The Bernie Mac Show: Nut  
 Job  
 40- 54321  
 11:00 AM  
 36- Good Morning America  
 37- Today  
 38- Fear Factor: Dog Attack/ Gas  
 Chamber/ Car Carrier Drivethru  
 39- The Color Of War: Victory  
 40- MLB Teams TBD

**Wednesday Afternoon**

Noon  
 38- Boston Public: Chapter  
 Fiftyone  
 39- The Practice: The Day After  
 1:00 PM  
 36- Headline News  
 37- Arthur: Just Desserts/ The  
 Big Dig  
 38- Headline News  
 39- Mr. Destiny  
 1:22 PM  
 38- Pacific Report  
 1:30 PM  
 36- World News This Morning  
 37- Brand Spanking New Doug  
 (TV7): Judy Judy Judy  
 38- Tonight Show With Jay Leno  
 1:45 PM  
 36- World News This Morning  
 2:00 PM  
 36- The Early Show  
 37- Scouts Safari  
 40- Baseball Tonight  
 2:30 PM

37- Standard Deviants: A Rock's  
 Life  
 38- The Late Show With David  
 Letterman  
 2:00 AM  
 36- The News With Brian  
 Williams  
 38- The Oprah Winfrey Show:  
 TBD  
 39- Haunted History: Tombstone  
 40- MLB Teams TBD  
 3:00 AM  
 36- Bet Nightly News  
 37- Headline News  
 38- NBC Nightly News  
 39- Ancient Mysteries: Ancient  
 Rome & Its Mysterious Cities  
 3:30 AM  
 36- Jeopardy!  
 39- Rugrats: Down The Drain/  
 Let Them Eat Cake  
 40- Sportscenter  
 3:30 PM  
 37- Headline News  
 38- Access Hollywood  
 39- Spongebob Squarepants  
 (TV7): Sailor Mouth / Artist  
 Unknown  
 4:00 PM  
 36- Fox News Live  
 37- ESPNNews  
 38- Planes Trains & Automobiles  
 39- The Simpsons: Bart The  
 Genius  
 40- Baseball Tonight  
 4:30 PM  
 37- Headline News  
 39- Home Improvement: Mow  
 Better Blues  
 40- NFL 2night  
 5:00 PM  
 36- Fox News Live  
 37- George Lopez: A Kiss Is Just  
 A Kiss  
 39- Star Trek: Next Generation:  
 Violations  
 40- Sports Special NFL  
 Yearbook: 2002 Tampa Bay  
 Buccaneers  
 5:30 PM  
 37- The Bernie Mac Show: Nut  
 Job  
 40- Sports Special NFL Yearbook:  
 2002 New England Patriots  
 5:45 PM  
 38- Serpico

**Wednesday Evening**

6:00 PM  
 36- Fox News Live  
 37- Fear Factor: Dog Attack/ Gas  
 Chamber/ Car Carrier Drivethru  
 39- Navy Seals Training: The  
 Homestretch (Pt. 6)  
 40- MLB Teams TBD  
 7:00 PM  
 36- Studio B With Shepard  
 Smith  
 37- Boston Public: Chapter  
 Fiftyone  
 39- The Color Of War: Victory  
 8:00 PM  
 36- Inside Politics  
 37- Headline News  
 38- Headline News  
 39- The Practice: The Day After  
 8:30 PM  
 36- Headline News  
 37- Tonight Show With Jay Leno  
 38- ESPNNews  
 9:00 PM  
 36- Dateline  
 38- Today  
 39- Mr. Destiny  
 40- Around The Horn  
 9:30 PM  
 37- The Late Show With David  
 Letterman  
 40- Pardon The Interruption  
 10:00 PM  
 36- Headline News  
 40- Sportscenter  
 10:30 PM  
 36- NBC Nightly News  
 37- Access Hollywood  
 11:00 PM  
 36- ABC World News Tonight  
 37- Planes Trains & Automobiles  
 38- Sesame Street  
 39- Rugrats: Rebel Without A  
 Teddy Bear/ Angelica  
 40- NFL2night  
 11:30 PM  
 36- CBS Evening News  
 39- Spongebob Squarepants  
 (TV7): Jellyfish Hunters / The  
 Fry Cook Games  
 40- Tennis

**Early Thursday**

Midnight  
 36- The Newshour  
 38- Blue's Clues: Shy  
 39- The Simpsons: Homer's  
 Odyssey  
 12:30 AM  
 38- Wheel Of Fortune  
 39- Home Improvement: Off  
 Sides  
 12:45 AM  
 37- Serpico  
 1:00 AM  
 36- Hannity & Colmes

38- Dr. Phil Show  
 39- Touched By An Angel:  
 Jump!  
 2:00 AM  
 36- The News With Brian  
 Williams  
 38- The Oprah Winfrey Show:  
 TBD  
 39- Haunted History: Tombstone  
 40- MLB Teams TBD  
 3:00 AM  
 36- Bet Nightly News  
 37- Headline News  
 38- NBC Nightly News  
 39- Ancient Mysteries: Ancient  
 Rome & Its Mysterious Cities  
 3:30 AM  
 36- Nightly Business Report  
 37- ESPNNews  
 38- Judge Judy  
 4:00 AM  
 36- Larry King Live  
 37- Headline News  
 38- Port Charles  
 39- The West Wing: The  
 Leadership Breakfast  
 4:25 AM  
 38- Guiding Light  
 4:30 AM  
 37- Headline News  
 5:00 AM  
 36- Newsnight With Aaron  
 Brown  
 37- Sesame Street  
 39- Masterpiece Theater:  
 Shooting The Past (Pt. 2)  
 40- ESPNNews  
 5:13 AM  
 38- General Hospital  
 5:30 AM  
 40- 54321

**Thursday Morning**

6:00 AM  
 36- Lou Dobbs Tonight  
 37- Blue's Clues: Shy  
 38- Disney's Mickey  
 Mouseworks  
 39-  
 40- Sportscenter  
 6:30 AM  
 37- Wheel Of Fortune  
 38- Disney's Recess: That  
 Stinking Feeling / Lord Of The  
 Nerds  
 39- Every Woman: Episode 7  
 7:00 AM  
 36- Nightline  
 37- The Oprah Winfrey Show:  
 TBD  
 38- Pokemon: The Johto  
 Journey's: A Farfetch'd Tale  
 39- Rugrats: Rebel Without A  
 Teddy Bear/ Angelica  
 40- MLB Teams TBD  
 7:30 AM  
 36- Navy/Marine Corps News  
 38- The Mummy: The Animated  
 Series  
 39- Spongebob Squarepants  
 (TV7): Jellyfish Hunters / The  
 Fry Cook Games  
 8:00 AM  
 36- Hardball With Chris  
 Matthews  
 37- Port Charles  
 38- Jeopardy!  
 39- The Simpsons: Homer's  
 Odyssey  
 8:25 AM  
 37- Guiding Light  
 8:30 AM  
 38- Headline News  
 39- Home Improvement: Off  
 Sides  
 8:52 AM  
 38- Pacific Report  
 9:00 AM  
 36- 60 Minutes II  
 38- ESPNNews  
 39- Touched By An Angel  
 9:13 AM  
 37- General Hospital  
 9:30 AM  
 38- Headline News  
 9:52 AM  
 38- Pacific Report  
 10:00 AM  
 36- The O'reilly Factor  
 37- Headline News  
 38- Everybody Loves Raymond  
 Episode 18  
 39- Haunted History: Tombstone  
 40- Sportscenter  
 10:25 AM  
 38- Will & Grace: Bacon And  
 Eggs  
 10:30 AM  
 37- Judge Judy  
 10:50 AM  
 38- Reel Time Command

Information Block  
 11:00 AM  
 36- Good Morning America  
 37- Today  
 38- Meet My Folks  
 39- Ancient Mysteries: Ancient  
 Rome & Its Mysterious Cities  
 40- Baseball Tonight  
 11:30 AM  
 40- Pardon The Interruption

**Thursday Afternoon**

Noon  
 38- C.S.I.: Crime Scene  
 Investigation: The Accused Is  
 Entitled  
 39- The West Wing: The  
 Leadership Breakfast  
 40- MLB Teams TBD  
 1:00 PM  
 36- Headline News  
 37- Disney's Mickey  
 Mouseworks  
 38- Headline News  
 39- Masterpiece Theater:  
 Shooting The Past (Pt. 2)  
 1:22 PM  
 38- Pacific Report  
 1:30 PM  
 36- World News This Morning  
 37- Disney's Recess: That  
 Stinking Feeling / Lord Of The  
 Nerds  
 38- Tonight Show With Jay Leno  
 1:45 PM  
 36- World News This Morning  
 2:00 PM  
 36- The Early Show  
 37- Pokemon: The Johto  
 Journey's: A Farfetch'd Tale  
 40- Baseball Tonight  
 2:30 PM  
 37- The Mummy: The Animated  
 Series  
 38- The Late Show With David  
 Letterman  
 39- Every Woman: Episode 7  
 40- Sports Special NFL Live  
 (Formerly NFL 2night )  
 3:00 PM  
 37- Jeopardy!  
 39- Rugrats: Rebel Without A  
 Teddy Bear/ Angelica  
 40- Sportscenter  
 3:30 PM  
 37- Headline News  
 38- Access Hollywood  
 39- Spongebob Squarepants



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# PLANNER & DATEBOOK

## Bullfights

Today: 6:30 p.m., Largo da Fonte, São Sebastião  
Saturday: 6 p.m., Areeiro, Fontinhas ; 6:30 p.m. Terreiro, Porto Judeu  
Sunday: 6:30 p.m., Santo Antonio, Porto Judeu  
Tuesday: 6 p.m., Juncal  
Wednesday: 6 p.m., Juncal and Quatro Ribeiras  
Thursday: 6 p.m. - Quatro Ribeiras

## Meetings/Events

HCC meeting: A Health Care Council meeting is scheduled for 3 p.m. Wednesday at the Base Chapel. The meeting is for all active duty, civilian and dependents. The TRICARE Europe team is scheduled to brief. The HCC is will focus on community issues and concerns, and review major policy decisions affecting the military treatment facility. For an issue or concern that needs to be addressed, e-mail robert.paz@lajes.af.mil.

Pre-teen campout: A pre-teen campout is scheduled for ages 6-12 from 6 p.m.- 8 a.m. Aug. 22-23 at Lajes Youth Center field & play area. Dinner, breakfast, snacks, games and tents will be provided. The cost is \$15.75 for members and \$23.75 for non-members. All participants must be signed up by Aug. 20. For more, call Joanne Cozart at 2-1197.

Free financial classes: Budgeting/Credit class is 6 - 8 p.m., Tuesday in the FSC classroom, Bldg T-126.

AWANA Leader's Introduction Meeting, Sat. Aug. 2nd 9-11:30 a.m. at the Chapel. Awana is a Bible-based Christian Club for boys and girls ages 3 -18. 3 years - 6<sup>th</sup> grade meets Tuesdays from 6-8:10 p.m. 7<sup>th</sup> - 12<sup>th</sup> grade meets Sundays 4:15-6:00 p.m. Both Clubs meet at the Chapel.

Children's theatre: Auditions for the International Tour Project Missoula Children's Theatre "Cinderella" are 3-5 p.m. Aug. 25 at the Community Center. Children in kindergarten - 12th grade are eligible for tryouts. Rehearsals are Aug. 25-29, and the performances are 3 and 7 p.m. Aug. 30, at the Community Center. For more, call Joanne Cozart at 2-1197.

Transition Assistance Program Workshop: The TAP workshop is 10 a.m. - 5 p.m. Wednesday, and 8 a.m. to 4 p.m. Aug 7 - 8 in the Family Support Center classroom. Call 2-4138 to sign up or for more information.

Aerobics: Must have at least two people per class. Step and tone (8:30 a.m.), "Cardio K" (Noon and 5:45 p.m.), and karate (7 p.m.) classes happen Monday, Wednesdays and Fridays. Step (5:15 p.m.) and Tone (6:15 p.m.) classes happen Tuesdays and Thursdays.

Rock wall: Learn to climb the fitness center's rock wall Tuesdays from 6-7:30 p.m. and Thursdays from 10-11:30 a.m. For more, call 2-5151.

Tae Kwon Do: Classes for ages 5-12 are Tuesdays, 7:30-8:30 p.m. and Saturdays 11 a.m.-noon. Classes for ages 13

<https://firstlook.usafe.af.mil>

and older are Thursdays from 7:30-8:30 p.m. and Saturdays from 11 a.m.-noon. Cost is \$25 per month. For more, call 2-5151.

Enroll in Research in Human Relations, a required course for The University of Oklahoma's Master of Human Relations degree, by Aug. 11. Call 2-3171 for more.

Embry-Riddle Aeronautical University is not just about aviation. Embry-Riddle offers a bachelor's degree in Technical Management. This is a degree program designed to meet the growing needs of employers in technical career fields. Technical Management prepares students to take on leadership roles in their desired technical fields such as engineering, logistics, medical, aviation, criminology and other technical specialties. Students can receive 15 semester hours of transfer credits from military or industrial education programs. For more, contact Tina Lake at Ext.2-3375 or stop by Bldg. T-400, Rm 206.

Family Support Center classes: Car buying class is 6 - 8 p.m., Aug. 19 in the FSC classroom in building T-126. Beginning PowerPoint is 10 a.m., Aug. 20 in the T-126 computer room. Come learn how easy PowerPoint is. Intermediate PowerPoint class is 10 a.m. Aug. 21 in the T-126 computer room. Learn to put photos, clip art, sound, and animation in slide shows, and to make a photo album slide show. Microsoft Word class is 10 a.m., Aug. 27 in the T-126 computer room. Learn the basics as well as some Word features to improve writing skills, and helpful tips and shortcuts. All computer classes are hands-on. For more information or to sign up for any of these classes call 2-4138.

Fall Enrollments: The University of Oklahoma is now accepting enrollments for fall on-site courses for the Master of Human Relations degree. Enroll by August 11. Call 2-3171 for an appointment.

Graduate course: Enroll in Research in Human Relations, a required course for The University of Oklahoma's Master of Human Relations degree, by Aug. 11. For more, call 2-3171.

## Closures/Shifts

On Aug. 22 the Lajes Post Office will only be open 9:30 - 11 a.m. due to a squadron function. Customers may still check their boxes as usual. Normal business hours will resume on Aug. 23.

Piano player needed: A piano accompanist is needed for the Lajes performance of "Cinderella" directed by the Missoula Children's Theatre Aug. 25-30 at the community center. The accompanist should be an experienced and mature piano player. The registration deadline is as soon as possible. NEED CONTACT INFORMATION

Skating rink: The skating rink has two part-time positions open. Pick up applications at the 65th Services Squadron human resource office, Bldg. T-112.

Various positions available: The fam-

ily support center has various volunteer opportunities available. For more, call Carol Burns at 2-4138.

## Sports

A 5K fun run is scheduled for 3 p.m. Aug. 8. All participants must be 18, and registration deadline is by close of business Wednesday. For more, call 2-4135.

Cheerleading camp: The LYP is accepting applications for cheerleading camp. Sign-ups run through Sunday for children ages 6-18. For more, call Jolene Wilkinson, 2-3273.

Roller hockey: Strap on a pair of inline skates and join the fun. Some equipment is provided, all skill levels encouraged. For more, call Staff Sgt. Joshua Gray at 2-3497.

Lajes Company Grade Officers Council 2003 Golf Tournament - 4-person best-ball scramble, \$12 a person has been rescheduled for Aug. 8. For more, Call Capt. Gil Hinojosa at 2-3712 or email gilbert.hinojosa@lajes.af.mil.

Youth sports: Organizers of youth sports will soon have elections for new officers. For more, call Senior Master Sgt. Tom Kierstead at 2-2208.

Soccer camp: The LYP is accepting applications for the soccer camp. Sign-ups run through Aug. 15 for ages 4-18. Registration cost: \$21/\$25 for members without/with a picture and \$31/\$35 for non-members without/with a picture. For more, call Jolene Wilkinson, 2-3273.

Golf Tournament: The 3rd Annual Lajes Field Golf Tournament is Aug. 29-30. The fee is \$35 per person, and registration deadline is 4 p.m. Aug. 26. For more, call Bill Curry at 2-5151, Ken Riggins at 2-1332 or Rich Christie at 2-6156.

Masons: Masons Organization will hold a 3-on-3 basketball tournament/barbeque sale Aug. 9th at Ocean View Park. For more, call Terrence Packer at 2-3188.

## Classified Ads

Auto: 1993 Mazda MX-6, Black, A/C, Power windows, Sunroof, CD player 200K miles but no mechanical problems. Great Island Car \$1500 OBO Call 295-543-911 and leave message or call 968-658-629
1988 Plymouth Reliant w/only 37k. Runs smooth, new rear brakes, interior in good cond. Insp. good till Dec. 03. \$1500. Available in Sept. Call 2-3514 8a-4p, 295-549-529 5-8p
1995 Citroen AX Tonic, Insp. Good until Feb 2005. 4-door, 4-speed, awesome mpg. Runs & looks great! \$2300 OBO. Call 295 549 590 or Cell 964 279 637.
1993 Renault 19, excellent Condition, inspection good until Nov. 03, \$2,500. Call 918178232 or 919115436.
For sale: Pioneer DVD/CD Player, \$100; Small Dog/Cat Kennel, \$10; Upright Hoover Vacuum, \$35, call George at 295-549-555 or 2-5064
Palm Pilot III c with all software, accessories and Hot Sync cradle for PC \$200/OBO; Silent Hill 2 X box game, like new \$20; Cell phone with extra case and charger \$25, call 295-549-809, leave message
Infinity SM 120 speakers with 12" woofers. \$100 for set. Very good condition. Call 295-516-090. Leave message.

# Lajes shapes up with aerobics

Carla Leite, an aerobics instructor at the fitness center, teaches her noon cardio class some workout moves Wednesday.

The schedule for the classes is:

**Step and tone class** - 8:30 a.m. every Monday, Wednesday, and Friday.

**Cardio class** - noon and 5:45 p.m. every Monday, Wednesday and Friday.

**Karate class** - 7 p.m. every Monday and Wednesday.

**Step class** - 5:15 p.m. every Tuesday and Thursday.

**Tone class** - 6:15 p.m. every Tuesday and Thursday.

Every class must have at least two people per class.



Photos by Staff Sgt. Michelle Michaud

