

A schedule for all Lajes Combat Touch and Easter events is available on page 2.

## First Look

### Town Hall meeting

Base housing residents are invited to a town hall meeting at 6:30 p.m., today, at the Top of the Rock club ballroom. The 65th Mission Support Group commander, Col. Mike Giroux, will be on hand along with all involved agencies to provide updates on military family housing and to answer questions.

### School registration

Lajes elementary and high school registration for next year is 9-11 a.m. and 1-3 p.m., today and Friday, in both schools' front offices. For more information, call 2-6216.

### Easter Egg hunt

The hunt, for children ages 12 and under, is 1 p.m., Saturday, at the community activity center. For instructions, meet on the community center lawn. For more information, call Sheryl Bush at 2-4135 or 2-5216.

### Exposition

A products exposition is Tuesday, 10 a.m.-4 p.m. in the community activities center ballroom. Portuguese vendors will display their goods or services for information purposes - not for sales. Government Purchase Card holders, approving officials and resource advisors are required to attend the event. Base military, civilians and dependents are also welcome to attend.

### UN tasking

The Air Force has been tasked to provide three captains for United Nations missions in Tbilisi, Republic of Georgia; Asmara, Eritrea; and Monrovia, Liberia, and one lieutenant colonel for a mission in Pristina, Kosovo. Deployments are July 7-Jan. 7, 2005. Responses are required by Wednesday. For more information, call 65th Mission Support Squadron customer service at 2-1343 or 2-3259.

#### Preflight

■ Days since last DUI ..... 68  
 ■ DUIs since Jan. 1 ..... one  
 ■ Current AEF ..... Silver (5&6)  
 ■ Current FPCON ..... Alpha  
 ■ Combat Nighthawk: Capt. **Ingrid Ford**, 65th Medical Operations Squadron; 1st Lt. **Jerry Ottinger**, 65th Logistics Readiness Squadron; Master Sgt. **Howard Chatman**, 65th Civil Engineer Squadron; Master Sgt. **Larry Yates**, 65th Contracting Squadron

## Alcohol, assault often linked

The drug involved in more accidents, assaults and crimes than all other illegal street drugs combined is alcohol. Page 4.

## Sonobuoys



Staff Sgt. John Melly, 65th Logistics Readiness Squadron, assists Navy Chief Petty Officer Michael Knight, Keflavik Naval Air Station, and Senior Airman Nathan Harvey, 65th Operations Support Squadron, inventory and build pallets of sonobuoys used for antisubmarine warfare operations. The sonobuoys, left here when the Navy P-3 Orions departed the Azores in 1994, are in short supply and are needed by the Navy's 6th Fleet for operations in the Mediterranean. See page 3. (Photo by 1st Lt. Aaron Wiley)

# AF is leading the way

## Transformation meeting Air Force, DOD needs

by Tech. Sgt. Jason Tudor  
 NCO in Charge of Public Affairs

The Air Force is leading the way in the Defense Department transformation effort while continuing to meet the mission needs demanded by the war on terrorism, according to one of the service's most senior leaders.

Susan O'Neal, the Air Force's assistant deputy chief of staff for installations and logistics, praised the service's work toward changing the way it does business during a visit to Lajes Field April 2.

Ms. O'Neal visited this and a number of other Air Force installations in Europe focusing on logistics readiness squadrons' people and facilities.

Ms. O'Neal, a certified professional logistician, has served in this assignment for two years. During that time, she's watched as supply and transportation squadrons as well as logistics plans flights merge into logistics readiness squadrons.

This and other efforts throughout the service have been a source of pride for Ms. O'Neal.

"I see the Air Force up to the transformation challenge," she said. "We are a technical service that is ready to leverage the technology for this mission. Not only for the Air Force, but for the Department of Defense as well."

Ms. O'Neal is responsible to the Chief of Staff for management and integration of Air Force civil engineering, services, communication operations, logistics readiness, supply, transportation and aircraft and missile maintenance. She is also responsible for setting policy and preparing budget estimates that reflect enhancements to productivity and combat readiness.

This was Ms. O'Neal's first visit to Lajes. However, she understood the importance of the base's mission of enabling expeditionary forces and praised it.

"Lajes has a wonderful mission," she said. "(The base) is small but its very mighty."

## Palm Sunday musical



Hannah Peralta, Jeffrey Maler and Ken Hellmer were part of the musical drama, *To See a Miracle*, at both of the Protestant services Sunday. Thirty children participated in the musical drama to tell the story of Jesus Christ in word and song through the eyes of a young boy and his blind father. Marking the week of Christ's passion, the setting of the drama began on Palm Sunday and will culminate with the message of Jesus' resurrection on Easter morning. (Photo by Staff Sgt. Rafael Pena-Perez)

## Focus Notes

### Graduates

Listed below are the graduates from the Customer College course, April 2.

The distinguished graduate was Senior **Airman Richard Brown**, 729th Air Mobility Squadron

Other graduates were: **Filomena Pereira**, 65th Communications Squadron; Tech. Sgt. **Tom Kirkpatrick**, 65th Contracting Squadron; Staff Sgt. **Jessica Dunn**, 65th Medical Support Squadron; Tech. Sgt. **Luiz Lopez**, 65th Logistics Readiness Squadron; Senior Airman **Anthony Smith**, 65th Civil Engineer Squadron; **Nuno Miguel Janeiro**, 65th Services Squadron; **Esperanca Pontes**, Army and Air Force Exchange Service; Tech. Sgt. **Randall Reno**, 65th SVS; Tech. Sgt. **Jose Lopez Jr.**, 65th Mission Support Squadron; **Vitor Berbereia**, 65th CES; **Sandra Areias**, AAFES; Senior Airman **Michelle Tonder**, 65th Medical Operations Squadron.

### Combat Education

Registration for Aviation Law ends Tuesday. The course will be taught onsite April 19-25. Embry-Riddle's next undergraduate distance learning term begins Thursday. For more, call Tina Lake at 2-3375.

The University of Maryland offers a College Study for Adults (EDCP108G) seminar, 9 a.m.-5:30 p.m., May 1 and 15. For more, call Melinda Casey at 2-4187.

### Hidden Hero

The Lajes Hidden Hero working group meets 2-2:30 p.m., April 21, in the family support center classroom. Current members and all Lajes volunteers are invited to attend. For more, call Else Wingert at 2-6307.

## Lajes Combat Touch and Easter events

All events are at the base chapel unless otherwise noted.

### Catholic events:

**Holy Thursday Mass/Adoration**, today, 7 p.m.

**Good Friday Service/Divine Mercy Novena**, Friday at 3 p.m.

**Mass/Stations of the Cross/Meager Meal**, Friday, 5 p.m.

**Holy Saturday Mass/Sacraments of Initiation/Fellowship**, Saturday at 8:30 p.m.

**Easter Mass/Easter Egg Hunt/Fellowship**, Sunday at 10:30 a.m.

**Catholic Men of the Chapel Mass**, Thursday, 6 p.m. at the Cabo da Praia Church.

**Divine Mercy Sunday Mass**, April 18, 10:30 a.m. and 5 p.m.

**Catholic Women of the Chapel Meeting**, April 20, 7 p.m.

**First Communion Workshop**, April 24, 11 a.m.

For more, call Chaplain (Maj.) Stan Pieczara at 2-4211.

### Protestant events:

**Good Friday Service**, Friday at 7 p.m.

**Easter Sunrise Service**, Sunday at 7 a.m.

**Protestant Women of the Chapel Retreat**, Apr. 16 - 18, at the Caracol Hotel in Angra.

**Men's Breakfast/Leadership Study**,

April 17, 8 a.m.

**Children and Youth of the Chapel Movie Night**, April 23, 7 p.m.

**Protestant Men of the Chapel Retreat**, Apr. 30 - May 2, at Pacal de Santa Catarina in Angra.

For more, call Chaplain (Capt.) Matthew Franke at 2-2478.

### Singles of the Chapel:

**Bible Study/Bowling**, Saturday at 7 p.m. at Base Chapel and Bowling Alley.

**Game Night**, April 17, 7 p.m.

**Movie Night**, April 24, 7 p.m.

For more, call Chaplain (Capt.) Matthew Franke at 2-2478.

# Ammo moves Navy explosives

by 1st Lt. Aaron Wiley  
65th Air Base Wing Public Affairs

The most explosive job on base belongs to Tech. Sgt. Sean Prucha, Tech. Sgt. Tony Russo and Senior Airman Nathan Harvey, from the 65th Operations Support Squadron's munitions section. They work outside the base perimeter in what looks like the local island penitentiary, where their day-to-day job involves caring for the 65th Air Base Wing's munitions.

Thursday they cleared out the last Navy munitions left over from the Navy P-3 era at Lajes. The 729th Air Mobility Squadron and 65th Logistics Readiness Squadron helped 65th OSS munitions transfer about 1,200 sonobuoys and 1,700 of their explosive elements to the Navy's 6th Fleet, Naval Air Station Sigonella in Sicily, Saturday.

"It's probably been a couple years since anyone knew they were here," Tech. Sgt. Sean Prucha, munitions section chief, said. "The Navy was glad to know we had the buoys because they need them."

According to Chief Petty Officer Michael Knight, the sonobuoys are dropped from the Navy's only land-based antisubmarine warfare aircraft to lay a "net" for submarines. Chief Knight is an aviation warfare systems operator who used to fly in the P-3 and now serves as the weapons officer at Keflavik Naval Air Station, Iceland.

"P-3 Orion squadrons used to fly out of here, but we don't have that requirement anymore," he said. "The supply of sonobuoys is getting limited out in the fleet, and they're doing heavy ops out there, so they need them pretty bad for both exercise and operational requirements."

Keflavik NAS is the only site that oversees remote buoy locations, and Lajes is one of them, said Chief Knight, who is responsible for the sonobuoys. He came to Lajes March 31-April 4 to conduct an inventory and see them off.

Tech. Sgt. Tony Russo, NCOIC of munitions inspection, said the buoys themselves are not considered ordnance and were stored in the 65th OSS warehouse, but they include an explosive initiator that had to be stored in the weapons storage area.

"The munitions piece of the sonobuoy, the



Tech. Sgt. Sean Prucha, 65th Operations Support Squadron, transports explosive initiators for Navy sonobuoys on base from the "bomb dump" while Segundo Cabo Bruno Santos, from the Portuguese Policia Aérea, secures the gate. About 1,700 initiators and 1,200 sonobuoys were loaded on a C-130 and flown to Sicily, Saturday. (Photo by Tech. Sgt. Robert Valenca)

JAU-22/B, creates an explosive charge that pops it off the aircraft against the lift of the wings," said Sergeant Russo. "The sonobuoys are dropped in a row and start ping-pong away, and that's how P-3s hunt for subs."

Submarines are always a concern for the Navy, whose cruisers still do training to keep proficient at antisubmarine warfare, Chief Knight said.

"These buoys will pay big dividends once they get to Sigonella," he said. "Lajes has been great; they're the ones who got this stuff moving."

"Ammo" was glad to help and benefited from the shipment as well, said Sergeant Prucha, clearing out needed space and ridding themselves of Navy munitions no longer needed at Lajes.

"This was basically a combined effort from Lajes, stepping up real quick to help support the Navy's 6th Fleet," said Sergeant Prucha.



(Left) A P-3C Orion, the Navy's sole land-based antisubmarine warfare aircraft, has advanced submarine detection sensors such as directional frequency and ranging sonobuoys and magnetic anomaly detection equipment. Originally designed as a land-based, long-range, anti-submarine warfare patrol aircraft, the P-3C's mission has evolved to include surveillance of the battlespace, either at sea or over land. (Courtesy Photo)

(Above) A JAU 22/B is a cartridge-actuated initiator used to deploy sonobuoys used in anti-submarine/underwater warfare from fixed and rotary wing aircraft. (Courtesy Photo)

## Alcohol, assault often linked

Crossroads Staff

The drug involved in more accidents, assaults and crimes than all other illegal street drugs combined is alcohol. Being legal and readily obtainable, alcohol use and abuse is so interwoven into American culture that its signs and symptoms often go unnoticed until a tragedy pushes it to the forefront.

April is both Alcohol Awareness and Sexual Assault Awareness Month. These two issues often go hand in hand.

"Authorities have long recognized there's a connection between alcohol consumption and violent or aggressive behavior," said Capt. (Dr.) Darin Lerew, 65th Medical Operations Squadron Life Skills Support Center chief. "In many instances, alcohol abuse and tendency towards violence happens

because risky behavior increases with alcohol use and the environment often further encourages inappropriate behavior."

Military personnel are often in such environments by nature of the military lifestyle, and highest at risk, according to Dr. Lerew, are Airmen in the dorms.

"Alcohol impairs inhibitions, judgment and decision making in men and women," Dr. Lerew said. "Mixing alcohol and sexual behavior increases the risk of being assaulted."

"Airmen living in the dorms share a similar environment and demographics to college students, so the statistics are very applicable here," Dr. Lerew said.

In many states a person who is unconscious and incapacitated, whether from alcohol, drugs or illness, cannot give consent to sex,

Dr. Lerew said. Therefore, if sexual contact occurs under these conditions, it may be considered sexual assault.

"Alcohol intoxication is never a justification or excuse for rape," Dr. Lerew said.

However, he said, alcohol can cause both men and women to misinterpret social cues.

"This can lead to sexual assault. It can also cause men and women to miss warning signs that an assault is likely, and decrease their verbal or physical ability to resist an assault," Dr. Lerew said. "Remember, sexual assault is a crime."

For more, call demand reduction at 2-4252 or life skills at 2-5177. To report a sexual assault, call life skills, a first sergeant, the base legal office at 2-3546 or the 65th Security Forces Squadron at 2-3222.

## Earth Week

**Earth week:** Lajes Earth Week is April 17-24 with Earth Day 2004 on April 22. This year's theme is Water for Life. Various events will take place. To volunteer, call 2-6557.

**Recycled Hats:** A contest on the best hat created with recycled items takes place during Earth week. Entries are due by April 17 at the family support center. Winners are announced on April 22 at 3 p.m. For more, call 2-6557.

**Clean-up dive:** The Aqua Knights of Atlantis is conducting a clean-up dive 10 a.m., April 26, in the Praia Bay. Everyone's welcome to come out and support the divers. For more, call Erika Golart at 2-6823.

**Flowers and shrubs:** Free flowers and shrubs are available at both Pride stores starting April 18-23. For more, call 2-3794.

**School events:** The Lajes high and elementary schools will have environmental briefings, bug activities, and a clean-up walk from 8 a.m.-2 p.m., April 18-23. For more, call Master Sgt. Brian Straka at 2-5084 or Master Sgt. Edward Balfour at 2-6194.

**Volksmarch:** A clean-up walk on base starts at 9 a.m., April 18, in front of the family support center. Free refreshments and surprises will be provided. For more, call 2-6557 or 2-4138.

**Recycling/WWTP tours:** Tours of the Recycling and Waste-Water Treatment Plant for the Lajes high and elementary schools, and a Portuguese elementary school are 8 a.m.-5 p.m., April 19. For more, call 2-6557.

**Organic food:** An organic food workshop highlights the benefits of eating organic, 1 p.m., April 20, at the family support center. For more, call 2-6557.

**Essay/photo exhibit:** An essay, photo and poster exhibit demonstrate what "Water for life" means, 8 a.m.-2 p.m., April 22, at the family support center. Open to the public, ask a teacher or call 2-6557 for more.

**Environmental classes:** "How to save water" is 10-11 a.m., April 19, and "How to make recycled paper" is 10 a.m.-noon, April 22. For more, call 2-6557.

**Hazardous drop-off:** A household hazardous drop-off booth will be in front of the commissary starting at 10 a.m., April 23. For more, call 2-6557.

## Alcohol and assault quick facts

1. At least 80 percent of college students who had unwanted sex were under the influence of alcohol.
2. Men are more likely than women to assume that a woman who drinks alcohol on a date is a willing sex partner. Forty percent of men who think this way also believe it's acceptable to force sex on an intoxicated woman.
3. Forty-seven percent of college women in Virginia who were raped believe they were unable to effectively resist as a result of their own alcohol use.
4. Alcohol use can contribute to an atmosphere where anything goes, including rape by individuals or groups of men.
5. Alcohol impairs judgment and lowers inhibitions, making some people more likely to force sex on an unwilling partner.
6. Alcohol slows reflexes and can impair the victim's ability to recognize a potentially dan-

gerous situation.

7. Under the influence of alcohol, men are more likely to interpret a woman's smile, laughter, clothes or body language as evidence that she wants to have sex.

8. Alcohol use at the time of the attack was found to be one of the four strongest predictors of a college woman being raped.

9. Sexual assault is a crime of violence, and alcohol never justifies violent, criminal behavior. Intoxication can never be used as a defense for someone who commits a sexual assault.

10. An incapacitated person doesn't forfeit his/her rights. Many state laws recognize that when someone is drunk, she or he is unable to give consent. It is considered sexual assault if the victim is passed out or incapable of giving consent.

11. Over half the women diagnosed with a sexually transmitted disease were drunk at the time of infection.

12. One in five college students abandons safe sex practices when drunk.



### "Room for Six"

Danielle Posey and Master Sgt. Clyde Hickerson, both of the 65th Medical Group, prepare to eat a meal prepared for the "Room for Six" dinner Saturday. Mrs. Posey and her husband, Tech. Sgt. Aubry Posey, 65th Air Base Wing Safety Office, prepare a home-cooked meal once a month for the single and unaccompanied people here. To reserve a spot, call 295-549-825. (Photo by Ted McGinley)

## Fix your attitude!

by Master Sgt. Larry Yates  
65th Contracting Squadron  
Superintendent

If I had to list a pet peeve, it would have to be "bad" attitudes. Maybe I could be accused of having a bad attitude toward bad attitudes?

I tend to be a positive person; God gave me a "half-full glass" disposition. But attitude isn't just something we have to live with whether we like it or not. We are all responsible for our attitude, the same as we are responsible for our actions.

The dictionary defines attitude as "a mental position with regard to a fact or state." This position is one that we deliberately take, either a negative position or positive position, in reaction to each situation.

It's easy to be negative, but that leads to procrastination, prolongs the agony and ultimately has a huge impact for the worse on the outcome.

We all get taskings that are not really fun. Take writing this commentary for example. This is one of the last things many of us would voluntarily ask for. In this case, I was "voluntold." At that point the choice was mine to approach it with a positive attitude or a negative attitude.

My initial approach wasn't entirely positive, but I made a conscious decision to not be negative.

Looking at a task in a positive light makes it much less daunting, and when I'm done, I'll be much happier with the result versus gritting my teeth and doing something to just

get it done.

I also learned some interesting stuff.

Thomas Jefferson said "Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude."

I believe having the right attitude is half the solution already.

If you approach a problem with a positive attitude, you're going to tackle it sooner, with more enthusiasm and the result will be a far better solution.

Do you like to be manipulated? If your negative attitude is in response to someone else's actions then you are allowing that person to dictate your attitude.

Take the high ground, set the example and fix your attitude. A positive attitude puts you in control of yourself and takes it away from others or situations.

I'm not a "positive thinker," but I take a positive approach.

Thinking happy thoughts isn't going to solve problems and there will always be situations we have no control over.

However a positive approach to challenges is a proactive approach and will certainly produce the best results.

So I'm looking on the bright side; this commentary could be worse, at least I'm not speaking in public.

That makes my glass at least half full! Attitudes are contagious, is yours worth catching?

### BX hours

**Question:** Why has one BX's hours changed and not the other?

**Answer:** The decision to extend hours at the Ocean View BX was customer driven and is being done as a test to see if the community will support the extended hours. Once we have the results and if they are positive, we plan to open both the Ocean View and Flight View facilities the same hours. Changing the hours of operation requires a great deal of coordination to insure that we comply with applicable host nation work regulations and customer traffic patterns.

### Dorm repairs

**Question:** Are the dorms going to be repaired or renovated sometime in the future?

**Answer:** There are several projects that we're currently working to improve the dormitories.

One project slated for dorms T-130 and T-131, was previously discussed in the dorm council meeting and a previous question to the commander. It will allow dorm residents access through the side doors of the facility and access between floors via the side doors. The project also includes an intercom system at the center entrance to allow visitors to notify residents of their arrival so they can gain entry. This project is funded and should be accomplished this year.



There are three projects slated for building T-163 to upgrade kitchenettes costing \$170,000, upgrade/renovate the exterior costing \$150,000 and repair the bathrooms costing \$93,000 which are all currently unfunded, but prioritized for future funding as it becomes available.

There is also another project for T-131 costing \$40,000 to repair walls/wall coverings in the facility which is not yet funded.

Also, there is a project to repave the parking for dorm T-310.

Some other projects that are being developed are: Upgrade third floor laundry rooms in T-130 and T-131 which will include opening a doorway between the laundry room and adjacent dayrooms; create a recreational area behind T-130 for dorm residents to include a BBQ area, covered area for picnic tables, etc.



This funded Air Force newspaper is an authorized weekly publication for members of the U.S. military services overseas.

Contents of the *Crossroads* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

The editorial content is provided, edited and prepared by the Public Affairs Office of Lajes Field.

The *Crossroads* staff encourages its readers to call or e-mail with ideas or corrections. Call 2-3347 to speak to a *Crossroads* staff member or e-mail us at [news@lajes.af.mil](mailto:news@lajes.af.mil).

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# Friendship crosses the line

by Major Philip Ruter, II  
65th Comptroller Flight Commander

When most people think of fraternization and unprofessional relationships the first thing that pops into their mind is a romantic relationship between an officer and an enlisted person. That qualifies, but it's only one manifestation of fraternization and unprofessional relationships.

Strictly speaking, fraternization is, "a personal relationship between an officer and an enlisted member that violates the customary bounds of acceptable behavior in the Air Force and prejudices good order and discipline, discredits the armed services, or operates to the personal disgrace or dishonor of the officer involved."

This larger definition goes well beyond the accepted idea and can include anything from a standing tee time, weekly card game or routine night at the bowling alley with the same person or group of people. An unprofessional relationship is any relationship that detracts or is perceived by others to detract from the leadership and authority of the senior member.

This phenomenon is not restricted to officers alone. While not included in the definition of fraternization contained in the Uniform Code of Military Justice, unprofessional relationships can exist between junior and senior enlisted members, civilians and government contractors. These unprofessional relationships display the same characteristics and have the same damaging consequences as fraternization.

Does this mean that a leader or supervisor can't have a beer or play golf with the troops? Absolutely not! What it does mean is certain lines of decorum shouldn't be crossed and everyone in the unit should have the opportunity to participate in morale-raising events. Leaders should avoid singling out one or two people in their units to be their "buddy." A leader needs to be approachable by everyone and their judgment needs to be

accepted as not being influenced or prejudiced in favor of any single person or group of individuals.

I've seen first-hand the demoralizing and damaging effects to a unit that result from undue familiarity between a leader and unit personnel. A grey cloud hangs over the unit and people lose their professional air. Unit personnel become polarized into two camps: those who are on the inside – the people who receive special treatment, and those who are on the outside – the ones who don't. The insiders start to believe they can take special liberties the outsiders can't and the outsiders resent the insiders. The next thing that happens is some people start to cut small corners, because they have a "special relationship" with the boss. These small corners start to get a little bigger and eventually if not stopped the mission will fail.

A significant problem with unprofessional relationships is, when the leader notices they've crossed the line he or she can't put the train back on the track because they have lost the moral imperative to lead. At this point the troops have stopped respecting his or her judgment because that person is their buddy and not a leader. The best way to prevent this spiral into chaos is to stop it before it starts. Introspection is an important part of leadership. Think about what you're doing and what you've done. Look at your actions through two prisms: yours and the prism of those you lead. The perception won't be the same. Make sure both prisms show you as being fair and equitable. Be professional, polite and friendly, but most of all be aware of how your actions will be perceived.

Leaders must remember their leadership and the mission comes first. Staying approachable and mutual respect of everyone in the unit is what gets the job done. Ultimately, the personal and professional rewards of leading are what count in life. Don't jeopardize your career by making the wrong choice!



## Everyday Hero

### Senior Master Sgt. Eliza Peters

65th Communications Squadron

**Duty Title:** 65th Communications Squadron superintendent

**Job description:** I'm responsible to the commander for leading, training and developing 192 military, civilian and local national civilian personnel.

**Time in the Air Force:** 22 years

**Time at Lajes:** 13 months

**What's the best aspect of your job:** Helping others achieve their goals.

**Spouse/children:** Husband Ronald, Children Kathleen, Heidi and Ariel

**Why did you join the Air Force:** For the challenge and educational benefits

**What are your career goals:** To make chief master sergeant, and to finish my bachelor's degree.

**Life goal:** To become an English teacher and help immigrants learn the English language

**Best Air Force experience:** My assignment at Lajes

**Hometown:** Clintwood, Va.

**One word to describe you:** Positive

**Hobbies:** Running, aerobics and hiking

**Favorite food:** Spinach

**Pet peeve:** Supervisors who make excuses for not taking care of their troops.

**No one knows I'm:** A hillbilly from the hills of the Appalachian Mountains.



Movies showing at the base theater.

**Today: 7 p.m., "Win A Date With Tad Hamilton,"** rated PG-13 for sexual content, drug references and language. Cast includes Kate Bosworth and Topher Grace. Synopsis: Rosie heads to Hollywood when she wins a dream date with Tinseltown's hottest eligible bachelor, Tad Hamilton. When Tad meets Rosie and gets a taste of what he's been missing in the "real world," he decides he wants seconds and moves to West Virginia, making Rosie's dream come true.

**Friday: 7 p.m., "Catch That Kid,"** rated PG for language, thematic elements and rude humor. Cast includes Kristen Stewart and Corbin Bleu. Synopsis: They are specialists in their fields: a rock climber, a computer genius, a mechanical whiz. Their task: to rob one of the world's most impenetrable banks to save an ailing father. Their plan is foolproof; their methods are ingenious. And they're not old enough

to drive. Meet Maddy, Gus, and Austin: three kids on a mission. **10 p.m., "Miracle,"** rated PG for language and rough sports action. Cast includes Kurt Russell and Patricia Clarkson. Synopsis: Based on the true story of the 1980 Winter Olympics at Lake Placid, Herb Brooks, a former Olympic gold medal winner assembles a U.S. team of underdogs. No one thinks they can make it, as they are up against the previously undefeated Soviet hockey team. Despite the odds, Brooks leads the U.S. team to victory.

**Saturday: 7 p.m., "Against the Ropes,"** rated PG-13 for crude language, violence, sensuality and drug material. Cast includes Meg Ryan and Omar Epps. Synopsis: Based on the real-life story of Jackie Kallen, who became a successful boxing manager. Kallen works her way up in the world of boxing by believing in the fighting skills of Luther Shaw, who she believes can be a champion.

**Sunday: 2 p.m., "Miracle,"** rated PG. 7 p.m., "Catch That Kid," rated PG.

**Tuesday: 7 p.m., "Against the Ropes,"** rated PG-13.

**Wednesday: 2 p.m., "Miracle,"** rated PG. 7 p.m., "Catch That Kid," rated PG.

## Children learn, grow through OT

by 1st Lt. Yvonne Levardi  
Chief of Public Affairs

Treatment based on "purposeful occupations" is a nationwide medical focus in the U.S. for April.

Doctors in the early 20th Century found occupational therapy helped patients recover more swiftly from injuries and illness, both physical and mental.

At Lajes, the 65th Medical Operations Squadron Educational and Developmental Intervention Services program brings the therapy to the children.

"In a routine day, we see children who receive special education services, or have motor development delays, and do regular developmental screens on babies through 24 months," said Mary Buxton, a pediatric occupational therapist and program manager.

Between Ms. Buxton and Amanda Harriss, a pediatric speech-language pathologist, the EDIS office sees about 25 children weekly.

"We mostly see little ones who are not yet talking or have some trouble with mobility," Ms. Harriss said. "Occasionally we see children who've been diagnosed with autism, but since we're a remote facility, we don't tend to get children with too many difficulties."

The Lajes EDIS clinic works with children from newborn to school ages to encourage normal development and improve skills to get through daily tasks, Ms. Buxton said. They hold a weekly play group at the community activity center for children under the age of 6, and answer any questions parents may have.

On Wednesdays EDIS does well-baby screens in conjunction with the well-baby check-ups at the clinic, Ms. Buxton said. Screening children for delays early on can prevent significant delays later in their development – the earlier delays are discovered, the easier it is to catch up.

The most common developmental delays Ms. Buxton finds are in language development.

"That's where Amanda comes

in," Ms. Buxton said. "She works with the children to help improve communication skills."

"My focus is more often with children birth to 3 years of age," Ms. Harriss said. "We center therapy around play since that's how children learn and try to immerse them in language-giving labels for what they see, touch or want."

Their focus is training the parents so they can help their children, Ms. Harriss said.

"We are just the guides," she said. "We often just need to give parents some education on child development, positioning and handling of infants that encourages motor development."

As a pediatric occupational therapist, Ms. Buxton focuses on children who may have delays in motor development.

"Occupational therapy is therapy based on performing the meaningful activities of daily life – self-care, education, work or social interaction," she said. "When you look at a child and ask 'what are their daily tasks,' they are learning through play and at school, so they need to be able to have the physical and emotional skills required to play and learn."

When any of the areas of development – motor, cognitive, communication, social/emotional and problem solving – are compromised, Ms. Buxton said the child is unable to perform his or her daily tasks – learning to care for self, being a functional, growing human being.

The clinic also has resources and help from the Lakenheath EDIS team, said Ms. Buxton. Three times a year, they bring a developmental pediatrician, child psychologist, social worker, audiologist and child psychiatrist here for evaluation and consultation.

"For a small island in the middle of the Atlantic Ocean, we are fortunate to have such good pediatric care available," Ms. Buxton said. "Parents need to know we're here for them. If you ever have any questions about your child's development, give us a call."

For more, call EDIS at 2-3194.



Major Pewterbaugh and Sergeant Dixon

## IG Spotlight

### What is the Inspector General's mission?

To ensure the law, directives and military standards are adhered to in order to foster and maintain more effective and efficient Air Force operations, and to enhance mission readiness.

### In layman's terms, what does the IG do?

The IG provides an open grievance channel for individuals to report violations when other grievance channels don't exist or when command action has been ineffectual. The IG serves as an objective fact finder to investigate allegations and determine who did what, to who, when, why and in violation of what. Based on this information, the IG provides feedback to the appropriate command authorities so corrective action can be taken. The IG also serves as the eyes and ears of the wing commander to perform trend analysis and identify any systemic problems so they can be addressed through command intervention. Occasionally, the IG is called upon to investigate and respond to Congressional inquiries.

### Who does the IG serve?

The IG serves everyone, from the lowest Airmen to the most senior officers, as well as civilian employees and dependents. Anyone can report a suspected violation to the IG, even a third party if the victim or witness is afraid to come forward. Generally speaking, most lower ranking individuals are looking for assistance to resolve personal grievances; whereas, most senior leaders are looking for an independent assessment of a particular situation or recommendations to resolve systemic problems.

### When should people visit the IG?

People should see the IG when they have witnessed a violation of law or military directive or been subject to unfair adverse actions or gross mismanagement. Fraud, waste, abuse, reprisal and improper mental health evaluations are some of the key issues the IG is concerned with.

### Is a meeting with the IG considered confidential, and why or why not?

Lawful communications made to the IG are confidential and protected by the Whistleblower Protection Act. There are some instances, particularly when referring a case to another grievance channel or to appropriate command authority for resolution, when it becomes necessary to reveal the names of the persons involved so officials with a need to know can take the appropriate corrective actions. Concerns regarding confidentiality under specific circumstances should be discussed with the IG. People also have the right to file anonymous complaints, although this often makes it difficult to investigate and resolve the situation.

### Where is the IG office located?

Bldg T-100, Rm 249

### Who works in the IG office and what is your contact information?

Master Sgt. Pete Dixon, 2-1142 and Maj. Chris Pewterbaugh, 2-3264. Posters with our photos and contact information can be found on most organization bulletin boards throughout the wing.

DSN: 535-6161 Commercial: 011 (351) 295-57-3530.

# Known for cheese, Sao Jorge also known for beauty



A view of Faja Dos Vimes on the island of Sao Jorge. The Fajas are flat low-lying areas originating from the collapse of cliffs and mudslides along the coastlines on both sides of the island.



(Above) An old windmill in the Village of Urzelina.

(Right) A view of the island Pico from Sao Jorge. (Courtesy photos)

Unlike other Azorean islands, São Jorge is very long and narrow with a line of volcanic peaks down its peaks.

Thirty-four miles long and five miles wide, São Jorge's central plateau is about 2,296 feet. The coast is very steep, almost vertical, particularly on the island's northern side. If you ever stood at the edge of the Grand Canyon you would recognize how it feels to stand on the cliffs' edge of São Jorge.

The exact date of its discovery and settlement is unknown but the earliest reference to São Jorge dates from 1439 and by 1443 the island was already inhabited. A Flemish nobleman, Wilhelm Ven Der Hagen, was among the first settlers who arrived at the island and he founded the village of Topo in 1470.

For centuries a lack of sheltered ports caused isolation and affected the trade with other islands. The island was also affected by natural disasters, namely volcanic eruptions. The 1808 eruption destroyed the village of Urzelina, leaving only a church bell-tower sticking out of the lava. That tower still stands today and constitutes the village's landmark.

## Attractions

The island is divided into two municipalities or districts: Velas and Calheta. Velas is the island's main town, where you will find many attractive old buildings and churches, as well as the island's main port. It's also the main economic and trade center. Calheta, the other seat of the municipality, is a small town, built parallel to the coast with white buildings forming a sharp contrast against the green of the nearby cliff and the black lava rocks. It offers a characteristic view, especially if observed from the ocean.

Other villages worth visiting, for their scenic beauty and slow and easy pace are Ribeira Seca, Urzelina, Manadas, Santo Amaro, Santa Antão, Topo, Norte Grande, Norte Pequeno and Ponta dos Rosais.

Among São Jorge's main attractions are the "Fajãs." These are flat, low-lying areas, originating from the collapse of cliffs and mudslides, which stretch along the coastlines on both sides of the island. Many have been converted into fertile fields where farmers grow yams, corn, vegetables and other products. Some of the fajãs are inhabited and their population increases significantly in the summer months when island natives and emigrants return to occupy their summer houses. Some of the well-known fajãs include Grande, Vimes, São João, Cubres, Ouvidor and Caldeira de Santo Cristo. The latter is probably the best know because it features an un-

derwater cave and a lake where you can find clams (the only place in the Azores where these bivalve mollusks can be found.)

## Culture

Just like on Terceira, the Holy Ghost Festival is celebrated intensively throughout the island.

Street bullfights, imported from neighboring Terceira, are also held during the summer months. Every year, the town of Velas organizes a "Cultural Week" during the last week in April. It features lectures, conferences, book fair and musical concerts. The town of Calheta organizes an annual festival in July named "Festival de Julho," which attracts hundreds of tourists from the neighboring islands.

For those who enjoy outdoor activities, the island has two campsites, located respectively in Urzelina and Portinho da Fajã Grande near Calheta. These two areas offer hot water showers and kitchens and are also supported by nearby restaurants. They are ideal for a relaxing week in contact with nature or even just a weekend on the island.

## Food

São Jorge's restaurants offer a wide variety of typically Azorean meat and fish dishes. Special mention should be made of its cheese, which is considered the best in the Azores and has long enjoyed international fame. It is much appreciated in Portugal and in the U.S. and Canada by the Portuguese emigrant communities.

Thanks to an abundance of fish and other marine life, São Jorge is a paradise for those who enjoy fishing, snorkeling and other water activities.

Like in other islands of the archipelago, the regional airline SATA-Air Azores has daily flights to São Jorge originating on São Miguel and Terceira. Airfare cost from Terceira is about \$123 round-trip, depending on the exchange rate. Ferryboats also serve the island daily during the summer months, either from Faial, Pico or Terceira.



## Sports briefs

### Youth baseball

Registrations for the youth baseball program are at the Lajes youth center. The season runs from April-June 2004. Ages 5-18 may participate. Coaches and officials are needed for this program. A free baseball camp for 4 year-olds will be offered with enough interest. For more, call Jolene Wilkinson at 2-1197.

### Taekwondo

Classes are 6:15-7:30 p.m., Tuesdays for 5-12 year olds, 6:15-7:30 p.m., Thursdays for 13 and up, and 10 a.m., Saturday, at the fitness center. For more, call Airman 1st Class Joshua Clark at 2-6126.

### Karate

The Lajes youth program is accepting registration for instructional karate class. Ages 5-18 are eligible to participate in this year-round instructional program. Classes will be Monday nights and Saturday afternoons. For more, call Jolene Wilkinson at 2-1197.

### Yoga

Classes are at 9 a.m., Saturdays, at the fitness center. For more, call Airman 1st Class Joshua Clark at 2-6126.

### Fitness Monopoly

Everyone's welcome to play at the fitness center when working out, by rolling the dice once a day and doing whatever the property landed on asks. For more, call 2-6390.

### Teen cardio

Workouts are 3:30-4:30pm, Tuesdays and Thursdays, at the Chase Fitness Center. Teens, ages 13-15, may use the cardio equipment with staff supervision and a letter of consent from their parents. For more, call Airman 1st Class Joshua Clark at 2-6126.

### Waterboys

The sports-radio talk show "The Waterboys" airs from 11 a.m. to 2 p.m., Saturdays, on Island 96, 96.1 FM. The call-in show features discussion of college, professional and intramural sports. It is hosted by Staff Sgt. Joshua Gray, Airman 1st Class Peter Saad, Airman 1st Class Ryan Spear, Tech. Sgt. Jason Tudor, and Senior Airman Steven Wright.

## Roll on over



(Above) Robert Hicks and Javon Pharms both send their bowling balls down the lane during the Air Force Sergeants Association bowling tournament April 2. (Right) Richard King concentrates while trying for a strike. Eleven teams made up of nearly 60 people raised \$275. The Log Dog team had 1,170 for the highest score. The Log Dog members include Gerald Zweeres, Joseph Moody, Clifford Bradley, Norman Darling and Jason Beecroft. Jason Beecroft also won the individual high score with a 256. (Photo by Tech. Sgt. Robert Valenca)

## Futsal Tournament

A Portuguese indoor soccer tournament is scheduled for April 27-May 27.

The tournament is to commemorate the 63rd anniversary of Portuguese Air Base 4.

Everyone is invited to enter teams in the tournament by contacting the Portuguese personnel squadron, physical fitness and sports

section by 4 p.m., April 16.

A coordination meeting with representatives of the teams will be 2 p.m., April 20, in the personnel squadron, at which time the rules for the tournament will be passed out.

To sign up or for more information, call AB4 personnel at 295-540-538.

## Intramural Bowling

### Top 10

Team	W	L	IP	Gm	Ser
1. CONS 1	32	16	17,835	1,073	3,084
2. The Dogs	32	16	17,692	1,070	3,021
3. COMM 1	31	17	17,599	1,060	3,034
4. JAMSession	31	17	17,436	1,025	2,999
5. Other CE Team	30	18	17,305	1,102	3,075
6. MDOS/MDSS 3	30	18	17,183	1,011	2,942
7. Cudas	29	19	17,458	1,054	3,030
8. Startling Now	28	20	17,710	1,070	3,068
9. Maulerz	28	20	17,493	1,043	2,965

## Run Lajes run



(Above) Nearly 40 runners showed up for the 5K run sponsored by the Lajes High School booster club Saturday at the Chase Fitness Center. (Right) Luis Lopez, 65th Logistics Readiness Squadron, stretches before running in the 5K. The booster club raised nearly \$700, and they plan on having a golf tournament sometime in May. (Photos by Tech Sgt. Robert Valenca)



## AFN Sports on TV

### Friday

#### AFN-Sports

PGA Tour: The Masters – first round, 11 a.m.  
 NHL: Playoffs – first round, 1:30 p.m.  
 College Hockey: NCAA Frozen Four – Maine vs. Boston College, 4:30 p.m.  
 PGA Tour: The Masters – second round, 8 p.m.

### Saturday

#### AFN-Sports

NBA: Portland Trail Blazers @ San Antonio Spurs, midnight  
 Sacramento Kings @ Phoenix Suns, 2:30 a.m.  
 Davis Cup Tennis Tournament: Quarterfinals – USA vs. Sweden, 7 a.m.

PGA Tour: The Masters – second round, 10:30 a.m.  
 NHL: Playoffs – first round, 1 p.m.  
 NBA: Sacramento Kings @ Phoenix Suns, 4:30 p.m.  
 NHL: Playoffs – first round, 7 p.m.  
 Horse racing: Wood Memorial, 10 p.m.  
 NHL: Playoffs – first round, 11 p.m.

#### AFN-Pacific

NHL: Playoffs – first round, 2 a.m.  
 PGA Tour: Sports Spectaculars – Against All Odds, 5:30 p.m.  
 The Masters – third round, 6:30 p.m.

#### AFN-Pacific

USA Softball: United States vs. Texas, 5 p.m.  
 MLB: Chicago Cubs @ Atlanta Braves, 11 p.m.

### Sunday

#### AFN-Sports

Davis Cup Tennis Tournament: Quarterfinals – USA vs. Sweden, 2 a.m.  
 College hockey: Frozen Four Championship, 7 a.m.  
 PGA Tour: The Masters – third round, 11 a.m.  
 NHL: Playoffs – first round, 8 p.m.

#### AFN-Atlantic

NASCAR Busch Series: Pepsi 300, 11 a.m.  
 PGA Tour: Sports Spectaculars – Quest for the Grand Slam, 5 p.m.  
 The Masters – final round, 6:30 p.m.

#### AFN-Pacific

NBA: Philadelphia 76ers @ New Jersey Nets, 5 p.m.  
 Los Angeles Lakers @ Sacramento Kings, 7:30 p.m.

# PLANNER

Changes or updates to this page should be sent to news@lajes.af.mil

## Friday

AAFES: Flight View BX: Open 10 a.m.-5 p.m.; Ocean Front BX: Open 10 a.m.-5p.m.; Shoppette: Open 10 a.m.-8 p.m.

Beauty Shop: Closed  
Bowling Alley: 10 a.m.-12:30 a.m.  
Burger King: 7 a.m.-1 a.m.  
Chapel: Meditation and Prayer, 6:30 a.m.; Mass, 7 a.m.; Adoration and Rosary, 3 p.m.; CWOC Mass (1st Friday of the month) 5:30 p.m.; Gospel Choir Practice, 7 p.m.

Child Development Center: 7 a.m.-5:30 p.m.

Community Activities Center: Closed

Commissary: Open 10 a.m.-6 p.m.  
Dining Hall: Breakfast: 6-8:30 a.m., Lunch: 11 a.m.-1:30 p.m., simmered corn beef, pineapple chicken, Yankee pot roast; Dinner: 4-7 p.m., Seafood Newburg, beef and corn pie, and roast turkey; Midnight meal: 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.  
Fitness Center: Open 5 a.m.-midnight.

Gas Station: Open 10 a.m.-5 p.m.  
Library: Open 10 a.m.-9 p.m.

Oceanview Island Grill: Lasagna, fries or salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Spring Break  
Skating Rink/Skate Park: Alternating weekends. Open 7-11 p.m.

Skills Development Center: Open 10 a.m.-6 p.m.

Teen Center: Teen social, 9 p.m.-midnight.

Top of the Rock Club: Lunch 11 a.m.-1:30 p.m., seafood buffet. Dinner 5-9 p.m., Prime and Wine.

## Saturday

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-8 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.  
Bowling Alley: 10 a.m.-12:30 a.m.  
Burger King: 7 a.m.-1 a.m.  
Chapel: Mass, 10 a.m.; Gospel Children's Choir Practice, 2 p.m.

Child Development Center: Closed

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.  
Dining Hall: Brunch: 7 a.m.-1 p.m. baked fish, Hungarian Goulash, BBQ chicken; Supper: 4-7 p.m., savory baked chicken, Swedish meatballs, and Creole shrimp. Midnight meal: 11 p.m.-1 a.m.

Dry Cleaners: 10 a.m.-4 p.m.  
Fitness Center: Open 8 a.m.-7 p.m.  
Gas Station: Open 10 a.m.-6 p.m.  
Library: 10 a.m.-5 p.m.

Oceanview Island Grill: Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

Skating Rink/Skate Park: Alternat-

ing weekends. Open 7-11 p.m.

Skills Development Center: Open 10 a.m.-6 p.m.

Teen Center: Teen social 8 p.m.-midnight.

Top of the Rock Club: Brunch 8:30 a.m.-noon. Huff and Fin dinner special 5-9 p.m.

## Sunday

AAFES: Flight View BX: Open 10 a.m.-5 p.m.; Ocean Front BX: Open 10 a.m.-5 p.m.; Shoppette: Open noon-8 p.m.

Beauty Shop: Closed  
Bowling Alley: 4-11 p.m.

Burger King: 7 a.m.-11 p.m.

Chapel: Traditional Protestant service, 9 a.m.; Catholic religious education, 9 a.m.; Confessions, 9:45 a.m.; Fellowship, 10 a.m.; Mass, 10:30 a.m.; Religious Education, 10:30 a.m.; Gospel service & Fellowship, noon; Catholic choir rehearsal, 4 p.m.; Mass, 5 p.m.; Rosary and Adoration, 5:40 p.m.; PYOC/PTOC, 6:15 p.m.

Child Development Center: Closed

Community Activities Center: Closed

Commissary: Closed  
Dining Hall: Brunch: 7 a.m.-1 p.m., roast turkey, BBQ spareribs, steak loin strip; Supper: 4-7 p.m., oven-fried fish, Cantonese spareribs, Grilled-Mustardy chicken; Short Order: cheese pizza and Reuben sandwich.

Dry Cleaners: Closed  
Fitness Center: Open 8 a.m.-7 p.m.

Gas Station: 10 a.m.-5p.m. (Gas only)

Library: Open 10 a.m.-5 p.m.

Oceanview Island Grill: Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 11 a.m.-7 p.m.

Skating Rink: Closed  
Skills Development Center: Closed

Top of the Rock Club: Easter Sunday Buffet, 10 a.m.-2:30 p.m.

## Monday

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-6 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Closed  
Bowling Alley: Closed

Burger King: 7 a.m.-11 p.m.

Chapel: Meditation and Prayer, 6:30 a.m.; Mass, 11:30 a.m.; Adoration and Rosary, 3 p.m.; Women's Bible study, 7 p.m.

Child Development Center: Open 7 a.m.-5:30 p.m.

Community Activities Center: Closed

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast: 6-8:30 a.m., Lunch: 11 a.m.-1:30 p.m., beef canelloni, Chili Mac, and Southern-fried chicken; Dinner: 4-7 p.m., pot roast, baked stuffed fish, roast pork loin. Midnight meal: 11 p.m.-1:30 a.m.

Dry Cleaners: Open 9 a.m.-1 p.m.  
Fitness Center: Open 5 a.m.-midnight

Gas Station: Open 10 a.m.-5 p.m. (Gas only)

Library: Open 4-9 p.m.

Oceanview Island Grill: Roasted Chicken or Meatball sandwich, fries or salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Closed  
School Lunch: Soft shell beef taco, lettuce & tomato, Spanish rice, chilled peaches, cookies, milk.

Skills Development Center: Closed

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Southern buffet.

## Tuesday

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-6 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Bowling Alley: 4-11 p.m.

Burger King: 7 a.m.-11 p.m.

Chapel: Meditation and Prayer, 6:30 a.m.; Mass, 7 a.m.; Lunch Brown Bag Series, noon; Adoration and Rosary, 3 p.m.; AWANA (3 yrs to 6 grade) 6 p.m.; Catholic Women of the Chapel (3rd Tuesday of the month), 7 p.m.

Child Development Center: Open 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast: 6-8:30 a.m., Lunch: 11 a.m.-1:30 p.m., Country Captain chicken, meat loaf, Turkey a La King; Dinner 4-7 p.m., Teriyaki chicken, veal parmesan, and salmon cakes. Midnight meal: 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.

Fitness Center: Open 5 a.m.-midnight

Gas Station: Open 10 a.m.-6 p.m.

Library: Open 10 a.m.-9 p.m.

Oceanview Island Grill: 16" pizza with 2 toppings and drinks; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Hamburger on a bun, lettuce, tomato and pickles, curley fries, sweetened applesauce, Rice Krispie bar, milk.

Skills Development Center: Open noon-8 p.m.

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Mexican buffet. Dinner 5-9 p.m.

## Wednesday

AAFES: Flight View BX: Open 10 a.m.-8 p.m.; Ocean Front BX: Open 10 a.m.-6 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Bowling Alley: 9 a.m.-11 p.m.

Burger King: 7 a.m.-11 p.m.

Chapel: Meditation and Prayer, 6:30 a.m.; Mass, 7 a.m.; PWOC bible study, 9 a.m.; PWOC lunch/study,

noon; Adoration and Rosary, 3 p.m.; Catholic men of the chapel (2nd Wednesday of the month), 6p.m.; Traditional choir practice, 6 p.m.; Bell choir practice, 7p.m.; Catholic choir rehearsal, 7:15 p.m.

Child Development Center: 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast: 6-8:30 a.m., Lunch: 11 a.m.-1:30 p.m., lemon-herbed chicken, BBQ spareribs, and stuffed pork chops; Dinner: 4-7 p.m., BBQ ham steak, turkey and noodles, and beef ball Stroganoff. Midnight meal: 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.

Fitness Center: Open 5 a.m.-midnight

Gas Station: Open 10 a.m.-6 p.m.

Library: Open 10 a.m.-9p.m.

Oceanview Island Grill: Fried shrimp, fries or salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Spaghetti w/ meat sauce, garlic toast, seasoned green beans, chilled pears, graham crackers, milk.

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Italian Buffet. Dinner 5-9 p.m. Family Buffet

## Thursday

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-8 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Bowling Alley: 9 a.m.-11 p.m.

Burger King: 7 a.m.-11 p.m.

Chapel: Meditation and Prayer, 6:30 a.m.; Mass 7 a.m.; Adoration and Rosary, 3 p.m.; RCIA, 7 p.m.; Gospel Praise Team practice and Men's Bible study, 7 p.m.

Child Development Center: 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-7 p.m.

Dining Hall: Breakfast: 6-8:30 a.m., Lunch: 11 a.m.-1:30 p.m., Jambalaya, Cajun baked fish, and Cajun meat loaf; Dinner: 4-7 p.m., Herbed-baked chicken, stuffed cabbage rolls, and Southern-fried catfish. Midnight meal: 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.

Fitness Center: Open 5 a.m.-midnight

Gas Station: Open 10 a.m.-6 p.m.

Library: Open 10 a.m.-9p.m.

Oceanview Island Grill: 16" Pizza w/ 1 topping or Taco salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Chicken patty sandwich, lettuce and tomato, seasoned potato wedges, seasoned peas, fresh fruit, milk.

Skills Development Center: Open noon-8 p.m.

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Oriental buffet. Dinner 5-9 p.m., 2-4-1 Steak Night

# EVENTS

The deadline for announcements on this page is 5 p.m., Monday for each week's paper. Submit announcements in normal text with the what, when, where, who, why and contact info in an email to [news@lajes.af.mil](mailto:news@lajes.af.mil). Dates and times should be in civilian format, and include full name of P.O.C.

## Closures/Shifts

**Club closure:** The Top of the Rock club is closed on Sundays, except for special events, until football season begins in September. For more, call 2-3202.

**Holiday closure:** The community activity center is closed on Friday, Sunday and April 25, in observance of local national holidays. For more, call Marco Rocha at 2-4135.

**AAFES facilities:** Hours of operations for Friday, a Portuguese holiday, are Ocean Front and Flight View base exchanges and gas station, 10 a.m.-5 p.m.; shoppette, 10 a.m.-8 p.m.; barber and beauty shops, closed.

**Pharmacy:** The installation of new automation ends Friday. Patient wait times in April may increase. As pharmacy personnel become more familiar with processes, wait times will recede. For more, call Capt. John Catoe at 2-3635.

## Organizations

**Board Elections:** USAFE School Advisory Board election ballots will be sent home with children Wednesday and are due by April 16. For more, contact Monica Chandler-Potts at 2-1314 or [monica.chandlerpotts@lajes.af.mil](mailto:monica.chandlerpotts@lajes.af.mil).

## Classes

**Federal Jobs:** Ten Steps to A Federal Job class, 8 a.m.-4 p.m., Monday, at the family support center. The first 15 to sign up receive a free resume guide valued at \$45. For more, call Lauren Jackson at 2-4138.

**Debt management:** A free class on how to reduce interest rates and payments, manage bills and credit ratings, is at 6 p.m., Thursday, at the family support center. Learn about bill collectors and consumer rights. For more, call 2-4138.

**Lifeguard class:** Outdoor

Recreation and the American Red Cross offer a lifeguard training course, April 16-30. Cost is \$30, for ages 15 and up. Registration deadline is Tuesday. For more, call 2-4140 or 2-4247.

## Events

**Pre-Easter toy sale:** Ends Saturday at the Flight View Bxtra. For the best selection, shop early. For more, call 2-5236.

**Talent contest:** USAFE Youth Talent Contest, 7 p.m., Friday, at the community activity. Everyone welcome to attend. For more, call Melvin Moore at 2-3273.

**Easter buffet:** The Top of the Rock club Easter buffet is 10 a.m.-2:30 p.m., Sunday. Cost is \$13.95 for members, \$6.95 for children 6-12 and free for children under 5. Menu is Seafood Newberg, herbed baked chicken, roast beef au jus, Virginia baked ham w/raising sauce, rice pilaf, whipped potatoes, buttered corn, mixed vegetables, brown gravy, scrambled eggs, bacon, pasta station, biscuits, cream gravy, hash browns, grits, French toast, pancakes, rolls/butter, assorted desserts, assorted fruit juices and salads. For more, call 2-2327.

**Bike registration:** The 65th Security Forces Squadron bicycle registration is 3-5 p.m., Thursday, next to the SF vehicle at the DoDDs high school. For more, call Staff Sgt. Daniel Magas at 2-3512.

**Author visit:** Coffee/Dessert with Dr. Dorothy Patent, author of children's science books, 6 p.m., Thursday, in the multi-purpose room of the elementary school. The Lajes community is invited to an evening presentation. For more, call Ronna Poston at 2-3491.

**Customer appreciation meal:** 4-7 p.m., Thursday, at the Tradewinds dining facility. Free to card holders, a la carte for basic allowance for sustenance. For more, call Tech. Sgt. Steven Moore at 2-4156.

**Food, clean car:** 9:30 a.m. - 4 p.m., April 17 in the Commissary parking lot. All proceeds go towards the Asian Pacific Heritage Celebration in May. To volunteer or for more, call Tech. Sgt. John Kraft at 2-6838 or Master Sgt. Onofre Martin at 2-1454.

**Top of Olympus:** 8 p.m.-3 a.m., April 17, at the Top of the Rock club main lounge. Ages 18 and up. Olympic events, games, and prizes. Dress to impress the Gods. For more, contact Kara Warren at 2-3202 or [kara.warren@lajes.af.mil](mailto:kara.warren@lajes.af.mil).

**SUM Dinner:** Single and unaccompanied member dinner, 5:30 p.m., April 22

**Talent show:** Elementary school talent show, 6-8:30, April 23, at the community activity center ballroom. First-3rd place prizes for Grades K-2, 3-4 and 5-6. For more, call Ronna Poston at 2-3491.

## Volunteers/Jobs

**Part-time position:** Thrift shop coordinator needed. Must be an enlisted spouse club or officer spouse club member. Applications available at the Thrift Shop Bldg. T-400. For more, call 2-6371 or 2-3567.

**Part-time contractor:** Instructor needed to provide financial and computer classes at the family support center. For more, call John Cox 2-4138.

**WICO position:** Women Infants and Children Overseas needs someone with a degree in Nutrition, Dietetics, Nursing or Home Economics and experience in prenatal, maternal or infant nutrition. For more, call Nora Blohm at 2-1440 or 295 549 465.

**Services positions:** Recreation aids at the skating rink and youth center, a club operations assistant and an office automation clerk at the veterinary clinic are needed. Applications are available at the Non-appropriated Funds Human Resources Office, Bldg. T-112. For more, call 2-5200.

**Family readiness:** Volunteer assistant needed to help maintain a program dedicated to families of deployed troops. Requires a six-month minimum commitment. Free childcare is available. For more, call 2-4138.

**Volunteers needed:** Volunteers needed at family services for postal collection, data input, advertising, etc. Free childcare is available. For more, call 2-4146 or 2-4138.

**Charities committee:** "Chapel Charities", open 11 a.m.-2 p.m., Saturdays, in Bldg. T-426, needs donations for local orphanages and nursing homes. To volunteer for the committee and base chapel, call Tech. Sgt. Silvia DeJesus at 295-549-430 or 2-1304, or call 2-4211.

**Skating rink:** Volunteers needed to distribute skates, sell snack bar items, work the DJ booth, etc. For more, call Sheryl Bush at 2-5216 or 2-6143. P.O. volunteers: The post office needs volunteers to assist with sorting mail, distributing packages and customer service. Visit the post office for more, or call 2-3625.

**CAC attendants:** Community activity center volunteers needed to work at the front counter, to assist customers and provide administrative support. Weekend and evening hours are available. For more, call Sheryl Bush at 2-5216.

## Classified Ads

Ads must be submitted via email to [news@lajes.af.mil](mailto:news@lajes.af.mil). Ads are due by 5 p.m. Monday.

For Sale: Trium 110 Cell phone with owner's manual in English and paid calls of about 20 Euros; European Coverage area, with original box, charger, etc. \$80 OBO. Call Kathy Scharven at 295-908-965.

For Sale: Grill to Go, 6 months old, works great, \$80. Call Andy at 295-549-555.

For sale: Medium sized dog crate, \$30.00. Electronic drum set, Yamaha Digital Percussion DD-55, almost new, \$150.00. Two lounge chairs, very heavy with green and white striped cushions, \$25 each or both for \$40. Swing with sun cover and two pillows, \$65.00. Call Kim at 295-903-533.