

\$50,000 from the U.S. Air Forces in Europe Combat Proud Competition is being put to great use. Page 2.

First Look

Making rank

Congratulations to the following members of Team Lajes:

Lt. Col. selects are **Maj. Michael Nelson**, 65th Civil Engineer Squadron, and **Maj. John Roden**, 65th Air Base Wing

Captains selects are **1st Lt. Cory Aldean**, 65th Medical Support Squadron; **1st Lt. Donald Crabtree**, 65th Civil Engineer Squadron, **1st Lt. Scott Denny**, 65th Operations Support Squadron; **1st Lt. Marlon Elbelau**, 65th Comptroller Squadron; **1st Lt. Andrew Hoisington**, 65th CES

Angra Jazz Festival

The Angra Jazz Festival is today-Monday at the Congress and Cultural Center in Angra.

Today: 9:30 p.m., Paula Oliveira Quartet (Portugal); 11:30 p.m., Angra Jazz Orchestra

Saturday: 9:30 p.m., Bireli Lagrene – Gipsy Project Quartet (France); 11:30 p.m., Herbie Nichols Project (USA)

Sunday: 9:30 p.m., Mark Murphy Quintet (USA)

Monday: 9:30 p.m., E.S.T. Esbjorn Svensson Trio (Sweden); 11:30 p.m., Wycliffe Gordon Quintet (USA)

Tickets will be on sale at the door from 5:30-9:30 p.m. For more information, call 295-218-490 or e-mail: info@angrajazz.com

Preflight

- Days since last DUI...243
- DUIs since Jan. 1 one
- Current AEF 1 & 2
- Current FPCON Alpha
- Combat Nighthawk: **2nd Lt. Scott Kniola**, 65th Services Squadron; **1st Lt. Donovan Cirino**, 65th Communications Squadron; **Master Sgt. Bernadette Garces**, 65th Air Base Wing; **Master Sgt. Robert Block**, 65th Operations Support Squadron

Wacky racer



Senior Airman Katherine Burcar, 65th Logistics Readiness Squadron, races Airman 1st Class Robert Reese, 729th Air Mobility Squadron, during the Wacky Racer competition at the Top of the Rock club Saturday. The 65th LRS won the race in double elimination. Second place went to 729th AMS and the 65th Civil Engineer Squadron won third place. Approximately \$600 club bucks and 50 prizes were given away to club members. More photos on page 6. (Photo by Staff Sgt. Olenda Kleffner)

Fuel prices up at Lajes

by **Capt. Yvonne Levardi**
Chief of public affairs

AAFES fuel prices at Lajes will increase to \$1.88 effective today.

Previously on a fixed-price one-year contract, AAFES headquarters requested a policy change to standardize its overseas pricing for Japan, Okinawa, the Azores and Turkey.

Fuel prices in the Azores will increase with the new fiscal year to keep prices in line with stateside averages. This change was recently approved by the

AAFES Board of Directors, effective today.

The fixed-price contract didn't allow for market changes throughout the year, said Pat Riordan, AAFES Azores Exchange General Manager. The standardized gas policy will ensure the price of gas at all overseas locations reflects the U.S. market price, month to month.

"Basically, this means when prices go down in the U.S., the AAFES price will follow the trend. When prices go up, the same rule applies," Mr. Riordan said.

U.S. gas prices currently

average \$1.97, he said, but to lessen the impact to Lajes customers AAFES will spread the change over the next few months if the average price remains the same.

Even with the policy change, AAFES' price is still considerably lower overseas than prices on the economy.

"In the continental U.S., AAFES gasoline prices match the lowest price surveyed in the market area, by grade," Mr. Riordan said. "To use the same pricing policy overseas would result in prices near \$4 or \$5 a gallon in most locations."

Gas prices in the Azores are about \$3.70 per gallon.

50K helps base projects

by Staff Sgt.
Olenda Kleffner
Crossroads editor

Lajes was awarded \$50,000 for the self-help program category of the U.S. Air Forces in Europe Combat Proud Competition.

The money earned is being put to great use, said Maj. Michael Nelson, Combat Proud project manager.

He said with the help of the 65th Civil Engineer Squadron, 65th Communications Squadron and 65th Contracting Squadron, Lajes is executing a variety of projects that will benefit the Lajes Field community and further enhance the Combat Proud program.

Some of the projects being completed with the money include cleaning the field next to the youth center.

"This project will clean all of the debris and old boxes out of the field adjacent to the Youth Center," the major said. "In addition to cleaning the field, top soil will be brought in and grass will be planted."

The entry way of the community activities center will be

re-tiled, and the stage and walls in the ballroom are going to be refinished.

Network connectivity is going to be installed in the common areas of dorms T-130, T-131 and T-310.

"As a side benefit, this project will enable residents to connect to each other for computer gaming," Major Nelson said.

Renovations are also being made to a couple of places in the 65th Logistics Readiness Squadron including the restrooms at Eddie's Place in Bldg. T-610.

Combat Proud focuses on keeping U.S. Air Forces in Europe bases maintained and looking their best.

Major Nelson said Lajes had four objectives as part of the Combat Proud initiative. They were to enhance the quality of life in Lajes Field facilities; promote and demonstrate pride-in-ownership; encourage high standards of house-keeping, working conditions, and living conditions; and to encourage commanders to modernize living and working areas using self-help.

Volunteers needed



Mary Prisbe, school-age program assistant at the youth center, helps Tamia Manning, daughter of Tech. Sgt. Felicia Lewis, with her homework during the after-school homework session at the youth center. Volunteers are needed to assist with the after-school program. For more information or to volunteer, call 2-3273. (Photo by Guido Melo)



Senior Airman Monique Hernandez, 65th Medical Group and Airman 1st Class Aristotle Munoz, 65th Logistics Readiness Squadron, serve food during the single and unaccompanied dinner Sept. 23 at the base chapel. (Photo by Airman 1st Class Josie Kemp)

Focus notes

Below are the graduates from the Customer College course, Sept. 23.

The distinguished graduates were **Ramiro Barbosa**, AAFES; and **1st Lt. Aaron Wiley**, 65th Air Base Wing.

Other graduates were: **Staff Sgt. Fawne Cady**, 65th Medical Operations Squadron; **Senior Airman Quiana Dansby**, 729th Air Mobility Squadron; **Stephen Day**, 65th Civil Engineer Squadron; **Staff Sgt. Dalia Delannoy**, 65th Logistics Readiness Squadron; **Tech. Sgt. Susanne Fonseca**, 65th LRS; **Flavio Godinho**, 65th Services Squadron; **Airman 1st Class Eugene Kemp**, 729th AMS; Airman **Josie Kemp**, 65th Communications Squadron; **Staff Sgt. Kevin Kennedy**, 65th LRS; **Tech. Sgt. Rick Llave**, 65th Medical Support Squadron; **Nuno Nunes**, AAFES; **Joao Ormonde**, 65th CES; **Sofia Vieira**, 65th SVS



Book fairs, yearbook, DARE: Members of Lajes PTSA will be there

by **Nadia Najdawi**
Contributing writer

This year at Lajes Elementary School and High School the Parent Teacher Student Association held their elections Sept. 23. This year's 2004-2005 PTSA members include, Lori McCoy as president, Todd Katz as vice president, Cynthia Najdawi as secretary and Daniel Eads as treasurer.

The main purpose of the PTSA is to promote the welfare of children and youth in the home, school and community.

The objectives of the National PTSA and the Lajes PTSA are promoted through an educational program directed towards parents, teachers, students, the general public and are developed through conferences, committees, projects and programs.

The president is elected to direct the affairs of the association in cooperation with the

other members of the executive board, determine the agenda and call meetings to order. The vice president is called upon to temporarily assume the place of the president and acts as an aid to the president.

The secretary is responsible for keeping accurate records of proceedings and business. The treasurer's duties include studying all references to dues and finances, keeping an accurate and detailed account of all the money received and paid out, and managing the money for all accounts.

Throughout the course of the year the PTSA will be involved in various programs and activities. Last week they volunteered and participated in helping with picture day for both the elementary and high school.

For the remainder of 2004, they plan to be involved in Santa's Workshop, holiday baskets, bake sale coordination and book fairs. They will also be collecting box tops from the

students throughout the year, sponsoring and helping the high school yearbook, organizing socials and offering senior scholarships.

At the elementary school, they will be participating in the DARE graduation, spelling bees, socials and volunteering in the band and music programs.

Some areas the PTSA is required to be involved in are arts in education, program planning and public relations.

"We're looking forward to starting the year off right," Ms. McCoy said. "I love being involved with the kids' education and their activities. It's important to us that the kids enjoy their year. Anything that the PTSA can do to show the kids the importance of education, we're willing to help."

With a group of excited parents ready to volunteer, there isn't any doubt that this year at Lajes Elementary and High School will be full of exciting events and activities to remember.

AAFES begins renovations

by **Staff Sgt. Olenda Kleffner**
Crossroads editor

The Army and Air Force Exchange Service here is relocating merchandise to make room for renovations to the shoppette and the Flightline BXtra.

The Bookmark moved from the shoppette to the BXtra, and the military clothing sales store is now located in Bldg. T-400, the education center.

The renovations on the shoppette begin today and should be finished March 2005.

The Shoppette will receive a new roof and a complete floor-to-ceiling renovation inside.

The renovation will incorporate an expanded Bookmark section, Snack Avenue Express with quick snacks and meals, larger frozen and chilled food space, an expanded Box Office Video and a 30 percent increase in overall shoppette space.

The Military Clothing Sales section will also receive a complete renovation as the final phase of this project, and both

will be air conditioned.

After a new roof is constructed for the BXtra early next year, the renovations will begin in February 2005 and should be completed in July 2005.

The renovations will include air conditioning, new fixtures, flooring, wall treatments, ceiling, entrance with a ramp, a new one-hour photo processing center and approximately 15 percent more fixture space when completed.

"This is an ongoing project, and we are constantly adding new items and deleting slow selling items," said Patrick Riordan, AAFES general manager. "Through increased sales-floor and storage space both projects will allow us to better meet the diverse demands of the Lajes customer base."

AAFES asks that all customers pardon any inconvenience during the renovations as entrances and exits, as well as store areas, will be affected during the coming months.

For compliments or concerns, call Mr. Riordan at 2-3209.

Ident-A-Bike



Eric Hartzell, son of Tami and Capt. Michael Hartzell, receives a bicycle identification number from Staff Sgt. Jerome Henderson, 65th Security Forces Squadron, Monday as part of the Ident-A-Bike program. (Photo by James O'Rear)

Smoke detectors save lives

by Nadia Najdawi
Contributing writer

Fire Prevention week is Sunday-Oct. 9, and this year's theme is "Test Your Smoke Alarms."

The 65th Civil Engineer Squadron fire department's goal is to emphasize the importance of having and maintaining working smoke alarms in every home and workplace, and how important it is to always practice fire safety techniques.

It's very important that all families develop and practice a fire escape plan, said Senior Airman Joshua Carpenter, fire department inspector.

"Fire escape plans ensure that everybody in your household will be ready to evacuate in the event of a fire, and fire safety should be practiced 365 days a year, 24 hours a day," he said.

Airman Carpenter said having a smoke alarm in every home helps ensure fire safety, but that family escape plans, safety procedures and caution also contribute to a safe community for everyone.

Maintaining a smoke alarm isn't the only measure used to prevent fire safety, he said. It's vital that families develop a home escape plan so if a smoke alarm does go off they can be prepared and safe. Fires can spread rapidly, allowing sometimes only two minutes to evacuate once the smoke alarm sounds.

Maintenance of smoke detectors is one point that will be emphasized throughout the week, and maintaining smoke detectors by checking the unit for proper operation on a monthly basis is the first step.

The proper way to maintain a smoke detector is to:

Replace the battery twice a year just to be safe, or as soon as the alarm chirps warning that the battery is low. Vacuum and dust the visible parts of the smoke alarm regularly

Replace the actual unit every ten years

Use long-life batteries for smoke alarms at Lajes

Never disable smoke alarms, even temporarily.

If the unit becomes a nuisance alarm, occupants should try relocating it farther from kitchens or bathrooms, or replace the alarm with one that has a pause, silencer or hush button.

The Lajes Fire Department considers Fire Prevention Week an important opportunity to reach out to the local community about the dangers of fire, and teach the people here of the importance of practicing fire safety techniques every day.

"The theme this year is targeted towards all of the Lajes community," Airman Carpenter said. "Staying safe can be accomplished by continuously being aware of your surroundings, and always practicing fire safety techniques to avoid being involved in a possible fire situation. Come join the fire department during this week to learn how to be safe, cautious, and prepared to guarantee a safe future."

Fire Prevention Week began in 1920 when President Woodrow Wilson issued the first National Fire Prevention Day proclamation and in 1922, the National Fire Protection Association voted to observe Fire Prevention Week the Sunday through Saturday period that includes Oct. 9.

This date commemorates one of the most tragic events in fire history, the Great Chicago Fire of 1871. The fire started Oct. 8 and continued into the next day. Legend has it, the fire broke out after a cow owned by Catherine O'Leary kicked over an oil lamp setting the barn, then the whole city on fire.

When the fire was extinguished, more than 250 people had died, 100,000 were homeless, more than 2,000 acres had been burned and more than 17,400 structures had been destroyed.

For more information on fire prevention, call Airman Carpenter at the fire prevention office at 2-2462/2-1495.

For emergencies, call 911 on base and 295-57-1911 off base.

Fire prevention events

Sunday

Car wash in front of the fire department at Bldg. T-717

Tuesday

5 p.m. Battle of the Badges: the fire department plays the 65th Security Forces Squadron in a football game at the SFS soccer field

Wednesday

1 p.m. Sparky visits Oceanview BX
5:45 p.m. Lajes Fire Department versus Praia Fire Department and the Angra Fire Department in a soccer match at the Lajes soccer field off base

Thursday

1:30 p.m. Tug of War at the fire department

2:30 p.m. Bucket Brigade at the fire department

3:30 p.m. Hose Relay at the fire department

4:30 p.m. Water Ball at the fire department

5 p.m. Battle of the Badges: the fire department versus 65th SFS in bowling at the Hillside Lanes

Oct. 8

9:30 a.m. 5K run/walk begins in front of the Oceanview BX. For more information, call Staff Sgt. Shawn Casey at 2-5166.

11 a.m. Sparky visits Lajes Elementary School lunchroom

Oct. 9

10 a.m. Parade begins in front of the high school

12:30 p.m. Battle of the Badges: the fire department versus the 65th SFS in a softball game at the Oceanview softball field



Keep it going

Tech. Sgt Gary Warren, power plant worker, resets the alarms on equipment after the generators shut down during the power conversion Sept. 22. (Photo by Staff Sgt. Michelle Michaud)

Legal action taken for wrong doing

by Tech. Sgt. Jill
Hudkins
Legal office

A staff sergeant received an Article 15 for cruelty and maltreatment of a subordinate, sexual harassment. Punishment was a suspended reduction to senior airman and a reprimand. Further,

the suspended reduction was made on the condition that the member attends Military Equal Opportunity Training and issues a written apology to the victim.

A senior airman received an Article 15 for overindulging in alcohol prior to duty to the point the member was incapacitated to perform

said duties. Punishment was reduction to airman 1st class.

A staff sergeant received an Article 15 for failure to obey a lawful general regulation, by using government email to send sexually harassing messages and cruelty and maltreatment of a subordinate, sexual harassment.

Punishment was a suspended reduction to senior airman, seven days of extra duty and a reprimand.

An airman received an Article 15 for Failure to Go. Punishment was a reduction to airman basic, 12 days of extra duty and 30 days restriction to base and a reprimand.

Airmen need to heed Hatch Act

WASHINGTON (AFP) — As the election season swings into high gear, the U.S. Office of Special Counsel has filed complaints against two federal employees deemed in violation of the Hatch Act.

The complaints address the use of "politically partisan electronic-mail messages while on duty," OSC officials said.

The Hatch Act regulates DOD employees' and service members' participation in politics. The recent violations focus on e-mails sent to about 15 recipients in one case and more than 70 in the other."

"The use of Internet and electronic mail is second-nature to almost everyone and has become a favorite and effective campaign tool, even more so perhaps than four years ago," said Scott Bloch, OSC head. "I want to remind federal employees to be vigilant about following the Hatch Act, because we will consider this activity a form of electronic leafleting and thus a violation of the prohibition on partisan political activity in the workplace."

Partisan political activity is defined as activity directed toward the success or failure of a political party or candidate for a partisan political office or partisan political group.

Participation in politics is not completely forbidden; however, active-duty military and executive-branch employees need to be aware of the rights and restrictions that the Hatch Act imposes on such activity.

What is allowed and disallowed can be a bit confusing. Servicemembers are under the most restrictions.

They may attend political meetings or rallies, but only as spectators and not in uniform.

They are not allowed to give political speeches, serve in any official capacity in partisan groups or participate in political campaigns or conventions.

They are also not generally allowed to campaign for political office. In its essence, the Hatch Act prohibits federal executive-branch employees from engaging in political activity while on duty or wearing an official uniform, officials said. (Courtesy of American Forces Press Service)

One laner - no brainer



Raymond Szczepaniak, Lajes Elementary School principal, opens the door for a child being dropped off at school Wednesday. The drop-off point for school kids is the one lane in front of the Lajes Elementary School. Parents are asked to wait for the cars in front of them to go and not pull out and go around other cars. (Photo by Guido Melo)

Club membership earns money, parties

by Staff Sgt. Olenda Kleffner
Crossroads editor

The Top of the Rock club has two competitions going on to help raise club membership.

During the clubs "Get it on" membership drive 2004, squadrons will be divided up into two groups. The squadron in each group with the greatest membership increase through Oct. 31 will win \$300 prize bucks and the second place squadron will win \$200 prize bucks.

Everyone who signs up for a new membership or transfers their membership will count towards the competition.

The large group includes the 65th Logistics Readiness Squadron, 729th Air Mobility Squadron, 65th Civil Engineer Squadron, 65th Communications Squadron and the 65th Operations Support Squadron

The medium group includes the 65th Comptroller Squadron, 65th Contracting Squadron, 65th Medical Operations Squadron, 65th Medical Support Squadron, 65th

Mission Support Squadron and the 65th Security Forces Squadron.

The winners from each group will be announced during an awards ceremony Nov. 13 at the club. There will also be giveaways for club members there.

Also an Oktoberfest membership drive party is scheduled for Oct. 23 at the Top of the Rock club. Approximately 25 prizes will be given away to club members including a television, camping equipment, sporting goods and a surround sound DVD player.

The prize bucks can be used toward any squadron event that is held at the club throughout the next year including holiday parties, awards ceremonies or going away parties.

The second competition runs until Nov. 30.

Every squadron that brings their club membership up to 90 percent of the squadron's eligible members will receive a free party with cocktails and a DJ.

The winning squadrons will be notified in January.



May the best car win!



Seven-month-old Alaura Manjarrez, daughter of Staff Sgts. Jose and Michelle Manjarrez, passes up a hot dog for her hand while she watches the races Saturday. (Photo by Staff Sgt. Olenda Kleffner)

(Above) Leland Livingston, 65th Civil Engineer Squadron, races Senior Airman Roselyn Bourand, 65th Communications Squadron, during the Wacky Racer competition Saturday. 65th CES came in third place. (Photo by Alicia Liddell) (Below) David Boulrier, son of Teresa and Senior Master Sgt. John Boulrier, comes in first place and Staff Sgt. David Cagle, 65th Logistics Readiness Squadron, comes in second place during the 5K run at the Wacky Race. (Photo by Staff Sgt. Olenda Kleffner)



(Above) Britney Silver, daughter of Marie and Tech. Sgt. Gary Silver, takes a rest from cheering on her favorite wacky racer to have lunch. (Below) Christina Bonogofsky-Green, daughter of HeatherMichelle and Capt. Craig Green, bounces around in the jump castle before the races begin. (Photos by Staff Sgt. Olenda Kleffner)



(Above left) Snoopy Bickerdike, dog of Helen and Master Sgt. Anthony Bickerdike, waits for the races to begin. (Above right) Miguel Jett, son of Master Sgts. Christopher and Margaret Jett, prepares to throw a softball to see if he has what it takes to hit the target on the dunking tank.



Sexual assault - not the victim's fault Air Force offers confidentiality, liaison for victims

by **Col. Dan Leonard**
65th Air Base Wing vice commander

It's an all-too-familiar story: Bob Smith and Kathy Jones are casual acquaintances. Bob is a good Airman and he hopes to make the Air Force a career. He works hard and parties hard. Kathy is also a good Airman, but her goals are centered on finding "Mr. Right" and starting a family. Bob and Kathy are physically attracted to one another and trade small talk each time they meet.

One night at the club, both Bob and Kathy are drinking with their friends and having a good time. Bob asks Kathy to dance and they enjoy themselves on the dance floor. The partying continues until both have had too much to drink. Sober enough to know not to drive, Bob asks Kathy if he can walk her to her dorm. The night air feels good and both flirt playfully as they walk to her room. One thing leads to another and soon they are involved in heavy petting. Her head is still spinning from the alcohol.

At one point, Kathy asks Bob to stop, but he continues. Then Bob becomes more forceful and Kathy gets scared. She tries politely to tell Bob to stop then she forcefully says, "Get out of my room," but it's too late.

The next morning, she wakes up and Bob is gone. Kathy shudders as she realizes she has been raped. Embarrassed that she brought Bob to her room and was drunk herself, she doesn't report the crime. She remembers horror stories from TV shows about how rape victims are coldly examined and subjected to invasive questioning. She fears everyone will know about the rape if she comes forward so she tells no one until she quietly confesses it to a friend 10 days later.

The friend tells a supervisor and Kathy is given rape trauma counseling. She is treated with respect and confidentiality as her healing begins. But by then,

all physical evidence of the crime is gone and the military judge advocate says he can't get a conviction in court without a confession or supporting evidence.

Kathy's deepest regret is not coming forward when it happened. Bob, who is married and didn't mention this to Kathy, gets off with a reprimand and commits a similar offense only four months later before he is finally brought to justice.

Although this is a fictional story, it's the most common rape scenario in the Air Force and it happens over and over again. Throw away the image of the hooded rapist hiding in the bushes to drag the unsuspecting maiden away. According to the recently released Air Force report on sexual assault, the offender and victim knew each other 85 percent of the time.

Excessive drinking was also a factor in an overwhelming majority of cases. I can't emphasize this point enough: folks that drink too much are far more likely to perpetrate or be a victim of sexual assault.

Far too often, the victim doesn't immediately report the crime due to shame, fear of humiliation, mistrust of confidentiality, fear of being punished and a feeling of being partly to blame. The victim feels helpless to convict the offender in a "he-said, she-said" scenario.

The Air Force sexual assault report states a study of college-aged women found as many as 95 percent of rape or attempted rape victims never come forward due to these factors and others. A similar study in the general U.S. population showed 68 percent of victims never reported the crime. So the perpetrator goes free and commits the crime again.

The Air Force is serious about eliminating sexual assault. We handle victims sensitively and we will do everything possible to protect your confidentiality. We have trained victim support liaisons and medical responders, right here at

Lajes Field, ready to help you through the process of physical and psychological recovery. But victims must come forward as soon as possible and report the crime so we can gather the necessary physical evidence.

To our knowledge, we don't have a problem with sexual assault at Lajes, but if the percentages hold true victims aren't coming forward. We know sexual assault can occur anywhere and it occurs far more often than it is reported. You need to know we are serious about this crime and we will do everything we can to support the victim's needs while fairly prosecuting offenders.

Most of all, we want to prevent sexual assault before it occurs. We do this by education, training and various preventative measures. We do this by maintaining an environment where sexual harassment and sexual assault are not acceptable, and by remaining ready to respond quickly and conduct thorough investigations into allegations of sexual assault.

We educate troops to know it's not acceptable to drink so much that you lose your inhibitions, and that it's never acceptable to sexually force yourself on someone. To do so is a crime and, if convicted, you will do hard time.

Finally, if you are a victim, we will treat you with the utmost sensitivity, but we need your help in timely reporting.

You will hear more about this topic in the coming months. The Air Force emphasizes zero-tolerance for sexual harassment which includes lewd jokes, displaying sexually explicit images and other forms of offensive behavior short of physical contact.

After the January 2003 revelations of sexual assault at the Air Force Academy, we are now focusing more on sexual assault, which includes everything from unwanted sexual contact to rape. We are determined to proactively reduce and eliminate sexual assault from our Air Force. Help us.



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The *Crossroads* staff encourages its readers to call or e-mail with ideas or corrections. Call 2-3347 to speak to a *Crossroads* staff member or e-mail us at news@lajes.af.mil.

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Azorean islands discovery dates back to 1317

Who discovered the Azores, and how long has the archipelago been inhabited by the Portuguese?

According to 14th century Genoese maps, the Azores were discovered between 1317 and 1339 by Portuguese and Genoese navigators in the service of the Portuguese kingdom.

This discovery seems, however, to have remained overlooked for almost a century when the Portuguese navigator Diogo de Silves later claimed the discovery of the islands around 1432. The name Azores (Açores in Portuguese) is thought to come from the word "Açor" (goshawk), a large powerful hawk that was sighted in great numbers by the navigators who discovered the archipelago. Colonization of the island of Santa Maria, the first to be discovered, began in 1439 and was followed by the

colonization of the other islands.

The background of the first inhabitants varied. While most came from the Portuguese mainland, others are descendants of the Flemish from Flanders who settled mainly on Terceira, Faial and Pico. Settlers from Brittany or Bretagne, a former province of northwest France, colonized Sao Miguel.

Because of their strategically important location, the Azorean islands quickly became essential for centuries as a port of call for ships sailing the Atlantic Ocean between Europe, Africa, India and the Americas.

What's the other name of your island?

The Azorean islands are also known by other names

including the names of colors.

These different names are related with each island's environment, vegetation, climate, predominant color of the houses and flowers, subsoil's type, history, etc.

For example, the island of São Miguel is also known as the "green island," due to the island's green vegetation and valleys. Terceira is commonly referred to as "the lilac island" due to the color of the hydrangeas that grow along the roads and in the fields.

The following is a list of all the islands and their corresponding colors:

- Santa Maria** - The gray island
- São Miguel** - The green island
- Terceira** - The lilac island
- Graciosa** - The white



- island
- São Jorge** - The brown island
- Pico** - The yellow island. A.k.a. the mountain island
- Faial** - The blue island
- Flores** - The pink island
- Corvo** - The black island

American Red Cross emphasizes CPR training

by Staff Sgt. Olenda Kleffner
Crossroads editor

Emma Williams and her family were taking photos outside last Christmas Eve when their neighbors screamed for them to call 911.

Their 18-month-old baby had stopped breathing and had no pulse, and they were panicking as the 911 operator tried to find a Spanish-speaking operator.

Luckily, just months earlier, Emma had completed a course and was prepared with cardiopulmonary resuscitation, first aid and automated external defibrillator training.

Despite the frantic situation, Emma remained calm and began CPR on the unconscious baby.

Finally, after about five minutes, she was able to get a pulse just as the paramedics arrived to rush the baby to the hospital.

"This is a perfect example of how important it is for everyone to take CPR training," said Scott Conner, vice president of preparedness at the American Red Cross. "From infants to adults, knowing the right CPR tech-

niques is essential to saving someone's life."

CPR is for people whose heart suddenly stops beating and can no longer effectively pump blood through the body.

Doing CPR artificially circulates blood to vital organs, which can sustain them until a defibrillator and advanced treatment is available.

"The best thing to do when someone suffers cardiac arrest is to be prepared," said Terra Schellig, health and safety chairman. "You can be prepared by getting trained."

During CPR and automated external defibrillator training, people are taught to quickly recognize cardiac arrest or other emergencies, provide CPR right away, if necessary, use an AED if one is available, and continue to give care until emergency medical service arrives.

The American Red Cross encourages everyone to prepare themselves to save a life by learning CPR and AED.

To enroll in an American Red Cross training course, contact the Red Cross office in Bldg. T-112, or call 2-3516.

Benefits of knowing CPR

1. Gives peace of mind- Approximately 80 percent of sudden cardiac arrests happen in the home, so by knowing CPR people may be able to save the life of a family member or loved one.
2. Doubles Survival- Doing effective CPR immediately after someone suffers sudden cardiac arrest can double the victims chances for survival.
3. Helps save lives- Currently, the national survival rate from sudden cardiac arrest is about five percent.
4. More lives would be saved if more people learned CPR and provided it immediately to victims of sudden cardiac arrest.

AF wins 2004 Armed Forces Golf Championship *Lajes player is top female golfer with a four-day total of 341*

SAN ANTONIO (AFPN) — The Air Force golf team won the 2004 Armed Forces Golf Championship at Fort Carson, Colo., Sept. 21 to 25.

The host Army team jumped to a three-stroke lead over the Air Force (731-734) after the first day of play. Team's scores are determined by adding the 18-hole stroke total of the six men and three women on the team.

Brian Billingsley, from Robins Air Force Base, Ga., kept the Air Force competitive with his 1-under-par 71, tying Mark Johnson of the Army for the best score of the day.

Tammy Garcia, from Wright-Patterson Air Force Base, Ohio, led all women golfers on opening day with her round of 84.

Jeff Scohy, also from Wright-Patterson AFB, shot the best round on the second day of play — a 5-under-par 67.

Matthew Peterson, from Offutt AFB, Neb., had a 3-under-par 69, while Billingsley and Arnell Garza, from Fairchild AFB, Wash., came in at 70.

The Air Force also had the top three women's scores of the day with Karin Tjelmeland, from Lajes Field, Azores, with 78 to lead the group.

Garcia and Amy Rongey, from Osan Air Base, South Korea, both shot 81. The combined scores of the Air Force Team beat the Army's total by 21 strokes, giving the Air Force an 18-stroke lead over the Army after the second day of play.

Scohy's 69 once again led the Air Force team on Day 3, followed closely by 72 from Billingsley, Garza and Barry Cousler, from Offutt AFB. James Logan Gage, from Patrick AFB, Fla., was not far behind with a score of 73. Rongey's 86 led the women on Day 3. These scores

contributed to the Air Force's overall 41-stroke lead going into the final day of play.

Peterson's 70 led the Air Force on the final day of competition. Scohy, Cousler and Garza all shot 72, while Billingsley ended the tournament with a 73.

Rongey led the women with an 84. The Air Force claimed the team title with a 2,793-stroke total, followed by the Army (2,842), the Navy (3,000), and the Marine Corps (3,096).

Scohy topped all competitors with his four-day total of 283, followed closely by Billingsley's 286. This earned them gold and silver medals for the championship.

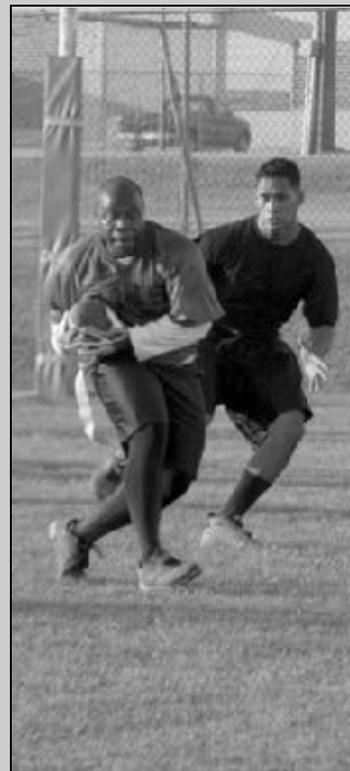
Tjelmeland was the top female golfer with her four-day total of 341. Army won the women's silver medal with a 342 total, while Garcia won the bronze medal with 344.

Come and get it



(Above) Sydney Kneubahl, 65th Logistics Readiness Squadron, fights through the Barracudas' mounting attempt to block for teammate, Jason Vatalie, 729th Air Mobility Squadron, and snatches the flag stopping Vatalie's forward progression during an intramural flag-football game Sept 22.

(Right) Desmond Carr, 729th AMS, protects the pigskin after his immaculate reception, but again Kneubahl's defensive focus was unbreakable. The 729th AMS won 19-18. (Photos by Staff Sgt. Olenda Kleffner)



Learn to run safer, better

by Staff Sgt. Olenda Kleffner
Crossroads editor

A running clinic is being offered noon-1 p.m. Thursday at the Chace Fitness Center for anyone interested in learning the techniques of running.

The class will teach the basics of running including how to pick out the proper running shoes, proper stretching, injury prevention and self treatment, health benefits and where to start, and how to progress.

Besides teaching the basics of running, Capt. Laurie Flagg, 65th Medical Operations Squadron health promotion manager, said

the class will also help everyone learn to run more efficiently with less injuries.

"The goal of the class is to raise people's awareness of their own running style so they can make improvements as needed using the information we give them," Capt. Flagg said.

The deadline to register is Tuesday and Capt. Flagg said this is a hands-on class so all participants should wear PT clothes.

The class is open to anyone, but seats are limited.

To register or for more information, call the Health and Wellness Center at 2-3889 and ask for Teresa Costa, Ricky Baptista or Dean Fazzio.

Football frenzy



Team Lajes members cheer on their favorite football team during Football Frenzy Sunday at the Top of the Rock club. The frenzy begins at 4 p.m. every Sunday at the TORC. The Bits and Bites menu is available along with a members-only buffet at halftime. Club members have a chance to win Super Bowl tickets, pro bowl tickets, a plasma TV and an X-Box game system on Super Bowl Sunday. (Photo by Staff Sgt. Michelle Michaud)

Sports briefs

Oktoberfest trail run: Join the Lajes Ridge Runners Oct. 2 for a 4-6 mile "Oktoberfest" trail run near Agualva. This run challenges runners with varying landscape and terrain. The run is on the "Jungle Goat Trail" a beautiful and scenic path through the Agualva hills. Meet at the family support center parking lot at 8:30 a.m. to carpool to the site. Walkers and hikers are welcome. Sports drinks and snacks will be provided. For more information, call Senior Airman Joe Wilkinson at 2-6878 or Master Sgt. Pat McGowan at 2-1468.

Warrior day: The 65th Air Base Wing Fall Warrior Day 2004 is Nov. 10. Volunteers are needed to organize individual event functions and to be unit points of contact to put together teams. Warrior Day is a day when Team Lajes comes together to play/practice EAF/AEF concepts. Meetings are at 10 a.m. every Monday and Thursday at the TORC. For more information, call Senior Master Sgt. Charles Webber at 2-3319 or Senior Master Sgt. James McDonald at 2-2168.

Golf tournament: The 65 Air Base Wing golf tournament is Oct. 8. The entry fee is 5 Euro plus green fees. Check in time no later than 9:30 a.m. and shot gun is at 10 a.m. For more information or to register, call Maj. John Franklin at 2-3447 or Master Sgt. Anthony Bickerdike at 2-6535.

Hours of Operation

Hillside Lanes: 4-11 p.m., Tue.; 9 a.m.-11 p.m., Wed.-Thu.; 10 a.m.-12:30 a.m., Fri.-Sat.; 2-9:30 p.m., Sun.

Skating rink/Skate park: (On alternating weekends) 7-11 p.m., Fri.-Sat.



No excuses

Sydnie Reynolds, Amanda Thelen and Mystia De Jesus, Girl Scouts, clean toys in the new workout room at the Chace Fitness Center. The room has a play area for children to play while their parents keep an eye on them and work out at the same time. (Photo by Guido Melo)

PLANNER

Changes or updates to this page should be sent to news@lajes.af.mil

AAFES

Flight View BX: 10 a.m.-6 p.m., Mon. - Wed.; 10 a.m.- 8 p.m., Thu. - Sat.; 10 a.m.-5 p.m., Sun. and Portuguese holidays

Ocean Front BX: 10 a.m.-6 p.m., Mon.-Wed.; 10 a.m.-8 p.m., Thu.-Sat.; 10 a.m.-5 p.m., Sun.

Shoppette: 9 a.m.-11 p.m., Mon.-Sat.; 10 a.m.-8 p.m., Sun.

Beauty shop: 10 a.m.-6 p.m., Tue.-Sat.

Dry cleaners: 9 a.m.-1 p.m., Mon.; 10 a.m.-6 p.m., Tue.-Fri.; 10 a.m.-4 p.m., Sat.

Gas station: 10 a.m.-5 p.m., Sun., Mon. (gas only); 10 a.m.-6 p.m., Tue.-Sat.

Lajes services

Child development center: 7 a.m.-5:30 p.m., Mon.-Fri.

Community activities center: 10 a.m.-8 p.m., Tue.-Sat.; noon-5 p.m., Sun.

Commissary: 10 a.m.-6 p.m., Mon.-Wed., Fri., Sat.; 10 a.m.-7 p.m., Thu.

Chace Fitness Center: 5 a.m.-midnight, Mon.-Fri.; 8

a.m.-7 p.m., Sat., Sun.

Library: 4-9 p.m., Mon.; 10 a.m.-9 p.m., Tue.-Thu.; 10 a.m.-6 p.m., Fri.; 10 a.m.-5 p.m., Sat., Sun.

Outdoor recreation: 10 a.m.-7 p.m., Tue.-Sat.; 11 a.m.-7 p.m., Sun.

Skills development center: noon-8 p.m., Tue.-Thu.; 10 a.m.-6 p.m., Fri., Sat.

Thrift shop: 12:30-4:30 p.m., Mon. and Wed.; 10 a.m.-2 p.m., Fri and 1st Saturday of the month.

Vet clinic: 8 a.m.-2 p.m., Mon., Tues., Thurs., Fri.; noon-6 p.m. 1st and 3rd Wed.; 2-8 p.m., 2nd and 4th Wed.

Youth and teen center: 3-6 p.m., Mon.-Sat.; 8 p.m.-midnight, Fri., Sat.

Meal time

Burger King: 7 a.m.-11 p.m., Mon.-Thu.; 7 a.m.-12:30 a.m., Fri.; 8 a.m.-12:30 a.m., Sat.; 8 a.m.-9:30 p.m., Sun.

Dining hall: Breakfast 6-8:30 a.m., lunch 11 a.m.-1:30 p.m., dinner 4-7 p.m., midnight meal 11 p.m.-1:30 a.m., Mon.-Fri., 11 p.m.-1 a.m., Sat.; Brunch

7 a.m.-1 p.m., supper 4-7 p.m., Sat., Sun.

Oceanview Island Grill: 11 a.m.-11 p.m., Mon.-Sun. Lunch specials: Mon., roasted chicken or meatball sandwich; Tue., 16" pizza w/2 toppings; Wed., Fried shrimp; Thu., 16" pizza w/1 topping or taco salad; Fri., Lasagna. Specials come with fries or salad, and a drink. Pizza specials only come with drinks.

Top of the Rock club: Lunch 11 a.m.-1:30 p.m., Mon.-Fri.; brunch 8:30 a.m.-noon, Sat.; dinner 5-9 p.m., Tue.-Sat. Lunch buffets and specials: Mon., Southern buffet; Tue., Mexican buffet; Wed., Italian buffet, family dinner buffet; Thu., Oriental buffet, 2-4-1 steak night; Fri., seafood buffet, Prime & Wine dinner; Hoof

Chapel services

& Fin dinner special.

Adoration and rosary: 3 p.m., Mon.-Fri.; 5:40 p.m., Sun.

Mass: 5 p.m., Sun.-Fri.
Meditation and prayer: 6:30 a.m., Mon.-Fri.

Monday

Protestant women's spiritual fitness training, 7 p.m.

Tuesday
Catholic Women of the Chapel, 7 p.m., 3rd Tuesday

Wednesday
Men's spiritual fitness training/lunch, noon; Working women's spiritual fitness training/lunch, noon; Catholic Men of the Chapel, 6 p.m., 2nd Wednesday; Traditional choir practice, 6 p.m.; Bell choir practice, 7 p.m.; Catholic choir rehearsals, 7:15 p.m.

Thursday
Gospel Praise Team practice, 7 p.m.; Gospel Choir Practice, 7 p.m.; Men's spiritual fitness training, 7 p.m.

Friday
CWOC Mass, 5:30 p.m., 1st Fri.; Teen Movie Night, 7 p.m.

Saturday
Mass, 10 a.m.

Sunday
Traditional Protestant service, 9 a.m.; Confessions, 9:45 a.m.; Traditional Protestant fellowship, 10 a.m.; Mass, 10:30 a.m.; Gospel service & fellowship, noon; Catholic youth organization, noon; Catholic choir rehearsal, 4 p.m.; Rosary and adoration, 5:40 p.m.; Protestant Youth/Teens of the Chapel, 6:15 p.m.

AFN Sports on TV

Friday

AFN-Atlantic
MLB: 11 p.m.

AFN-Sports

College football: Navy @ Air Force, 5 p.m.
MLB: 11 p.m.

Saturday

AFN-Atlantic
College football: 4 p.m.
MLB: 8 p.m.

AFN-Pacific

College football: Utah @ New Mexico, midnight; teams TBD 4 p.m., 7:30 p.m.
MLB: 11 p.m.

AFN-Sports

MLB: 2 a.m.
PGA Tour: WGC American Express Championship - second round, 7 a.m.
MLB: 11 a.m.
College football: West

Virginia @ Virginia Tech, 4 p.m.; teams TBD, 7:30 p.m.; Auburn @ Tennessee, 11:45 p.m.

Sunday

AFN-Atlantic
NFL: 5 p.m., 8 p.m.
MLB: 11 p.m.

AFN-Pacific

NFL: 5 p.m., 8 p.m.

AFN-Sports

PGA Tour: WGC American Express Championship - third round, 7 a.m.
Boxing: World Championship Boxing middleweights - Felix Trinidad vs. Ricardo Mayorga, 10:30 a.m.
NASCAR Nextel Cup Series: EA Sports 500, 6 p.m.
NFL: 10 p.m.; St. Louis Rams @ San Francisco 49ers, 12:30 a.m. (Monday)



Today: 7 p.m., "The Manchurian Candidate," rated R for violence and some language. Cast includes Denzel Washington and Meryl Streep. During the first Gulf War, two U.S. soldiers are taken prisoner and brainwashed into becoming assassins by the enemy. They return home as heroes, though Marco is troubled by dreams and vague memories of his brainwashing. Eventually, Marco remembers what has happened to him and tries to get to Raymond Shaw, who is running for office, to convince him of what he's remembered.

Saturday: 7 p.m., "Harold and Kumar Go 2 White Castle," rated R for strong language, sexual content, drug use and some crude humor. Cast includes John Cho and Hal Penn. Both underdogs, Harold and Kumar, decide to spend what would have been an otherwise uneventful Friday night satisfying an oddly intense urge for White Castle hamburgers. However, finding a suitable White Castle proves a highly difficult task, and the two friends wind up on an epic road trip.

Sunday: 7 p.m., "The Manchurian Candidate"
Wednesday: 7 p.m., "Harold and Kumar Go 2 White Castle"

Thursday: 7 p.m., "The Manchurian Candidate"

Effective Oct. 15, AAFES Reel Time Theater admission prices increase \$.50 for adults and \$.25 for children. This is the first increase in 10 years.

For information about the movie schedule, call the base theater at 2-3302.

EVENTS

The deadline for Crossroads ads is one week out, or the Friday prior to the paper date. Submit announcements weekly in normal text with the what, when, where, who, why and contact info in an e-mail to news@lajes.af.mil. Dates and times should be in civilian format, and include full name of P.O.C.

Bullfights

Saturday: 4:30 p.m., Rua Gervasio Lima, Praia; 5 p.m. Vila Nova; 5 p.m. Canada do Caldeiro, Biscoitos

Sunday: 4:30 p.m., Figueiras do Paim; 5 p.m. Canada do Caldeiro, Biscoitos; 5:30 p.m., Rua Capito Mor, Sao Mateus

Monday: 4:30 p.m., village of Lajes

Tuesday: 4 p.m., village of Lajes

Wednesday: 4:30 p.m., village of Lajes

Thursday: 4:30 p.m., village of Lajes

Closures/shifts

Closed for inventory: The skills development center, Bldg. T-308, will be closed for inventory today and Saturday. This does not include the auto shop. For more information, call Victor Silva at 2-4140.

Events

Orphanage visit: The Officer Spouse's Club will visit the orphanage, Livramento, in Angra 2-5 p.m. Saturday. The trip is open to the entire Lajes community. Meet at the commissary parking lot at 1 p.m. to carpool. For more information, call Dacia Francis at 295-543-332.

Terceira Island Circle: Meet new people and learn how to make a mini scrapbook from 6-8 p.m. Wednesday at the family support center. All supplies are provided. For more information and to register, call Elsa Summers at 2-4138.

HCA council: The 65th Medical Group's next Healthcare Consumer Advisory Council is at 1 p.m. Nov. 5 at the base chapel. All active duty members, dependents and any member qualified to receive healthcare at the base clinic are invited to attend. The meeting provides the Lajes community with an opportunity to get first-hand information on services the clinic provides to beneficiaries. Light refreshments and free babysitting are available. For more information, call Capt. Angela Thompson at 2-6768.

AFE show



Dancer, Christopher Walker, and country music performer, Angela Martinez, perform for Team Lajes members during the Armed Forces Entertainment show Sunday at the Top of the Rock. (Photo by James O'Rear)

Movie marathon: A "Fright Night Movie Marathon" is at 8 p.m., Oct. 15 at the base theater. Movies playing are "The Village," "Open Water" and "Alien vs. Predator." Tickets are \$13 and include admission, medium popcorn and drink, and 10 percent off a Burger King Value meal. Advanced tickets on sale now at the theater and Ocean Front BX cashier's cage. For more information, call Laura Hillebrand at 2-4100.

Education Center

Human relations: Assessment and Evaluation in HR Training, an elective course in the University of Oklahoma's Master in Human Relations degree is Nov. 30-Dec. 5. The last day to add or drop this course is Nov. 1. For more information, call Kalina Hill at 2-3355.

CTC registration: Central Texas College registration for Term two is 8 a.m.-5 p.m. Oct. 12-22 for classes that begin Oct. 25. Appointments are encouraged but not necessary. For more information or an appointment, call 2-6722.

UMUC STAP: The deadline for University of Maryland Spouse Tuition Assistance Program term two is Thursday. Registration is Oct. 11-22. Classes are Oct. 25-Dec. 17.

CTC STAP: Spouse tuition assistance forms for term two are due by close of business Thursday to the Central Texas College office. For more information, call Kimberly Henne at 2-3355.

CTC course: Central Texas College is offering an Early Childhood Education program. Registration is Oct. 11-22. The first class is Family and the Community. For more information, call CTC at 2-6722.

ERAU classes: Registration for Embry-Riddle Aeronautical University for Nov. 7 undergraduate distance learning courses ends Oct. 14. For more information, call Terra Schellig at 2-3375.

Miscellaneous

Spouse survey: *Military.com* has posted a survey on military spouse licensing and certification issues that will greatly help the DOD

identify how many spouses hold state-based licenses and certifications, and the extent of their employment in their career fields. The survey can be found at <http://www.military.com/survey/spouse>

AAFES recall: Hasbro Inc. has issued a recall of the "Super Soaker Monster Rocket," sold at AAFES and other stores from January-August 2004. For information, consumers can call Hasbro Inc. toll-free at 866-487-4737 or visit www.hasbro.com/pl/page/recall_monsterrocket/dn/default.cfm for a recall form.

Classified

Ads must be submitted via e-mail to news@lajes.af.mil. Ads are due by 5 p.m. Friday.

We need to find a good home for two cats and one dog. They are great and don't need to stay together. Unfortunately a member of our family is allergic to them. They are all three females. Please call Olenda or Rafael at 295-549-752 for more information.