

First Look

Register to vote

It's an election year and all military members can vote by absentee ballot. For more on how to register, contact Maj. Arthur Moore at 2-7013 or [arthur.moore@lajes.af.mil](mailto:arthur.moore@lajes.af.mil), or unit voting representative. For the 2004 election schedule, visit [www.fvap.gov/pubs/vag/pdfvag/appendix\\_a.pdf](http://www.fvap.gov/pubs/vag/pdfvag/appendix_a.pdf).

Veterinary clinic

The Veterinary clinic is open 3-8 p.m., Wednesday. For a parasite screening, bring a sample of the pet's stool to the appointment. To reserve a spot, call Staff Sgt. Troy Livingston at 2-3134.

Valentine balloons

On sale at the skills development center and delivered on base and housing until 3:00 p.m., Saturday. For more, call Gerald Williams at 2-5255.

Moscow ballet

The Moscow Ballet performs "Swan Lake" at 9:30 p.m., Tuesday and Wednesday, in the grand auditorium of the Cultural Center in Angra. Tickets are on sale Monday - Wednesday at the Cultural Center from 5:30-9:30 p.m., and cost 20 Euro for central seating and 15 Euro for side seating.

Valentine's dinner

Saturday 5-9 p.m. at the Top of the Rock club. To reserve a spot, call 2-1122/3202.

Preflight

- Days since last DUI ..... 12
- DUIs since Jan. 1 ..... One
- Current AEF ..... Silver (5 & 6)
- Current FPCON ..... Alpha
- Guest DJ ..... Airman 1st Class Jonathan Carter and Airman 1st Class Jaeret Sexton from the 65th Communications Squadron
- Strong Patriot ..... today
- Combat Nighthawk: Capt. Christopher Carter, 65th Civil Engineer Squadron, Capt. John Catoe, 65th Medical Support Squadron, Master Sgt. Karl Schneider, 65th Communications Squadron and Master Sgt. Richard Williamson, 65th Mission Support Squadron.

# Skate park opens

With the help of Lajes volunteers, the skating rink transforms into a new recreation venue for skaters. Page 3.

## Blast off



1st Sgt. Paulo Ribeiro (left), helps 1st Sgt. Rui Frade (right) and Jose Pinto Silva into a Portugesse Puma rescue helicopter during the Space Shuttle recovery exercise here, Monday. All three are members of the 711th Squadron, Portuguese Air Force, Lajes Field, and participate in the exercise. The 711th Squadron and the 65th Air Base Wing tested the joint team's ability to react during a NASA space shuttle emergency. More photos on pages 4-5. (Photo by Tech. Sgt. Robert Valenca)

# Be safe during long weekend

by Col. Scott Adams  
USAFE Director of Safety

In 1971 President Nixon proclaimed one single federal holiday to honor all past presidents. Like many holidays, Presidents' Day provides time to relax with family and friends, and opportunities to travel. Travelers must remain cautious by anticipating and preparing for sudden, unpredictable and life-threatening weather changes. Heavy rains and thick fog can easily jeopardize an otherwise successful trip.

Unpredictable weather is just one safety challenge our members will face this weekend. Alcohol is another, as it continues to be one of our most significant mishap contributors. Commanders and supervisors need to continue to emphasize the dangers and conse-

quences of drinking and driving. Insist our members use designated drivers. Any plan involving alcohol must also include a plan for safe and dependable transportation home. Our challenge as commanders and leaders is to prevent alcohol from ruining or ending lives. If necessary, intervene through personal. By being involved in the lives of our subordinates, we increase our opportunity to avoid disaster.

Commanders must continue to convey their personal concern for the safety of each member assigned to their unit before allowing them to depart for the extended weekend. Brief members on seat belt use, and emphasize proper driving techniques for road conditions and personal risk management. Also, express the need to avoid unnecessary risks like driving while fatigued. Encourage all to use the buddy system

and inform others of their plans and expected time of return.

Supervisors must reinforce the commander's message with face-to-face words of concern for everyone they supervise. Ensure everyone knows how to contact their unit should an emergency arise while traveling. Supervisors must also encourage responsible behavior. Reinforce the need to look out for one another and intervene when others make poor decisions.

Emphasize Project Smart and ensure everyone "safely manages awareness, risk and threats." Let's carefully plan for a successful Presidents' Day weekend celebration with family and friends. Make smart decisions that will return you safely home. Each of you is a vital part of our future success. Have a wonderful holiday and enjoy your well-deserved time off.

## Fitlinxx shows results

by 1st Lt. Yvonne Levardi  
Chief of Public Affairs

A new program to track fitness activity is on-line for use by members of Team Lajes and dependents.

The new system, called Fitlinxx, gives people a way to map their Combat Fitness goals and track progress.

"USAFE's goal is for all airmen to log 12 workouts monthly on the system," said Maj. Julie Moberg, Combat Fitness manager.

"It's mandatory for all US Air Force personnel at Lajes to log in their workouts," said Col. Barbara Jacobi, US Forces Azores and 65th Air Base Wing commander. "I'd like to see squadrons working out together, but if that's not possible, folks should be working out on their own at least three times a week."

All active duty members stationed here before Dec. 1, 2003 were automatically entered into the Fitlinxx database and now only need to register on the website using the last 5 numbers of their SSN as their Fitlinxx ID.

Airmen new to Lajes will fill out paperwork during in processing, and their squadron fitness monitor enters them into the system.

Civilians and dependents can also use Fitlinxx by having someone at the fitness center register them, Major Moberg said.

"Fitlinxx is a web-based program that keeps track of your workout time, cardiovascular and

strength workouts," said Maj. Julie Moberg, Combat Fitness manager. "It can be used to design a workout program, and allows users to see how they progress towards workout goals. Seeing results keeps people in fitness programs long after the majority of people not using a program have dropped out."

Once a person is set up on the system and has a Fitlinxx ID number, Major Moberg said it's easiest to initially register at [www.combatfitness.org](http://www.combatfitness.org) and then follow the instructions. People can also use [lajes.fitlinxx.com](http://lajes.fitlinxx.com) to log future workouts, see all of their charts, graphs and reports and review their data, Major Moberg said.

"Eventually the cardio and strength machines in the gym will be connected to the system. People will enter their PIN and the workout will be logged automatically from those machines," Major Moberg said.

For now, she said people have to log their own workout whether they work out in the gym, run outside or lift weights at home.

"Other activities can be logged too," said Major Moberg. "Bowling, scuba diving, sports games - there are many different cardio activities you can log in."

People register on Fitlinxx by logging onto the site and following the directions on the page. There is a direct link to Lajes' Fitlinxx website on the Lajes Intranet homepage.

## Project Smart



**Project SMART manager:**  
Maj. Bruce Brown

**Objective:** Promote a "Safety Culture" at Lajes Field, emphasizing "Doing it Smart." Initiative focuses on personal risk management.

**Goal:** To increase awareness of safety-related issues, and reduce the risk of injuries and deaths from risk-laden activities through education and media involvement.

## Lajes Key Spouses

The Key Spouses are a Combat Care initiative to help keep the communication lines open between units and spouses of deployed or TDY personnel.

Key Spouses for Lajes are:

65th Air Base Wing  
**Charlotte Bardin**

65th Civil Engineer Squadron  
**Diane Katz**  
**Karen Bolina**

65th Communications Squadron  
**Jocelyn Warner**  
**Cheryl Pletzar**

65th Comptroller  
**Sarai Boyd**

65th Contracting Squadron  
**Michele Yates**

65th Logistics Readiness Squadron  
**Donna Fillman**  
**Teresa Boulter**

**Ann Moody**

65th Medical Operations Squadron  
**August Melendez**  
**Lisa Lekse**

65th Medical Support Squadron  
**Maggie Catoe**  
**Linda Herold**

65th Mission Support Squadron  
**Michele Green**

65th Operations Support Squadron  
**Kathleen Fay**  
**Erika St Andre**

65th Security Forces Squadron  
**Darcy Arnold**  
**Irene Nash**

65th Services Squadron  
**Jenny Kaczor**

729th Air Mobility Squadron  
**Danyel Piott**  
**Helene Bickerdike**  
**Bernadette Verstraten**

## Weekend CHEER

### Volleyball

Coed 4-on-4 Volleyball Tourney, 7 p.m. tonight, Chase Fitness Center - register there.

### Movies

AAFES Movie Marathon, 8 p.m.-3 a.m. tonight, \$10 admission, includes medium popcorn and med drink. Movies are: Paycheck, Mona Lisa Smile and The Last Samurai

### Dance

Dance Night at the Top of the Rock club with DJ Pun. Bar opens at 4 p.m.; DJ plays 9 p.m.-4 a.m. tonight.

### Country night

Tonight at the Top of the Rock club with DJ Bob. Bar opens at 4 p.m.; DJ plays 9 p.m.-4 a.m. Saturday.

### SOC

Singles of the Chapel Skating Night, 7 p.m. Saturday. Everyone should meet at the chapel at 6:45 p.m.

### Bowling

Free bowling for single and unaccompanied members 9 o.m.-3 a.m. Saturday. First 150 get free bowling. Get tickets from first sergeants.

### All-nighter

Valentine's All-Nighter at the Top of the Rock club with DJ Brett Jamez, 9 p.m.-4 a.m. Saturday.

### Sweetheart challenge

The Xbox challenge is at 1 p.m., Sunday, at the community activity center. Sweethearts and friends need to register by Saturday to play. Players must be at least 17. Play-

ers can vote on what games are played. Fun prizes and refreshments are provided. For more, call Sheryl Bush or Marco Rocha at 2-4135.

### Club

Chill Out Sunday with DJ Big Pun at the Top of the Rock club 4 p.m.-midnight.

### Pyjama Party

Pyjama Party Movies at the Top of the Rock club 4-10 p.m. Sunday. Open to single and unaccompanied. Participants vote on movies to watch. Prizes awarded best men's and women's pyjama. Refreshments provided by the club.

### Open volleyball

Open Volleyball at the Chase Fitness Center 3-5 p.m. Sunday. If interested, just show up.

## AMC restructuring Patriot Express Move will save \$67M, change "official travel" routes

by Tech. Sgt. Jason Tudor  
NCO in Charge of Public Affairs

Air Mobility Command's current restructuring plans could affect the way people travel.

All Patriot Express routes, except those into locations with no commercial service, or where there are force protection considerations, will be phased out over a four-year period, according to command officials.

Two flights to Lajes, including the Patriot Express L-1011, handle most of the permanent-change-of-station movers to the island. They also carry much of the space-available traffic between Europe and the U.S. Lt. Col. Steve Sorensen, 729th Air Mobility Squadron commander, said the Patriot Express restructuring has not affected the flights of the second aircraft, a DC-8 that visits the island weekly.

"There are no plans to change the DC-8 flight," he said.

In fiscal 2005, the Atlanta gateway will close and Patriot Express flights to Rhein-Main Air Base, Germany, will end. According to current recommendations, the Lajes Patriot Express stop will continue until fiscal year 2008.

The Defense Department is

removing the Atlanta and Frankfurt stops as part of the four-year purge. The end of the process will eliminate the Patriot Express system, according to transportation command officials.

Sorensen emphasized although there will be a loss of some space-available seats, the privilege afforded to military members and retirees will still be available through other flights transiting the island. More than 43,000 duty and space-available passengers transited the island in 2003, according to squadron officials.

"When the Atlanta and Rhein-Main stops go away, we'll feel some effects. However, Rhein-Main is slated to close in that time frame," Colonel Sorensen said. "With the amount of airflow that comes to our island, there will certainly be ample opportunities."

Flying will stop at Rhein-Main Oct. 1, 2005, while its gates will close Dec. 31, 2005, according to the base's public affairs office. Colonel Sorensen said the Rhein-Main stop will transition to Royal Air Force Mildenhall, England.

Air Mobility Command officials said duty passengers will be able to travel on commercial airlines through the General

Service Administration's City Pair program. Although the DOD requires PCSing passengers to use Patriot Express, the department has paid about \$67 million more each year than what it would cost for official PCS travel through the City Pair program.

"The restructure brings several advantages to those PCSing overseas," said Capt. Billy Webb, chief of AMC passenger operations. "Commercial airlines fly into most locations served by Patriot Express, and they fly more frequently, so there are more options in scheduling flights."

Patriot Express is the military's chartered commercial air service for transporting service members and their families on permanent change of station orders to and from overseas locations. Air Mobility Command, the air component of United States Transportation Command, manages the Patriot Express program on behalf of the Department of Defense.

The command said current recommendations have the Patriot Express program scaling down as follows (note: a fiscal year begins Oct. 1 of the current year and ends Sept. 30 of the next year. So, Fiscal 2005 goes from Oct. 1, 2004 to Sept. 30,

2005.):

— In fiscal 2005, the Atlanta gateway will close, and Patriot Express flights to Rhein-Main Air Base, Germany, will end. The military will also adjust the frequency and size of flights to Guantanamo Bay, Cuba, and Keflavik, Iceland.

— In fiscal 2006, service to Osan and Kunsan air bases, Korea; Kadana AB, Japan; Keflavik, Iceland; and Royal Air Forces Mildenhall, England, will end. The reservation center at Hickam AFB, Hawaii, and the gateway at Los Angeles International Airport will close.

— Fiscal 2007 marks the end of service to three American bases in Japan: Yokota and Misawa air bases and the Marine Corps Air Station, Iwakuni, as well as the Japan passenger reservation center. The Seattle gateway will also close, and AMC's main reservation center at Scott AFB will increase its operating hours.

— Fiscal 2008, service to Lajes Field, the Azores; Aviano AB, Italy; Rota, Spain, and Sigonella, Sicily, will end, the PRC in Germany will close, and AMC's PRC will begin continuous operations.

(Cynthia Bauer, Air Mobility Command news service, contributed to this report.)

## New skate park opens at Lajes

Crossroads staff

Youth Center workers and a handful of volunteers Tuesday transformed the skating rink into a place that will have parents frightened, safety officials cringing and Lajes services adding a new recreation venue.

Lajes youth program coordinator Melvin Moore Jr. said all of the new "Skate Park" equipment is in place and should be ready for use by the end of February.

The indoor park inside Bldg. T-629 includes two 8-foot quarterpipes, two 4-foot quarterpipes, one 8-foot spine, one 4-foot spine, two launch ramps, two 8-foot waves, two grind boxes, and four grind rails.

Moore said the rink also bought skateboards, helmets and pads for airmen and teens.

Moore said he's spoken to a few of the teenagers he works with and they are ready to skate. Many of the younger Lajes airman tell Col. Barbara Jacobi, 65th Air Base Wing commander, they are looking forward to it also.

Moore said the equipment "nearly fills the skating rink." He added that the rink will continue to be dual-use and the equipment will be pushed aside when skaters want the floor. Further, Moore said workers from the 65th Civil Engineer Squadron will make a door to make hauling the ramps, grinds and pipes easier into a storage area.

Moore said a price structure

for the skate park's use hasn't been decided. However, the youth center membership fee would probably cover entrance fees for teens, while others would pay a small fee.

A quarterpipe looks like a ramp with a platform at its apex. Skaters use quarterpipes to drop down to gain speed or ride up and perform tricks. Grind boxes and rails allow skaters to perform other maneuvers.

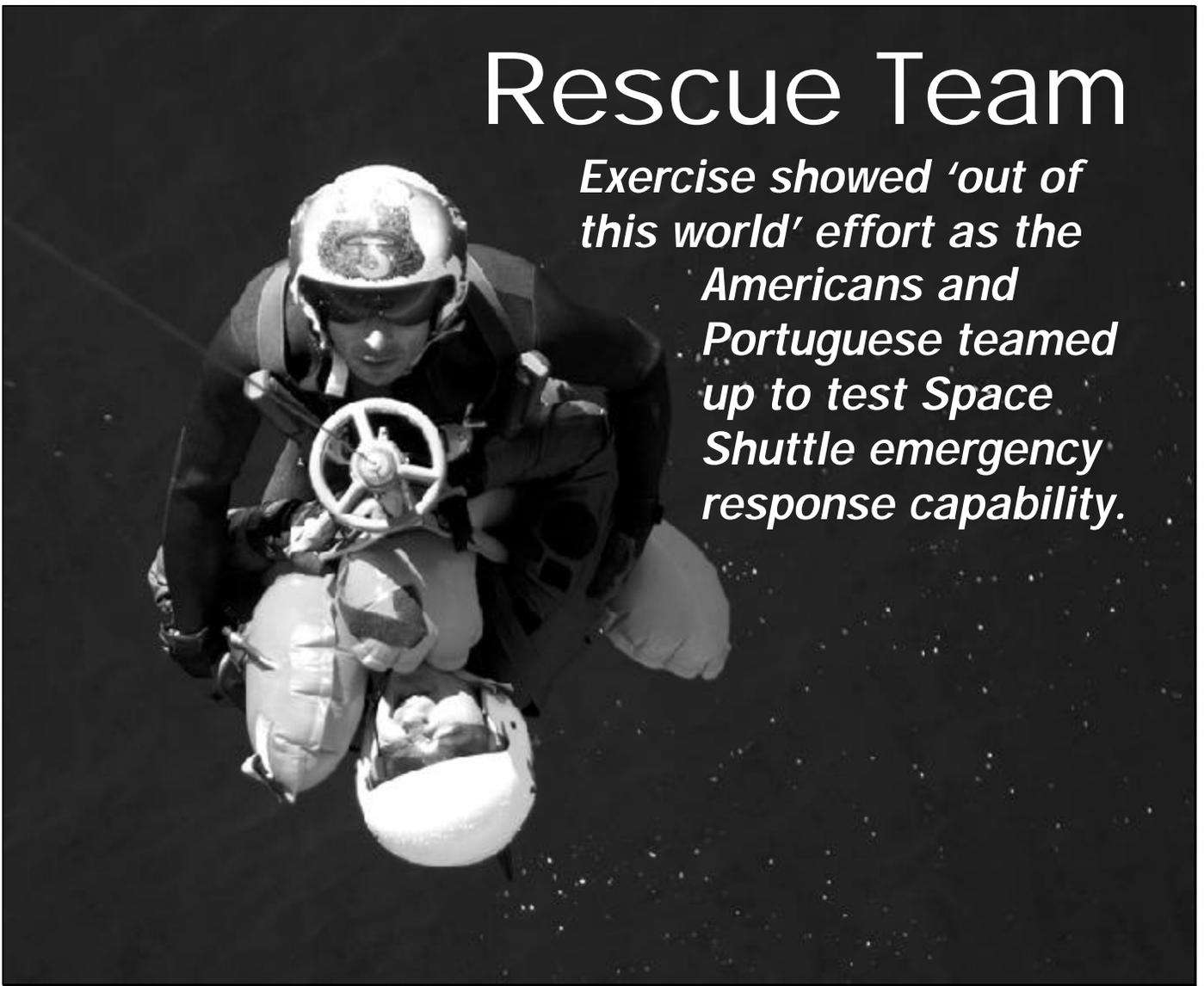
Moore said people would be able to use skateboards or in-line skates on the new equipment. He added that "between 15 and 20" people from across the wing helped move the \$40,000 worth of equipment into the 145 square-foot area.



Tech. Sgt. Suzanne Dubois, from 65th Communications Squadron, helped install new skate ramps at the base skating rink Feb. 3. (Photo by Guido Melo.)

# Rescue Team

*Exercise showed 'out of this world' effort as the Americans and Portuguese teamed up to test Space Shuttle emergency response capability.*



First Sgt. Rui Frade, (top) rescues Jose Pinto Silva out of Paria Bay during a Space Shuttle recovery exercise at Lajes Field, Azores, Feb 9. Both are members of the 711th Squadron, Portuguese Air Force, Lajes Field, and took part in the exercise, which partners the 65th Air Base Wing and Portuguese Air Force annually and tests the joint team's ability to react during a NASA space shuttle emergency. (Photo by Tech. Sgt. Robert Valenca)



Ambulances from the 65th Medical Group drive to the Puma carrying six 'astronauts' to take them to the clinic for examination during the Space Shuttle recovery exercise. (Photo by Guido Melo)

(Right) Staff Sgt. Brett Reinhardt, space shuttle commander, puts on his life jacket inside of a Portuguese Air Force Puma helicopter during the Space Shuttle recovery exercise. Sergeant Reinhardt was one of six people playing 'astronaut' in the exercise. (Photo by Tech. Sgt. Robert Valenca)





(Above) Members of the 711th Squadron, Portuguese Air Force, Lajes Field, Azores, take two simulated astronauts out into Praia Bay to be picked up by a Puma helicopter during the exercise. (Photo by Staff Sgt. Michelle Michaud)

(Below) First Sgt Rui Frade, 711th Squadron, Portuguese Air Force, Lajes Field, Azores, disconnects the wench from Jose Pinto Silva, after he was rescued. (Photo by Tech. Sgt. Robert Valenca)



First Sgt. Rui Frade, Portuguese Air Force, is lowered into Praia Bay from a Portuguese Air Force Puma helicopter during the exercise. (Photo by Staff Sgt. Michelle Michaud)



Volunteer astronauts from Lajes Field, Azores, are briefed on their role in a Space Shuttle recovery exercise. (Tech. Sgt. Robert Valenca)  
 (Right) Three members of the 65th Medical Group, load simulated astronaut Staff Sgt. Brett Reinhardt, Det 6 AFNEWS, into an ambulance and transport him to the base clinic for examination during the exercise. (Photo by Tech. Sgt. Robert Valenca)



# Dental care starts young

by 1st Lt. Yvonne Levardi  
Chief of Public Affairs

Limiting sweets, eating healthy snacks and using fluoride are tools to preventing tooth decay in children.

Staff Sgt. Sarah Drinkard, a dental hygienist here, said by teaching their children good habits at a young age, parents can help their children have good oral hygiene and positive trips to the dentist.

"Keep in mind you are the role model for your children, so set the example by taking care of your oral health," Sergeant Drinkard said.

Some tips for beginning dental care are:

- Use a pea-sized amount of toothpaste for children two and older.

- Ensure the child doesn't swallow the toothpaste.

- Use a child-size toothbrush with soft bristles for young children.

- Replace toothbrushes every three to four months.

- Use floss as soon as the child has two teeth that touch.

"By combining good oral care habits with healthy eating, dentist visits should become stree-free," Sergeant Drinkard said.

To help prevent tooth decay parents should limit sweets and maintain a balanced diet for their children, she said.

"If your child needs a between-meal snack, choose nutritious foods rather than cookies or candy," Sergeant Drinkard said. "Fruits and raw vegetables are quick and can still be sweet-tasting."

Sergeant Drinkard said to encourage children and teens to drink water rather than soda or sugar-filled drinks to help keep teeth healthy.

"Parents can work to make sure the school vending and food services offer nutritious selections," Sergeant Drinkard said.

An additional key factor to reducing tooth decay is fluoride, Sergeant Drinkard said. Research shows it reduces cavities in children and adults, and can repair the early stages of tooth decay. She said brushing with fluoride toothpaste twice a day and flossing will maintain healthy teeth and gums.

"At Lajes, we don't put fluoride into our base water. Because of this, we recommend fluoride supplements for kids up to age 12," said Capt. (Dr.) Chad Raper, a Lajes dentist. "But parents need to make sure to follow the instructions because overuse can cause white spots on teeth known as fluorosis. Teeth with fluorosis are more prone to decay."

For more, visit the American Dental Organization website at [www.ada.org](http://www.ada.org), or ask the dentist.

## Order to go



Airman 1st Class Brandon Holliman, 65th Security Forces Squadron, fried up some catfish. The African-American Awareness Committee had a Southern fried catfish fundraiser Feb. 6 at the base chapel. (Photos by Staff Sgt. Michelle Michaud)



**Friday: 8 p.m. "Paycheck" PG-13, 115 minutes.** The cast includes Ben Affleck and Aaron Eckhart. Synopsis: Michael has his memory erased by his employer as a security precaution once he's completed special projects. After finishing his latest, he receives not his usual lucrative paycheck, but an envelope containing 9 items, including ticket stubs, bus tokens and other reminders he sent himself before the procedure. He's told he chose to forfeit any monetary compensation. The problem is, he can't remember a thing, since his brain has been wiped clean. Rated PG-13 for intense action violence and language. **"Mona Lisa Smile" PG-13, 125 minutes.** The cast includes Julia Roberts and Julia Stiles. Synopsis: In 1953, America was a time ripe for change for women and when Katherine arrives to teach Art History at Wellesley College, she finds the

institution drowning in outdated mores. She takes on the establishment and in doing so, deeply affects her students who in turn lead her to alter the course of her life forever. Rated PG-13 for sexual content and thematic issues. **"The last Samurai" R, 154 minutes.** The cast includes Timothy Spall and Billy Connolly. Synopsis: Tom Cruise plays a 19th-century American military officer who travels to Japan to help organize and teach the emperor's troops during a time of feudal conflict on the island. As he learns more about the samurai, the traditional protectors of feudal lands, he comes to understand and appreciate the complicated system of honor under which they live. Rated R for strong violence and battle sequences.

**Saturday: 7 p.m. "Paycheck" PG-13.**

**Sunday: 2 p.m. "Mona Lisa Smile" PG-13. 7 p.m. "The Last Samurai" R.**

**Monday: Closed**

**Tuesday: 7 p.m. "Paycheck" PG-13.**

**Wednesday: 7 p.m. "Mona Lisa Smile" PG-13.**

**Thursday: 7 p.m. "The Last Samurai" R**

## Dress and Appearance

### Representing the U.S.

According to USFORAZ instructions: "Each U.S. military member in a foreign country is a United States ambassador representing the U.S. government and the United States. U.S. Forces Azores personnel are in frequent contact with both Portuguese military and civilian representatives. Therefore, it is imperative that all U.S. military members in the Azores display the utmost pride in their military appearance and dress (both on- and off-duty) as a representative of their service and country."

According to customs and courtesies to maintain a professional appearance, military members should avoid putting their hands in the pockets of any military uniform in a casual manner.

Pockets may be used to carry items, but should not be so full as to appear bulky.

Cigarette smoking while in duty uniform is permitted, but only in designated smoking areas.

Military members should not walk around while smoking, and if necessary should carry their cigarette in the left hand.

## Anytime, anywhere for prayer

**Chaplain, (Capt.)  
Matthew Franke  
65th Air Base Wing chaplain**

As a chaplain, I often am called upon to pray. There are monthly recognition ceremonies, holiday meals and parties, changes of command, memorial services and retirements. I've even prayed at the retirement of a Security Forces canine! And there are, of course, those special requests - illnesses and injuries, births and deaths, specific burdens and blessings. "Chaplain, would you pray for me?"

Even though I'm supposed to be "the professional," I find I'm not the only one praying.

In fact, prayer seems to be an aspect of spirituality practiced by many.

How we do it, however, varies greatly.

Prayer ranges from the most eloquent verses of the Psalms to the simplest, "My God!" Some people gather for prayer while others do it silently and alone.

Personally, I prefer talking with God while running. So, if you see my lips moving while I'm out running, I might not be talking to myself!

Another thing I have discovered is that many of us tend to get into a rut in our prayer life.

For the most part, we want good health, good weather, good assignments, protection and promotions. Yet, there is so much for which to pray! High on my



Chaplain (Capt.) Matthew Franke runs with other base members. He said he likes to pray when he runs. *(Photo by Guido Melo)*

list is prayer for our nation.

It's easy to complain about leadership and politics, hardship tours and terrorists. Why not pray for them and about them?

Lajes Field will hold a National Prayer Observance at noon Wednesday, at the Base Chapel.

The National Prayer Observance is derived from the National Prayer Breakfasts and Luncheons held across our nation in February each year.

Prayer Breakfast groups were inaugurated in 1942 among members of the

United States Senate and the House of Representatives.

Since that year, a war year, these groups have continued meeting to discuss individual spiritual needs, and diverse expressions of a common dependency of our nation and her leaders upon God.

In 1953, the first Presidential Prayer Breakfast was established by members of the Senate, the House and President Dwight D. Eisenhower.

Its purpose was to seek divine guidance for national leadership and to reaffirm faith in and dependence

upon God.

Each year the breakfast has drawn together the President, Cabinet members, the Supreme Court, Congress, the Diplomatic Corps, and prominent leaders in business, labor, education and science.

These women and men were joined by selected members of the Armed Forces representing all branches of Military Service.

The name was changed to the "The National Prayer Breakfast" in 1970 to emphasize the purpose of the gathering rather than the individuals involved.

In recent years, many groups have chosen to observe National Prayer Luncheons.

National Prayer Breakfasts and Luncheons are interfaith endeavors, providing the opportunity for personnel to reaffirm the moral and spiritual values upon which our nation was founded.

Observances on military installations and in communities all across the nation are an extension of the National Prayer Breakfast held in Washington D.C. each year.

This year's observance will begin with a noontime prayer service in the Base Chapel followed by a light lunch in the Chapel Fellowship Hall.

I'd like to invite all members of our base community to come and join in praying for our nation.

Expand your prayer life!

For more information, contact Chaplain Franke at 2-2478 or the Base Chapel at 2-4211.



This funded Air Force newspaper is an authorized weekly publication for members of the U.S. military services overseas.

Contents of the *Crossroads* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

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The *Crossroads* staff encourages its readers to call or e-mail with ideas or corrections. Call 2-3347 to speak to a *Crossroads* staff member or e-mail us at [news@lajes.af.mil](mailto:news@lajes.af.mil).

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<b>Tech. Sgt. Jason Tudor</b> .....	<i>NCOIC, Public Affairs</i>
<b>Staff Sgt. Olenda Kleffner</b> .....	<i>Editor</i>
<b>1st Lt. Aaron Wiley</b> .....	<i>Contributing writer</i>
<b>Eduardo Lima</b> .....	<i>Community Relations Adviser</i>

# It's not so bad after all

by Kelly Birch  
Junior at Lajes High School

When you get to Lajes, you first think, "Where's the mall? Where's McDonald's? Where's the civilization?" You can't believe your parents have dumped you onto this rock!

Over time, however, you begin enjoying the island, thinking less of cable TV and more of the activities that dominate your routine-sports, band, whatever you're doing. And when your DEROS rolls around, you cling to the Rock with all your might, willing to do anything to stay.

What is it that imprints Lajes onto hearts forever? Answering this question could fill an entire dissertation, but I'll sum it up in a few paragraphs.

The first time you walk through the doors at Lajes High School, you are accepted with open arms and approached with questions-What sports do you play? Do you play an instrument? The school's need for you is automatically apparent, allowing you to become involved with whatever you choose.

Along with other activities, I've played basketball for two seasons at LHS, first picking up a basketball as a freshman at try-outs.

Students are also incredibly friendly here, as they've been new at least once and are excited to meet a new person.

Terceira, where Lajes is located, is a very beautiful place.

Its size enables you to travel all over and prevents most people, not including my family, from getting lost.

Every time you drive by the cliffs, you are overwhelmed by how lucky you are:



the bright green fields against the various blues of the ocean prove how beautiful this forgotten slice of paradise really is.

Azoreans are exceptionally kind, which encourages students to get involved with

local culture by going to festas, discos, restaurants, or just the beach, where you can tan and eat an ice-cream.

Finally, DoDDS itself affects the way I view the island. Though its size is beneficial, there are times when I need to get away, meet new people, eat a Big Mac and go shopping.

Various trips, especially Creative Connections and Honor Band, have given me a broader view of the world and taught me more than I can learn on the island.

DoDDS allows me to take a few much-needed breaks, and when I get back, I'm happy to be here again.

People talk a lot about being in the "Real World."

I'll admit, I don't live in a world where I constantly worry about trusting people and getting hurt. I'm able to deal with danger on the small scale, rather than one event changing my entire life.

I don't live in that type of world, I live in Lajes, and I'm proud of it!



## Everyday Hero

Staff Sgt.  
Tasha Robinson

65th Communications  
Squadron

**Duty Title:** Network Training Instructor

**Job description:** Train all the work group managers, research training for the network control center personnel

**Time in the Air Force:** Seven years

**Time at Lajes:** Two years

**Best part of your job:** teaching

**Spouse and children:** Husband David, son Andrew and daughter Alyssa

**Why did you join the Air Force:** To honor my brother who lost his life while serving

**What are your career goals:** Establish a computer education center for inner-city children, open my own thrift store

**Life goal:** Be happy

**Best Air Force Experience:** POW/MIA memorial service

**Hometown:** Louisville, Ky

**One word to describe you:** Energetic

**Hobbies:** Cooking, crocheting, quilting

**Favorite food:** Anything spicy

**Pet peeve:** Tardiness to work

**No one knows I'm:** Camera shy

**Question:** What is Project Power Plant?

**Answer:** Project Power Plant, known as the Sun & Sand Hut at Lajes, is the USAFE special interest program to bring a high-tech, high energy entertainment center to airmen on base. The Hut will be an alternative location to any of the clubs on the island to hang out with other airmen. There will be pool tables, Playstation gaming systems, arcade games and a home theater area with a plasma television for movies and TV. We're also planning on offering beverages such as soda and beer and snack foods like hot dogs and nachos for sale. The facility will be located in the rear area of the Community Activity Center, encompassing the fireplace room and the old children's playroom, and it will open in June. Since this is an airmen's place, any airman interested in helping with any construction, painting or any other skill is more than welcome to assist.



The Action Line is your means of addressing a problem, concern or challenge to me about something in the 65th Air Base Wing or J.S. Forces Azores.

However, your chain of command should always be your first option. When that's not the answer, then call the Action Line at 2-4240 and I'll address it quickly and with care. Thank you!

Col. Barbara Jacobi  
65th Air Base Wing commander

## Test uniforms ready

WASHINGTON — Airmen at two bases started getting a first-hand look at the proposed new utility uniform Feb. 9 when the tiger-striped blue-, green- and gray-patterned ensemble began its wear-test phase.

Officials delivered the distinctive uniforms to testers at Wright-Patterson Air Force Base, Ohio, and Langley AFB, Va. A uniform board official provided an update on the utility uniform and also released details about the fitness uniform.

"The best features of the uniform are the permanent-press treatment and actual sizes," said Senior Master Sgt. Jacqueline Dean, chief of the Air Force Uniform Board office. "This uniform is distinctive, easy to maintain and fits better. Our current battle dress uniform comes in four sizes. The new uniform will come in actual men's and women sizes. Men's pants will come in sizes 28 to 48 and the shirts will come in jacket sizes 34 to 52; women's uniforms will come in sizes 2 to 24. It's going to provide a much better fit."

The test includes trying out two boots, one in suede and another that is a low-polish, low-shine black leather style. The suede boot will be tested in black, charcoal gray and tan. Sergeant Dean said high-operations tempo caused senior leaders to move away from the requirement to have a high-polish shine.

After the six-month test is complete, data is collected and evaluated to determine how the uniform stood up to conditions.

Other bases testing the utility uniform through July include Elmendorf AFB, Alaska; Hurlburt Field, Fla.; Luke AFB, Ariz.; McChord AFB, Wash.; Ramstein Air Base, Germany; Robins AFB, Ga.; and Vandenberg AFB, Calif.

## New fitness uniform

Air Force Chief of Staff Gen. John P. Jumper introduced a new fitness standard Jan. 1. Development of a new fitness uniform is the next step. Enlisted airmen will be issued two sets of shirts and shorts and one running suit. Basic training recruits will receive the shirts and shorts first and the running suit following warrior week. People scheduled for deployment will also get priority. Officers must buy their uniforms.

Senior Master Sgt. Jacqueline Dean, chief of the Air Force Uniform Board office, estimates that the new uniforms will be widely available around October.

The chief of staff's biggest emphasis in the development of the uniform was to ensure adequate reflectivity features were incorporated throughout the uniform to keep people safe when running in the early morning or late evening, Senior Master Sgt. Jacqueline Dean, chief of the Air Force Uniform Board office said.

The running suit is the same used by cadets at the Air Force Academy. Air Force blue provides the background and all of the piping is reflective white. Some features of the running suit include zippers under the arms, ventilation in the back, and pants zippers to help remove the suit without removing shoes.

The gray T-shirt has a reflective emblem on front and back. Shorts will have two

## Ka-boom



AL FATHAH AIR FIELD, Iraq — Explosions rock the ground here as Army engineers and Air Force explosive ordnance disposal workers detonate a weapons cache Feb. 5. An estimated 2 million net pounds of explosives were left at the air field by the old regime, making it the largest single weapons cache uncovered by the coalition to date. Workers are destroying an average of 100,000 pounds of weapons per day. (Photo by Staff Sgt. Jeffrey Wolfe)

pockets, one on a front leg to accommodate an identification card, and one in the waistband for a key. The shorts also have a reflective "V" on both sides and the Air Force logo. Shoes will not be issued with the uniform.

## AD can join AF Reserve

ROBINS AIR FORCE BASE, Ga. — The Air Force is opening doors and modifying programs to give people leaving active duty an opportunity to continue their military careers in the Air Force Reserve.

As the active force tries to reduce manning by about 16,600, the Air Force Reserve is seeking to hire many of those experienced airmen and give them a more flexible way to have a career in the military.

Current Air Force manning numbers are beyond the authorized end-strength of 359,300 airmen on active duty. The new force-shaping program has scheduled active-duty numbers to drop by 3,900 officers and 12,700 enlisted airmen by Sept. 15.

Palace Chase is a program for airmen to transition off of active duty by trading their active-duty service commitments for Air Force Reserve service commitments.

To qualify for this program, applicants must have a re-enlistment code approved for continued military service and meet all the Palace Chase eligibility criteria under the force-shaping rules.

Applications under these new rules are being accepted until March 12. To be approved, applicants must separate from active duty between May 15 and Sept. 15.

Though people in all specialty codes are eligible to apply for the Palace Chase transfers to the Air Force Reserve, airmen must have graduated from their initial training, qualified as 3-levels and not be scheduled to be retrained. Some U.S. Air Force Academy graduates may be approved

for the program. Air Force ROTC cadets may apply to be commissioned directly into Air Force Reserve jobs for six-year commitments, instead of the typical four-year tour of active duty.

## Coverage issued

FALLS CHURCH, Va. — Department of Defense Military Health System officials are now automatically issuing a Certificate of Creditable Coverage to any former uniformed services sponsor or family member who loses eligibility for health-care benefits under Tricare. The service began Feb. 1.

Eligibility for Tricare may end as a result of a sponsor's separation from active-duty status, divorce, demobilization if the sponsor is a guardsman or reservist or when a dependent child reaches age 21, or 23 for full-time students.

For people no longer eligible for Tricare, the certificate serves as proof of previous health-care coverage. It limits the time another health-care plan may exclude them from participating in a health-care plan because of a preexisting medical condition.

The Defense Manpower Data Center Support Office will mail a certificate for the sponsor or family member within five to 10 days after eligibility has been lost. As long as a current address is on file in the Defense Enrollment Eligibility Reporting System, people may expect to receive the certificate within 30 days.

Sponsors or family members needing to expedite receipt of a certificate may mail or fax a request to the DSO.

Sponsors or family members who have questions regarding the certificate may contact the DSO at (800) 538-9552, or TTY/TDD at (866) 363-2883. Additional information is also available on the TRICARE Web site at [www.tricare.osd.mil/certificate/index.cfm](http://www.tricare.osd.mil/certificate/index.cfm). (Tricare Management Activity)

## Sports briefs

### Fitness Monopoly

Everyone's welcome to play at the fitness center when working out, by rolling the dice once a day and doing whatever the property landed on asks. For more, call Senior Airman Sarah Haylett at 2-6390.

### Paintball

Everyone is welcome to play 10 a.m.-2 p.m., Feb. 21. Sign-ups are at outdoor recreation three days in advance. Eight to 25 people can play, participants must be at least 16, and it is \$20 a person. Price includes transportation, a Co2 cartridge and a full face mask. For more, call 2-4140.

### Volleyball tournament

The co-ed tournament begins at 7 p.m., today, at the fitness center. Four person teams need to be registered by 5 p.m. Awards will be given to the first place team. Players must be at least 18. For more, call Senior Airman Sarah Haylett at 2-6126.

### Sailing trip

The trip is 10 a.m.-2 p.m., Saturday. Sign-ups are at outdoor recreation three days before the trip. It is \$55 per person, six-10 people can go and children must be at least 5. For more, call 2-4140.

### Fishing trip

The trip is aboard the Catamaran "Tango," 8 a.m.-noon, Feb. 21 and 28. It is \$65 per person, for four-six people can go and children must be at least 8 years old. Sign up three days before the trip at outdoor recreation. For more, call 2-4140.

### Taekwondo

Classes are 6:15-7:30 p.m., Tuesdays for 5-12 year olds, 6:15-7-30 p.m., Thurs-

## Wrestler's eyes fixed on Athens

by Airman 1st Class Mike Meares  
50th Space Wing Public Affairs

SCHRIEVER AIR FORCE BASE, Colo. — Sitting in a quiet corner of the wrestling room at the Olympic Training Center, Jacob Hey stares into the bright yellow color of the floor mats mentally preparing himself to conquer his next obstacle.

A year after successful reconstructive shoulder surgery, the Greco-Roman wrestler is back to 100 percent and has his eyes fixed on Athens, Greece, and the 2004 Summer Olympics.

Hey, a staff sergeant, is a member of the All-Air Force Wrestling Team through the World Class Athlete Program and is training for his second chance at the Summer Olympics — this time in the birthplace of Greco-Roman wrestling, his specialty.

"Jacob is the dark horse on the mat this year," said Rich Estrella, All-Air Force Wrestling Team coach. "He is always a split-second away from a championship and is feared because he can be so dangerously explosive."

Hey has wrestled for the All-Air Force Wrestling Team for five years and has moved up through the national ranks in the 60-kilogram weight class. Moving through the ranks has earned him respect from other wrestlers, including former Olympians.

"I have to be solid anytime I wrestle Jacob because he is strong in ways most people are not," said Jim Gruenwald, 2000 Olympian, currently ranked No.1 nationally. "I can't score on him the way I score points on most people. I'm afraid he'll score on me if I'm not careful."

Hey works out twice a day trying to take his wrestling to the next level.

"I'm ready to go," said a confident Hey. "I'm taking each day, each workout and each match as they come. There are no slouches at this level. I try to do as much as I can to get the edge in a match."

Hey travels all over the world with his team, competing against wrestlers from Russia, Iran, Uzbekistan, Turkey, Mexico, Poland, Sweden and France — countries with impressive records in wrestling.

Hey's latest trip took him to Sofia, Bulgaria, for a one-week tournament that started Feb 9. Hey competes in the modern Greco-Roman wrestling style, an imitation of classical Greek and Roman representations of the sport. Wrestlers can only attack above the waist. Their



COLORADO SPRINGS Colo. — Jacob Hey tries to score a point on Joe Warren during a wrestling practice session at the Olympic Training Center here recently. Hey is a Greco-Roman wrestler and member of the All-Air Force Wrestling Team. He is vying for a spot on the 2004 U.S. Olympic team. Warren represents the New York Athletic Club. (Courtesy photo)

legs can only be used to jockey for position; legs cannot be grabbed or used to score points. This style of wrestling is one of two styles recognized by the International Olympic Committee.

"These kinds of tournaments help me gain mat experience against the best in the world," Hey said. It is at these tournaments that Hey has the opportunity to prove himself internationally, the level that will take him to the Olympics as a champion.

"When you're a champion, you have to have a swagger or confidence about you," Estrella said. "The men Jacob competes against are so close that on any given day, any one of them could be standing at the top of the podium. It all comes down to who makes the fewest mistakes."

Each year, Hey participates in the Armed Forces Championships. He is a former gold and silver medalist at this event. The next Armed Forces Championship tournament will be held in New Orleans in March. If Hey wins this tournament, he is guaranteed a spot at the Olympic Team Trials.

"Jacob is an emotional, hard-headed wrestler," Estrella said. "He doesn't give in or give up. Wrestling is his life."

Hey's dream is to win the gold medal at the 2004 Summer Olympics in the very city where his sport originated — Athens, Greece.

## AFN Weekend Sports

### Friday

#### AFN-Sports

College Basketball: PAC-10 - UCLA @ Arizona State, 1 p.m.  
NHL: Colorado Avalanche @ St. Louis Blues, 4 p.m.  
PGA Tour: Buick Invitational - Second Round, 7 p.m.  
NBA: All-Star Celebrity Game, 11 p.m.

### Saturday

#### AFN-Sports

Friday Night Fights: NABF Flyweight Title Bout - Brian Vitoria vs. Gilberto Teco-Baas, 1 a.m.

NBA: Rookie Challenge, 11 a.m.  
College Basketball: Big East - Seton Hall @ Notre Dame, 4 p.m.  
Atlantic 10 - Georgetown @ Temple, 6 p.m.  
Mid-American - Bowling Green @ Kent, 8 p.m.  
ACC (Women's) - Duke vs. North, 10 p.m.  
**AFN-Atlantic**  
College Basketball: SEC - Kentucky @ Georgia, 5 p.m.  
**AFN-Pacific**  
NHL: NY Islanders @ Phoenix Coyotes, 1 a.m.  
NASCAR Busch Series: Hershey's Kisses 300, 4 p.m.  
College Basketball: Big Ten - Ohio State @

Wisconsin, 11 p.m.

### Sunday

#### AFN-Sports

NBA: 2004 NBA All-Star Saturday Night featuring three-point shootout & slam-dunk contest, 12:30 a.m.  
Horse Racing: Fountain of Youth, 5 a.m.  
PGA Tour: Buick Invitational - Third Round, 11 a.m.  
College Basketball: Teams TBD, 5:30 p.m.  
Teams TBD, 7:30 p.m.  
Motorcycle Racing: THQ World Supercross GP - San Francisco, 10 & 11 p.m.  
**AFN-Atlantic**

NBA: 2004 NBA All-Star Saturday Night featuring three-point shootout & slam-dunk contest, 11 a.m.  
NASCAR Nextel Cup series: Daytona 500 pre-race, 4 p.m.  
NASCAR Nextel Cup series: Daytona 500, 5:30 p.m.  
College Basketball: Teams TBD, 9:30 p.m.  
NBA All-Star game: Eastern Conference All-Stars vs. Western Conference All-Stars, midnight  
**AFN-Pacific**  
NASCAR Nextel Cup series: Daytona 500 pre-race, 4 p.m.  
NASCAR Nextel Cup series: Daytona 500, 5:30 p.m.

# PLANNER

## Today

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-8p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.  
Bowling Alley: 10 a.m.-12:30 a.m.  
Burger King: 7 a.m.-1 a.m.

Chapel: Catholic Rosary for Peace in the Word, 6:30 a.m.; Mass, 7 a.m.; Confessions 3-3:30 p.m.; CWOC

Mass (1st Friday of the month) 5:30 p.m.; Gospel Choir Practice, 7 p.m.

Child Development Center: 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m. - 1:30 p.m., Seafood Newburg, Beef and Corn Pie, and Roast Turkey; Dinner 4 - 7 p.m., Simmered Corn Beef, Pineapple Chicken, Yankee Pot Roast. Midnight meal, 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.  
Fitness Center: Open 5 a.m.-midnight.

Gas Station: Open 10 a.m.-6 p.m.  
Library: Open 10 a.m.-9 p.m.

Oceanview Island Grill: Lasagna, fries or salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Spaghetti w/ meat sauce, garlic toast, seasoned green beans, chilled pears, graham crackers, milk.

Skating Rink: Open 7-11 p.m.

Skills Development Center: Open 10 a.m.-6 p.m.

Teen Center: Teen social, 9 p.m.-midnight.

Top of the Rock Club: Lunch 11 a.m.-1:30 p.m., seafood buffet. Dinner 5-9 p.m., Prime and Wine

## Saturday

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-8 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.  
Bowling Alley: 10 a.m.-12:30 a.m.  
Burger King: 7 a.m.-1 a.m.

Chapel: Mass, 10 a.m.; Gospel Children's Choir Practice, 2 p.m.

Child Development Center: Closed  
Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Brunch 7 a.m.-1 p.m., Savory Baked Chicken, Swedish Meatballs, and Creole Shrimp; Supper 4 - 7 p.m., Baked Fish, Hungarian Goulash, BBQ Chicken. Midnight meal 11 p.m.-1 a.m.

Dry Cleaners: 10 a.m.-4 p.m.

Fitness Center: Open 8 a.m.-7 p.m.

Gas Station: Open 10 a.m.-6 p.m.  
Library: 10 a.m.-5 p.m.

Oceanview Island Grill: Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

Skating Rink: Open 7-11 p.m.

Skills Development Center: Open 10 a.m.-6 p.m.

Teen Center: Teen social 8 p.m.-midnight.

Top of the Rock Club: Brunch 8:30 a.m.-noon. Huff and Fin dinner special 5-9 p.m.

## Sunday

AAFES: Flight View BX: Open 10 a.m.-5 p.m.; Ocean Front BX: Open 10 a.m.-5 p.m.; Shoppette: Open noon-8 p.m.

Beauty Shop: Closed

Bowling Alley: 4-11 p.m.

Burger King: 7 a.m.-11 p.m.

Chapel: Traditional Protestant service, 9 a.m.; Catholic religious education, 9 a.m.; Fellowship, 10 a.m.; Mass, 10:30 a.m.; Religious Education, 10:30 a.m.; Gospel service & Fellowship, noon; Catholic choir rehearsal, 4 p.m.; Mass, 5 p.m.; Rosary and Adoration, 5:40 p.m.; PYOC/PTOC, 6:15 p.m.

Child Development Center: Closed  
Community Activities Center: Open noon-5 p.m.

Commissary: Closed

Dining Hall: Brunch 7 a.m.-1 p.m., Oven Fried Fish, Cantonese Spare ribs, Grilled Mustardy Chicken; Supper 4 - 7 p.m., Stir Fry Beef w/ Broccoli, Turkey Nuggets, Steak, Loin Strip; Short Order: Cheese Pizza and Reuben Sandwich.

Dry Cleaners: Closed

Fitness Center: Open 8 a.m.-7 p.m.  
Gas Station: 10 a.m.-5p.m. (Gas only)

Library: Open 10 a.m.-5 p.m.

Oceanview Island Grill: Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 11 a.m.-7 p.m.

Skating Rink: Closed

Skills Development Center: Closed.

Top of the Rock Club: Bits & Bites menu, 4 p.m.

## Monday

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-6 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Closed

Bowling Alley: Closed

Burger King: 7 a.m.-11 p.m.

Chapel: Catholic Rosary for Peace in the Word, 6:30 a.m.; Mass, 11:30 a.m.; Women's Bible study, 7 p.m.

Child Development Center: Open 7 a.m.-5:30 p.m.

Community Activities Center: Closed

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m.-1:30 p.m Pot Roast, Baked Stuffed Fish, Roast Pork Loin; Dinner 4 - 7 p.m., Beef Canelloni, Chili Mac, and Southern fried chicken. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 9 a.m.-1 p.m.

Fitness Center: Open 5 a.m.-midnight

Gas Station: Open 10 a.m.-5 p.m. (Gas only)

Library: Open 4-9 p.m.

Oceanview Island Grill: Roasted Chicken or Meatball sandwich, fries or salad and drink; Open 11 a.m.-11 p.m.  
Outdoor Recreation: Closed

School Lunch: Boneless buffalo chicken wings, carrot and celery sticks, ranch dressing, crispy potato wedges, fresh fruit, milk.

Skills Development Center: Closed

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Southern buffet.

## Tuesday

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-6 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Bowling Alley: 4-11 p.m.

Burger King: 7 a.m.-11 p.m.

Chapel: Catholic Rosary for Peace in the Word, 6:30 a.m.; Mass, 7 a.m.; Lunch Brown Bag Series, noon; Confessions 3-3:30 p.m.; AWANA (3 yrs to 6 grade) 6 p.m.; Catholic Women of the Chapel (3rd Tuesday of the month), 7 p.m.

Child Development Center: Open 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m.-1:30 p.m., Teriyaki Chicken, Veal Parmesan, and Salmon Cakes; Dinner 4 - 7 p.m., Country Captain Chicken, Meat Loaf, Turkey a La King. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.

Fitness Center: Open 5 a.m.-midnight

Gas Station: Open 10 a.m.-6 p.m.

Library: Open 10 a.m.-9 p.m.

Oceanview Island Grill: 16" pizza with 2 toppings and drinks; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Ravioli with meatsauce, tossed garden salad, ranch dressing, garlic toast, chilled peaches, cookie, milk.

Skills Development Center: Open noon-8 p.m.

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Mexican buffet. Dinner 5-9 p.m.

## Wednesday

AAFES: Flight View BX: Open 10 a.m.-8 p.m.; Ocean Front BX: Open 10 a.m.-6 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Bowling Alley: 9 a.m.-11 p.m.

Burger King: 7 a.m.-11 p.m.

Chapel: Catholic Rosary for Peace in the Word, 6:30 a.m.; Mass, 7 a.m.; PMOC lunch/study noon; Confessions 3-3:30 p.m.; Catholic men of the chapel

(2nd Wednesday of the month) 6p.m.; Traditional choir practice, 6 p.m.; Bell choir practice 7p.m.; Catholic choir rehearsal, 7:15 p.m.

Child Development Center: 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m.-1:30 p.m., BBQ Ham Steak, Turkey and Noodles, and Beef Ball Stroganoff; Dinner 4 - 7 p.m., Lemon-Herbed Chicken, BBQ Spare ribs, and Stuffed Pork Chops. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.  
Fitness Center: Open 5 a.m.-midnight

Gas Station: Open 10 a.m.-6 p.m.  
Library: Open 10 a.m.-9p.m.

Oceanview Island Grill: Fried shrimp, fries or salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Chicken pot pie wrap, seasoned green beans, fresh fruit, graham crackers, milk.

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Italian Buffet. Dinner 5-9 p.m. Family Buffet

## Thursday

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-8 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Bowling Alley: 9 a.m.-11 p.m.

Burger King: 7 a.m.-11 p.m.

Chapel: Catholic Rosary for Peace in the Word, 6:30 a.m.; Mass 7 a.m.; Confessions 3-3:30 p.m.; RCIA, 7 p.m.; Gospel Praise Team practice and Men's Bible study, 7 p.m.

Child Development Center: 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-7 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m.-1:30 p.m., Herbed Baked Chicken, Stuffed Cabbage Rolls, and Southern Fried Catfish; Dinner 4 - 7 p.m., Roast Loin of Pork, Jaegerschnitzel, and Glazed Cornish Hen. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.  
Fitness Center: Open 5 a.m.-midnight

Gas Station: Open 10 a.m.-6 p.m.  
Library: Open 10 a.m.-9p.m.

Oceanview Island Grill: 16" Pizza w/ 1 topping or Taco salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Hamburger on a bun, lettuce, tomato and pickles, curly fries, sweetened applesauce, Rice Krispie Bar, milk.

Skills Development Center: Open noon-8 p.m.

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Oriental buffet. Dinner 5-9 p.m., 2-4-1 Steak Night

# EVENTS

The deadline for announcements on this page is C.O.B. Monday for each week's paper. Submit announcements in normal text with the what, when, where, who, why and contact info in an email to [news@lajes.af.mil](mailto:news@lajes.af.mil). Dates and times should be in civilian format, and include full name of P.O.C.

## Closures/Shifts

**MPF facelift:** The military personnel flight, Bldg. T-112 is being re-carpeted. The Traffic Management Office temporarily moved to the Non-appropriated funds /Housing Inspector/DoDDS area.

**Commissary hours:** The commissary is open on Monday, for Presidents' Day.

**Post office:** The post office is closed Monday.

## Education

**Class registration:** Embry Riddle's registration for Aircraft Accident Investigation will end Thursday. The course is taught onsite Feb. 25-March 2. For more, call Tina Lake at 2-3375.

**NCO retraining:** The Fiscal Year '04 NCO retraining program has begun. Retrain from Air Force Specialty Codes with NCO overages to AFSCs with NCO shortages. The voluntary phase of the program ends Feb. 23. If necessary, an involuntary phase will run Mar. 8-Apr. 26. Call Senior Airman Jennifer Parker at 2-5143 for details.

## Classes

**Quilting class:** Flag Rag Quilt, 2-6 p.m., Saturday, at the community activity center, \$25. Register for classes at the skills development center, Bldg. T-308. For more, call 2-3909 or 2-5255.

**Breastfeeding class:** 11 a.m.-1 p.m., Feb. 20 at the family support center classroom. New breastfeeding moms who want to share their experience are welcome. Lunch will not be provided, but food is allowed in the classroom. To sign up, call 2-1440.

**Lunch Seminar:** Free Lunch and Learn Seminar on Ethical Principles for Professionals, based on the lessons of Gandhi, 11 a.m.-noon, Feb. 26, at the education center. To sign up, call Erika Golart at 2-3171 by Feb. 23.

## Organizations

**AFSA meeting:** Air Force Sergeants' Association general membership meeting is 4 p.m., Feb. 25, in the Top of the Rock club Summit room. For more, call Master Sgt. Tom Dexter at 2-3423 or Master Sgt. Vincent Petroff at 2-6111.

**WHO committee:** Women's History Observance committee

meets at 3 p.m., Wednesday and Feb. 25 at the base library. Looking for interested individuals to help plan events for March. "Women Inspiring Hope and Possibility" is the theme. For more, call TSgt Cristina Dixon at 2-3415.

## Events

**Teen Mystery**  
"Teen Valentine Caper", 7-9 p.m., today, at the base library. Pizza for all participants. For more, call 2-6253.

**Movie marathon:** Doors open at 6:30 p.m., movies start at 8 p.m., today, at the base theater. "Paycheck"—PG-13, "Mona Lisa Smile"—PG-13, and "The Last Samurai"—R. Tickets are \$10, available in advance at the theater or the Ocean View BX's cashier's cage. For more, call Laura Hillebrand at 2-4100.

**SOTC skating:** Singles of the Chapel skating, 7 p.m., Sunday, at the skating rink. For more, call Senior Airman Beth Turner at 2-3606 or Airman 1st Class Kara Boone at 2-6268.

**Fellowship and brunch:** Combined fellowship and brunch will replace Sunday school at 10:30 a.m., Sunday, at the base chapel. For more, call Chaplain (Capt.) Matthew Franke at 2-4211.

**CWOC meeting:** Catholic Women of the Chapel meeting, 7 p.m., Tuesday, at the base chapel. For more, call Chaplain (Maj.) Stan Pieczara at 2-4211.

**Prayer service:** A prayer service/lunch is at noon, Wednesday at the base chapel. For more, call Chaplain (Capt.) Matthew Franke at 2-4211.

**Chili cook-off:** 10 a.m.-2 p.m., Wednesday, at the community activity center. The entry fee is \$10. Prizes for 1st and 2nd place winners. After the judging, chili will be sold for \$5, including bread and a drink. To enter, call SSgt. Heather Tracey at 2-3635.

**LYP lock-in:** The Lajes youth program will lock-in six-12 year olds, 7 p.m.-7 a.m., Feb. 20, at the skating rink, for games, activities, food and skating. Sign up, with permission slip, by Wednesday. Cost is \$15.75. There must be 10-40 people. For more, call Joanne Cozart at 2-1197.

**Wine tasting:** 7 p.m., Thursday, at the Top of the Rock club. Reservations are limited to the first 50 people. For more, call 2-3202.

**SUM tour:** Single or unaccompanied members tour, 9:30 a.m.-4 p.m., Feb. 20. To sign up and see the island, enjoy a deli-

cious lunch at a local restaurant and visit the Biscoitos wine museum, call the family support center at 2-4138.

**Movie night:** Children and youth movie night, 7 p.m., Feb. 20, at the base chapel. For more, call Chaplain (Capt.) Matthew Franke at 2-4211.

**Family matinee:** Movie is "Peter Pan." Doors open at 12:30 p.m., movie starts at 2 p.m., Feb. 21, at the base theater. For more, call 2-4100.

**Game night:** Singles of the Chapel game night, 7 p.m., Feb. 21, at the base chapel. For more, call Senior Airman Beth Turner at 2-3606 or Airman 1st Class Kara Boone at 2-6268.

**SUM dinner:** Single /unaccompanied members dinner is at 5:30 p.m., Feb. 26, in the Fellowship Hall. The 65th Security Forces Squadron will host. Menu is Chicago style pizza, ribs, corn and green beans. For more, call Chaplain (Maj) Stan Pieczara at 2-4211.

**Awards banquet:** Annual awards banquet to celebrate the best of Lajes starts at 6 p.m. for cocktails, and 7 p.m. for dinner, Feb. 27, at the Top of the Rock club. The menu is chicken coron blue and peppered beef tenderloin with buttered corn and oven roasted potatoes. For ticket information contact a first sergeant. The guest speaker is Sergeant Major John M. Mersino, Senior Enlisted Advisor of the United States European Command. For more, call Senior Airman John Tremblay at 2-3414.

## Volunteers/Jobs

**Volunteers needed:** Volunteers needed at family services for postal collection, data input, advertising, administrative duties and keeping catalogs up-to-date. Free childcare provided by the Air Force Aid Society of up to 20 hours per week is available for volunteers. For more, visit bldg. T-125 or call 2-4146/4138.

**Job Opportunities:** The 65th Services Squadron needs to fill the following positions: recreation aids at the skating rink and the youth center, club operations assistant, and office automation clerk at the veterinary clinic. Applications may be picked up at the Non-appropriated Funds Human Resources Office, Bldg. T-112. For more, call 2-5200.

**Part-time employment:** American Auto Insurance Company is accepting applications for part time employment. Training provided. If interested, call 295-513-467 from 9 a.m.-1 p.m.

**AAFES theatre:** US position available. Must be 18 yrs or older and able to work weekends and

nights. Applications can be picked up at the theatre or at the Human Resources office in Bldg. T-800. For more, call Laura Hillebrand at 2-4100.

**Tumbling instructor:** The Lajes Youth Center needs a tumbling instructor to teach ages 3 and up. For more, call Jolene Wilkinson at 2-1197, in the afternoon.

**Tax volunteers:** Volunteers needed from 8 a.m.-5 p.m., Monday-Friday, until June 15, at the Tax Center Bldg., T-426, room 104. Maturity, professionalism, communication skills, customer service skills and light administrative or basic office skills are required. No computer skills necessary. To volunteer, call Ivelysse Coronel at 2-1040 or 2-2420.

**Charities committee:** The "Chapel Charities Closet," open 11 a.m.-2p.m. on Saturdays in Bldg. T-426, helps meet the needs of base personnel and local nationals. Donated clothing for local orphanages and nursing homes is needed. To volunteer for the committee or get involved in the community and base chapel, call Silvia DeJesus at 295-549-430 or 2-1304, or the base chapel at 2-4211.

**WICO position:** Women, Infants, and Children Overseas part-time position opens July 1. Requires a Bachelor's of Science in nutrition, dietetics, nursing or home economics. Experience in prenatal, maternal or infant nutrition required. Registered dietitian preferred, experience with WIC desirable. Must have current driver's license. For more, call Nora Blohm at 2-1440 or 295-549-465, or e-mail a resume, cover letter and a copy of applicable licenses to: [edibiase@cmse.net](mailto:edibiase@cmse.net) or [wicjobs@cmse.net](mailto:wicjobs@cmse.net). For more about job opportunities with WIC Overseas, visit [www.cmse.net](http://www.cmse.net).

**Substitute teachers:** Lajes schools need substitute teachers and nurses. For more, call the high school at 2-4151 or the elementary school at 2-3491.

## Classified Ads

Ads must be submitted via e-mail to [news@lajes.af.mil](mailto:news@lajes.af.mil). Ads are due by COB, Monday.

For Sale: 92 Nissan Skyline, charcoal gray, Japanese specs, 129,000 miles, auto/CD/4dr, very good condition, \$1,500 obo, call Staff Sgt. Carla Wright at 2-3876 or 969-88-1852 or 967-69-3964

Ring for sale: Size 5, Princess cut, 1 kt in full, 1/2 kt solitaire with channel set diamonds in platinum band. Must see! Serious inquiries only! Asking \$2,000 OBO. Call Aaron or Sonya at 295-549-521.

For Sale: Maternity clothes, brand new open top swing, and other assorted items for sale. Prices extremely reasonable. Please contact Aaron or Sonya at 295-549-521.